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KENTUCKY.



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ON THE COVER Cave Run Lake—known as the Musky Capital of the South—was voted among the top three best public hunting/fishing areas in Kentucky. See more winners on page 24. Photo: Morehead-Rowan County Tourism

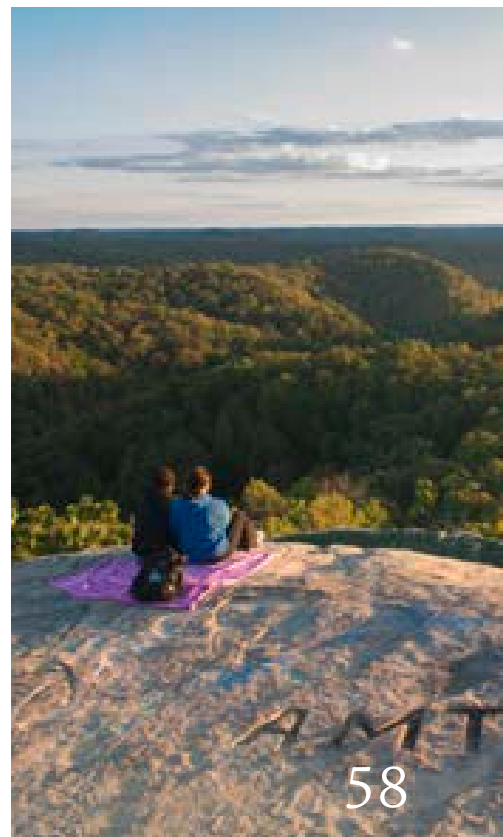
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EDITORIAL

EDITOR Anita Travis Richter
MANAGING EDITOR Shannon Brock
COMMUNICATIONS OFFICE COORDINATOR Mary Lyons
COOPERATIVE OUTREACH DIRECTOR Mary Beth Dennis
COPY EDITOR Madelynn Coldiron
CONTRIBUTORS Heather Bilyeu • Ashley Bush
 Byron Crawford • Debra Gibson Isaacs • Katherine
 Loving • Ken McBroom • Shelly Nold • Brian Orms
 Wes Poynter • Katie Saltz • Kathy Witt • Penny Woods

ADVERTISING

ADVERTISING MANAGER Renee Williams
ADVERTISING SALES REP. Monica Pickerill
ADVERTISING SALES REP. Cynthia Whelan
ADVERTISING SALES REP. John Witt

PRODUCTION

SENIOR GRAPHIC DESIGNER Katy Hurt
GRAPHIC DESIGNER Kacey Harmeling
GRAPHIC DESIGNER Jessica Hawkins
MULTIMEDIA SPECIALIST Wade Harris

KENTUCKY ELECTRIC COOPERATIVES

PRESIDENT Chris Perry
**VICE-PRESIDENT STRATEGIC
 COMMUNICATIONS** Joe Arnold
CHAIRMAN Greg Grissom
VICE CHAIRMAN Jason Todd
SECRETARY/TREASURER Benny Adair

OUR MISSION STATEMENT

Kentucky Living is published to create a community of people who take pride in thinking of themselves as Kentuckians and as knowledgeable electric co-op consumer-members, in order to improve their quality of life.

TO CONTACT US

WWW.KENTUCKYLIVING.COM
EMAIL: Go to KentuckyLiving.com to About/Contact, to send a Letter to Editor or general comments
PHONE: (800) 595-4846
U.S. POSTAL SERVICE: PO Box 32170,
 Louisville, KY 40232
SHIPPING: 1630 Lyndon Farm Ct Ste 200, Louisville,
 KY 40223

SUBSCRIPTIONS

Visit KentuckyLiving.com. **CO-OP MEMBERS:** To report address changes, please call your local co-op office.

ADVERTISING OFFICES

PO Box 32170 (40232)
 1630 Lyndon Farm Ct Ste 200 (40223) Louisville, KY
 (800) 595-4846
EMAIL: advertising@KentuckyLiving.com

OUR NATIONAL SALES REPRESENTATIVE

American MainStreet Publications
 611 S. Congress Ave., Suite #504 Austin, TX 78704
 1-800-626-1181 • (512) 441-5200, **FAX** (512) 441-5211

AND NOW FOR THE LEGAL STUFF

Kentucky Living, Vol. 76, No. 9, (ISSN 1043-853X) is published monthly by the Kentucky Association of Electric Cooperatives Inc., 1630 Lyndon Farm Ct Ste 200, Louisville, KY 40223-5031. Periodicals Postage Paid at Louisville, Kentucky, and at additional mailing offices. **COPYRIGHT, 2022**, by Kentucky Association of Electric Cooperatives Inc. All rights reserved.

SUBSCRIPTIONS: \$2.87 per year for co-ops who subscribe for their members on a monthly basis; all others, \$15 for one year, \$25 for three years.

NEWSSTAND COST: \$2.95.

POSTMASTER: Send address changes to *Kentucky Living*, P. O. Box 32170, Louisville, KY 40232.



You remain our focus

Keeping electricity reliable and affordable as the energy industry transitions

IN 2019, I WATCHED AS YOUNG PRO GOLFER

Brandon Matthews took a bad situation and turned it into a moment for human-kind. He was one stroke away from breaking the tie to win the Argentina Open to qualify him to play in the British Open.

As he takes his back-stroke, someone yells from the crowd. He misses the putt, losing the game and his dream.

“Why in the world would someone heckle me,” he wonders. The tournament director says, “I’m sorry; there was a man with Down syndrome and he involuntary shouted out due to the pressure of the moment.”

“I want to go see this gentleman,” Brandon told him. His mom had worked with special needs children his entire life, so he understood. He did not want this man to leave the tournament thinking he had cost him the game. So, he finds the man and thanks him for coming to watch him play.

My point: He was thinking more about the person than what he lost. Electric co-ops are similar in this way. Through floods, tornadoes, ice storms, outages and power supply issues, our goal is to not only ensure you have electricity, but to keep it affordable and reliable.

There are underlying issues our consumer-members may not fully understand. It is a challenging time. We will be transparent about cost pressures and what is coming over the next five to 10 years, so you can help us help you.



Energy is a hot topic at the Kentucky Electric Cooperatives 2022 Annual Meeting. Kentucky Congressman Andy Barr talks with electric co-op CEOs, from left, East Kentucky Power Cooperatives’ Tony Campbell, Kentucky Electric Cooperatives’ Chris Perry and Big Rivers Electric Corporation’s Bob Berry. Photo: Tim Webb

Co-ops are different business models: We are not driven by profit; we’re driven by community. Our job is to advocate on your behalf, from D.C. to Frankfort, in your hometowns—wherever we can—to keep electricity reliable and affordable.

This is what we discussed at Kentucky Electric Cooperatives’ 76th Annual Meeting in mid-August, and you will continue to be our focus. **KL**

Chris Perry

CHRIS PERRY
President/CEO

**KENTUCKY ELECTRIC
COOPERATIVES**



FROM THE EDITOR

THE LOSS OF LIFE

and devastation to eastern Kentucky due to flooding at the end of July continues to weigh heavy on all of us. The loss of 38 adults and children hits us to our core.

It is made worse because we were still mourning the loss of 80 lives from the western Kentucky tornadoes in December.

While western Kentucky is beginning the rebuilding process, many in eastern Kentucky have lost everything. Fourteen counties are eligible for federal assistance (page 51).

Those 118 people represent someone's beloved grandparent, mother, father, brother, sister, aunt, uncle, niece, nephew or friend.

To all who have experienced loss, please know that we stand with you and your families.

As was the case in western Kentucky, we understand what eastern Kentucky could use the most, at the time we go to press, are hands—volunteers to muck homes and businesses and to clear debris from flood-ravaged areas.

We continue to pray for you and the rebuilding of your towns.

ANITA TRAVIS RICHTER, EDITOR

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READ ALL ABOUT IT

Kentucky Book Festival is October 29

Turn to page 40 to learn about this year's Kentucky Book Festival, then visit us online to see more photos of authors scheduled to be at this year's event. Take a look at pictures from years past and gear up for this October's event. Then, learn more about the festival sponsor, Kentucky Humanities—celebrating 50 years—on page 42.



ALL THE BEST

Connect with Kentucky favorites

See all of this year's winners in the Best in Kentucky awards on page 24 and find even more information online. Visit KentuckyLiving.com for links to all the winners, and watch this year's video announcement of the honorees.

WIN A 3-NIGHT TOUR FOR FOUR

Get to know eastern Kentucky

Painstville, Pike County and Prestonsburg come together to offer a three-night tour for four of their beautiful areas. Enter to win a chance to explore music, tales and trails. Details on page 48. **Deadline to enter is October 15.**



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Kentucky's bourbon economy

Ask anyone not born and raised here what Kentucky's claim to fame is, and undoubtedly the answer will include horses, a certain fried chicken and bourbon. There is no denying the influence bourbon has had on the local economy.

Bardstown, known as the Bourbon Capital of the World, has felt the results of this tourism boom more than any other locale. Louisville author Steve Coomes; with Kim Huston, president of the Nelson County Economic Development Agency; and Mike Mangeot, Kentucky's tourism commissioner, explore the effects of such growth in their book, *The Rebirth of Bourbon: Building a Tourism Economy in Small-Town USA*.

For decades, the distilling industry in Bardstown was simply a way of life. The pay was better than many other employers, and for some, it was a family legacy, with generations before working in the same distillery. "There was nothing special about being a distiller," says Fred Booker Noe III, a seventh-generation master distiller at James B. Beam Distilling Company since 2007. "Bourbon's popularity wasn't off the hook like it is now, so we didn't enjoy any celebrity status. Growing up in Bardstown was about the same for me as it was any other kid," Noe says in the book.

When the bourbon market saw an uptick in the early 90s, this changed, as pride in the bourbon industry increased. With the origination of the Kentucky Bourbon Festival in 1992, an event that enabled enthusiasts to meet their favorite distillers and sample their spirits, the momentum picked up. The festival has grown to a three-day event, plus added event days, pulling in around 10,000 visitors annually to the town of 13,000.

Bourbon fever intensified with the creation of the Kentucky Bourbon Trail in 1999. The ability to visit a number of distilleries along a short route through the Bluegrass region draws visitors seeking the full experience: learning how whiskey is made, following it through the distillation process, tasting the outcome, and purchasing bottles of bourbon and souvenirs to take home. By 2018, visits to the Bourbon Trail had reached a whopping 1.4 million.

Such positive growth has pushed Bardstown officials to consider tourism as a new driver of the economy, resulting in plans for additional hotels, restaurants and parking. Mangeot, for one, is impressed with the effort: "It shows what happens when people work collectively on a common cause to achieve outcomes that benefit their community."

» Penny Woods

September Kentucky Bourbon Festival

The Rebirth of Bourbon: Building a Tourism Economy in Small-Town USA, Emerald Publishing, \$32.99, is available through local booksellers.

The Kentucky Bourbon Festival is held annually during the third week of September. For event information and to purchase tickets online, visit www.kybourbonfestival.com.

Fast bourbon facts:

- Nearly one-third of the 9.1 million barrels of whiskey aging in Kentucky are in Bardstown and Nelson County.
- Bourbon cannot be distilled higher than 160 proof, barreled higher than 125 proof, and bottled lower than 80 proof; and must be aged at least two years to be declared straight bourbon. Source: KyBourbonFestival.com



ENERGY EFFICIENCY

Water heating accounts for a large portion of home energy bills. To save energy (and money) used for water heating, repair any leaky faucets, install low-flow fixtures and insulate accessible hot water lines. When it's time to purchase a new washing machine or dishwasher, look for models that are ENERGY STAR-certified.



"What's that, boy? You're too tired for a walk and just want to watch tv..."

Suicide prevention hotline 988

Every 11 hours in Kentucky, someone dies by suicide, according to 2020 figures from the American Foundation for Suicide Prevention. Starting July 15, those contemplating suicide can call “988” for help.

The new National Suicide Prevention Lifeline number for mental health crises is similar to the 911 number for medical emergencies. Because callers have to remember only three digits, the Federal Communications Commission notes it will be easier for Americans in crisis to get the help they need.

Though the National Suicide Prevention Lifeline has been around since 2005, previously callers had to phone a 10-digit number (800-273-8255) to reach a network of trained crisis counselors. Callers to the new 988 hotline number will be redirected to the 800 number.

Since 2008, suicide has been ranked as the 10th leading cause of death in the United States. According to the American Foundation for Suicide Prevention, it is also the 13th overall leading cause of death in Kentucky, based on February 2022 data.



Have a question or comment for the editor?



Please address letters to the editor to: Letters, *Kentucky Living*, P. O. Box 32170, Louisville, KY 40232 or email by going to KentuckyLiving.com and clicking on “Contact Us.” Letters may be edited for style, length and clarity.

featured FRAMES



A colorful early morning view of the clouds from above. Grayson RECC consumer-member John Modaff of Morehead submitted this photo of Cave Run Lake to the *Kentucky Living* Photo Contest.

Co-ops advocate for reliable, affordable power

High electric bills result of years of unsound federal energy policies

ROBERT “BOB” BERRY AND ANTHONY “TONY” CAMPBELL

IN RECENT MONTHS, electric utility customers across the United States have received a shock as they opened their monthly electric power bills. The high costs they are experiencing are largely the result of years of unsound government energy policies, which have cut options to fuel reliable energy.

U.S. electricity producers have been forced to depend more on natural gas and must compete against foreign nations for our domestic natural gas supplies. Those nations are willing to pay 1,000% more than U.S. consumers are accustomed to paying. Some, notably Russia, have taken advantage of the situation to weaponize energy to advance their radical interests.

U.S. policymakers have enthusiastically incentivized solar and wind generators, regardless of how well the operating characteristics of those technologies match up with U.S. energy needs. But when those solar and wind resources do not perform—an occurrence as predictable as the sun setting and the seasons changing—energy producers must turn to reliable 24/7/365 thermal energy resources.

For large-scale energy production, that means natural gas, coal and nuclear. But, facing ever-stricter regulations and price competition from heavily subsidized renewable resources, coal and nuclear plants increasingly are being driven into retirement.

Reliability factors

In 2020, the U.S. added 27.6 gigawatts (GW) of solar and wind resources, along with 6.6 GW of natural gas; virtually no coal or nuclear resources were added. In fact, over the past decade, 95 GW of coal capacity has been shut down, along with 12 nuclear reactors. Today, no new coal plants are being built in the U.S., and only two nuclear reactors are under construction.

As a consequence, when solar and wind do not show up, electricity providers increasingly must turn to one key flexible resource—natural gas. Today, 40% of U.S. electricity generation is fueled by natural gas, up from 17% in 2001.

Promoters of solar and wind undoubtedly will maintain that utility-scale battery technology is the silver bullet to solve renewables’ intermittency

problem. But today, less than 1% of U.S. solar and wind capacity is backed up by batteries.

The technology for large-scale storage remains largely in developmental stage. Rapid deployment of large, utility-scale batteries to back up hundreds of GW of solar and wind resources will require aggressive, expensive growth of battery manufacturing capacity.

Today, much of the mineral content necessary to produce lithium ion batteries—the foremost technology being pursued for both utility energy storage and electric vehicles—comes from nations like China and Russia, whose interests do not align well with the U.S.

Foreign pressures

As the U.S. is learning at this very moment, we must account for differences in foreign interests when it comes to energy. In recent years, Russia



“Americans find themselves in the awkward position of bidding against foreign nations for our own domestic supplies of natural gas.

has supplied one-third of Europe’s natural gas for heating and manufacturing. In response to Russia’s recent invasion of Ukraine, those nations imposed sanctions, so Russia cut the flow of natural gas. As a result, gas prices are spiking around the globe.

Large-scale U.S. purchasers of natural gas, including East Kentucky Power Cooperative (EKPC) and Big Rivers Electric Corporation, have been accustomed to paying \$2 to \$3 per million BTU for natural gas; meanwhile, power generation counterparts in Europe and Asia are paying \$20 to \$30. In fact, in recent months, spot prices in those regions have shot up as high as \$50 to \$60 per million BTU.

Recently, Big Rivers decided to convert one of its coal-fired generating plants to natural gas due to those low gas prices, only to see the same gas prices spike over \$9 to \$10 per million BTU.

For U.S. electric customers, this means high electric bills. President Joe Biden recently pledged to expand U.S. natural gas exports to assist our European friends. (It is worth noting that U.S. overseas natural gas exports are a new development. In 2016, the U.S. exported very little liquefied natural gas overseas. By the end of this year, the U.S. will have more export capacity than any other nation on the globe, nearly 14 billion cubic feet of gas per day. Plus, each day, the U.S. exports to Mexico another 7 billion cubic feet via pipelines.)

As a result, Americans find themselves in the awkward position of bidding against foreign nations for our own domestic supplies of natural gas.

Regulatory risks

Meanwhile, the pressures that have constrained and reduced coal and nuclear production are catching up with the natural gas industry. Gas drillers who cut production during COVID’s economic doldrums





have been slow to restart production, even though factories and stores roared back to life in 2021.

Media reports suggest gas producers are reluctant to commit big dollars to drilling because of punitive regulatory risks. And even if they are willing, drillers face difficulties arranging financing due to pressure on banks to cut lending for fossil fuel production.

At a 2019 town hall in New Hampshire, President Biden famously stated he would jail the heads of fossil fuel companies. It was, perhaps, just election-season hyperbole, but his administration certainly wasted no time in targeting the industry.

The Environmental Protection Agency is deploying an intensive barrage of regulations aimed at fossil fuels; this will hasten the closure of even more coal plants and further hinder the development of new natural gas capacity. These actions create tremendous uncertainty for financial partners, which are vital to the capital-intensive energy industry. As a result, financial institutions are abandoning fossil fuels or raising financing costs to prohibitive levels.

As with natural gas, U.S. coal producers suddenly have a lucrative opportunity to export coal to nations willing to pay much higher prices than the U.S. coal market has seen in recent years. This creates steep upward cost pressure domestically, as well as scarcity of available coal as mining companies face numerous challenges to restarting operations, including labor and equipment shortages, constrained rail transportation, high financing costs and regulatory resistance.

Balanced portfolio

Recently, U.S. Energy Secretary Jennifer Granholm visited East Kentucky Power Cooperative's solar

farm near Lexington. During her visit, EKPC CEO Anthony "Tony" Campbell informed her that renewables play an important and growing role in energy production, especially to cut carbon emissions and address climate change.

But Campbell also informed her that if the U.S. goes too far, too fast with the transition, it will seriously jeopardize the cost and reliability of America's energy supply, which is critically important to the welfare of the American people and the American economy.

EKPC and Big Rivers Electric are committed to doing everything we possibly can, by utilizing every tool available to us in protecting the reliability and cost-effectiveness of the energy we supply for 1.35 million Kentucky residents and businesses, while moving toward a more sustainable future as technology allows.



If the U.S. goes too far too fast with the transition, it will seriously jeopardize the cost and reliability of America's energy supply.

Both power providers believe in the "all-of-the-above" approach to maintain a more balanced resource portfolio by utilizing solar, hydro, coal and natural gas in order to protect the environment and sustain reliable energy for our member-owners.

We call on our nation's leaders to make the same commitment and also to ensure the U.S. does not expose the cost and reliability of our abundant domestic energy supplies to the whims of radical interests, foreign nations and our enemies who have unscrupulously weaponized the world's energy supply. **KL**

ROBERT "BOB" BERRY is president and CEO of Big Rivers Electric Corporation, which provides power to three Kentucky electric cooperatives. **ANTHONY "TONY" CAMPBELL** is president and CEO of East Kentucky Power Cooperative, which provides power to 16 Kentucky electric cooperatives.

Eye Doctor Helps Tennessee Legally Blind To See



High Technology For Low Vision Patients Allows Many To Drive Again



For many patients with macular degeneration and other vision-related conditions, the loss of central visual detail also signals the end to one of the last bastions of independence: driving.

A Lebanon optometrist, Dr. John Pino, is using miniaturized telescopes that are mounted in glasses to help people who have lost vision from macular degeneration and other eye conditions.

"Some of my patients consider me the last stop for people who have vision loss," said Dr. Pino, one of only a few doctors in the world who specialize in fitting bioptic telescopes to help those who have lost vision due to macular degeneration, diabetic retinopathy, and other debilitating eye diseases.

Imagine a pair of glasses that can improve your vision enough to change your life. If you're a low vision patient, you've probably not only imagined them, but have been searching for them. Bioptic telescopes may be the breakthrough in optical technology that will give you the independence you've been looking for. Patients with vision in the 20/200 range can many times be improved to 20/50 or better.

Macular degeneration is the leading cause of blindness and vision loss in people over 50. Despite this, most adults

are not familiar with the condition. As many as 25% of those over the age of 50 have some degree of macular degeneration. The macula is only one small part of the retina; however, it is the most sensitive and gives us sharp central vision. When it degenerates, macular degeneration leaves a blind spot right in the center of vision, making it difficult or impossible to recognize faces, read a book, or pass the driver's vision test.

Nine out of 10 people who have macular degeneration have the dry form. New research suggests vitamins can help. The British medical journal BMC Ophthalmology recently reported that



A scene as it might be viewed by a person with age-related macular degeneration.

56% of patients treated with a high-dose combination of vitamins experienced improved vision after six months. TOZAL Comprehensive Eye Health Formula is now available by prescription from eye doctors.

While age is the most significant risk factor for developing the disease, heredity, smoking, cardiovascular disease, and high blood pressure have also been identified as risk factors. Macular degeneration accounts for 90% of new legal blindness in the U.S. While there is currently no cure, promising research is being done on many fronts. "My job is to figure out everything and anything possible to keep a person

functioning, especially driving," says Dr. Pino.

When Elaine, 57, of Kingsport, TN, came to see Dr. Pino she wanted to keep her Tennessee driver's license and was prescribed bioptic telescopic glasses to read signs and see traffic lights farther away. Dr. Pino also prescribed microscope glasses for reading newspapers and menus in restaurants.

As Elaine puts it, "My regular glasses didn't help too much – it was like looking through a fog. These new telescopic glasses not only allow me to read signs from a farther distance, but make driving much easier. I've also used them to watch television so I don't have to sit so close. I don't know why I waited to do this; I should have come sooner."

"Bioptic telescopes can cost over \$2,000," said Dr. Pino, "especially if we build them with an automatic sunglass."

"The major benefit of the bioptic telescope is that the lens automatically focuses on whatever you're looking at," said Dr. Pino. "It's like a self-focusing camera, but much more precise."

To learn more about bioptic telescopes or to schedule a consultation with Dr. Pino, give us a call at 1-855-405-8800. You can also visit our website at:

www.lowvisiontn.com

For more information and a FREE telephone consultation, call us today:
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Office located in Lebanon, TN

John M. Pino, O.D., Ph.D.



Masonry marvels

Building a winning wall

OWENTON

Sitting in a gleaming red Ford F-250 4x4 Super Duty truck, waving and smiling exuberantly, Cole Stamper and Jeff Becker—both consumer-members of Owen Electric—celebrated their win at the Spec Mix Bricklayer 500 World Championship.

The event is considered the top attraction for the World of Concrete trade show in Las Vegas. Teams of bricklayers and mason tenders from all over the nation race for one hour to build a brick wall identical to a model. After the walls are laid, judges measure and evaluate them on nine quality standards. If there are errors, bricks are deducted from an entry's overall count. The team with the highest adjusted brick count after judging wins the prizes.

Brick mason Cole Stamper, left, with his tender, Jeff Becker, Dry Ridge, both Owen Electric consumer-members, win the Bricklayer 500 World Championship in January at Las Vegas, Nevada.

Co-workers Cole and Jeff claim the title, "World's Best Bricklayer," and take home a new Ford F-250 4x4 truck, along with more than \$10,000 in additional cash and prizes.



Cole, a brick mason, and Jeff, a mason tender, won this year's world championship with a brick count of 760—with zero quality deductions.

"It's amazing, man," Cole says of the win. "To put a lot of work into something and see a goal achieved is great."

Both men are employed by Mason Structure of Lexington. "We work well together," says Jeff, of Dry Ridge. "When you work with someone long enough, you know what they are going to do before they do it."

Cole has been laying brick for 22 years, a job he says offers "good pay with lots of opportunities for work"

To reach the Las Vegas Championship, Cole and

Jeff competed in the Ohio Regional qualifier, laying the highest brick count of any other qualifying team. It was one of 20 regional competitions held across North America, as hundreds of masons competed to qualify for a spot on the championship roster.

The mason tender, in this case, Jeff, had to stack the bricks as they were to be laid and deliver the concrete. Cole then picked up each brick and built the wall to match the floor model. He had to make sure every brick was straight and every curve exactly where it should be.

That kind of cooperation won the men first place along with that red truck, \$5,000 in cash, \$10,000 in tools and other prizes as well as the title of World's Best Bricklayer.

The pair are planning to defend their title in January at the next world championship. No team has ever won back-to-back championships. They intend to not only win, but to knock down that wall as well. **KL**

DEBRA GIBSON ISAACS writes about how co-op members and staff contribute to their communities



Big wheels keep on turning

Accuride makes new investment in Henderson

JOE ARNOLD

THE BIG WHEELS that keep on turning on the semitruck trailers used by America's major shippers are manufactured in Kentucky, rolling off the line about 3 miles from the Ohio River's horseshoe bend in Henderson County.

On a site where the Audubon and Pennyrile parkways meet in Henderson, Accuride Corporation cranks out thousands of steel wheels daily for the heavy truck industry. Its products can be seen on truck and trailer fleets such as Averitt, UPS, Volvo, Navistar and Great Dane.

"Our lean global manufacturing footprint means Accuride is trusted by original equipment manufacturers and the aftermarket to deliver the best products, and deliver them on time," says

Rob Jozwiak, director of operations at the plant, which was established in Henderson in 1974.

The 306,000-square-foot operation also houses the Accuride Wheels Research and Development, Product Development and Testing facilities. At seven manufacturing centers in the United States, Canada and Mexico, the company makes wheels, wheel end and braking components for commercial and passenger vehicles. The Henderson



ACCURIDE CORPORATION
www.accuridecorp.com

LOCATION:
Henderson

INDUSTRY:
Automotive manufacturer of heavy steel wheels

ELECTRIC COOPERATIVE:
Kenergy Corp.



Upgrades roll on at Accuride

Accuride is one of 525 automotive-related facilities in the commonwealth.

In July, the company announced a significant new investment in its Henderson steel wheel facility.

"Investing in our plant and community will help us to achieve our goal of providing the highest quality products to our customers," says Rob Jozwiak, the facility's director of operations. "Also, this will allow us to expand our team with new production and maintenance team members."

plant is served by Kenergy Corp., an electric cooperative that provides power to about 57,000 homes and businesses in 14 counties.

"Kenergy has been a great partner in supplying our facility with reliable electric service over our tenure," Jozwiak says, "and when there is an issue, they respond very quickly to assist us. They have been proactively upgrading equipment both external and internal to our facility to make sure we have reliable service."

Jeff Hohn, Kenergy's president and CEO, says "We are proud to serve Accuride as one of our large industrial members. We not only congratulate Accuride on their new investment but also tip our cap to their dedicated employees and their staying power in our community." **KL**

◀ The Accuride Corp. wheel assembly process at the Henderson plant where employees make steel wheels for the heavy truck industry.

◀ Accuride production and maintenance leaders, from left, Mike Northington, Jarrod Fulcher, Donald Tapp and John Rutledge. Photos: Accuride Corp.

A photograph of a distillery rickhouse. The scene is filled with rows of wooden barrels stacked on racks. A man in a light-colored shirt and jeans stands in a doorway, looking out. The walls are made of stone, and there are windows with multiple panes. The lighting is warm and natural, coming from the windows.

SEVEN

terms to know before your distillery tour

JOE ARNOLD

Woodford Reserve bourbon
ages in a rickhouse
in Versailles. Photo:
Brown-Forman

When the Kentucky Bourbon Festival, operated as a 501(c)(3) nonprofit, returns for its 31st year September 16–18 in Bardstown, representatives from nearly 50 distilleries will be on hand to entertain about 10,000 visitors.

The festival's popularity reflects a thirst for bourbon knowledge that sends enthusiasts and more than 1.5 million other visitors year-round to distillery tours across the commonwealth, according to Kentucky Distillers' Association figures.

"The distillery industry is extraordinary in that it values a thorough, authentic and innovative crafting process," says Greg Ward, the training and development manager for Heaven Hill Kentucky Visitor Experiences. "Our world is now so advanced with goods and services that are created with a focus on speed and efficiency."

Founded in Kentucky by the Shapira family in 1935, Heaven Hill is the nation's largest independent, family-owned and -led spirits producer and marketer. In 2004, the late Harry Shapira spearheaded the creation of one of the first visitor centers on the Kentucky Bourbon Trail. Today, the state-of-the-art interactive and educational space at the Heaven Hill Bourbon Experience in Bardstown is staffed by specially trained Bourbon Hosts alongside their counterparts in Louisville at the Evan Williams Bourbon Experience.

"It is important to Heaven Hill that Kentuckians, whiskey fanatics and newcomers alike are educated of why this industry is so special," Ward says.

With the help of those Bourbon Hosts and representatives from six other Kentucky distilleries, here are seven terms to know before your distillery tour:

1

Fermentation

Fermentation is the part in the process where not only alcohol, but a variety of other flavor compounds are created. This is the point in the production process where yeast converts sugar into alcohol and a variety of different acids, esters and aldehydes. All of these help give whiskey its big, bold, diverse flavor profile. While not all the compounds created during fermentation are instantly desirable, during barrel aging they transform into rich, complex flavors which we know, love, like and look for when it comes to traditional flavor profiles in bourbons and whiskeys.

Colin Blake,
Director of Spirits Education,
Moonshine University



A fermentation workshop at Moonshine University in Louisville. Photo: Moonshine University

2

Mash bill

The grains used to make whiskey are represented in the mash bill. A mash bill contains all the grains, and the percentages of those grains, for a given whiskey recipe. Bourbon requires at least 51% corn (typically it's 70% or more) and the remainder of the mash bill is filled out with "small grains." Small grains include rye or wheat, to add flavor to the whiskey; and malted barley to help convert the starches in the grains into sugar during the cooking process. A "high rye" mash bill contains a higher percentage (perhaps 20%-plus) of rye, for an especially spicy flavor.

Jay Erisman,
Co-Founder, New Riff Distilling



Rye is a small grain added to flavor the whiskey. Photo: New Riff Distilling

3

Proof

Proof is the measurement of alcohol exactly twice that of true alcohol by volume (ABV)—an 80-proof spirit is exactly 40% ABV. In the United States, proof became a standardized scale between zero and 200 with 50% ABV set as the baseline at 100 proof. This baseline is how we get the term "proof gallon," 1 gallon of alcohol at 100 proof. Because proof gallons are the measurement by which we keep track of production, sales and taxes, proof has become the preferred method of conveying alcohol content as it gives consistency and coherence across the industry.

Mike Wells, Head Distiller,
Boone County Distilling Company



Proof is a standardized scale. Photo: Boone County Distilling Company

4

Still

Using evaporation and condensation, a still is the equipment that separates out solids and concentrate a liquid into a higher alcohol content. Because alcohol has a lower boiling point than water, when an alcohol solution is heated in a still, the evaporated alcohol vapors carry out the top and are directed through cooling tubes that condense those vapors back into liquid form.

A "pot still" makes this distillate in separate batches and is cleaned between each use.

A "column still" is sometimes called a "continuous still" because the mash is continuously injected, meeting steam that separates the alcohol from other compounds as it rises up the column.

Denny Potter, Master Distiller,
Maker's Mark Bourbon



A copper still at Maker's Mark. Photo: Maker's Mark Bourbon

5 Try box

The try box is true to its name, enabling the distiller to sample the new make whiskey before entering the whiskey safe. The try box is a copper and glass apparatus found at the base of the condenser line producing a fountain of new make whiskey fresh off the whiskey still. The new make passes through the parrot (a glass tube) accompanied by a hydrometer giving a visual of the product on its way to the hearts section of the whiskey safe. I'd like to think the "parrot" gets its name by sitting on the shoulder of the try box.

Jodie Filiatreau, Artisanal Distiller, Heaven Hill



Heaven Hill Master Distiller Conor O'Driscoll in front of the try boxes at Bernheim Distillery. Photo: Heaven Hill

Bourbon Festival

September is National Bourbon Heritage Month and the Kentucky Bourbon Festival runs September 16–18 in Bardstown. Admission includes samples from nearly 50 distilleries. Due to a change in state law, bottles of bourbon can now be purchased at distillery booths at the festival.

The Kentucky Bourbon Festival, which began in 1991, is a 501(c)(3) nonprofit organization and designated the "Official State Bourbon Festival" by the Kentucky General Assembly.

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Win a Getaway see page 48

Distillery Lingo

Cheat Sheet

By Evan Williams Bourbon Experience Staff,
Greg Ward, Ashley Cuyjet and Dabney Clore

1. **Bourbon and branch** – Bourbon with a splash of water
2. **Kentucky Chew** – Tasting the whiskey instead of shooting it
3. **Kentucky Hug** – The warm sensation in your upper chest after tasting
4. **Finish** – See “Kentucky Hug”
5. **Nosing the whiskey** – Holding up to your nose and breathing through your mouth
6. **Neat** – Bourbon with nothing added to it
7. **On the rocks** – Bourbon with ice
8. **Unicorn bottles** – Bottles that are extremely hard to find
9. **Gold dust** – The staff’s term for inexpensive bottles
10. **Small batch** – Bourbon that has been bottled from a small selection of barrels
11. **Single barrel** – Bourbon that has been bottled from one single barrel
12. **Finished barrel** – Bourbon that has aged in a second barrel after the initial aging
13. **Rickhouse** – An aging warehouse
14. **Cooperage** – A place that builds barrels
15. **New Make** – Unaged spirit that comes off the still before it is placed in barrels to age



A Heaven Hill Bourbon Host leads a distillery tour at the Evan Williams Bourbon Experience, Louisville, in a replica of Evan Williams’ pot still operations. Photo: Heaven Hill

6 Maturation

Maturation is all about what happens in the barrel. From the minute the “new make”—or distillate—comes off the still and goes into the barrel to the time it comes out—that is the maturation period. At Woodford, we mature a little differently than others. We heat cycle our warehouses. In cold months, we pump up the heat and then let it cool down, which gives us a longer maturation cycle. It pushes the new make in and out of that wood, which picks up more sugars, more caramel flavors and all those beautiful notes that make bourbon delicious.

Chris Morris, Master Distiller, Woodford Reserve Distillery



A tour group at Woodford Reserve in Versailles. Photo: Brown-Forman

Download our FREE Kentucky Distillery Map

Check out and download *Kentucky Living's* Kentucky distillery map, the most comprehensive distillery map in the commonwealth, at KentuckyLiving.com. Bourbon is an \$8.6 billion industry in Kentucky, generating more than 20,100 jobs. More than 20 distilleries are served by electric cooperatives in Kentucky.



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Win a Getaway see page 48

7 Master distiller

Definitions of master distiller can vary, but it's typically an on-site expert intimately involved in the day-to-day processes and development of liquids at a distillery. This skill often takes many years to learn and is sometimes passed down through generations, as is the case in my family. As the eighth generation master distiller of the Fred B. Noe distillery at James B. Beam Distilling Co., I play an active role in recipe creation, distilling and production of multiple bourbon brands such as Hardin's Creek, Booker's and Little Book. I have learned how seven generations before me mastered their craft, and I'll harness 227 years of knowledge to push the Beam legacy forward. **KL**

***Freddie Noe, Master Distiller,
Fred B. Noe Distillery at
James B. Beam Distilling Co.***



Freddie Noe, left, and his father, Fred Noe, are the eighth- and seventh-generation master distillers at James B. Beam Distilling Co., Clermont. Photo: James B. Beam



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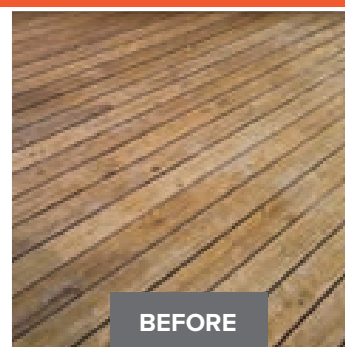
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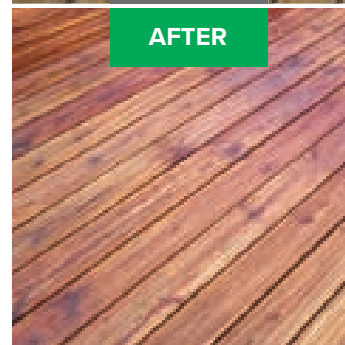
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2022 KENTUCKY

BY KATHY WITT

In a state bursting with bests, from indoor treasures to outdoor natural splendor, from mellow libations to done-right Kentucky bites, from music to our ears to artistic and crafting spheres—there are those superlative delights that spark inspiration, imagination and appetite. Here are readers' top choices.



Best in KENTUCKY

Newport Aquarium's all-new Coral Reef Tunnel is now open. Surround yourself with more than 50 species of fish and colorful corals. Photo: Newport Aquarium



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Outdoors

PLACE FOR ADVENTURE

WINNER

Red River Gorge Geological Area, Stanton

Forty-thousand acres of rugged forested landscape equals the ideal spot for getting away from it all, communing with nature and embarking on a personal adventure: kayaking or canoeing the Wild and Scenic Red River, hiking 70 miles of trails traversing rugged cliffs and valleys, experiencing remote backcountry camping and world-class rock climbing and more. In a word: Best.

Additionally, the Daniel Boone National Forest has partnered with nonprofit FIND (Forest Inspired Nature Discovery) Outdoors to reopen Gladie Visitor Center to provide visitor information and educational programs. Gladie now also has a retail area with maps, books, souvenirs and camping supplies.

SECOND PLACE

Mammoth Cave National Park, Mammoth Cave

THIRD PLACE

Green and Nolin Rivers Blueway—Mammoth Cave National Park, Edmonson County and the Nolin River Lake Tailwater

GOLF COURSE

WINNER

Eagle Trace Golf Course, Morehead

Don't be surprised if you see wildlife venturing along the course while you're setting up your shot. The 125-acre championship course, owned by Morehead State University and home to its men's and women's golf teams, is surrounded by the Daniel Boone National Forest.

New at Eagle Trace is a short-game practice area designed specifically to help players improve play around the greens and the covered driving range hitting stalls used for all-weather practice.

SECOND PLACE

LaRue County Golf Course, Hodgenville

THIRD PLACE

Shady Hollow Golf Course, Cub Run

PUBLIC HUNTING/ FISHING AREA

WINNER

Land Between The Lakes National Recreation Area, Golden Pond

With over 170,000 acres of forests, wetlands and open lands on a peninsula between Kentucky and Barkley lakes, this family-friendly recreation area offers one of the largest blocks of undeveloped forest in the eastern United States. It is an idyllic setting for hunting and fishing, as well as camping, picnicking, hiking, boating, wildlife viewing, water sports and authentic experiences at the Elk & Bison Prairie. Licensed hunts for deer, turkey, squirrel and other small game animals take place throughout the year.

SECOND PLACE

Barren River Lake at Barren River State Resort Park, Lucas

THIRD PLACE

Cave Run Lake, Morehead

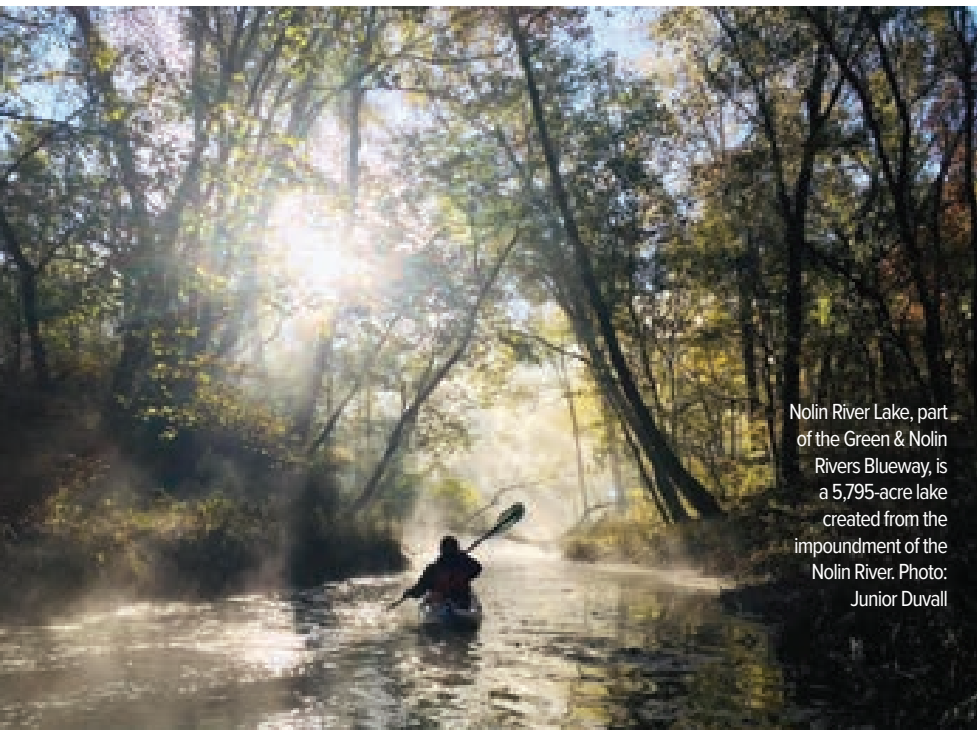
HOUSEBOATING LAKE

WINNER

Lake Cumberland—Somerset-Pulaski County, Burnside; Russell County; Monticello-Wayne County; and Clinton County

Lake Cumberland owns its title of "Houseboat Capital of the World," with a fleet of houseboat rentals in all shapes and sizes, equipped with every amenity fun-seekers could hope for. And with its miles of undulating shoreline, peaceful and picturesque tie-up spots and countless water activities, it has "family vacation" written all over it.

As a bonus, Lake Cumberland is also home to 76 Falls, a splashy 84-foot-tall cascade that draws lake vacationers like bees to honey, or should we say, water babies to waves.



Nolin River Lake, part of the Green & Nolin Rivers Blueway, is a 5,795-acre lake created from the impoundment of the Nolin River. Photo: Junior Duvall

SECOND PLACE

Green River Lake, Campbellsville

THIRD PLACE

Barren River Lake at Barren River State Resort Park, Lucas

CAMPING SPOTS

WINNER

Green River Lake at Green River Lake State Park, Campbellsville

This is where vacation memories happen—with camping, hiking, biking, horseback riding, fishing, boating, swimming at the beach, wildlife viewing and playing 18 holes of miniature golf. All 167 RV and primitive campsites are right on the beautiful 8,200-acre Green River Lake. New this year is a fishing pier in the park's public area.

SECOND PLACE

Red River Gorge Geological Area, Stanton

THIRD PLACE

Horse Cave KOA Holiday, Horse Cave

Shopping

MADE-IN-KENTUCKY PRODUCT

WINNER

The Sweet Shoppe and Dessert Cafe fudge, Hodgenville

Born in the birthplace of Abraham Lincoln, the Sweet Shoppe makes more than 30 flavors of fudge, plus an irresistible menu of sweet treats like caramel and gourmet apples, cupcakes, cookies, and chocolate-dipped strawberries and Oreos. Lincoln, known to have something of a sweet tooth himself, according to Rae Katherine Eighmey's book, *Abraham Lincoln in the Kitchen*, would surely approve.



In the Houseboat Capital of the World, expect a mind-blowing array of houseboat rentals and amenities. Photo: Lake Cumberland Tourist Commission



Horse Cave KOA Holiday offers unique accommodations that include Conestoga wagons, treehouses and teepees, as well as cabins, RV hookups and campsites. Photo: Tyler Wayne Glass




SECOND PLACE

Ale-8-One, Winchester

THIRD PLACE

U.S. Playing Card Company, Erlanger

The history of the United States Playing Card Company, Erlanger, begins in 1867 when four men bought the Enquirer Job Printing Rooms from the owners of the *Cincinnati Enquirer*. Photo: United States Playing Card Company

A photograph of three women in a rustic barn setting. On the left, a woman with long dark hair wears a denim jacket and olive pants, holding a glass of bourbon. In the center, a younger woman with blonde hair in a black polo shirt and jeans holds a glass and smiles. On the right, an older woman with long brown hair in a patterned blouse pets a dark horse's head while holding a glass. The horse is in a wooden stall. In the foreground, a wooden table holds several glasses of bourbon on a tray. The background shows wooden barn stalls and warm lighting.

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Immerse yourself in a grand tradition hundreds of years in the making in the place that produces 95% of the world's bourbon. Soak up its spirited culture with a tour and tasting at iconic and craft distilleries, where you can stroll landscaped grounds, watch master distillers at work, hear fascinating stories and breathe in the "angel's share."

Explore an outdoor wonderland, where you can marvel at the world's longest cave, see stunning gorges, hike to hidden waterfalls, bike through the woods, soak up breathtaking vistas and play – or even stay – on some of the South's largest lakes. You'll find plenty of places for adventure, relaxation or escape in every part of the state.

Then savor the state's signature flavors, where family recipes have been passed down through generations, talented chefs are putting exciting new spins on old favorites, and bourbon stars not only at the bar – but on dinner and dessert menus as well!

FARMERS MARKET

WINNER

Dennison's Roadside Market, Horse Cave

You just might spot new baby chicks following their mama around the greenhouse or catch sight of some goats or the farm's new baby lamb as they graze. Dennison's Market is on the family's farm, where they raise vegetable and fruit crops as well as some animals. During autumn, it's full-on fall farm fun with wagon rides to the pumpkin patch and hand-dipped caramel apples.

SECOND PLACE

Lexington Farmers Market, Lexington

THIRD PLACE

Hardin County Farmers' Market, Elizabethtown

ARTS & CRAFTS FAIR

WINNER

Glendale Crossing Festival, Glendale

With five antique malls, Historic Glendale is known for vintage finds—the perfect atmosphere for its traditional arts and crafts fair that brings unique shopping opportunities to visitors, thanks to vendors from several states.

"We have the Great Crossing Festival Parade featuring our farming community, plus antique and vintage autos," says Festival Chairperson Sheree Vance. "We enjoy sharing our unique community with visitors from all over the world."

SECOND PLACE

Bardstown Arts, Crafts & Antique Fair, Bardstown

THIRD PLACE

St. James Court Art Show, Louisville

Destination

LONG WEEKEND GETAWAY

WINNER

Cumberland Falls State Resort Park, Corbin

Cumberland Falls State Resort Park in the Daniel Boone National Forest is a place and sensory experience visitors never forget, from the crashing waterfall to the natural beauty of forested trails and glowing moonbow, to the crisp sheets in the guestrooms of DuPont Lodge to the aroma and taste of funnel cakes (new this year).

SECOND PLACE

Mammoth Cave National Park, Mammoth Cave

THIRD PLACE

Red River Gorge Geological Area, Stanton

KID-FRIENDLY ATTRACTION

WINNER

Louisville Zoo, Louisville

Come face-to-face with monsters, vampires and all sorts of creepy-crawlies at the HerpAquarium at the Louisville Zoo. (Thank goodness these creatures are behind glass!) Meet animals from around the world, from the Amazon River to the Arctic wilderness. Ride a live camel or a carousel elephant, swing through the Sky Trail Ropes Course and get your face painted at this living classroom where each day is different.

SECOND PLACE

Newport Aquarium, Newport

THIRD PLACE

Dutch Country Safari Park, Horse Cave



Dutch Country Safari Park is a small park that offers a wide variety of personal interactions with animals, including holding baby goats and hedgehogs.
Photo: Bald Thoughts

HISTORIC SITE

WINNER

Abraham Lincoln Birthplace National Historical Park, Hodgenville

At the birthplace of our 16th president, visitors can explore the newly reopened Knob Creek Tavern Visitor Center.

"This will be the first time in over 20 years that this historic building has been open to visitors," says Stacy Humphreys, chief of interpretation and resource management, noting the park recently completed a multiyear



Pick up fresh fruits and vegetables at Dennison's Roadside Market in Horse Cave, plus many other Kentucky products, like local milk and cheese. Photo: Kentucky Tourism



rehabilitation of the site and building. "Visitors can now see inside the tavern and view brand new interpretive exhibits that talk about the Lincoln family's time at Knob Creek, as well as the local community's efforts to save and preserve the farm."

SECOND PLACE

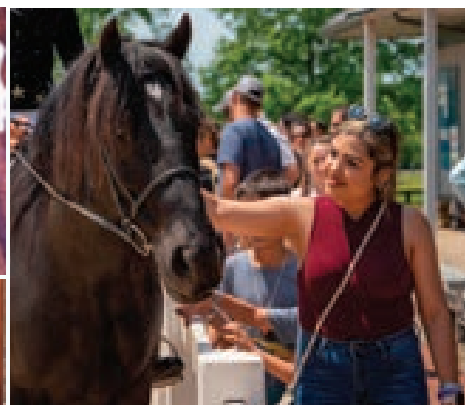
My Old Kentucky Home State Park, Bardstown

THIRD PLACE

Rabbit Hash General Store, Rabbit Hash



Cheers to Country Boy Brewing's Best in Kentucky!

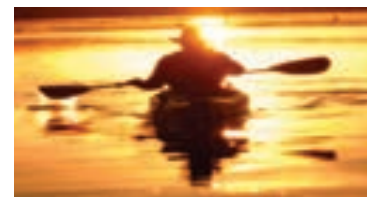


TEAM KENTUCKY

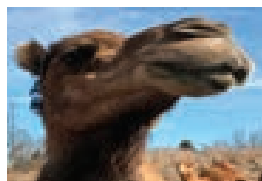
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TEAM KENTUCKY



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Win a Getaway see page 48



In addition to Kentucky Proud farm-fresh produce, Hinton's Orchard's Farm Markets, in Hodgenville and Elizabethtown, offer a full line of jams, jellies, salsas and more. Photo: Morgan Worley

DAY TRIP

WINNER

**Mammoth Cave National Park,
Mammoth Cave**

Overachiever? Showoff?

There's no denying Mammoth Cave's place at the head of the line for superlative experiences. It is, after all, the world's longest known cave system, Kentucky's oldest tour attraction, a UNESCO World Heritage Site containing nearly every type of cave formation, an International Biosphere Reserve for its cave and karst landscape, a certified International Dark Sky Park (meaning *the* place for stargazing) and now, home to Green and Nolin Rivers Blueway—Kentucky's first National Water Trail.

It has earned the right to brag.

SECOND PLACE

Red River Gorge Geological Area, Stanton

THIRD PLACE

**Heaven Hill Bourbon Experience,
Bardstown**

FARM TOURIST ATTRACTION

WINNER

**Hinton's Orchard & Farm Market,
Hodgenville**

A beautiful setting, plenty of farm fun for families and kids of all ages, a convenient in-town store in Elizabethtown to pick up farm-fresh produce, fragrant flowers and homemade kitchen products—Hinton's is the total package, with friendly service to boot. And the farm kitchen recently expanded to offer even more of Hinton's fresh, homemade treats.

SECOND PLACE

Dennison's Roadside Market, Horse Cave

THIRD PLACE

Hermitage Farm, Goshen

Mammoth Cave National Park offers cave tours every day of the year except Christmas Day. Photo: NPS



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Entertainment

KENTUCKY MUSICIAN/BAND

WINNER

Chris Stapleton, Nashville, Tennessee

A multiple Grammy, Country Music Association and Academy of Country Music award winner, Stapleton is one of the country's most respected musicians—not to mention one of Kentucky's most beloved. He was recently announced as the first-ever "Artist-Songwriter of the Decade" recipient by the Academy of Country Music.

SECOND PLACE

Jay Henderson and The Super Six Jamboree Gang, Hodgenville

THIRD PLACE

JD Shelburne, Mt. Juliet, Tennessee

PLACE FOR LIVE MUSIC

WINNER

Joel Ray's Lincoln Jamboree, Hodgenville

Every Saturday night, the 700-seat Jamboree starts filling up with country music lovers who come to hear local singing sensations.

"It's like stepping back in time when life was simpler," says manager Jay Henderson, who also leads the Super Six Jamboree Gang house band.

The Jamboree has had its fair share of celebrities over its 68-year run, too, including Patty Loveless, Bill Anderson, Ernest Tubbs, the Oak Ridge Boys, Bill Monroe and many others.

SECOND PLACE

Paramount Arts Center, Ashland

THIRD PLACE

Bush's Saloon & Dance Hall, Glasgow



Kentucky's Chris Stapleton's All-American Road Show will pull into Louisville on September 18. Photo: Andy Barron

HALL of FAME

The 2022 inductees into the Best in Kentucky Hall of Fame:

- **The Lighthouse Restaurant** – Down-Home Restaurant
- **Mammoth Cave National Park** – Day Trip
- **Louisville Zoo** – Kid-Friendly Attraction
- **Purple Toad Winery** – Winery
- **Hometown Pizza** – Pizza

Previous years' inductees:

- **Lake Cumberland** – Boating Lake or River, Fishing Spot, Houseboating Lake
- **Abraham Lincoln Birthplace National Historical Park** – Historic Landmark
- **The Whistle Stop Restaurant** – Nonfranchise Restaurant
- **Moonlite Bar-B-Q Inn** – Barbecue
- **Red River Gorge Geological Area** – Extreme Adventure/Sport Location
- **Cumberland Falls at Cumberland Falls State Resort Park** – Scenic View
- **Churchill Downs** – Iconic Kentucky Landmark
- **Perryville Battlefield State Historic Site** – Civil War Site
- **General Burnside Island State Park** – Golf Course
- **Somernites Cruise** – Car Show Cruise-In
- **Jericho Woods** – Kentucky Musician/Band
- **Ale-8-One** – Made-In-Kentucky Product
- **My Old Kentucky Home** – Historic Site
- **Country Boy Brewing** – Craft Brew
- **Berea Craft Festival** – Arts & Crafts Fair
- **The Sweet Shoppe and Dessert Cafe** – Sweet Spot
- **Maker's Mark Distillery** – Distillery

Winners enter the Hall of Fame after winning first place in the same category for three consecutive years. They can still win in the annual contest.



Everyone enjoys the Lincoln Days Parade, held continuously for 50 years! Photo: Melanie Wells

MUSEUM

WINNER

Lincoln Museum, Hodgenville

A must-see for Lincoln enthusiasts, the Lincoln Museum occupies two buildings on the National Historic Register of Historic Places in Hodgenville's Downtown Historic Commercial District, which is located between LaRue County's two National Park sites: the Abraham Lincoln Birthplace National Historic Site and Abraham Lincoln Boyhood Home at Knob Creek.

The museum features rotating special exhibits; a unique collection of Lincoln-inspired artwork; and an extensive gift shop with an array of new and used books, collectibles and works by local artists.

SECOND PLACE

Frazier History Museum, Louisville

THIRD PLACE

American Cave Museum, Horse Cave

EVENT OR FESTIVAL

WINNER

Lincoln Days Celebration, Hodgenville

No other place in the world can claim to be the birthplace of Abraham Lincoln—and LaRue County embraces that distinction with a jam-packed weekend festival that brings in crowds from around the commonwealth and further afield. Unique experiences include an art show, pioneer games, rail splitting, an ice cream contest, live music, classic car show and more.

SECOND PLACE

Manchester Music Fest, Manchester

THIRD PLACE

Marion County Country Ham Days, Lebanon

Eats & Drinks

WINERY

WINNER

Purple Toad Winery, Paducah

Known for its gourmet sweet wines, the Purple Toad offers tastings of more than 45 wines, including bestseller Black and Bruised. There's plenty of time to sample

them all as the winery, one of the state's largest, is now open seven days a week.

SECOND PLACE

Farmer & Frenchman Winery, Henderson

THIRD PLACE

Baker-Bird Winery & Distillery, Augusta



Visiting the barrelhouse to enjoy the angel's share is one of the most enjoyable parts of Wilderness Trail Distillery's tour. Photo: Haley Perros

DISTILLERY

WINNER

Maker's Mark Distillery, Loretto

Never content to rest on its laurels, Maker's Mark recently renovated and expanded its Home Place visitors center with a magnificent bar to provide cocktail experiences inside and out. A new Innovation Garden features fresh herbs and vegetables that are used in the cocktails served at the distillery bars and in the food at the restaurant at Star Hill Farm—home of Maker's Mark Distillery.

Additionally, an expanded cocktail menu offers bourbon-based drinks to whet the appetites of cocktail enthusiasts.

SECOND PLACE

Wilderness Trail Distillery, Danville

THIRD PLACE

Boundary Oak Distillery, Radcliff

CRAFT BEER

WINNER

Country Boy Brewing, Georgetown and Lexington

Always experimenting with new beer recipes, Country Boy is committed to making the best possible beer with all-natural and real ingredients. Twenty-four rotating taps, weekly food specials, a welcoming atmosphere and

a commitment to building community: this is the winning formula of one of Kentucky's favorite breweries.

SECOND PLACE

Sawstone Brewing Co., Morehead

THIRD PLACE

Scout & Scholar Brewing Company, Bardstown

BARBECUE

WINNER

Red State BBQ, Lexington

"We pride ourselves on consistency, which is not easy to do when you're talking about smoked meats," says owner David Carroll. That, coupled with a great atmosphere and excellent customer service, is part of Red State BBQ's recipe for success.

"It's taken us years to cultivate the culture that we have within the restaurant, and we're very proud of that," says Carroll.


SECOND PLACE

Arrowhead BBQ, Hodgenville

THIRD PLACE

Walden's Barbeque, Smiths Grove

Thank you for your vote!!!



4020 Georgetown Road, Lexington, KY 40511 • www.redstatebbq.com

Win a Getaway see page 48

HAMBURGER

WINNER

5 Broke Girls, Horse Cave

Come hungry and come often as new deliciousness is always being added to the menu, like the A-1 Texas Brisket Burger, a meaty melange of hamburger, brisket, cheddar cheese, purple onion, pickle, lettuce and tomato—and doused with A-1 Original Steak Sauce. The restaurant now has a second location in Cave City, and both offer live music on Saturday nights.

SECOND PLACE

Laha's Red Castle, Hodgenville

THIRD PLACE

Pat's Snack Bar, Manchester

PIZZA

WINNER

Hometown Pizza, LaGrange, 13 other locations

Celebrating 40 years in 2022 of making some of the tastiest pizzas around, Hometown Pizza is that locally owned pizzeria committed to using the freshest ingredients and providing outstanding customer service.

Specialty pizzas include the bacon cheeseburger pizza, the Buffalo chicken pizza and everyone's favorite: the Hometown Special, piled with pepperoni, ham, pork topping, Italian sausage, mushrooms, onions, green peppers and black olives.

SECOND PLACE

Miguel's Pizza and Rock Climbing Shop, Slade

THIRD PLACE

Pizza Zone, Buffalo

DOWN-HOME RESTAURANT

WINNER

The Lighthouse Restaurant, Sulphur Well

Best bring a hearty appetite because there are no doggie bags allowed for the



This is the pie Hometown Pizza is known for—the Hometown Special Pizza. Photo: Hometown Pizza

Tipton's Traditions Bakery provides couture wedding and birthday cakes, pastries, cupcakes and much more. Photo: Tipton's Traditions Bakery

all-your-can-eat, family-style house special and customer favorite. This throw-down features catfish, fried chicken and Penn's Country Ham filled out with coleslaw, sliced tomatoes, green beans, stewed potatoes, baby lima beans, fried apples, red eye gravy and homemade biscuits. Whew! Got room for dessert?

Open Thursday through Saturday, the restaurant accepts reservations, offers lunch specials on Thursday and Friday, and posts weekly giveaways on its Facebook page.

SECOND PLACE

Kentucky's Finest Family Style Restaurant, Hodgenville

THIRD PLACE

Kayla's Fill-Up Station, Hodgenville

SWEET SPOT

WINNER

The Sweet Shoppe and Dessert Cafe, Hodgenville

How sweet it is: Established in 2002 by Patrick and Paula Durham, the



Sweet Shoppe celebrates 20 years in 2022. The shop makes all of its famous fudge and currently wholesales to 35 stores throughout Kentucky, Ohio and Indiana. Even better, the fudge can be ordered online through the shop's Etsy site (January–May and September–December) so anyone can sink their teeth into its sweet treats.

SECOND PLACE

Farmwald's Restaurant and Bakery, Horse Cave

THIRD PLACE

Tipton's Traditions Bakery, Ashland **KL**

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ArkEncounter.com/christmas



&

CREATION
MUSEUM

2800 Bullittsburg Church Road
Petersburg, KY 41080
CreationMuseum.org/christmas

Lincoln in sandstone

Hidden halfway up a hillside in southern Owsley County is a sandstone bas-relief sculpture of Abraham Lincoln.

"It's a magnificent image," says Cale Turner, judge-executive of Owsley County, which owns the land where the statue sits and is served by Jackson Energy Cooperative. "You know you're looking at Abraham Lincoln." Brad Andersen, Louisville, at right, eyes the 6 foot, 4 inch, sculpture that is close to Lincoln's actual height.

According to various accounts, Granville Johnson, a peddler, chiseled the figure into a sandstone boulder about 90 years ago. As the story goes, Johnson had wandered into the area, became sick and was taken in by the John Williams Sr. family. The statue, carved in secret, was presented to the family as a thank you gift.

"He would go up in the woods and spend most of the day there, working on the statue while he was recuperating," says Turner.

The statue is included on a Smithsonian Art Museum list of Kentucky outdoor sculptures, specifically the Art Inventories Catalog, maintained by the Smithsonian American Art Museum's Research and Scholars Center.

Lost to time are many details: where Johnson learned his sculpting skills, what inspired him to choose Abraham Lincoln as his subject matter as well as the sandstone site, and how he kept his work a secret for the duration of his recuperation—which Turner surmises as being close to two years. What is timeless is the appreciation visitors to this Owsley County landmark feel for a man who gifted Kentucky with such a priceless piece of art.

To find the Abraham Lincoln statue, take State Route 11 to State Route 846 in Owsley County and then turn left on Abraham Lincoln Trail (there is a sign). Drive past the house on the right of the road, park and walk about 300 to 500 feet up the hill. See additional photos and read more about this off the beaten path landmark at KentuckyLiving.com.

Story: Kathy Witt

Photo: Jolea Brown



The Invention of the Year

The world's lightest and most portable mobility device

Once in a lifetime, a product comes along that truly moves people. Introducing the future of battery-powered personal transportation . . . **The Zinger.**

Throughout the ages, there have been many important advances in mobility. Canes, walkers, rollators, and scooters were created to help people with mobility issues get around and retain their independence. Lately, however, there haven't been any new improvements to these existing products or developments in this field. Until now. Recently, an innovative design engineer who's developed one of the world's most popular products created a completely new breakthrough . . . a personal electric vehicle. It's called the **Zinger**, and there is nothing out there quite like it.

"What my wife especially loves is it gives her back feelings of safety and independence which has given a real boost to her confidence and happiness! Thank You!"

-Kent C., California

The first thing you'll notice about the **Zinger** is its unique look. It doesn't look like a scooter. Its sleek, lightweight yet durable frame is made with aircraft grade aluminum so it weighs only 47.2 lbs. It features one-touch folding and unfolding - when folded it can be wheeled around like a suitcase and fits easily into a backseat or trunk. Then, there are the steering levers. They enable the **Zinger** to move forward, backward, turn on a dime and even pull right up to a table or desk. With



Available in Green, Black and Blue (shown)

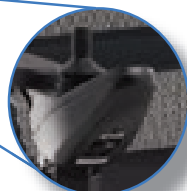


The Zinger folds to a mere 10 inches.

its compact yet powerful motor it can go up to 6 miles an hour and its rechargeable battery can go up to 8 miles on a single charge. With its low center of gravity and inflatable tires it can handle rugged terrain and is virtually tip-proof. Think about it, you can take your **Zinger** almost anywhere, so you don't have to let mobility issues rule your life.

Why take our word for it? Call now, and find out how you can get a **Zinger** of your very own.

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zinger

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OCT.
29

KENTUCKY BOOK FESTIVAL



- 150 AUTHORS
- FREE PARKING
- STORY-TIMES
- 1,000s OF BOOKS
- KIDS ACTIVITIES
- GREAT FOOD

FUN FOR THE WHOLE FAMILY!

Saturday, October 29 | Lexington, KY

Do you love to read? Then you'll LOVE the Kentucky Book Festival! Bring the family to **Joseph-Beth Booksellers** on **Saturday, October 29** to find your next great book. Meet 150 authors from Kentucky and across the U.S.! With free kids activities and programs for readers of all ages, there's something for everyone.



Learn more at kybookfestival.org

GET BOOKISH IN THE BLUEGRASS

The Kentucky Book Festival, an autumn tradition in its 41st year, is a celebration of all things bookish in the Bluegrass. On October 29, 150 Kentucky and national authors share their work with readers of all ages at Joseph-Beth Booksellers in Lexington.

Books featured at the festival are newly or recently published—some will even make their debut. Headliners this year include historian Jon Meacham, who discusses his new book on Abraham Lincoln; Geraldine Brooks, who talks about her novel, *Horse*; and Kentucky-raised Barbara Kingsolver, who unveils a new work of fiction, *Demon Copperhead*. Kentucky natives Silas House and Wendell Berry attend, along with Kentucky's poet laureate, Crystal Wilkinson. Book lovers find thousands of options at the Kentucky Book Festival, from Kentucky-centric books about University of Kentucky basketball, bourbon and horses to great reads about business, history, fishing and recreation, and miraculous recoveries, plus books to read with the kiddos at bedtime—all while meeting the authors who wrote them.

More than book signing

The all-day festival, 9:30 a.m.–5 p.m., is held across two stages inside Joseph-Beth and encompasses a gallery of authors signing books, a children's authors tent, and plenty of family-friendly activities like face painting and story times. For added fun in the spirit of Halloween, patrons can come dressed as their favorite book character and participate in a costume contest judged by children's authors. Budding artists can even join in an interactive drawing session with an illustrator.

Added attractions

Joseph-Beth, at the center of the shops of Lexington Green, is surrounded by great restaurants and retail stores, with tons of



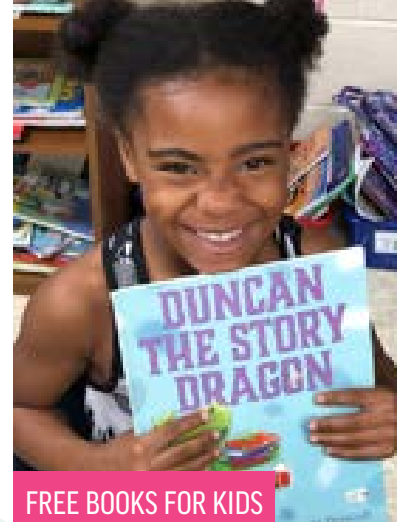
BOOK FESTIVAL MAIN STAGE



KENTUCKY'S WENDELL BERRY



BARBARA KINGSOLVER



FREE BOOKS FOR KIDS

Thanks to support from the Kosair Charities Face It Movement, each child (12 years and under) who attends the Kentucky Book Festival is eligible to receive a voucher for ONE free book (terms/conditions apply; while supplies last)!

on-site free parking. Inside the bookstore, there's the Brontë Bistro, serving brunch, lunch and dinner, and the best peanut butter pie in town.

Also at Lexington Green, teens find a selfie paradise inside The Illusion, and the foodies in the family can satisfy their cravings at Cattywampus Station, a milkshake and burger bar offering some of the most decadent shakes in town. Festivalgoers find a massive selection of beer, wine

and spirits at Total Wine; grab brunch at Palmer's Grill; book a deep tissue massage at The Woodhouse Day Spa; or browse for a new outfit at Ever Eve or Logan's.

For those needing overnight accommodations, two hotels are within walking distance of Lexington Green.

For the latest updates on the Kentucky Book Festival, along with the author lineup and schedule, visit kybookfestival.org.

Half-Century of “Tell

Kentucky Humanities commemorates 50 years of honoring v

BY JOEL SAMs



Kelly Brengelman travels throughout the commonwealth portraying Kentucky suffragette Madeline McDowell Breckinridge for Kentucky Chautauqua.

Have you ever wished you could trade tall tales with Daniel Boone? Kentucky Humanities has brought more than 70 historical characters to life through its Kentucky Chautauqua program. If you’ve attended the annual Kentucky Book Festival or enjoyed a Think History segment on Kentucky public radio, did you know that Kentucky Humanities is behind them? How about Kentucky gems like Shaker Village of Pleasant Hill, the National Quilt Museum or the Lexington Children’s Theatre? Kentucky Humanities supports them.

Every day, Kentuckians can experience their state’s story in new ways, thanks to Kentucky Humanities’ creativity and reach. Kentucky Humanities’ labor of love is to vitalize Kentucky’s history, to enrich its literacy and to celebrate its multifaceted culture. The nonprofit organization now employs a host of programs, resources and events—and it all started

with five Kentucky scholars making a trip to Washington 50 years ago.

That Washington trek resulted in the formation of the Kentucky Humanities Council, whose sole function in the early years was to direct the flow of grant money from the National Endowment for the Humanities to relevant organizations and projects in Kentucky.

“The humanities” encompass language and literature, history, philosophy and other human-specific pursuits. Today, Kentucky Humanities recognizes and nurtures these disciplines across the commonwealth with a range of programs and events, and provides support for existing efforts. “Since 1972, we have been ‘telling Kentucky’s story’ throughout the commonwealth with Kentucky Chautauqua performances, our Speaker’s Bureau, the Prime Time Family Reading program, the Kentucky Book Festival, and much more,” says Bill Goodman, the organization’s executive director. “Kentucky Humanities has created a legacy of pride in the wealth of Kentucky culture, building civic engagement, and supporting local humanities programs and events.”

SPONSORED CONTENT

“Telling Kentucky’s Story”

what makes us human

Special events

To recognize its 50th anniversary this year, Kentucky Humanities is holding a series of events celebrating Kentucky’s music, food, poetry, science, journalism and more. Out of the yearlong lineup, two anniversary events remain—one focused on food, the other on space travel (see sidebar). The final event features a discussion of space exploration. Kris Kimel, co-founder of Space Tango, an orbital research and manufacturing company based in Lexington, asserts that deep space exploration sharpens the question that lies at the heart of humanities: what does it mean to be a good human?

“For thousands of years, as humans have ventured far beyond their surroundings, the humanities and a reimagining of what it means to be human has followed,” Kimel says. “And now in the transition to a spacefaring species, the humanities will again be central to maintaining our humanness as we depart our planet.”

For more about Kentucky Humanities’ history, mission and programming, visit kyhumanities.org.

Kentucky Humanities has been a longtime supporter of Kentucky’s Governor’s Scholars Program. Each year Kentucky Humanities provides grant funding to Governor’s Scholars for teacher training and inclusion of humanities programs.

50 KENTUCKY HUMANITIES

CELEBRATE THE HUMANITIES

Here are the remaining two programs in Kentucky Humanities’ 50th anniversary series. Admission to both is free, but registration is required at kyhumanities.org/about-us/50-anniversary/anniversary-events.



RECIPES FROM THE RIVER

September 17, 10 a.m.

Paducah Convention & Expo Center

Kentucky Humanities hosts four chefs who demonstrate their favorite “river recipes,” share the stories behind the food and discuss how cuisine can be a unifying and defining aspect of our culture. Participants can sample demonstrated food items and purchase culinary-related items from each chef.

Regina Charboneau, also known as the Queen of Biscuits, is a restaurateur and chef who has appeared on the Travel Channel and the Hallmark Channel and has been featured in *Southern Living* and other publications.

Louisville restaurateur and executive chef John Varanese stars in and co-produces his own television show, *Big World of Food*, about the importance of local farms to the food on our tables.

Paul Signa is the owner of Doe’s Eat Place, a classic Southern eatery with a storied past in Greenville, Mississippi—and now a second-generation presence in Paducah, Kentucky.

Phillip Ashley Rix, an award-winning chocolatier, has curated dining experiences at the James Beard House in New York City and created chocolates for entertainment award shows including the Emmys, Grammys and Oscars.

MISSION: HUMANITIES

October 13, 6:30 p.m.

Worsham Theater, University of Kentucky Gatton Student Center, Lexington

Retired NASA astronaut Story Musgrave and Space Tango co-founder Kris Kimel discuss Musgrave’s illustrious career and life experiences, as well as the trajectory of the space program across the past and into the future.

Musgrave is a physician, author and consultant to both Disney’s Imagineering group and Applied Minds in California. In 1996, he became only the second astronaut to fly on six spaceflights and is the only astronaut to fly aboard all five space shuttles. The holder of six academic degrees, Musgrave is a member of the International Space Hall of Fame.

In addition to co-founding Space Tango, Kimel is the founder of Humanity in Deep Space, a new initiative exploring the challenges facing humans in our transition to a deep spacefaring species. Kimel is also a former president of the Kentucky Science and Technology Corporation, and founder of the Idea Festival.



KENTUCKY FESTIVALS

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October 15

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270-887-4290

TEAM KENTUCKY

Christian County Military Affairs Committee Chili Cook-Off

Friday, October 14
12 - 8 p.m.
Tasting begins at 4:30 p.m.

www.christiancountychamber.com | 270-885-9096
198 W. 9th Street, Hopkinsville, KY 42240

TEAM KENTUCKY

HOPTOWN HARVEST FESTIVAL

Farm to Table Dinner Friday, September 23rd, 6pm

Hoptown Harvest Festival & Bourbon Mashoree
Saturday, September 24th, 11:00 a.m.-5:00 p.m.

www.facebook.com/HoptownHarvestFestival
198 W. 9th Street, Hopkinsville, KY 42240
270-887-4285

TEAM KENTUCKY

TRAIL OF TEARS POW WOW

Saturday, September 10th,
1:00-8:00 p.m.

Sunday, September 11th,
1:00-6:00 p.m.

100 Trail of Tears Drive, Hopkinsville, KY 42240
www.trailoftearshopkinsville.org
270-887-2300

TEAM KENTUCKY

Kentucky Wool Festival

October 7, 8 & 9, 2022

Friday & Saturday,
10 a.m.-10 p.m.

Sunday, 10 a.m.-6 p.m.

(859) 951-8027
www.kywoolfest.org



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Mt. Sterling
October Court Day Festival
October 14-17, 2022
Downtown Mt. Sterling
I-64 at Exit 110
www.mtsterlingtourism.com



TEAM KENTUCKY

Renfro Valley, Kentucky



STATE CHAMPIONSHIP
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Free Admission
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Wine & Beer Garden
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Springfield, KY-Sept 30-Oct. 1
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WINNER: BEST HISTORIC SITE WINNER: BEST MUSEUM

TEAM KENTUCKY. **visithodgenville.com**
(270) 358-3163

Win a Getaway see page 48

Win a Getaway see page 48

KENTUCKY FESTIVALS

BLUEGRASS

1 **Stave Festival:**
Lawrenceburg, Sept. 9–10

2 **Festival of the Horse:**
Georgetown, Sept. 9–11

3 **Barks & Bluegrass Music Festival, Car Show:**
Nicholasville, Sept. 10

4 **More Tales, Wilmore Storytelling Festival:**
Sept. 16–17

5 **Spoonbread Festival:**
Berea, Sept. 16–18

6 **Kentucky Heritage Jazz Festival at Shaker Village:**
Harrodsburg, Sept. 17–18; kick-off at Old Fort Harrod State Park, Sept. 10

7 **Anderson County Burgoo Festival:** Lawrenceburg, Sept. 23–24

8 **Cynthiana Honey Festival:** Sept. 24

9 **Bourbon on the Banks:**
Frankfort, Sept. 30–Oct. 1

10 **Oktoberfest: Harrodsburg,**
Sept. 30–Oct. 2

11 **Millstone Festival:**
Richmond, Oct. 1

12 **Witches Night Out:**
Cynthiana, Oct. 1

13 **Jessamine Fall Festival:**
Nicholasville, Oct. 14–15

14 **Adult Trick or Treat:**
Lawrenceburg, Oct. 28

15 **Harvesting the Holidays:**
Cynthiana, Nov. 5

16 **Anderson County Arts Trail:** Lawrenceburg, Nov. 5

17 **Wilmore Old Fashioned Musical Christmas:** Dec. 3

18 **St. "Nich" Christmas Fest and Parade:** Nicholasville, Dec. 10

EASTERN

19 **Elliott County Tobacco Festival:** Sandy Hook, Sept. 2–3

20 **Arts at the Park Festival:**
Kingdom Come State Park, Cumberland, Sept. 2–3

21 **Swift Silver Mine Festival:**
Campton**

22 **Breathitt County Honey Festival:** Jackson**

23 **Old Fashioned Trading Days:** Williamsburg, Sept. 8–10

24 **Louisa Septemberfest:**
Sept. 9–10 (bicentennial)

25 **Poppy Mountain Bluegrass Festival:**
Morehead, Sept. 9–17

26 **Kentucky Food Truck State Championship:**
Renfro Valley, Sept. 10

27 **Black Gold Festival:**
Hazard**

28 **Hatfield-McCoy Heritage Days:** Pikeville**

29 **Poage Landing Days:**
Ashland, Sept. 16–18

30 **Morehead Arts and Crafts Festival:** Sept. 17

31 **World Chicken Festival:**
London, Sept. 22–25

32 **Foxfire Music & Arts Festival:** Ashland, Sept. 23–24

33 **Cave Run Storytelling Festival:** Morehead, Sept. 23–34

34 **Morgan County Sorghum Festival:** West Liberty, Sept. 23–25

35 **Old Fashion Days:**
Greenup, Sept. 29–Oct. 1

36 **Bittersweet Festival:**
Mt. Vernon, Sept. 30–Oct. 1

37 **Shaping Clay Jubilee: Manchester,**
Sept. 30–Oct. 1

38 **Kentucky Apple Festival:**
Paintsville**

39 **Mary Breckinridge Festival:** Hyden**

40 **Jenny Wiley Festival:**
Prestonsburg**

41 **Funtober Fest:** Grayson, Oct. 7–8

42 **Blaine Autumn Fest:** Oct. 8

43 **Oktoberfest:** Corbin, Oct. 8

44 **Mt. Sterling October Court Day Festival:** Oct. 14–17

45 **28th Gateway to the Cumberlands Jeep Jamboree:** Williamsburg, Oct. 20–22

46 **Lee County Woolly Worm Festival:** Beattyville, Oct. 21–23

47 **Great Bowls of Fire Chili Cookoff:** Ashland, Oct. 22

48 **Festival of Trees and Trains:** Ashland, Nov. 18–27

49 **Festival of the Mountain Masters:** Harlan, Nov. 25–26

50 **Hometown Holidays:**
Grayson, Dec. 2–3

51 **Appalachian Holiday Arts & Crafts Fair:** Morehead, Dec. 3

NORTH CENTRAL

52 **Fleur de Flea Vintage Urban Outdoor Market:**
Louisville, Sept. 3

53 **Rolling Fork Iron Horse Festival:** New Haven, Sept. 10

54 **Connect: Bernheim Forest, Clermont,** Sept. 10

55 **Trimble County Apple Festival:** Bedford, Sept. 10–11

56 **Big Four Arts Festival:**
Louisville, Sept. 10–11

57 **Gaslight Festival:**
Jeffersonton, Sept. 16–18

58 **Kentucky Bourbon Festival:** Bardstown, Sept. 16–18

59 **The Great Pumpkin Pursuit & Watermelon Weigh Off:** Guston, Sept. 17

60 **Etown Wine Fest:**
Elizabethtown, Sept. 17

61 **Clarkson Honeyfest:**
Grayson County, Sept. 21–24

62 **Marion County Country Ham Days:** Lebanon, Sept. 23–25

63 **Taste of Meade Food Festival:**
Brandenburg, Sept. 24

64 **Finchville Fall Festival:**
Sept. 24

65 **LJ Festival:** Lebanon Junction, Sept. 30–Oct. 1

66 **St. James Court Art Show:** Louisville, Sept. 30–Oct. 2

67 **Shepherdsville City Craft Fair:** Oct. 1

68 **Springfield-Washington County Sorghum Festival:**
Springfield, Sept. 30–Oct. 1

69 **Lincoln Days:**
Hodgenville, Oct. 1–2

70 **Forkland Heritage Festival:** Gravel Switch, Oct. 14–15

71 **Glendale Crossing Festival:** Oct. 15

72 **Battletown Witch Festival:** Brandenburg, Oct. 29

73 **Colorfest: Bernheim Forest, Clermont,** Nov. 5–6

NORTHERN

74 **Bands & BBQ at the Point:**
Carrollton, Sept. 9–10

75 **Sweet Owen Day Fall Festival:** Owenton, Sept. 17

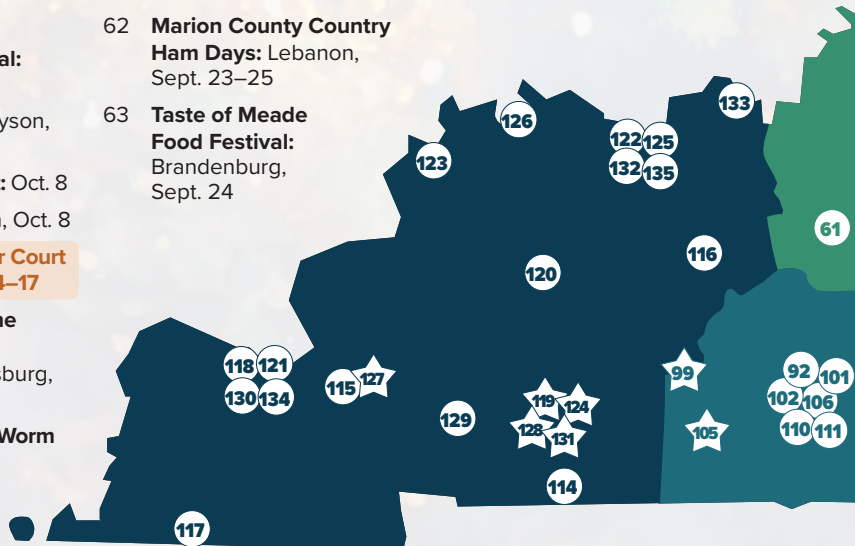
76 **Simon Kenton Festival:**
Maysville, Sept. 17–18

77 **Pig Out:** Maysville, Sept. 23–24

78 **Newport Oktoberfest:**
Sept. 23–25

79 **Civil War Historical Weekend:** Augusta, Sept. 24–25

**Date/festival unconfirmed at press time.
Please confirm online.



Please verify all festival dates and times before going, due to the possibility of cancellations or changes.

80 **Carroll County Tobacco Festival:** Carrollton, Sept. 30–Oct. 1

81 **W'town Hoe Down BBQ & Bluegrass Festival:** Williamstown, Oct. 1

82 **Pickers and Grinders Fall Market:** Maysville, Oct. 1

★ 83 **Kentucky Wool Festival:** Falmouth, Oct. 7–9

★ 84 **Chocolate Crawl:** Warsaw, Oct. 8

85 **Turning of the Leaves Festival:** Augusta, Oct. 8

86 **Oktoberfest:** Glencoe, Oct. 15

87 **Taste of Fleming County:** Flemingsburg, Oct. 15

88 **Salt Festival:** Big Bone Lick State Historic Site, Union, Oct. 15–16

89 **A Country Christmas:** Williamstown, Dec. 3

90 **Frontier Christmas:** Maysville, Dec. 3

SOUTH CENTRAL

91 **Monroe County Watermelon Festival:** Tompkinsville, Sept. 3

92 **Apple Festival:** Jackson's Orchard, Bowling Green, Sept. 3–5

93 **Battles for the Bridge:** Munfordville, Sept. 9–11

94 **Homeplace Fall Heritage Festival:** Campbellsville, Sept. 10

95 **Cumberland River Bluegrass Festival:** Burkesville, Sept. 15–17

96 **Blazin' Bluegrass Festival:** Whitley City, Sept. 15–17

97 **Horse Cave Heritage Festival:** Horse Cave, Sept. 16–17

98 **Rotary Club Cow Days:** Greensburg, Sept. 16–17

★ 99 **Lake Malone Dock Trot:** Dunmor, Sept. 17

100 **Casey County Apple Festival:** Liberty, Sept. 22–24

101 **International Festival:** Bowling Green, Sept. 24

102 **Pumpkin Festival:** Jackson's Orchard, Bowling Green, weekends Sept. 24–25 thru Oct. 22–23

103 **Metcalfe County Pumpkin Festival:** Edmonton, Oct. 1

104 **Downtown Days Festival:** Columbia, Oct. 7–8

★ 105 **Tobacco & Heritage Festival:** Russellville, Oct. 8

106 **Hammer-In at the Kentucky Museum:** Bowling Green, Oct. 8

107 **Buffalo Crossing Balloon Glow:** Munfordville, Oct. 14

108 **Foothills Festival:** Albany, Oct. 14–15

★ 109 **Moonlight Festival:** Somerset, Oct. 15

110 **Bourbon and Brewfest:** Bowling Green, Oct. 15

111 **GypsyMoon Christmas Marketplace:** Bowling Green, Nov. 3–5

112 **Sheltowee Artisans Art Fair:** Somerset, Nov. 19–20

★ 113 **Light Up Bash:** Somerset, Dec. 31

WESTERN

114 **Butterfly Festival:** Oak Grove, Sept. 3

115 **Labor Day Weekend Arts and Crafts Festival:** Grand Rivers, Sept. 3–5

116 **Jerusalem Ridge Bluegrass Celebration:** Beaver Dam, Sept. 8–11

117 **Banana Festival:** Fulton, Sept. 9–17

118 **Paducah Dragon Boat Festival:** Sept. 10

★ 119 **Trail of Tears Pow Wow:** Hopkinsville, Sept. 10–11

120 **Harvest Fest at Mahr Park:** Madisonville, Sept. 16–17

121 **Barbecue on the River:** Paducah, Sept. 22–24

122 **Bronze Buffalo Festival & Gala:** Owensboro, Sept. 22–24

123 **Lions Club Corn Festival:** Morganfield, Sept. 22–24

★ 124 **Hoptown Harvest Festival:** Hopkinsville, Sept. 23–24

125 **Boo Fest:** Owensboro, Sept. 30–Oct. 1, Oct. 7–8, 14–15, 21–22, 28–29

126 **Lions Club Arts and Crafts Festival:** Henderson, Oct. 1–2

★ 127 **Hunter's Moon Festival:** Grand Rivers, Oct. 8

★ 128 **Christian County Military Affairs Committee Chili Cook-Off:** Hopkinsville, Oct. 14

129 **Trigg County Country Ham Festival:** Cadiz, Oct. 14–15

130 **Maiden Alley Oktoberfest:** Paducah, Oct. 15

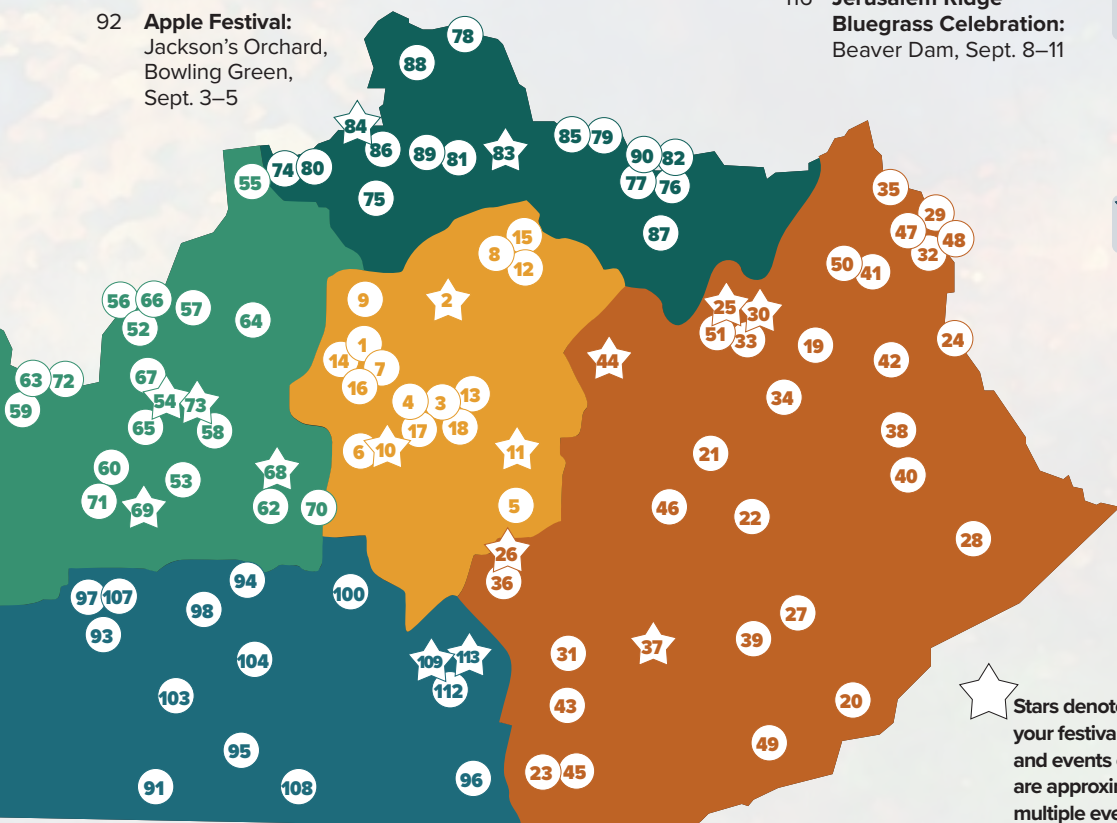
★ 131 **Hoptown Half Marathon & 5K:** Hopkinsville, Oct. 22

132 **Reid's Apple Festival:** Owensboro, Oct. 22–23

133 **Independence Bank Sorghum Festival:** Hawesville, Oct. 29

134 **River's Edge International Film Festival:** Paducah, Nov. 10–13

135 **Holiday Forest Festival of Trees:** Owensboro, Nov. 12–Dec. 31



★ Stars denote festival advertisers. If we missed your festival, let us know! Find more festivals and events online. Locations marked on map are approximate and may be shifted to show multiple events in the same city.

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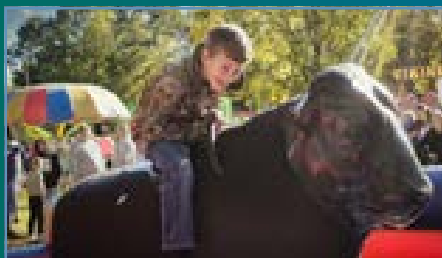
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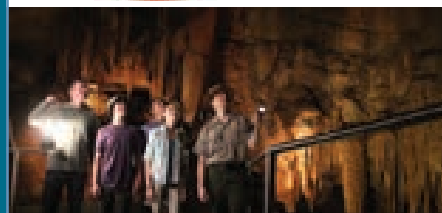
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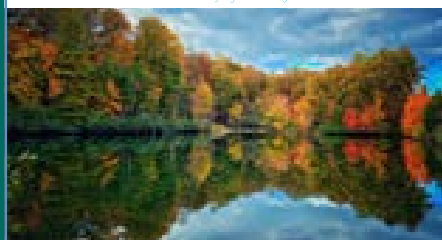
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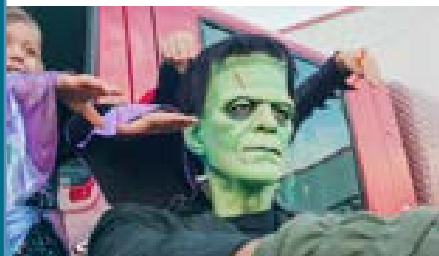


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Experience a month-long celebration of Halloween & Fun Fall Things in Mayfield-Graves County. Don't miss a single, spooky October weekend!

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HOPE IN DEVASTATION

RAIN PUMMELED EASTERN KENTUCKY in late summer, causing historic floods across a large portion of the region—but more powerful than the floodwaters is the spirit of Kentuckians to clean up and care for one another.

As of press time, individuals or local governments in 14 counties are eligible for federal assistance: Breathitt, Clay, Floyd, Johnson, Knott, Leslie, Letcher, Magoffin, Martin, Owsley, Perry, Pike, Whitley and Wolfe.

In the days following the floods, lines of vehicles took to the roads

heading toward the devastation to deliver supplies and food. Countless organizations, businesses and individuals—including members of the cooperative family—donated materials, labor and time.

The restoration is ongoing, and we are praying for our friends and families in eastern Kentucky. Kentucky's electric cooperatives and *Kentucky Living* work to improve the quality of life in Kentucky, and we are committed to helping as Kentucky moves along the path to recovery. **KL**



Licking Valley RECC's John May, at right in boat, volunteers with the Wolfe County Search & Rescue Team to transport flood victims to safety. Photos: Wolfe County Search & Rescue



HOW TO HELP

IMMEDIATE RELIEF

Kentucky American Red Cross: Visit [redcross.org](https://www.redcross.org), call 1-800-RED CROSS, or text the word REDCROSS to 90999 to make a \$10 donation.

LONG TERM RELIEF

TeamEKYFloodReliefFund.[ky.gov](https://www.ky.gov) is the state-organized fund. Like the state fund organized to help tornado victims in western Kentucky, these funds are intended to provide long-term relief to individuals directly impacted by the flooding in eastern Kentucky.



A sea of yellow

Lantana New Gold thrives in September heat

LANTANA NEW GOLD is a summer annual that gives us a consistent sea of yellow, even in the heat of September. You see it in garden centers each year, and it has stood the test of time.

Unassuming on the shelves, this plant can look wiry or weedy in small pots so it would be easy to pass up for one of several more colorful lantanas. But if you have seen it shining like the sun on a hot and humid day in September, you will be like me and plant it every year.

Lantana New Gold is best grown in full sun and well-drained soils. It will bloom in light shade, but not to the extent it does in full sun. Once planted, it will slowly grow and the bloom will increase. When I don't think it can get any hotter or more humid, I look out and lantana New Gold is stunning and in full, glorious bloom.

This compact lantana can grow approximately 1 foot tall and can spread 2 feet wide. Its flowers are sterile or almost fruitless, which aids in its profuse flowering—and is good because the seeds are considered poisonous to humans. The fragrant, young foliage can also cause skin irritation or an allergic reaction, so if your skin is sensitive,

wear gloves and long sleeves when handling any lantana.

It is drought resistant once established, and deer rarely bother it. Lantana is attractive to pollinators and butterflies, particularly when planted in large groups. It is not uncommon to see several butterflies at any given time on my planting. **KL**

SHELLY NOLD is a horticulturist and owner of The Plant Kingdom. Send stories and ideas to her at The Plant Kingdom, 4101 Westport Road, Louisville, KY 40207



SHELLY NOLD

ASK THE gardener



Is there any way to keep Kimberly Queen ferns through the winter? I have tried, but no luck. Please advise. —Glenna Spratt

A Some tropical plants are easier to overwinter than others. Kimberly Queen ferns are one of the difficult ones. Unless you have a heated greenhouse, or invest in grow lights, it is easier to purchase new plants each year.

I love these ferns for their stately appearance, upright growth habit and sun tolerance. I plant them in containers every year in my garden, and for clients. After several attempts at overwintering these ferns and listening to other gardeners complain about the constant foliage drop, I decided to consider these ferns as annuals and leave it to the growers to do what they do best.

» Angie Oakley



RATTANACHAI/ADOBE STOCK

Have a gardening question?

Go to KentuckyLiving.com, click on Home & Garden, then "Ask the Gardener."

READER
recipe

New use for fresh green beans

Herbed Green Beans

Submitted by Kim Warren

Consumer-member of Nolin RECC

Kim Warren wanted a different way to cook fresh green beans. Herbed green beans is the perfect side to use the last of the summer produce. You can use either fresh or dried herbs.

1–2 lbs fresh green beans, trimmed
5–6 green onions, thinly sliced
4 Tbsp olive oil, divided
2 Tbsp chopped fresh parsley or 2 tsp dried
2 Tbsp chopped fresh basil or 2 tsp dried
2 tsp chopped fresh thyme or ½ tsp dried
½ tsp garlic powder
½ tsp lemon pepper
Juice of 1 small lemon
Salt and fresh ground pepper to taste

Place green beans in steamer basket in Dutch oven. Cover and steam beans over 3 inches of boiling water until crisp-tender (4–5 minutes).

Meanwhile, heat 2 Tbsp olive oil in large skillet over medium heat. Sauté green onions until softened. Add parsley, basil, thyme, garlic powder and lemon pepper to skillet and stir.

Add steamed green beans to skillet with remaining olive oil, lemon juice, salt and pepper to taste. Toss well until beans are coated. Serve hot.

Serves: 6–8

**SEE THE
VIDEOS**at KentuckyLiving.com/CookGo to KentuckyLiving.com/submit-a-recipe*Family favorite recipes**Sheet pan quesadilla is a crowd pleaser*

SOMETIMES YOU NEED EASY and delicious recipes you know the whole family will love.

Sheet pan quesadilla will be a hit with everyone. It is stuffed with all your favorite taco ingredients, but feel free to have fun and add anything you like.

Chicken, cheese, beef, peppers, onions—the options are endless.

Sheet Pan Quesadilla**8 burrito sized flour tortillas****Nanna B's Easy Peasy Beef Taco Meat**
(featured in the April 2021 Around the Table):**1 lb grass-fed ground beef****½ large onion, diced****2 tsp chili powder****1 ½ tsp ground cumin****2–3 cloves of garlic, minced****8 oz can tomato sauce, plus ¼ can water****½ tsp salt****½ tsp pepper****Add-ins****4 C shredded Mexican blend cheese****15 oz can black beans****4 oz can diced green chiles****¼ C pickled jalapenos****½ bunch cilantro leaves, chopped****1 Tbsp olive oil****Optional toppings:****Avocado, hot sauce, salsa, sour cream, limes, cilantro, guacamole**

Preheat oven to 450°.

For taco meat: Over medium heat, brown ground beef until no longer pink. Add diced onion and seasonings; stir to mix. Add tomato sauce and water. Turn heat down and let simmer for 15–20 minutes, stirring occasionally.

To assemble: On baking sheet, use 7 tortillas to cover entire pan (2 on each long side, 1 on each end, and 1 in the middle). Overlap tortillas with half hanging over the sides.

Sprinkle with 2 cups shredded cheese. Layer taco meat, black beans, green chilies, jalapenos and cilantro evenly on tortillas. Sprinkle with remaining cheese.

Place last tortilla on top in middle and gently fold each tortilla toward middle. Brush top with olive oil. Place another baking sheet on top, right side up, helping hold tortillas down and bake evenly.

Bake in oven for 20–25 minutes or until the top is golden brown and crispy.

Cut into squares and serve with desired toppings. Serves: 10–12

HEATHER BILYEU, raised in southern Kentucky, is the owner and voice behind the food blog, *Fueling a Southern Soul*.

HEATHER BILYEU



HEATHER BILYEU



The Kitchen Table

James B. Beam Distilling Co.'s classic restaurant

ANITA TRAVIS RICHTER



JAMES B. BEAM DISTILLING CO. has been serving tradition for more than two centuries, from a time-honored distilling process to legendary bourbons, and now, with food at The Kitchen Table, which nourishes visitors with family history, the Beam homestead and the land surrounding it.

Chef Brian Landry describes the menu as familiar, playful and surprising, grounded in classic Southern staples like barbecue and traditional Kentucky favorites like a Hot Brown served in a place named for Jim Beam's actual kitchen table.

"It is the table the entire family congregated around for meals, talk and good drinking," says Landry.

Even the pizza evokes Beam family heritage.

"It was Freddie's idea to use the same yeast strain in our pizza dough as the Beam family uses to make all of their bourbons," says Landry, referring to eighth-generation Master Distiller Freddie Noe.

The Clermont Supper Club unveils monthly theme dinners focused on one Beam brand, with handcrafted food and drink pairing menus.

"Come join us and have a seat at our table!" says Landry.

The Kitchen Table, 522 Happy Hollow Road, Clermont, served by Salt River Electric, is open Wednesday-Sunday; limited reservations. Find hours, additional photos and learn more about this unique restaurant and events venue at KentuckyLiving.com.

BEAM SUNTORY



The Kitchen Table Venison Poppers

at James B. Beam Distilling Co.

Serves 4

1½ lbs venison backstrap or Denver leg
(cut into loin size strips)

¼ C Creole seasoning

3 pickled jalapenos, sliced thinly

10 strips thick-cut, smoked bacon

4 oz cream cheese

1 Tbsp fresh thyme, chopped

1 Tbsp fresh parsley, chopped

Salt and pepper to taste

6 oz cane syrup

6 oz sherry or balsamic vinegar

Rub venison with Creole seasoning. Then sear the tenderloin in a minimal amount of oil in a cast-iron skillet just until a crust forms.

Place the tenderloin in the refrigerator for 20 minutes, then cut into ¼-inch x 2-inch strips. Wrap each piece of venison around a pickled jalapeno slice, then wrap with a piece of bacon. Skewer the poppers with a bamboo skewer.

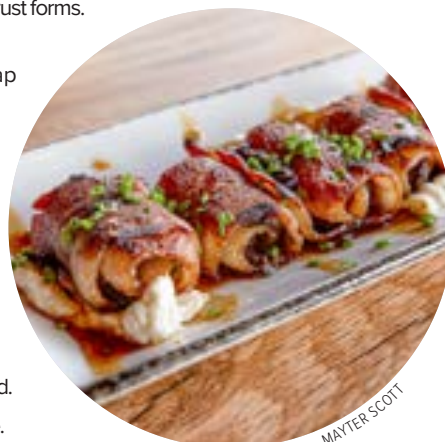
Allow cream cheese to soften at room temperature. Mix in herbs and season with salt and pepper.

Add the cane syrup and vinegar to a small sauce pot. Reduce syrup vinegar mix by half.

Grill the popper skewers on medium heat for 15 to 20 minutes or until bacon is crispy and slightly charred.

Spread some of the cream cheese in a line on a plate. Remove the poppers from skewer; place on top of cream cheese. Drizzle some cane syrup over the poppers.

Find a recipe for homemade Creole seasoning at KentuckyLiving.com.



MATTHEW SCOTT

Driving toward the future



What are some considerations in buying an electric vehicle now?

KATHERINE LOVING

writes on consumer and cooperative affairs for the National Rural Electric Cooperative Association.

According to the United States Department of Energy, electric vehicle (EV) sales doubled from 2020 to 2021, reaching a record high of 608,000 sales. Sales of internal combustion engine vehicles grew by only 3% the same year.

More than 80 base models of electric sedans, SUVs and minivans are available today. The number of automakers that are exclusively manufacturing plug-in vehicles is also increasing.

While the EV market is growing, it has some challenges to overcome before broader adoption takes place—cost is one. The upfront cost of an EV is more than a comparable gas-powered vehicle. Ford, Hyundai, Kia and Nissan offer EV models that are priced around \$30,000, and federal tax credits can bring the initial costs down considerably.

Range is another issue. Many EVs are limited to a

driving range of 250 miles on average, with some exceptions. Some automakers offer EV models with ranges over 300 miles and a handful are approaching 400.

Consider the charging time in looking at EVs. Even at the fastest charging level, it takes approximately 20 minutes to charge 80% capacity. This makes EVs suitable for daily driving needs like commuting or running errands and somewhat less suitable for longer road

trips, unless you build in for time to stop and “fill up” at charging stations.

Where to charge

Access to publicly available charging stations is not as plentiful or as geographically accessible as gas stations, which makes using an EV for an extended road trip less straightforward, but it can be done. However, the U.S. transportation and energy departments have teamed up to offer grants to help states and local partners, including electric cooperatives, to develop a national charging network with EV chargers located every 50 miles on interstates. **KL**



Electric vehicle sales continue to climb. Ford introduced its now sold-out F-150 Lightning in April and is already taking orders for 2023. Photo: Ford

CHARGER LEVELS

The standard level 1 chargers that come with an EV provide about 40 miles of range after eight hours of charging. Level 2 chargers, which provide about 25 miles per charging hour, require local electric infrastructure to support the increased energy load.

If you're considering a Level 2 charger, make sure your home's electrical system is in good shape and contact your electric co-op to give them a heads-up to be sure the neighborhood transformer can safely provide power.

When did you last clean your dryer vent?

Avoid risks from often used appliances, from refrigerators to dryers

YOUR REFRIGERATOR OR WASHING MACHINE

likely do not spring to mind when you think of home safety hazards—but they should.

To help keep your home safe, start by checking appliances that you use daily. Washer, dryer, refrigerator, stove, dishwasher and water heater—all contain risks that can easily be avoided. Even the microwave oven presents hazards. Don't let food waste or splattered grease and oils build up in it. Because microwaves can deliver a shock even if they are unplugged, your best bet if it malfunctions is to call a professional.

When it comes to larger appliances, the refrigerator poses safety issues inside and out. Outside, remove dust and lint, and keep the coils clean to avoid possible compressor failure and minimize fire risk. Make it a routine to clean and disinfect inside the refrigerator each time you stock up on groceries.

Clothes dryers—electric or gas—collect dust and lint inside vents and hoses, and can easily become a fire hazard. Always clean out the lint screen before using the dryer. If you have an electric dryer, use a grounded outlet to minimize the risk of fire.

A note on water heaters

Nearly every water heater risk results from poor venting or excessive pressure buildup. Electric co-ops recommend electric water heaters for their efficient use of energy and safety in operating. Gas water heaters may have poorly connected vents that can lead to carbon monoxide and natural gas leaks, which are huge risks to your family and also pets. To avoid excessive temperature and pressure, you should test the relief valve at least once per year. **KL**



Appliance Safety Checklist

WASHER

- ☐ Check all hose connections for leaks, bubbles, kinks and hardening.
- ☐ Replace hoses at least every two years.
- ☐ Plug into a ground fault circuit interrupter.

DRYER

- ☐ Check dryer vent for clogs and proper connection.
- ☐ Clean dryer vent every three months.
- ☐ Clean lint screen after every use.
- ☐ Check vent tubes for bends.

DISHWASHER

- ☐ Check water connection for leaks.
- ☐ Check drain connection for clogs.

REFRIGERATOR

- ☐ Check water connection for leaks
- ☐ Check hoses for links and kinks.
- ☐ Plug into a ground fault circuit interrupter.
- ☐ Keep the coils clean.
- ☐ Clean and disinfect the interior.

STOVE

- ☐ Check oven door for broken glass.
- ☐ Check for gas leaks.

WATER HEATER

- ☐ Drain sediment annually.
- ☐ Insulate for efficiency.
- ☐ Check pipes for leaks.



WES POYNTER
is Compliance
Coordinator at
Nolin RECC.

**YEARS IN THE
INDUSTRY:** 10

**WHEN I'M NOT
WORKING, I'M:**
Hunting anything
with fur or feathers,
kayaking, taking
my kids fishing and
enjoying a home-
steading lifestyle with
my family—growing,
harvesting and pre-
serving our own food.

Playground safety

How to keep fun levels high and risks low



PLAYGROUNDS ARE FUN and can provide a great opportunity for exercise and family togetherness. But kids 17 and younger are at risk for falls at the playground. These falls can result in injuries and may even require a trip to the emergency department.

From 2016 to 2020, Kentucky youths made approximately 2,095 visits to emergency departments due to playground falls. Fifty-two percent of those children were between the ages of 5 and 8. The most common playground fall-related injuries seen in the emergency department among youth were fractures (56%), superficial injuries or contusions (15%) and open wounds (8%). Most of the injuries treated affected kids' legs/arms (73%) and head/neck (21%).

Keeping track of kids on the playground can be a difficult task. Here's a checklist to review to keep your children protected.

- Make sure playground equipment that is more than 2 1/2 feet tall is spaced at least 9 feet from any other equipment.
- The surface surrounding the playground equipment should have

at least a foot of materials (mulch, sand, wood chips, etc.) to protect against injuries from falls.

- These materials need to extend at least 6 feet in all directions from the playground equipment.
- Look for protruding fasteners (bolts), sharp points and edges, and other hardware that can pose dangers to kids.
- Look for tripping hazards. These can include raised surfaces, exposed concrete footings, rocks and tree roots.
- Make sure all elevated surfaces have guardrails to help prevent falls and injuries.
- Supervise your kids when they are on the playground.
- Teach kids to safely and properly use playground equipment.

Bringing your children to the playground should make for an exciting and active day. As a parent, it is important to always be aware of your surroundings and your children playing there. **KL**

ASHLEY BUSH is research program administrator at the University of Kentucky College of Public Health.

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A wild idea

Share the pride in eastern Kentucky

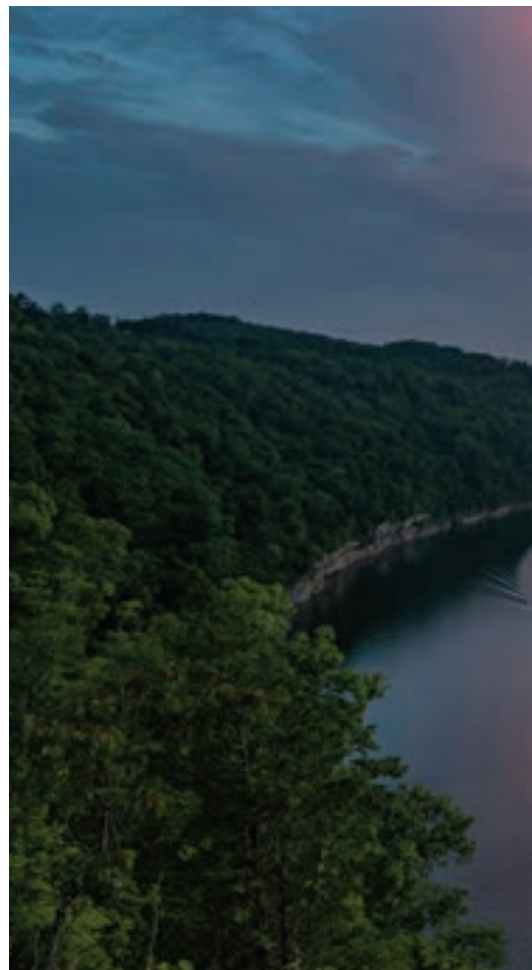
BY KATIE SALTZ



BEYOND THE LEGACY of coal mining and thick Appalachian accents, eastern Kentucky is becoming known for something else: The Wildlands.

The Kentucky Wildlands is a region that spans 14,000 square miles and 41 counties along the state's eastern/southeastern border. The idea to rebrand the area as a tourist destination comes from Eastern Kentucky PRIDE (Personal Responsibility In a Desirable Environment), a nonprofit organization that spent decades cleaning up and restoring eastern and southern Kentucky sites.

Tammie Nazario, president and CEO of Eastern Kentucky PRIDE, is also director of The Kentucky Wildlands. A 2017 grant from the Appalachian Regional Commission set the wheels in motion to craft a narrative that would present eastern Kentucky as a tourism hot spot.



“For years we have been plagued with negative stereotypes and this rebranding lets us tell our own positive stories,” Nazario says. “A brand is more than a logo—it’s a story of who you are. It needs to be simple, but real.”

The Wildlands name highlights the landscape of eastern Kentucky. Nature lovers can take in the many waterfalls, mountainous terrain, lakes and gorges that have remained unchanged since the time of Daniel Boone.

A little less wild are the cities and towns within the region, providing



Cumberland Falls in Corbin is one of the most picturesque destinations in Kentucky—and one of the only places in the world to see a moonbow. Photo: Pam Gibson



The Big South Fork of the Cumberland River is one of the many beautiful areas to explore. The Big South Fork National River and Recreation Area stretches from southeastern Kentucky into Tennessee. Photo: Greg Davis

an experience steeped in history and culture. Nazario says even she was surprised by all the options within The Wildlands.

“I learned so much about what’s outside my back door,” she says. “Our natural beauty is untouched.”

Max Hammond, executive director of the Warrior’s Path of Kentucky, connected with The Wildlands to promote his project of restoring a 12,000-year-old trail through eastern Kentucky. Hammond believes there are a wealth of reasons to visit the area: it just needed a spotlight.

“There is an authentic experience here and research shows that is what people want in their travels,” Hammond says. “We don’t have to make anything new; we just have to show off what we already have here.”

Different part of Kentucky, different feel

Some of the most notable outdoor destinations in The Wildlands include Daniel Boone National Forest, Red River Gorge Geological Area and Cumberland Gap National Historical Park. According to Samantha Johnson, executive director of Prestonsburg Tourism, visitors who look beyond those popular sites will be pleasantly surprised.

Kentucky may be known as the Bluegrass State, but Johnson says that moniker doesn’t tell the whole story. “Once you start crossing into eastern Kentucky, it’s less bourbon and horse farms and more moonshine and mountains,” she says.

Whether a family wants to unplug on a camping trip, or an adrenaline junkie wants to go whitewater rafting, The

HISTORIC FLOODS

Parts of eastern Kentucky were hit with historic floods in late summer. While portions of The Kentucky Wildlands were affected, the main destinations in this article are accessible and not damaged by floodwaters. As of press time, individuals or local governments in 14 counties are eligible for federal assistance: Breathitt, Clay, Floyd, Johnson, Knott, Leslie, Letcher, Magoffin, Martin, Owsley, Perry, Pike, Whitley and Wolfe. Turn to page 51 for more information.

Wildlands can host those trips.

Johnson’s favorite destination in her town is the Prestonsburg Passage, a new

The view from Lockegee Rock in Morehead is seemingly endless. Photo: Morehead Tourism



Where to start in The Wildlands? Try these stops based on your interests, and visit www.explorekywildlands.com for information on these and other Wildlands destinations and travel ideas.

Cave Explorer

Carter Caves State Resort Park in Olive Hill has 20 twisting caves full of surprises, including an underground waterfall. Explore Bat Cave, Cascade Cave and X Cave with its columns, spires, stalactites and stalagmites.

Gorge Climber

Red River Gorge Geological Area, a nationally renowned climbing spot, has hundreds of climbing routes that cater to beginners and experienced climbers alike. After a day of climbing "The Red," grab a slice of pizza at Miguel's, a popular eatery in the area.

History Buff

Visitors to Barbourville can spend time at the Civil War Interpretive Park learning about the first battle of the Civil War, or visit Dr. Thomas Walker State Historic Site to see a replica of the first house built by settlers in Kentucky.

Hungry Traveler

The original Harland Sanders Cafe in Corbin is the birthplace of the Kentucky Fried Chicken brand. The restored cafe is open to visitors and the attached museum explains the history of the restaurant chain.

Mountain Biker

The Sugarcamp Mountain Trail System in Prestonsburg has 20 miles of hand-carved track through sweeping views of eastern Kentucky mountains. Sugarcamp also has 6 miles of horse-friendly trails for those who enjoy a slower ride.

Music Lover

Butcher Holler in Van Lear is the birthplace of The Queen of Country Music, Loretta Lynn, and her younger sister, singer Crystal Gayle. Visitors who want to tour the Loretta Lynn homeplace should stop by Webb's Grocery first, a 100-year-old general store owned by Lynn's brother.

Rapids Rafter

Russell Fork Gorge has Class II-V whitewater rapids to explore in Elkhorn City. Adventure seekers should check out the adrenaline-pumping spots El Horrendo, Walk the Plank, Triple Drop and Fist.

Trail Hiker

More than 80 miles of hiking trails traverse the Cumberland Gap National Historical Park, with difficulty ranging from easy to strenuous. Trek to the half-mile high Pinnacle Overlook and enjoy the sweeping views of three states.

Wildlife Watcher

South Fork Elk View in Breathitt County boasts the largest elk herd in Kentucky. Visit the viewing facility surrounded by wetlands and camp among herds of free-grazing horses.

WILDLAND SUPERLATIVES

The Kentucky Wildlands are the home of many state record-holders. Here are some of the natural winners in the region:

Highest Point: Black Mountain in Harlan County, standing 4,145 feet above sea level.

Longest Trail: Sheltowee Trace Trail, approximately 325 miles long.

Tallest Waterfall: Yahoo Falls in Big South Fork National River and Recreation Area, 113 feet tall.

Largest Tree: A red hickory tree in McCreary County, 144 feet tall and 121 inches in circumference.

rail-to-trail project that spans almost 9 miles. A popular spot for photos on the trail is the unique “School Bus Bridge,” a covered bridge made from the shell of a school bus.

Taking pride in local assets is a theme among those working in The Wildlands. Andy Teasley, park manager of Dr. Thomas Walker State Historic Site in Barbourville, says he believes Kentucky holds its own among the entire country when it

comes to state parks—18 of which are in The Wildlands, along with two other state historic sites.

“I’d put our parks up against any in the nation as the finest,” Teasley says. “Our surroundings are absolutely beautiful and I’m very proud of our parks.”

Thomas Walker has two new primitive camp sites, park shelters, a playground and a mini-golf course. Teasley says whether it’s locals on a day trip or tourists passing through,

“School Bus Bridge” is a popular photo spot along Prestonsburg Passage. It’s a covered bridge made of an actual school bus shell. Photo: Ronald Jent

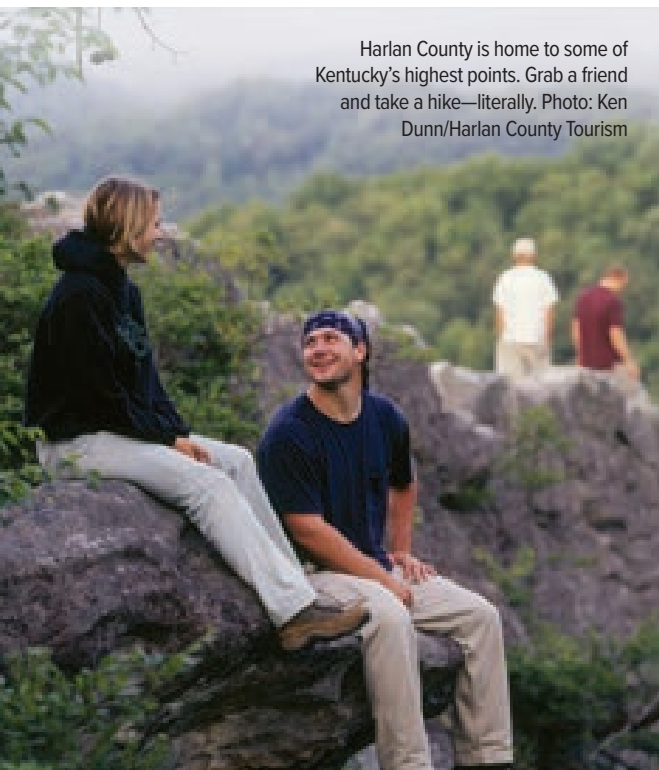


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Harlan County is home to some of Kentucky's highest points. Grab a friend and take a hike—literally. Photo: Ken Dunn/Harlan County Tourism



▲ Breaks Interstate Park, along the Kentucky-Virginia border, offers elk viewing tours. Photo: Chuck Summers

he is often complimented on the state of the grounds.

“The ‘wow factor’ of the park is in how well-maintained it is,” he says. “The visitor’s guestbook is full of comments about the beauty and cleanliness.”

Pride in the land and the people is another main tenet of The Wildlands project. Nazario says the three pillars of

the brand are to elevate eastern Kentucky’s natural assets, embrace local culture and heritage (including accents), and to empower those in the hospitality industry through training programs and marketing assistance.

Investing in tourism is already paying off for eastern Kentucky. Nazario says a study returned in the summer of 2022

THE SOUND OF THE WILDLANDS

U.S. Highway 23, known as the Country Music Highway, cuts through eastern Kentucky and has paved the way for many country music superstars. What artists have roots in The Wildlands? Here are just a few:

- Loretta Lynn
- Crystal Gayle
- The Judds
- Tom T. Hall
- Chris Stapleton
- Tyler Childers
- Billy Ray Cyrus
- Dwight Yoakam
- Patty Loveless
- Keith Whitley
- Noah Thompson

Source: www.paintsvilletourism.com

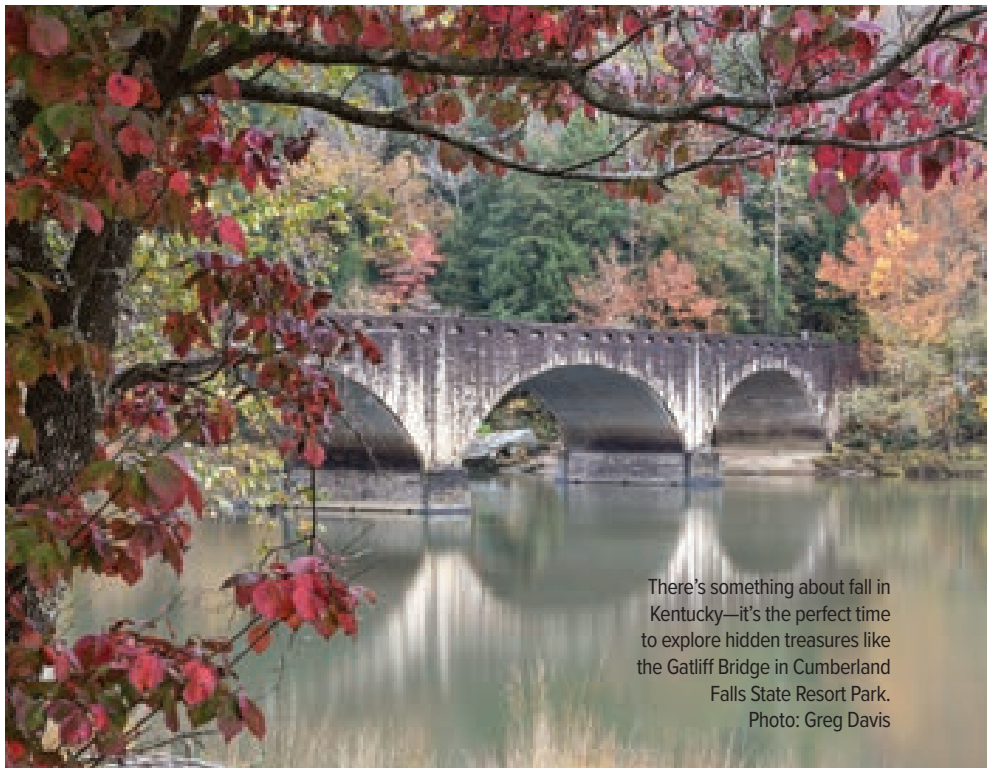
◀
“Our natural beauty is untouched,” says Director of The Kentucky Wildlands Tammie Nazario. Photo: Harlan County Tourism

showed \$428,000 in economic impact in the first year of the marketing push.

For all the visitors and dollars flowing through communities, Johnson says the morale boost tourism brings to The Wildlands is priceless.

“We can see the growth from an economic impact standpoint, but we also want to bring pride to our people,” Johnson says. “That’s what tourism does.” **KL**

KATIE SALTZ is an eastern Kentucky native recently transplanted to North Carolina. She brought her accent with her.



There’s something about fall in Kentucky—it’s the perfect time to explore hidden treasures like the Gatliff Bridge in Cumberland Falls State Resort Park.
Photo: Greg Davis



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TOURISM

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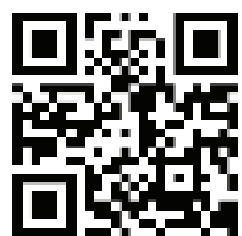
A VACATION NEVER LOOKED SO FUN!



Win a Getaway see page 48



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EVENT CALENDAR



JAZZ FESTIVAL PICS



1 ALL THAT JAZZ

The Kentucky Heritage Jazz Festival kicks off September 10 at Old Fort Harrod State Park and continues September 17–18 at Shaker Village of Pleasant Hill. Free admission. Ron Jones Contemporary Jazz Quartet performs on the 10th; the 17th includes saxophonist Adrian Crutchfield, who performed and recorded with Prince. Hours: noon–10 p.m. September 10 and 17, noon–6 p.m. on September 18. Food trucks at both sites; bring lawn chairs. Details, www.kyheritagejazzfest.org.

2 POW WOW

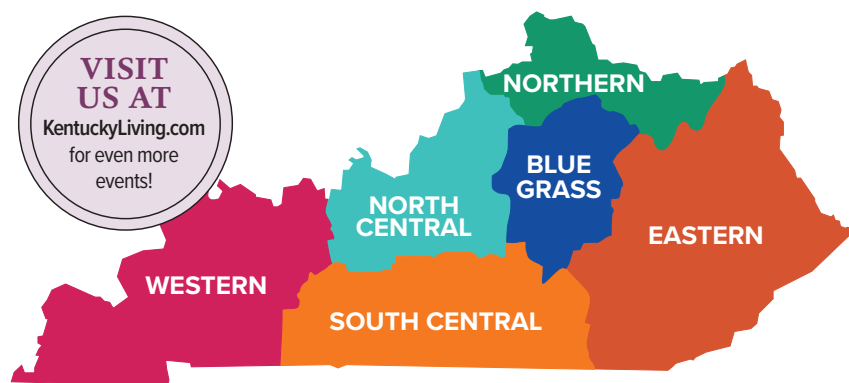
World-class Native American dancers, musicians and storytellers perform and compete in the Honoring Our Veterans Pow Wow, September 3–4 at K & S Farm, Corbin. The event includes Native American arts and crafts vendors, food vendors and demonstrations. Kids activities: climbing wall, obstacle course, pony rides and more. Opens 10 a.m. Saturday, 11 a.m. Sunday, ending around 6 p.m. both days. Admission: \$7 adults; children under 12 and veterans with ID, free. For more info, www.knahm.org/pow-wow.

3 CHALK IT UP

Get creative on a Morgantown street and sidewalks at the West Ohio Street Chalk Art Festival, September 10, 10 a.m.–2 p.m. The Butler County Arts Guild supplies the chalk for the free event for all ages. West Ohio Street is closed off for safety, providing plenty of space for colorful creations and food trucks. Free bottled water. Kids also enjoy face painting and bubble blowing. For details, Facebook: Butler County Arts Guild or (270) 993-8542.

4 SWEET OWEN

Sweet Owen Day Fall Festival, September 17, is billed as a way to celebrate fall, small-town style. Cornhole tournament, food vendors, live music and retail and nonprofit booths, plus a health fair and a Kids Zone with inflatables, face painting and more. A 5K and the Rotary Club's pancake breakfast kick things off, with general hours 10 a.m.–5 p.m. Free admission. For more info, Facebook: Sweet Owen Day Fall Festival, (502) 514-1526.



BLUEGRASS

SATURDAY, SEPTEMBER 3

Cruz on Chiles, (859) 605-6388, Auto Kus-toms, Harrodsburg

FRIDAY, SEPTEMBER 9

Wheels of Time Cruise-In, (502) 598-312, Lawrenceburg

SATURDAY, SEPTEMBER 10

Barks & Bluegrass, (330) 212-2674, Jessamine County Fairgrounds, Nicholasville

TUESDAY, SEPTEMBER 13

Tea Tuesday at Waveland, 20th & 27th, (859) 272-3611, Waveland State Historic Site, Lexington

FRIDAY, SEPTEMBER 16

More Tales, Wilmore Storytelling Festival, thru 17th, (859) 940-4372, Wilmore Municipal Center

SATURDAY, SEPTEMBER 24

Fall Craft and Fleece Faire, (859) 771-7442, Millersburg City Hall

Charity Chili Cook Off, (859) 402-8707, Wilderness Trail Distillery, Danville

Black Jacket Symphony: Van Halen 1984, (859) 233-4567, Lexington Opera House

THURSDAY, SEPTEMBER 8

Old Fashioned Trading Days, thru 10th, (606) 549-0530, Williamsburg

SATURDAY, SEPTEMBER 10

Ravenna Railroad Festival, thru 11th, (833) 597-8326, Irvine

Kentucky Food Truck State Championship, (606) 256-1000, Renfro Valley

Cumberland River Monthly Floats, (606) 337-3066, Pine Mountain State Resort Park, Pineville

THURSDAY, SEPTEMBER 15

LST-325 WWII Landing Ship Tank, (606) 465-3295, Ashland

WEDNESDAY, SEPTEMBER 21

Veterans' Day of Valor and Honor, (859) 294-7490, Bath County Cooperative Extension Service, Owingsville

THURSDAY, SEPTEMBER 22

World Chicken Festival, thru 25th, (606) 878-6900, London

FRIDAY, SEPTEMBER 23

Foxfire Music & Arts Festival, thru 24th, (606) 324-0007, Ashland Riverfront Park

SATURDAY, SEPTEMBER 24

Hike A Thon 2022, (606) 337-3066, Pine Mountain State Resort Park, Pineville

FRIDAY, SEPTEMBER 30

Shaping Clay Jubilee, thru Oct. 1st, (606) 391-6161, Manchester

NORTHERN

THURSDAY, SEPTEMBER 1

40 Days & Nights of Gospel Music, thru 10th, (859) 727-2222, Ark Encounter, Williamstown

FRIDAY, SEPTEMBER 2

Augusta Rotary Heritage Days, thru 4th, (606) 756-2183

Sky Observations, (859) 384-3522, Big Bone Lick State Historic Site, Union

SATURDAY, SEPTEMBER 17

Grants Lick Homecoming, (859) 466-0638

Swingtime by the River, (606) 756-2183, Augusta

Paranormal Investigations, (859) 384-3522, Big Bone Lick State Historic Site, Union

Simon Kenton Festival, thru 18th, (606) 563-5629, Old Washington Historic District, Maysville

Beautiful Feet 5K & Fun-Run, (859) 667-4599, England Idlewild Park, Burlington

FRIDAY, SEPTEMBER 23

Oktoberfest, thru 25th, (513) 882-2951, Newport Festival Park

Farm to Table, (859) 824-3322, Dry Ridge

Pumpkinfest, thru 24th, 30th-Oct. 1st, (606) 584-1443, R Farm, Maysville

Pig Out, thru 24th, (606) 4107-5086, McDonald Parkway, Maysville

SATURDAY, SEPTEMBER 24

Civil War Historical Weekend, thru 25th, (606) 756-2183, Augusta

NORTH CENTRAL

FRIDAY, SEPTEMBER 9

Bluegrass Music, (270) 257-2311, Rough River Dam State Resort Park, Falls of Rough

SATURDAY, SEPTEMBER 10

Jammin' at Jephtha! with Josh Bogard & The Dirty South, (502) 487-5007, Jephtha Creed Distillery, Shelbyville

East Main Concert Series, (270) 259-5587, Leitchfield

SATURDAY, SEPTEMBER 17

Bourbon & Blades 2022, (270) 351-2273, Red Hill Cutlery, Radcliff

THURSDAY, SEPTEMBER 22

Clarkson Honeyfest, thru 25th, (859) 351-4231

WEDNESDAY, SEPTEMBER 21

Mellow Morning Stroll, (502) 955-8512, Bernheim Arboretum and Research Forest, Clermont

FRIDAY, SEPTEMBER 23

Marion County Country Ham Days, thru 25th, (270) 692-9594, Lebanon

CALL BEFORE YOU GO as event days can change. **SUBMIT ALL EVENTS ONLINE AT KENTUCKYLIVING.COM.** For FREE print listing consideration of Kentucky events, submit two months in advance, **by October 1 for the December issue.**

TO ADVERTISE YOUR EVENT IN PRINT, CALL (800) 595-4846

SATURDAY, SEPTEMBER 24

Patriot Car, Truck and Bike Show, (502) 968-2161, AMVETS Post 61, Louisville

Henry County Arts & Craft Guild Annual Show, (502) 845-4560, Henry County Fairgrounds, New Castle

FRIDAY, SEPTEMBER 30

Bullitt Bike Fest 2022, thru Oct. 1st, (502) 424-6880, Bullitt County Fairgrounds, Shepherdsville

SOUTH CENTRAL**FRIDAY, SEPTEMBER 2**

Central Kentucky Driving Horse Sale, thru 3rd, (606) 303-5669, Central Kentucky Ag/Expo Center, Liberty

Thunder Over Burnside, thru 3rd, (606) 271-6939, Cole Park

Liberty Friday Night Cruisers, Downtown Court House Square, (606) 303-8999

SATURDAY, SEPTEMBER 3

Monticello Market-Downtown, (606) 348-3064

Civil War Living History, thru 4th, (270) 487-8481, Old Mulkey Meetinghouse State Historic Site, Tompkinsville

SATURDAY, SEPTEMBER 10

Tri-County Car Club, (270) 789-7852, Taylor County Justice Center, Campbellsville

Fall Heritage Festival, thru 10th, (270) 789-0006, Homeplace on Green River, Campbellsville

THURSDAY, SEPTEMBER 15

Friends of the Library Used Book Sale, thru 18th, (270) 784-2182, Bob Kirby Branch Library, Bowling Green

FRIDAY, SEPTEMBER 16

National Barrel Horse Association State Championship, thru 18th, (859) 409-0161, Central Kentucky Ag/Expo Center, Liberty

Cow Days, thru 17th, (270) 405-4668, on the square, Greensburg

Heartland Homesteading Conference, thru 17th, (270) 789-0006, Homeplace on Green River, Campbellsville

SATURDAY, SEPTEMBER 17

Lakeshore Cleanup, (270) 465-4463, Green River Lake State Park, Campbellsville

THURSDAY, SEPTEMBER 22

Casey County Apple Festival, thru 24th, (606) 706-0651, Casey County Courthouse, Liberty

FRIDAY, SEPTEMBER 23

Dix River Classic, thru 24th, (606) 787-4740, Central Kentucky Ag/Expo Center, Liberty

SATURDAY, SEPTEMBER 24

Somernites Cruise Car Show Corvette Showcase, (606) 872-2277, Fountain Square, Somerset

WESTERN**THURSDAY, SEPTEMBER 8**

King of the Bluegrass & "Little John" Gray Memorial, thru 10th, (270) 836-6353, Western Kentucky Speedway, Madisonville

SATURDAY, SEPTEMBER 10

Pumpkin Patch Opening Day, (270) 269-2434, Christian Way Farm, Hopkinsville

9/11 Heroes Run, (270) 821-4171, Madisonville

THURSDAY, SEPTEMBER 15

Highway 54 Fall Yard Sale, thru 17th, (270) 256-3934, Fordsville

SATURDAY, SEPTEMBER 17

Autumn Leaves and Fall Crafts Please!, (270) 906-0166, PT Events, Benton

Fan Appreciation Night, (270) 836-6353, Western Kentucky Speedway, Madisonville

Recipes from the River, (859) 257-5932, Paducah Convention & Expo Center

Harvest Fest at Mahr Park, (16th, adults only), (270) 584-9017, Mahr Park Arboretum, Madisonville

SUNDAY, SEPTEMBER 18

Amy Grant, (270) 826-5916, Preston Arts Center, Henderson

FRIDAY, SEPTEMBER 23

Kentucky State Disc Golf Championships, thru 25th, (270) 843-3313, City Park and Mahr Park, Madisonville

SATURDAY, SEPTEMBER 24

Archaeology Day, (270) 335-3681, Wickcliffe Mounds State Historic Site, Wickcliffe

Top Gun Fall Nationals Car Show, thru 25th, (270) 217-0732, Trail of Tears Park, Hopkinsville

Dawson Springs Cars & Coffee, (270) 821-4171

Pancake Breakfast & Golf Scramble, (270) 269-2434, Christian Way Farm, Hopkinsville

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10th – American Countess Steamboat docking for the day

17th – Swingtime by the River

24th & 25th – Civil War Historical Weekend

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Win a Getaway see page 48



1

1 DIRT NEVER HURT

Lana Kate plays in the dirt while helping plant the family garden in Summersville. Photo: Zachary Leftwich, Taylor County RECC consumer-member.



2

2 HORSE COUNTRY

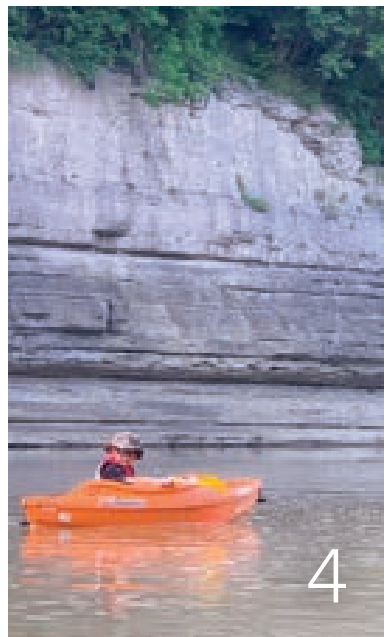
A mare and her foal at a horse farm in Lexington. Photo: Valerie Amburgey, Louisville.



3

3 WHO'S THERE?

Two juvenile barred owls hanging around in Mount Washington. Photo by Kaycee Salmon, Salt River Electric consumer-member.



4

4 CUTE KAYAKER

Brantley Hoskins takes in the sights and sounds of the Kentucky River. Photo by grandma Missy Henry of Winchester, a consumer-member of Clark Energy.

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KENTUCKY kids



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Plan a story time and read your favorite books out loud to friends or younger brothers and sisters.

Green Team Tip

Collect the water you run from the faucet while waiting for the water to heat up and save it to water your garden.

— Ernest Blu Grayson,
age 5



Send us
your green
team tips!

Enter
KIDS
Contest

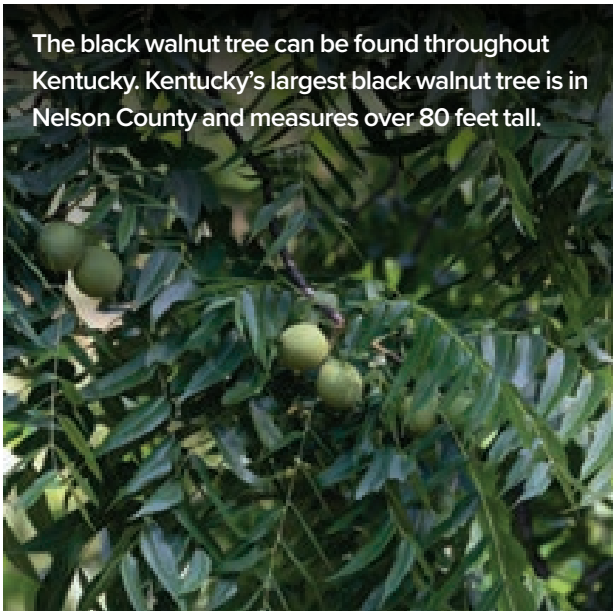
Submit a Green Team Tip or Joke
online at KentuckyLiving.com:Magazine/Submissions for
a chance to win a prize!



State It!

BLACK WALNUT TREE

The black walnut tree can be found throughout Kentucky. Kentucky's largest black walnut tree is in Nelson County and measures over 80 feet tall.

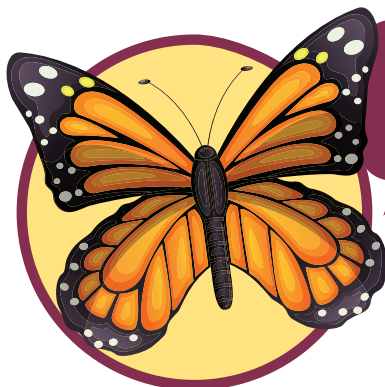


Practice time

Sally must be at basketball practice 30 minutes early to put on her uniform and warm up. If practice starts at 5:15 p.m., what is the latest time she should arrive at practice?



Answer:
Sally must
arrive for
practice by
4:45 p.m.



Did You Know?

In North America, the monarch butterfly migrates up to 3,000 miles every fall to the warmer climate of Mexico.

Tell us a joke!

What do cats
sleep in?

Pawjamas.

— Lucca Paiva,
age 9



GREAT OUTDOORS

Raptor rehab

Volunteers help winged creatures heal

IF YOU'VE SPENT TIME OUTDOORS, you've probably come across an injured or sick animal. You immediately wonder what is wrong and how you can help. There are many rehabilitation centers for injured and sick animals in Kentucky. I recently traveled to Louisville and visited with Tiffany Dicks at Raptor Rehabilitation of Kentucky, Inc. (RROKI). The group was founded by Eileen and John Wicker in the 1980s and was incorporated as a nonprofit in 1990.

Tiffany explained the many facets of running a rehabilitation facility. Aside from rehabilitating owls, eagles, hawks, vultures and other raptors for release back into the wild, RROKI offers events to help educate the public. Events focus on not only rehabbing raptors, but also the many ways raptors might end up in rehab. Understanding what can hurt raptors in your area can help you keep them safe.

▶ Luna has become the perfect educational Great Horned Owl at Raptor Rehabilitation of Kentucky, Louisville. Photo: Ken McBroom

RROKI operates on donations and with volunteers. You can donate directly, and you can even adopt a raptor. By adopting a raptor, you contribute directly to the care of the bird you adopt. The donation goes toward the medical procedures needed to rehabilitate the raptor as well as food and housing.

Volunteer work there is not glamorous, but it is rewarding. Founder Eileen Wicker discusses this in a video at www.raptorrehab.org. How many people get to hang out with a bald eagle or a great horned owl? Hearing their songs throughout the day will help keep you going. If you're interested in becoming a volunteer, you can find an application on the website. Volunteer training is strict and thorough.

Animals are at home living in the wild, but there are many obstacles they must overcome. With dangerous chemicals, vehicle collisions, loss of habitat and more, there are more obstacles today than ever before. Learning more about our raptor friends and passing on what we learn to others is a vital step to keeping them healthy and safe. Folks who work or volunteer to rehabilitate animals do so because they love them and want to



WHAT TO DO IF YOU FIND AN INJURED BIRD

- Prepare a small cardboard box by punching ventilation holes in the sides and top.
- Gently place the bird on a towel and put the box in a warm, dry, quiet area.
- Do not give the bird any food or water.
- Call your nearest department of natural resources office or wildlife rehabilitation center.

Source: Raptor Rehabilitation of Kentucky, Inc.

help. Organizations like RROKI care for the animals and educate the public about ways to help keep the animals safe.

Find a list of rehabilitators in Kentucky at the Kentucky Department of Fish and Wildlife Resources website, <https://app.fw.ky.gov/rehabilitatornew>.

Learn more about ways to protect your neighborhood raptors by visiting www.raptorrehab.org. **KL**

Kentucky Stream Team Program

The Stream Team Program offers landowners free repairs to eroding and unstable streams and wetlands. Restoration specialists in the Kentucky Department of Fish and Wildlife Resources identify and undertake stream restoration projects statewide.

Projects are funded from the Mitigation Fund held in trust only for repairing streams and wetlands. To learn more about this program and to see if you qualify, visit fw.ky.gov/fish/pages/Stream-Team-Program.aspx



Kentucky fishing records

- **Bluegill:** 4 lbs., 3 oz. caught 1980 Strip Mine Lake
- **Crappie:** 4 lbs., 14 oz. caught 2005 Watershed Lake
- **Largemouth Bass:** 14 lbs., 9.5 oz. caught 2019 Highsplint Lake
- **Musky:** 47 lbs., 0 oz. caught 2008 Cave Run Lake
- **Smallmouth Bass:** 11 lbs., 15 oz. caught 1955 Dale Hollow Lake

Source: fw.ky.gov

KEN MCBROOM, an outdoors writer/photographer, created RamblingAngler.com. Growing up in Lynchburg, Tennessee, McBroom now lives in western Kentucky.

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BYRON CRAWFORD is Kentucky's storyteller—a veteran television and newspaper journalist known for his colorful essays about life in Kentucky. Contact Byron at KentuckyLiving.com: About/People.

LOOKING AT FACEBOOK, I was surprised to see a photo of 19th century Kentucky giant, Captain Martin Van Buren Bates, looking back at me. Bates, of Letcher County, stood 7 feet 9 inches by some accounts, and 7 feet, 11 inches by others.

You might say Facebook is “friending” Kentucky history through the words of Sam Terry IV, a Barren County historian and consumer-member of Farmers RECC, who daily posts brief narratives of the state’s history on anniversary dates related to story subjects: The New Madrid earthquake, the death of cave explorer Floyd Collins, the last broadcast of University of Kentucky play-by-play icon Cawood Ledford, the winning jockey in the first Kentucky Derby, and more than 500 others so far.



History has had a hold on Sam since he was a child—wandering among family heirlooms and listening to stories in his grandparents’ rural Barren County home.

He didn’t realize it at the time but says, “there was an almost daily thread of history that ran through our lives in the telling and re-telling of recollections about people, objects or just a recalled moment in time.”

His grandfather had been orphaned at age 17 on the day he graduated from high school,

and felt a special need to pass along to his only grandchild an appreciation of family history and regional culture.

The grandfather’s legacy was enriched by high school teacher Gladys Wilson, an accomplished genealogist, who instructed Sam in research techniques and recommended him as her replacement as researcher for local records requests received by the county clerk’s office. Sam started his own genealogical research service while still in high school.

After earning a degree in history and political science at Transylvania University and later serving with the state’s Division of Historic Properties, he returned to the family farm in Barren County, where he still lives. Although he now holds a marketing and communications position with a multistate corporation, history keeps calling him back.

He has hosted walking tours of the Glasgow Municipal Cemetery and even a regular local cable television program devoted to “Faces and Places in the Barrens.”

Occasionally, a calendar date would remind him of something noteworthy that happened in Kentucky, and one day in the summer of 2018—on the anniversary of Kentucky gaining statehood—he decided to write a paragraph about it and post it on his Facebook page. Soon he was posting such accounts daily. At the suggestion of a friend he called it, *Sam Terry’s Kentucky*.

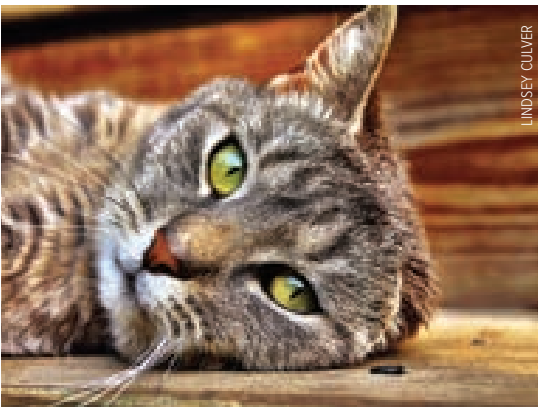
He wondered if people would really read history on a social media platform and, if so, how long it could be sustained. But the number of Facebook viewers has grown to approximately 27,000 per day—with the reach in one month eclipsing more than 1.1 million who either read or reacted to the posts.

His goal of instilling pride in Kentucky through knowledge and appreciation of its history is bringing many forgotten faces and places to Facebook.

Those without Facebook may see them at www.samterryskentucky.com. **KL**



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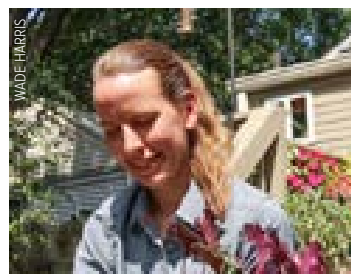
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