

KentuckyLiving

*Celebrating the energy
of your community*



Adventures Await

2025 TRAVEL GUIDE

WIN

**A TRIP
FOR 4**

WELCOME TO KENTUCKY

PASSPORTS TO ADVENTURE

APRIL 2025 • KENTUCKYLIVING.COM



WINDOWS • SIDING • DOORS

TAX TIME SALE!

**BUY 2 WINDOWS
GET 2 FREE!**

PLUS! NO INTEREST UNTIL 2030!

BONUS \$500 OFF YOUR HOME IMPROVEMENT PROJECT!

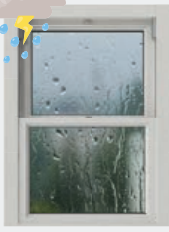
Terms and conditions apply. EXP. 4/30/25



TESTED & PROVEN TO WITHSTAND THE **HARSHTEST CLIMATES**



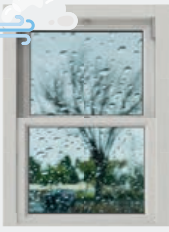
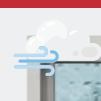
HEAT



RAIN



COLD



WIND

BACKED BY OUR **TRUE LIFETIME WARRANTY**



ACT NOW AND YOU'LL BE SAYING **I LOVE** My Windows!

WINDOWS

**BUY 2, GET 2
FREE!**

Terms and conditions apply.
EXP. 4/30/25

SIDING

**WHOLE HOUSE
\$2000 OFF!**

Terms and conditions apply.
EXP. 4/30/25

DOORS

\$250 OFF!

Terms and conditions apply.
EXP. 4/30/25



"I CAN'T PRAISE UNIVERSAL WINDOWS DIRECT ENOUGH FOR THEIR EXCEPTIONAL SERVICE AND TOP-NOTCH PRODUCT! FROM INITIAL CONSULTATION TO THE LAST WINDOW TO GO IN, EVERY STEP OF THE PROCESS WAS SMOOTH AND EFFICIENT. THE QUALITY OF WINDOW HAS EXCEEDED MY EXPECTATIONS. MY HOME IS MORE COMFORTABLE THAN EVER. I HIGHLY RECOMMEND THEM TO ANYONE WHO NEEDS NEW WINDOWS."

- JANE, NORTH CANTON, OH

SCHEDULE YOUR FREE ESTIMATE TODAY!

(855) 332-2375

UWDSale.com/Windows3645

**SCAN THIS CODE
TO GET A PRICE!**

Restrictions apply, call for details. Min. Purchase 5 windows. Valid on window sizes 0-101 U.I. Valid upon initial presentation. Not valid with any other offer or discount. Financing for the 60 month no interest loan is available to those who qualify. Subject to credit approval. GreenSky® program consumer loans are made by Synovus Bank, Member FDIC, NMLS #408043, without regard to age, race, color, religion, national origin, gender, disability, or familial status. GreenSky Servicing, LLC ("GSS", NMLS #1416362, www.nmlsconsumeraccess.org) is a financial technology company that manages the GreenSky® program by supporting originations and servicing the loans on behalf of banks and other financial institutions that make or hold program loans. GreenSky® is a registered trademark of GreenSky, LLC and is licensed to banks and other financial institutions for their use in connection with the GreenSky® program. GreenSky LLC and GSS are not lenders. All credit decisions and loan terms are determined by program lenders. HIC: NJ: 0450766458, PA: PA149897, MD: 109193



Universal Windows Direct is part of the Great Day Improvements family of brands.

E30225.017



2025
Travel
Issue

26

36

APRIL

VOL 79 | NO 4

16

WELCOME TO KENTUCKY

Welcome centers across the state offer travel resources—and some are destinations themselves, from a historic courthouse to an 1883 grocery store.

26

ODDLY ENOUGH

Have you ever heard of the Kentucky meat shower? How about the Blue Fugates, or the fossils at Big Bone Lick? Kentucky history is rich—and weird.

36

ONE-DAY VACAY

ON THE COVER You can see, do and experience a lot in Kentucky—no week-long vacation required. Enjoy these six itineraries for 24 hours of fun.

ON THE COVER A cruise with BB Riverboats in Cincinnati is one of the many of the stops in our one-day vacation planner. The cruise line offers lunch, brunch and dinner cruises, along with a wide selection of sightseeing, specialty and holiday cruises. Plan your own 24-hour Kentucky getaway with one of our six regional itineraries on page 36. Photo: BB Riverboats

CONTENTS



DEPARTMENTS

IN EVERY ISSUE

- 6 CO-OP COMMUNITY
- 8 FROM THE EDITOR
- 8 KENTUCKYLIVING.COM

CURRENTS

- 9 COMMONWEALTHS
Gospel harmonies, energy efficiency and WIRE scholarship
- 12 OUR POWER
Power to the people
- 14 OUR PEOPLE
Family tradition
- 15 BUSINESS SPOTLIGHT
Neat Companies' legacy of service and growth
- 42A LOCAL ELECTRIC
COOPERATIVE NEWS

HOME

- 60 LET'S GROW
Royal Raindrops
- 61 AROUND THE TABLE
Bites of sunshine
- 62 KENTUCKY EATS
Our Best, Smithfield
- 63 CUTTING COSTS
Ready, set—summer savings
- 64 SAFETY MOMENT
Why is the power out?
- 65 SMART HEALTH
Preventing child abuse

TRAVEL

- 53 WIN A TRIP FOR 4!
- 54 UNIQUELY KENTUCKY
Floyd Collins remembered

56 KENTUCKY FESTIVAL MAP

- 66 WORTH THE TRIP
Passports to adventure
- 73 EVENT CALENDAR
History cleanup, positive possibilities, Old Washington Festival and Handcrafted Weekend
- 76 SNAPSHOT

BACK OF THE BOOK

- 77 KENTUCKY KIDS
- 78 GREAT OUTDOORS
The Rockhouse
- 80 MARKETPLACE
- 82 BYRON CRAWFORD'S KENTUCKY
The auctioneer

EDITORIAL

EDITOR Shannon Brock

MANAGING EDITOR Joel Sams

COMMUNICATIONS OFFICE COORDINATOR Mary Lyons

MANAGER OF COOPERATIVE OUTREACH Mallory Wafzig

COPY EDITOR Madelynn Coldiron

CONTRIBUTORS Heather Bilyeu • Miranda Boutelle

Byron Crawford • Whit Dixon • Ken McBroom

Shelly Nold • Brian Orms • Justin Rickman • Leah Riggs

Katie Saltz • Kathy Witt • Penny Woods

ADVERTISING

ADVERTISING MANAGER Renee Williams

ADVERTISING SALES REP. Monica Pickerill

ADVERTISING SALES REP. Cynthia Whelan

ADVERTISING SALES REP. John Witt

PRODUCTION

SENIOR GRAPHIC DESIGNER Katy Hurt

GRAPHIC DESIGNER Kacey Harmeling

GRAPHIC DESIGNER Jessica Hawkins

MULTIMEDIA SPECIALIST Wade Harris

KENTUCKY ELECTRIC COOPERATIVES

PRESIDENT Chris Perry

VICE-PRESIDENT STRATEGIC

COMMUNICATIONS Joe Arnold

CHAIRMAN Jason Todd

VICE CHAIRMAN Benny Adair

SECRETARY/TREASURER Tim Lindahl

OUR MISSION STATEMENT

Kentucky Living is published to create a community of people who take pride in thinking of themselves as Kentuckians and as knowledgeable electric co-op consumer-members, in order to improve their quality of life.

TO CONTACT US

WWW.KENTUCKYLIVING.COM

Go to KentuckyLiving.com to About/Contact, to send a Letter to the Editor or general comments

PHONE: (800) 595-4846

U.S. POSTAL SERVICE: PO Box 32170, Louisville, KY 40232

SHIPPING: 1630 Lyndon Farm Ct Ste 200, Louisville, KY 40223

SUBSCRIPTIONS

Visit KentuckyLiving.com. **CO-OP MEMBERS:** To report address changes, please call your local co-op office.

ADVERTISING OFFICES

PO Box 32170 (40232)

1630 Lyndon Farm Ct Ste 200 (40223) Louisville, KY (800) 595-4846

EMAIL: advertising@KentuckyLiving.com

OUR NATIONAL SALES REPRESENTATIVE

American MainStreet Publications

611 S. Congress Ave., Suite #504 Austin, TX 78704

1-800-626-1181 • (512) 441-5200, **FAX** (512) 441-5211

AND NOW FOR THE LEGAL STUFF

Kentucky Living, Vol. 79, No. 4, (ISSN 1043-853X) is published monthly by the Kentucky Association of Electric Cooperatives Inc., 1630 Lyndon Farm Ct Ste 200, Louisville, KY 40223-5031. Periodicals Postage Paid at Louisville, Kentucky, and at additional mailing offices.

COPYRIGHT, 2025, by Kentucky Association of Electric Cooperatives Inc. All rights reserved. **SUBSCRIPTIONS:** \$2.99 per year for co-ops that subscribe for their members on a monthly basis; all others, \$15 for one year, \$25 for three years. **NEWSSTAND COST:** \$2.95.

POSTMASTER: Send address changes to *Kentucky Living*, P. O. Box 32170, Louisville, KY 40232.



EXPLORE



Bardstown
Beattyville
Campbellsville
Carrollton
Guthrie
Grayson

LaGrange
Maysville
Middlesboro
Morehead
Murray
Paducah

Perryville
Pikeville
Pineville
Salyersville
Scottsville
Shelbyville

Springfield
Taylorsville
Tri-Cities (Cumberland,
Benham, & Lynch)
Williamsburg



TEAM
KENTUCKY.

How
Kentucky
Home

Scan & Go!



Win a Getaway. See page 53.

Designed to Last. *Generations.*

We manufacture our custom-designed, post-frame buildings right here in Kentucky. That way we control quality, cost, and time of delivery for you.



MidwesternBuildings.com
(859) 744-0022



**MIDWESTERN
BUILDINGS™**

A guide for exploration

Kentucky travel sparks curiosity



TYLER VANHOSE/PAINTSVILLE INVITATIONAL

WHEN I WAS GROWING UP in Ashland, my family didn't travel much, and when we did, we often visited West Virginia or Ohio. I was probably 18 years old before I ever got past Lexington, and cities further west—Louisville, Hickman, Paducah—might as well have been a different world.

One of my early travel memories, though, does come from Kentucky. When I was 13 or 14 years old, and throughout high school, I played in golf tournaments. One of my favorite locations was the historic Paintsville Golf Course. To finish the course, you have to cross a swinging bridge over the Levisa Fork of the Big Sandy River. That bridge is unique to Paintsville—and crossing it is a memory I'll never forget.

Throughout my career with Kentucky's electric cooperatives, I've been lucky to travel all over the state. Everywhere you look, there's a unique story. And if you're like me, you're always curious to know more.

This special travel issue of *Kentucky Living* celebrates the people, places and experiences that make our cooperative communities unique. From one-day vacation ideas (page 36) to Kentucky's new trail experiences (page 66), this is a

guide for exploration, and, hopefully, a spark for curiosity.

We all tend to get isolated in our day-to-day experiences, and it's easy to forget that every community has a past. Sometimes the past can be strange. Have you ever heard of the Kentucky meat shower? Read the story on page 26 and then imagine what it must have been like to be a Bath Countian in 1876, when the sky opened up in a new way.

Every community also has a future. We live in fascinating times, and many aspects of our lives are rapidly changing, from energy to communications to the nature of work. Our challenge is to be present where we are today, and at the same time, appreciate where we've been and where we're going.

This year, I hope you'll get out and enjoy all that Kentucky's co-op communities have to offer—from new trails to weird history and everything in between.

Chris

CHRIS PERRY
President/CEO

**KENTUCKY ELECTRIC
COOPERATIVES**



Discover Spring At Yew Dell

Scan To Learn More About:



- Big Bloom
- Spring Plant Sale
- Gardening Workshops
- Woodland Trails
- Martha Lee's Kitchen
- Plant Market
- Garden Gift Shop

YEW DELL BOTANICAL GARDENS
Crestwood, KY

Win a Getaway. See page 53.

Kentucky, Collected

Kentucky Living readers have enjoyed Crawford's back page columns for more than 12 years—and in this keepsake edition, his stories will continue to delight for years to come.



\$26.95

Hardback Illustrated • 304 pages



Purchase online:
[KentuckyLiving.com/
TheBackPage](http://KentuckyLiving.com/TheBackPage)



CRUISE THE MIGHTY MISSISSIPPI RIVER

Your All-Inclusive Lower Mississippi River Cruise Includes:

- ★ 9-day/8-night exploration
- ★ 7 ports of call with guided excursion options at each
- ★ All onboard meals and our signature evening cocktail hour
- ★ Full enrichment package with guest speakers and nightly entertainment
- ★ Newest fleet of ships with just 90 to 180 guests
- ★ All tips and gratuities

*America's #1
River Cruise Line*



Call today

800-459-2596

to request a
free Cruise Guide

FROM THE EDITOR

READERS OF A CERTAIN AGE

will

remember R.L.

Stine's Goosebumps series, specifically

the Choose Your Own Adventure-style books. You may have read them yourself or bought them for your children or grandchildren.

Well, consider this issue of *Kentucky Living* a choose your own adventure book—just a little less scary.

Kentucky is rich with top-notch destinations across the state. Whether your adventure is thrill-seeking, relaxation-motivated or nature-driven, you can find what you're looking for here in the commonwealth.

Maybe you need a day trip. Turn to page 36 to plan a one-day getaway in one of six areas of the state. Maybe you want to learn about Kentucky's towns at welcome centers across the state (page 16). Maybe you'd rather read about Kentucky history of the strange variety—find several tales starting on page 26.

And that's just for starters. Choose your own Kentucky adventure. No frights, but we think the beautiful sights around our state just might give you goosebumps.

Shannon

SHANNON BROCK,
EDITOR

Contact Us

- Questions, comments, letter to the editor
- Subscription
- Advertising and editorial calendar
- Submit story ideas
- Freelancer inquiries

Submit & Share

www.KentuckyLiving.com
Kentucky Living, P.O. Box 32170,
Louisville, KY 40232. Submission should include your name, address, phone numbers, email address and name of electric co-op.



KentuckyLiving.com

Follow us online for events, recipes, videos, contests and more!



TWO BOATS, ONE DAY

Enter and win trip for 4

Between Ark Encounter in Williamstown and BB Riverboats in Cincinnati, our Northern Kentucky one-day vacation itinerary is boatloads of fun. Read about all six itineraries beginning on page 36, then visit KentuckyLiving.com to enter a giveaway for four that includes Ark Encounter, BB Riverboats Dinner Cruise, Newport Aquarium and more.



A TRAGEDY REMEMBERED

Floyd Collins memorialized on Broadway

Kentucky explorer Floyd Collins became trapped during his exploration of Sand Cave in 1925. Read about the ill-fated rescue attempt and its pop culture afterlife on page 54, then visit KentuckyLiving.com for photos and a video link.



WARM WELCOME

Unique Kentucky welcome centers

Welcome centers across the state aren't just travel resources—they're destinations, too. Read the story on page 16, then visit us online for videos of Carlisle's Neal Welcome Center and Paducah's Whitehaven Welcome Center.



FACEBOOK
@kentuckylivingmag



INSTAGRAM
@kentuckylivingmag



PINTEREST
KyLivingMag



X
@KentuckyLiving



Gospel harmonies

Many readers will remember the rise, and in many cases the fall, of the televangelists of the 1980s. Big hair, big theatrics and big money were often the hallmarks of these programs. Bowling Green author Tammy Oberhausen bases her novel, *The Evolution of the Gospels*, in this world.

Set in the 1970s and forward, the story follows siblings Jeannie, Junior, Debbie and Patty Holliman, whose father, Garland, after hearing them sing perfectly blended harmonies, proclaims the family is going to become a gospel singing group.

Twins Jeannie and Junior had just graduated high school; though Jeannie had been awarded a generous music scholarship, Garland ordered her to return the check, forbidding her to attend college. Heartbroken, Jeannie had no idea what to do with her life until Garland's proclamation took root. As the book notes, "Jeannie wanted to do something great, something that would please God and Garland. She wanted a gift. And now she had it. She was the lead singer of the Gospels, and she decided it was her job—her calling—to make them gospel stars."

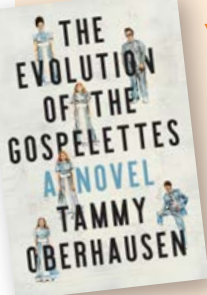
Garland pushes the family hard toward eventual success with Jeannie's gifted voice and rock-solid faith leading the group. As their popularity grows, a televangelist expresses interest in featuring

the Gospels on his television show. Jeannie readily accepts, believing wholeheartedly that it's God's will for the group to reach more people. As the family finds itself more and more swept up in the recognition, fame and fake promises of their pastor-on-a-pedestal, Jeannie's faith, and that of her family, is put to the test.

Oberhausen grew up listening to Southern gospel music, especially enjoying the harmonies that she writes into the Holliman family. Her novel was driven by the changes she witnessed in the gospel music industry between the '70s and today, making her wonder, "How does a family of Southern gospel singers adapt to the changes in the culture they live in?" She notes the shift over the decades from gospel music to today's popular contemporary Christian music, which doesn't hold the same appeal for her. Perhaps this influenced her inclusion of a Southern gospel playlist for the book on her website, www.tammyoberhausen.com.

Despite being about a gospel music singing family, Oberhausen's debut novel isn't solely for the Christian fiction reader. By exploring the themes of faith and doubt, hope and hypocrisy, rebellion and rebirth, many readers can identify with the growth and struggles of this family.

» Penny Woods



Years in the making

Tammy Oberhausen grew up in Russellville, then earned degrees from both Western Kentucky and Spalding universities. Oberhausen wrote *The Evolution of the Gospels* over three decades. Balancing full-time teaching with raising two daughters didn't leave much time for creativity, and "the writing usually got what little was left of me after everything else had been taken care of," she explains. To that effect, she offers workshops to encourage and inspire other aspiring writers.

The Evolution of the Gospels, \$30, is available at www.kentuckypress.com, www.tammyoberhausen.com and all major online book retailers.

tip

ENERGY EFFICIENCY

Lower your energy use in the laundry room by washing clothes with cold water whenever possible, as heating water accounts for most of the energy used in a laundry cycle. Wash full loads to make the most of energy savings, and use high-efficiency detergent designed for cold washes.



SCOTT VAN OSDOL



"Full already? I thought you were a hungry, hungry hippo..."

Apply for WIRE scholarships

Women in Rural Electrification is offering three \$1,000 scholarships to Kentucky college students. The scholarships are open to any eligible student whose family is served by a Kentucky electric cooperative, has completed at least one semester in college and will have at least 60 hours of credit at a Kentucky college or university by the end of the 2025 spring college term.

The deadline for application is June 6, 2025. For an application form, go to www.kyelectric.coop and search "WIRE," or contact your local electric cooperative.



featured FRAMES

April Dudgeon, Campbellsville, Taylor County RECC consumer-member, found a lone dandelion in a field at sunset—and it was ready for a wish.

Have a question or comment for the editor?

Please address letters to the editor to: Letters, *Kentucky Living*, P. O. Box 32170, Louisville, KY 40232 or email by going to KentuckyLiving.com and clicking on "Contact Us." Letters may be edited for style, length and clarity.



Win a Getaway. See page 53.

explore from **TOP** to **BOTTOM**

TEAM KENTUCKY 606.573.4156 harlantourism.com

WHERE THE ADVENTURE BEGINS

Win a Getaway. See page 53.

FLOYD

COUNTY, KY

TOURISM

TEAM KENTUCKY

Golfing, hiking, biking, kayaking, canoeing, fishing, listening to local music, soaking up local history and culture, or just relaxing - you can also check out our many wonderful restaurants and unique shopping!

The Banner/Allen Boat Ramp is our newest river access! Enjoy our many other adventure trails!

Alpique Inn 606 874-2475
Comfort Suites 606 886-2555
Eastern Heights 606 478-5156
Eastern Ky Trails Campground 606 949-1380
German Bridge Campground 606 874-1180
Jenny Wiley State Resort Park 606 889-1790
Jenny Wiley Campground 606 889-1790
Quality Inn 606 889-0331
Super 8 606 886-3355

Great Food, Comfy Hotels, and Good Ole' Southern Hospitality Await YOU in Floyd County!

www.floydcountytourism.com

ACT NOW AND GET
20% OFF
All Windows and Doors¹

Minimum purchase of 4

TAKE AN EXTRA
\$100
OFF Your
Entire Purchase¹

Minimum purchase of 4

AND NO Money Down | NO Monthly Payments | NO Interest for 12 months¹

Minimum purchase of 4 – interest accrues from the date of purchase, but is waived if paid in full within 12 months

TESTED, TRUSTED, AND TOTALLY PROVEN.³

“My overall experience was great. I love the window, and from sales to scheduling, the experience was very good. The installers are highly skilled professionals and I would recommend Renewal by Andersen to all my contacts.”

LYNN F. | RENEWAL BY ANDERSEN CUSTOMER

**More 5-Star
Reviews**



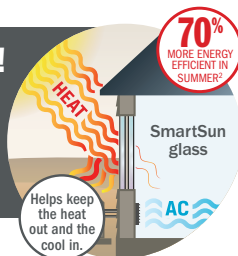
Than Other Leading Full-Service
Window Replacement
Companies²



**Nation's Best
Warranty[†]**

KEEP THE COOL AIR IN AND THE HEAT OUT!

Solving your window problems and having a comfortable home is easy and enjoyable when you choose Renewal by Andersen. Take advantage of this great offer to save money on your window project – and help save on high energy bills for years to come!



**RENEWAL
by ANDERSEN**
FULL-SERVICE WINDOW & DOOR REPLACEMENT

Offer Ends May 31

Call for your **FREE** consultation.



855-560-3065

FINDYOURWINDOW.COM

¹**DETAILS OF OFFER:** Offer expires 5/31/2025. Not valid with other offers or prior purchases. Get 20% off your entire purchase and 12 months no money down, no monthly payments, no interest when you purchase four (4) or more windows or entry/patio doors between 4/1/2025 and 5/31/2025. Additional \$100 off your purchase, minimum purchase of four (4), taken after initial discount(s), when you purchase by 5/31/2025. Subject to credit approval. 12-month Promo Period: while no payments are due, interest accrues but is waived if the loan is paid in full before the Promo Period expires. Any unpaid balance owed after the Promo Period, plus accrued interest, will be paid in installments based on the terms disclosed in the customer's loan agreement. Financing is provided by various financial institutions without regard to age, race, color, religion, national origin, gender, or familial status. Savings comparison based on purchase of a single unit at list price. Available at participating locations and offer applies throughout the service area. See your local Renewal by Andersen location for details. License numbers available at renewalbyandersen.com/license. Some Renewal by Andersen locations are independently owned and operated. ²Review aggregator survey of 5-star reviews among leading national full-service window replacement companies. January 2024 Reputation.com. ³It is the only warranty among top selling window companies that meets all of the following requirements: easy to understand terms, unrestricted transferability, installation coverage, labor coverage, geographically unrestricted, coverage for exterior color, insect screens and hardware, and no maintenance requirement. Visit renewalbyandersen.com/nationsbest for details. ⁴Values are based on comparison of Renewal by Andersen® double-hung window U-Factor to the U-Factor for clear dual-pane glass nonmetal frame default values from the 2006, 2009, 2012, 2015, and 2018 International Energy Conservation Code "Glazed Fenestration" Default Tables. ⁵Based on testing of 10 double-hung units per ASTM E2068 20 years after installation. [†]Renewal by Andersen® and all other marks where denoted are trademarks of Andersen Corporation. © 2025 Andersen Corporation. All rights reserved. RBA14201

[†]Using U.S. and imported parts.

Power to the people

Electric cooperatives are consumer advocates

JOE ARNOLD



▲ **ELECTRIC COOPERATIVES ARE MORE** than just utility providers; we are the champions for the communities we serve.

Vice President of Government Affairs Chase Crigler, left, talks with Kentucky Rural Electric Cooperative Caucus co-chairs Sen. Amanda Mays Bledsoe and Rep. Wade Williams. Photo: Joe Arnold

Because you and your neighbors own your local co-op, we take this role as consumer advocates seriously.

“The halls of power are filled with many voices,” explains Chase Crigler, vice president of government affairs for Kentucky Electric Cooperatives.

“The landscape of energy policy is crowded with special interest groups, many of which have agendas that do not align with the needs of our local co-op members.”

These groups are often well-funded and highly organized, making it essential for co-ops to bring equal levels of organization and resources to the table, Crigler says.

Who is speaking up for you?

Partnering with Crigler to communicate co-op priorities to policymakers are:

- Jena McNeil, legislative and government relations director at East Kentucky Power Cooperative.
- Andrea Schroeder, governmental relations director at Big Rivers Electric Corporation.
- Josh Tubbs, government relations specialist at Tennessee Valley Authority.

“Our team works every day to bring the issues affecting the reliability, safety and affordability of electric service front and center in policy discussions,” says Chris Perry, the president and CEO of the statewide electric co-op association.

The co-op connection

Now in its second year, the Kentucky Rural Electric

Cooperative Caucus is a group of legislators committed to learning about how co-ops work and how government policies affect co-op operations and costs. A thank you campaign for caucus members is now underway on RuralPowerKY.com.

Meanwhile, Kentucky co-ops partner with about 900 fellow co-ops across the country to advocate for sensible energy policies and regulations in Washington, D.C.

“Co-op connections help the National Rural Electric Cooperative Association educate Kentucky’s congressional delegation on co-op priorities,” says Louis Finkel, NRECA’s senior vice president of government relations.

Your voice

“The voices that matter most to elected leaders are the people they represent,” Crigler says.

The consumer-members of Kentucky’s electric cooperatives have several ways to make sure their voices are heard.

“On RuralPowerKY.com, co-op members can join Voices for Cooperative Power,” says Mallory Wafzig, manager of cooperative outreach at Kentucky Electric Cooperatives. “VCP is a grassroots initiative for members to stay informed about key issues and take action by contacting their legislators.”

Kentucky Electric Cooperatives PAC

For nearly 60 years, board members and employees of Kentucky’s electric cooperatives have voluntarily contributed to a political action committee to support political candidates who recognize the vital role of electric cooperatives in their local communities.

During recent policy battles, consumer-members have asked whether they are also eligible to contribute to the Kentucky Electric Cooperatives PAC.

“The answer is a resounding, yes!” Crigler says. “For those co-op members who want to take their support to the next level, they are always welcome to check out how the PAC works at RuralPowerKY.com.”

For maximum efficiency and effectiveness, the Kentucky political action committee works in concert with America’s Electric Cooperatives PAC. Both are bipartisan and support political candidates who champion the interests of electric cooperatives and their consumer-members.

“By contributing to these candidates, we can help ensure that the voices of local co-op members are represented in the political process,” says Crigler. **KL**

NOTICE

Be a co-op champion

Find out if you are eligible at
RuralPowerKY.com/pac



TIM WEBB

Contributions to the National Rural Electric Cooperative Association America’s Electric Cooperatives PAC are not tax deductible for federal income tax purposes. Contributions to America’s Electric Cooperatives PAC are voluntary and will be used for political purposes. You have the right to refuse to contribute without reprisal. Federal law prohibits contributions from foreign nationals who lack permanent resident status. Any contribution guidelines presented are merely suggestions. You are free to contribute more or less than the suggested amounts, or not at all. NRECA will not favor or disadvantage anyone by reason of the amount contributed or a decision not to contribute. Federal law requires us to use our best efforts to collect and report the name, mailing address, occupation and name of employer of individuals whose contributions exceed \$200.

America’s Electric Cooperatives PAC raises personal, voluntary contributions from NRECA’s eligible membership. Contributions from ineligible individuals will be returned.

For more information on the PAC program or eligibility to participate, please contact Amy Lewis, PAC director, at (703) 907-6917 or amy.lewis@nreca.coop.



**America’s Electric
Cooperatives | PAC**



Family tradition

▶ Walter Steely was a part of the 2016 National Champion 4-H Livestock Skillathon Team. He is shown after the award presentation at the North American International Livestock Exposition in Louisville.

Below, Steely, 4-H Teen Council Secretary Delaney Simpson, Former Sen. Paul Hornback and Treasurer Dylan Gentry at the 2019 4-H Capitol Experience. Below right, Steely started his role with the 4-H Foundation in January. Photos: Steely family

▼

Steely turns passion into career

SEBREE

Walter Steely says he owes a lot to 4-H.

“When people are talking with me about my 4-H history and I mention bleeding green—you know, I really do, because without 4-H I wouldn’t be alive today,” Steely says.

And it’s not hyperbolic.

Steely’s parents, Leland and Mary, are both from Kentucky, but grew up nearly 250 miles apart. 4-H brought them together. Both joined the 4-H State Teen Council and met at a state conference. The rest, Steely says, was history.

In January, Steely was named development director of the Kentucky 4-H Foundation, a nonprofit that raises money to provide opportunities for Kentucky’s youth in 4-H programs.



Steely, a Sebree resident and Kenergy consumer-member, has 4-H connections that go a generation beyond his parents. His paternal grandmother was a 4-H cooperative extension agent in Calloway County, and his maternal grandparents were club leaders in Shelby County. The love of 4-H spread from his grandparents to his parents, and from his parents to Steely and his older sister, Sarah.

“She’s a little bit older than me,” he says. “So, when she first got to 4-H age, I would just tag along as little brother, just to see what it was all about.”

When he was 9, Steely found his passion in the

one thing his sister was not involved in: livestock club. Both his parents had shown cattle, so he tried his hand at it and found a match.

Like his parents, Steely served on the 4-H State Teen Council and was 4-H state vice president from 2018 to 2019. He is a graduate of Murray State University and previously worked for Murray State and Kentucky Venues.

4-H is the largest youth development organization in Kentucky, and it reached more than 200,000 kids last year, he says. The organization is always looking for volunteers and support. For more information, contact your local Cooperative Extension Service.

“4-H has a wide range of opportunities—from agriculture to leadership to science, engineering and technology to Family and Consumer Sciences,” Steely says. “There truly is something for everyone.” **KL**

SHANNON BROCK is editor of *Kentucky Living*. She enjoys telling stories of co-op members and employees who live out the co-op mission.



Neat Companies' legacy of service and growth

A family-owned business from Casey County grows to a nationwide operation

WHIT DIXON

WHAT BEGAN AS A single-truck business delivering farm products around Kentucky has become a diverse set of companies that serve a host of clients of all kinds and sizes, offering products and services that stretch across the United States.

Neat Companies, based in Dunnville, is a distributor and manufacturer for the agricultural and construction sectors. Since the 1970s, the company has steadily expanded with the goal of branching out and offering more to their clients.

"Our business started with farm and ranch equipment, and we've continued to diversify into different product lines that can be sold to



the same customer," says Dustin Neat, vice president and COO.

As part of their diversification efforts, Neat Companies founded Nuflo in 2021, a manufacturer of high-quality polyethylene and polypropylene products like drainage pipes used for erosion control. "Instead of depending on

other manufacturers for pipes, we felt driven to produce our own and control the supply to fulfill our customers' needs," says Brad Neat, president and COO.

Neat Companies has expanded over the decades to serve the lower 48 states. It has added two more distribution sites, located in Fairfield, Texas, and Corinne, Utah.

The business now employs 203 people. "We are very passionate about the people in our local community and in Kentucky. Our motto is faith, family and fleet, and every day we make sure to push that in our work," says Greg Neat, who founded the company with his father and the support of his wife, Cecilia.

In addition to its current operations, Brad Neat says he is looking to increase manufacturing capacity with plans to install another Nuflo production line in Russell Springs. **KL**

WHIT DIXON is special project consultant at East Kentucky Power Cooperative.



neatcompaniesgroup.com

LOCATION:
Dunnville

INDUSTRY:
Major Logistics

ELECTRIC COOPERATIVES:
Taylor County RECC,
South Kentucky RECC



A Neat distribution truck prepares for delivery, loaded with cattle feeders and drainage pipes made of polyethylene and polypropylene.



Neat family at Neat Companies headquarters in Dunnville. Pictured are son, Brad Neat, president and COO, left; father, Greg Neat, chairman and CEO; son, Dustin Neat, vice president and COO. Photos: Tim Webb

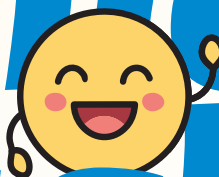


Customer care first

Providing customer care has been Neat Companies' top priority. "The customer always comes first—it's at our core. The investments we have made are to ensure our customers are supported at the level that they expect," says President and COO Brad Neat.

Neat Companies is served by Taylor County RECC and South Kentucky RECC. The company's commitment to customers, the community and focus on innovation has been an integral part of its work, and has positioned it to find continued success.

Welcome to Kentucky



Unusual visitor centers offer info and more

BY AMY COBB



2025
Travel
Issue

Visitors expect to be warmly greeted at a Kentucky welcome center, but may be pleasantly surprised to also get a trip through history along with a smile. Some of the state's local welcome and visitor centers are destinations themselves, inhabiting what once were family homes, and even a county courthouse and a grocery store.

Whatever they are housed in, welcome and visitor centers across the state have apps, maps and tons of tips to get you road-trip ready for your next adventure.



Clay Cloyd Salter House, Richmond

Brutus Clay, an active politician, minister to Switzerland and son of abolitionist Cassius Clay, first made his home in what is now known as the Clay Cloyd Salter House. The historic home, built on Richmond's Main Street in 1927 with Swiss-inspired architecture, is named for the families who lived there throughout the years—the Clays, the Cloyds and the Salters—all with medical ties.

Brutus Clay helped fund Richmond's first hospital, the Pattie A. Clay Infirmary, honoring his wife. Next, Dr. Cloyd and his family occupied the home for 30 years, with the doctor often treating patients there. After that, Dr. Salter, his wife, and their two children lived in the house for 40 years before it became the city's visitor center in 2018.

Lori Murphy-Tatum, Richmond Tourism executive director, says of the home-turned-welcome center: "For us,

we feel that it's a gateway to who we are. It's our first impression of who Richmond is."

For touring Richmond and beyond, the welcome center offers the latest information, like a new Civil War battlefield app and new kiosks. But guests also receive personalized destination recommendations and travel tips for exploring the state based on the must-see Kentucky attractions guests most want to visit. "We can help them navigate, so they can see as many places as possible," says Murphy-Tatum.

She hopes visitors to the Clay Cloyd Salter House feel at home there. "The Clays were well-known for being welcoming and for entertaining, and we are no different," she says. "We definitely want you to come in, stop and talk to us."



▲
The Clay Cloyd Salter house, built in 1927, features Swiss-inspired architecture. The longtime family home became Richmond's visitor center in 2018. Photos: Richmond Tourism

Neal Welcome Center & Museum, Carlisle

What began as a business in 1883 on Carlisle's Main Street in Nicholas County now serves as a space to greet visitors—the Neal Welcome Center & Museum.

"It's a unique old building. It started out as a grocery store," says Gladys

Shrout, Carlisle-Nicholas County Tourism co-chair.

Mozart Hall, on the 2nd floor above the grocery, was a hub for late 19th century entertainment and a venue where traveling musicians frequently performed. Even now, event attendees' signatures are visible on the walls.



The Neal family ran the grocery store and sold furniture in the building from 1932 until 2003, when they donated it to the Nicholas County Historical Society, which restored the building to its 1880s splendor. Today, visitors find many preserved artifacts, like collections from a shuttered local school, vintage grocery items and even a historic Burton gun made in Nicholas County.

The welcome center provides visitors information on local and regional points of interest, such as Blue Licks Battlefield State Resort Park, Wendt's Wildlife Adventure and Daniel Boone's cabin—built in 1795—and his last Kentucky residence.

"We are a very small community, but we are a close community that's very dedicated to people that come to visit with us," says Shrout. Visiting Carlisle is like stepping back in time, she adds.

Todd County Welcome Center

If you're a history buff—or traveling with one—U.S. Highway 68 in western Kentucky takes you to the historic Todd County Welcome Center in the heart of Elkton's town square. Built in 1835, it served as the county's

GREETINGS FROM MT. STERLING!

Find the perfect blend of rich tradition and modern flair in a historic downtown bustling with unique shops, restaurants, art and events! Enjoy the view at Irish Hills Golf Course & Restaurant and taste the sweet tradition of candy making at Ruth Hunt Candy.

Mount Sterling
TEAM KENTUCKY

I-64 Exit 110 | mtsterlingtourism.com

PARIS
BOURBON COUNTY, KENTUCKY

Experience it All!
HORSES HISTORY HOSPITALITY

Eat
Shop
Stay
Enjoy

WWW.PARISKYTOURISM.COM
tourism@parisky.com 859-987-8744

TEAM KENTUCKY

Win a Getaway. See page 53.

Win a Getaway. See page 53.



Built in 1883 to serve as a grocery store, the Neal Welcome Center & Museum provides information on nearby points of interest and houses a collection of local artifacts. Photos: Nicholas County Historical Society

The Neal family ran a grocery store and furniture business in this building on Carlisle's Main Street from 1932–2003. It has since been restored by the Nicholas County Historical Society.

courthouse until 1971, and it's one of the oldest courthouses in the state.

Not only can visitors get maps, brochures and personalized recommendations on what to see and do in the region, but they can also take a tour of the welcome center's first floor (future plans include restoring the upper floor to its original condition).

Manager Charlotte Myers enjoys sharing unique facts with guests. For example, all the exterior bricks were handmade on site and arranged one

KentuckyLiving.com

Video Links:

Get a tour of Carlisle's welcome center, learn about preservation at Whitehaven and explore more welcome center destinations at KentuckyLiving.com.

Soaps | Wines | Woodworks | Jellies | More

MOREHEAD KENTUCKY PROUD EXPO



April 25 & 26, 2025
Morehead Conference Center

Win a Getaway. See page 53.

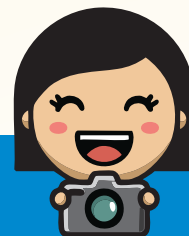
Everything you love about Kentucky, all in one place!

CAMPBELLVILLE
Taylor County

Campbellsville is **Kentucky Central** for the ultimate bluegrass experience. Find adventure in every direction—from trails, fishing and water sports to Civil War sites, an historic downtown, a bustling college campus, thriving art scene, amazing cuisine, shopping and the largest **Fourth of July Celebration in Kentucky!**

CampbellsvilleKy.com

Win a Getaway. See page 53.



WELCOME TO FUN

Welcome and visitor centers provide the latest information to help travelers hike, bike, or road trip their way to explore all that Kentucky has to offer. View even more welcome center destinations at KentuckyLiving.com.

Clay Cloyd Salter House

531 West Main St., Richmond

(859) 626-8474

visitrichmondky.com

Facebook: Visit Richmond KY

Hours: 8 a.m.–4:30 p.m., Monday–Friday. Free tours. Besides the new battlefield app (available via Apple app store and Google Play store) and kiosks, regional and state brochures and maps are available.

Neal Welcome Center & Museum

108 W. Main St., Carlisle

(859) 749-7986

carlisle-nicholascounty.org

Facebook: Carlisle-Nicholas County Tourism

Hours: Monday–Friday, noon–3 p.m.
Free museum admission. Local and regional brochures, maps available. Schedule an event at Mozart Hall, located on the building's 2nd floor.

Todd County Welcome Center

1 Public Square, Elkton

(270) 265-7070

elktonky.com

Hours: 9 a.m.–4 p.m., Monday, Wednesday and Friday, Feb.–Dec.;

closed Jan. Maps, brochures, nearby picnic tables and public restrooms. Free tours, currently limited to the first floor.

Whitehaven Welcome Center

1845 Lone Oak Road, Paducah

(270) 554-2077

paducah.travel/listing/whitehaven-welcome-center/975

Facebook: Whitehaven Welcome Center

Hours: Welcome center lobby and

restrooms open 24/7. Tourism desk open 8:30 a.m.–4:30 p.m. Mon.–Sat (closed for lunch noon–1 p.m.) Maps and brochures available. Free guided tours. Garden grounds include a Monarch butterfly waystation.



Better than pressure washing!

Our trucks carry state-of-the-art restoration systems that clean & permanently seal all the way through.

Seal It Once... **FOREVER!**

Decks • Fences • Driveways • Walkways
Pools • Log Cabins & much more!

Services can be applied year-round in any weather conditions.



Call for your free estimate today

502.906.6403
ever-seal.com

Pressure Free Guaranteed Onsite Consultations.
We hate those pushy sales guys too.





One of the oldest courthouses in the state, the Todd County Courthouse in Elkton has a new purpose as the Todd County Welcome Center.
Photo: Horizon Drone Solutions

brick behind the other in a three-brick thick layer, giving the building added warmth and stability.

Inside, Myers gives accounts of Civil War Union soldiers who commandeered the courthouse, using the upstairs as a lookout and the downstairs as a horse hideout to keep them from being stolen.

The welcome center houses many relics that provide a glimpse into Todd County's history, like original cabinetry, a Civil War-era fainting couch, 1895 pump organ, a shoe shining chair and a spinning wheel. "A lot of people like coming in and seeing the older things that we



Burnside
The Only Town on Lake Cumberland

Annual Events



Labor Day Weekend **Thunder Over Burnside**

**Saturday of
Labor Day Weekend**

Music, food trucks,
beer garden, vendors,
and fireworks on
Saturday night



**November 18th thru
December 31st**

Thousands of
drive-through light
displays, weekend Vendor
Village, and Santa on-site
until Christmas Eve



Christmas Island Jingle Bell Run

**The 2nd Saturday in
December**

An annual 5K
walking/running event
through Christmas lights
to support Burnside youth

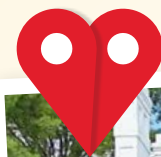
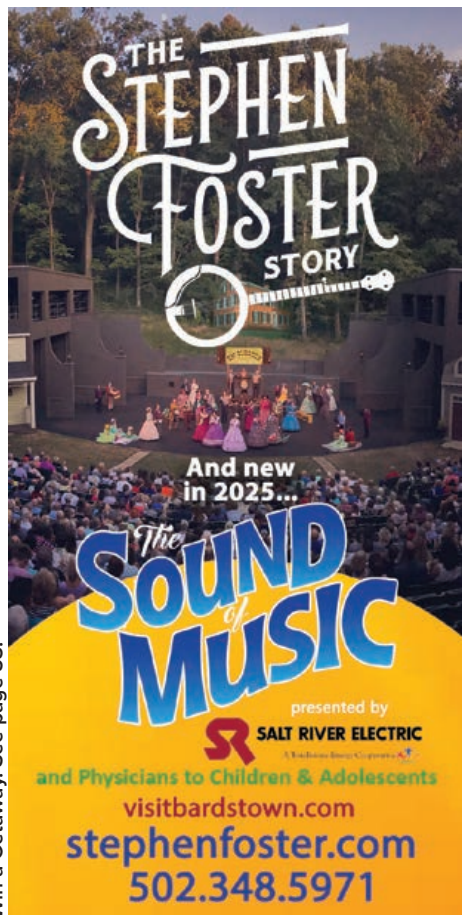
*Weather restrictions apply
and may be rescheduled*



visitburnside.com

**TEAM
KENTUCKY**

Win a Getaway. See page 53.



have in the building,” says Myers. “It has very interesting things to see, and you get information on other places in the county to go see.”

Whitehaven, Paducah

Paducah’s Whitehaven is “the most unique welcome center in the United States,” says Gina Harshman, travel and tourism supervisor with Kentucky’s

Department of Tourism. “It’s the only one that used to be a private home that is now state owned and used as an interstate welcome center.”

Construction of Whitehaven began in 1860 by the Anderson family and

STATE-OWNED WELCOME CENTERS GET TECH-SAVVY

“Welcome centers have always been the welcome mat for people coming into Kentucky,” says Kenny Atha, Kentucky Department of Tourism administrative branch manager. With changing technology needs, all of the welcome centers (other than Whitehaven, in keeping with the building’s historical integrity) were updated in 2023 with kiosks that are easily accessible after hours.

How do the kiosks work? “Basically, you’re touching a button just to begin your trip,” explains Atha. “You can access the visitor guides and things electronically through those.” The kiosks can help design an entire travel itinerary—destinations, contact information for each attraction, estimated travel time and more—plus filters to search by keyword for attractions, like horse farms or adventure parks. Once you’ve planned your trip, you can text or email the itinerary to yourself for continued access.

“You can sit there for 10 or 15 minutes and plan out an entire week of what you want to do while staying in Kentucky,” Atha says.

He’s quick to add that while the kiosks are helpful, the welcome center employees truly offer something no technology can—accounts of their own personal travel experiences, plus tips for making the most of your time and recommendations for must-visit Kentucky destinations—all based on their job training and knowledge of the state. “There’s nothing that’s ever going to beat a face-to-face interaction on a more personable level,” says Atha.





Embark
on a
JOY RIDE
to **RICHMOND**

There's something liberating about the wind in your hair, the open road ahead, and the thrill of the journey.

Every stop is a chance to capture snapshots of history. From Daniel Boone's fort to the home of the Lion of White Hall and the hallowed grounds of the Battle of Richmond, create memories that will last a lifetime.

Whether it's a quick escape or a meandering voyage, the joy of a joy ride is an experience like no other.



Win a Getaway. See page 53.

VISIT
RICHMOND
KENTUCKY

Located right off I-75, you will find a charming college town with secrets to discover around every corner. A historic downtown, with local boutiques, eateries, a gorgeous winery and brewery. Spectacular golf, parks, pristine natural spaces for hiking, and biking. You'll find plenty of local charm and charming locals. VISIT RICHMOND...and be part of our story!

visitrichmondky.com • 800.866.3705



KENTUCKY STATE-OWNED WELCOME CENTER FUN FACTS

There are seven state-owned welcome centers located in Bullitt, Carter, Christian, McCracken, Shelby, Simpson and Whitley counties. There also is a state-owned visitor center, The Kentucky Artisan Center, in Madison County.

Of the seven welcome centers, the most visited is the Whitley County Welcome Center, with a whopping 2 million–3 million visitors annually. In fact, during peak season the demand for state tourism guides there is so great

that two skids of the publication are delivered every two weeks—that's roughly 14,000 guides a month.



Win a Getaway. See page 53.



was completed in 1866. Originally a two-story red brick home, the house was called Swanhaven. In 1903, the Atkins family purchased the home—embellishing the front porch, stenciling the ceilings, adding stained glass and painting the exterior white. The home was renamed Whitehaven.

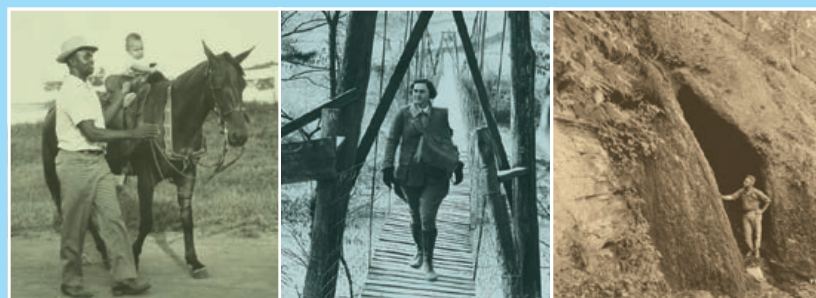
In 1908, the Smiths moved into the home, renaming it Bideawee, Scottish dialect for “stay a while.” They were the third and last family to reside in the home and lived there until 1968, around the time Interstate 24 was being planned, prompting the Smiths to move. For several years afterward, the vacant house was vandalized and damaged by the elements.

With the interstate completed in 1981, then-Gov. John Y. Brown opted to purchase the home off exit 7. Two years later, it became a state-owned welcome center and was restored to its 1903 grandeur.

Today, Whitehaven guests can take guided tours of the home, decorated with period furniture, including the Alben Barkley suite upstairs. Though Barkley had no Whitehaven ties, the suite displays artifacts belonging to the Paducah native and 35th United States vice president, who served under President Harry Truman.

When planning a Paducah-area trip, Harshman says Whitehaven is where all your information starts. “We love to show the house,” she adds. “We love to give the history, and we love to welcome new people that are coming through our area and give them some good, old-fashioned hospitality.” **KL**

Win a Getaway. See page 53.



AMERICA

Highlighting Achievements
Embracing Responsibilities

250
★ KENTUCKY ★

history.ky.gov/america250ky

Kentucky
HISTORICAL SOCIETY

UNWIND, UNPLUG & JUMP INTO YOUR NEXT ADVENTURE!



A SUNTEX EXPERIENCE



20% OFF
2025 VACATIONS
PROMO CODE: KYL2025



**SCAN TO VIEW OUR 360° VIRTUAL TOURS
AND TO BOOK YOUR VACATION NOW!**

Offer valid for new available 2025 reservations, and can not be combined with any other promotions. Includes tax, fees and fuel. Expires October 31, 2025.

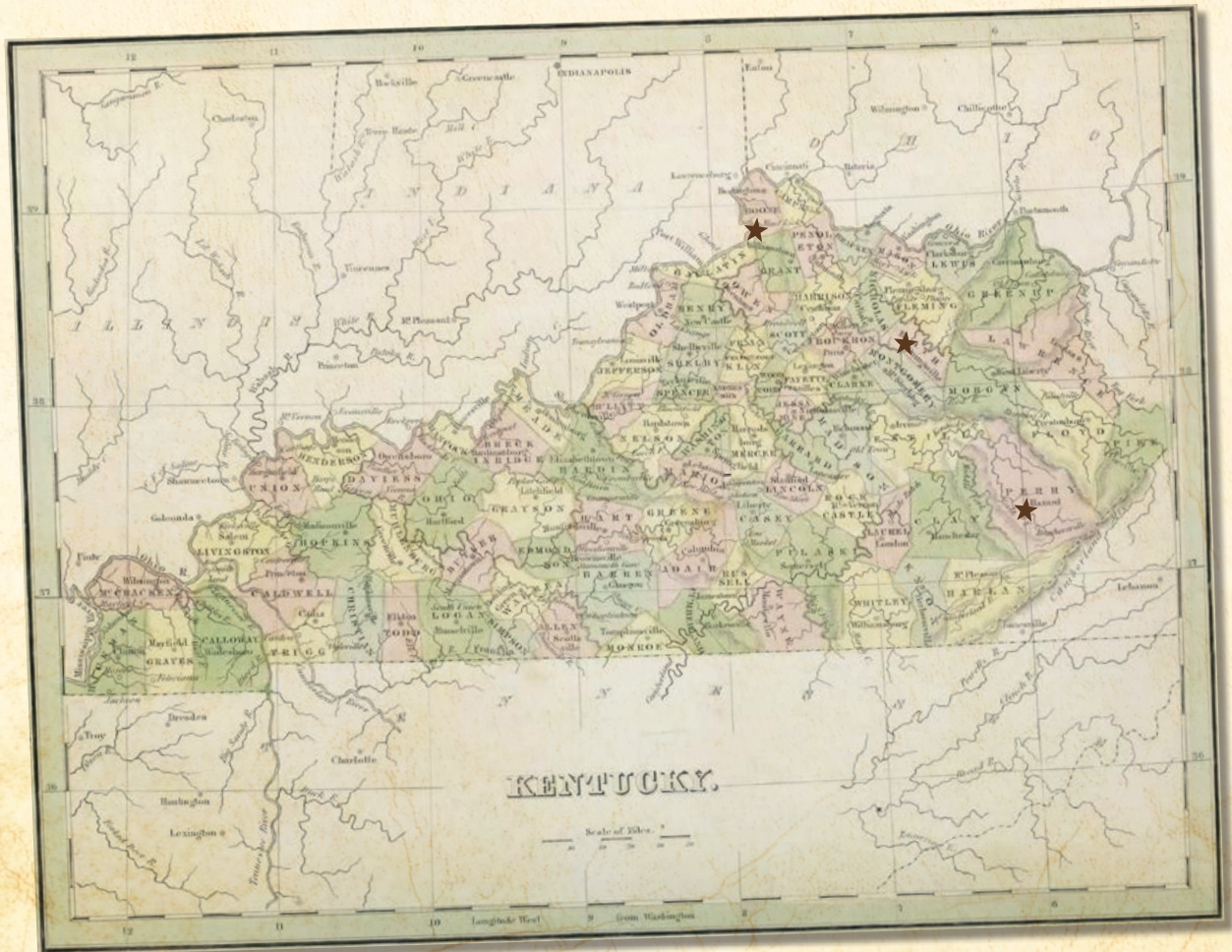
6365 State Park Rd. Jamestown KY 42629 (888) STATE-DOCK STATEDOCK.COM

Win a Getaway. See page 53.

ODDLY ENOUGH

Bluegrass State boasts bounty of weird history

BY SARAH KELLAM



FLESH DESCENDING IN A SHOWER.

AN ASTOUNDING PHENOMENON IN KENTUCKY—FRESH MEAT LIKE MUTTON OR VENISON FALLING FROM A CLEAR SKY.
Special Dispatch to the New-York Times.

LOUISVILLE, March 9.—The Bath County (Ky.) News of this date says: "On last Friday a shower of meat fell near the house of Allen Crouch, who lives some two or three miles from the Olympian Springs in the southern portion of the county, covering a strip of ground about one hundred yards in length and fifty wide. Mrs. Crouch was out in the yard at the time, engaged in making soap, when meat which looked like beef began to fall around her. The sky was perfectly clear at the time, and she said it fell like large snow flakes, the pieces as a general thing not being much larger. One piece fell near her which was three or four inches square. Mr. Harrison Gill, whose veracity is unquestionable, and from whom we obtained the above facts, hearing of the occurrence visited the locality the next day, and says he saw particles of meat sticking to the fences and scattered over the ground. The meat when it first fell appeared to be perfectly fresh.

The correspondent of the Louisville Commercial, writing from Mount Sterling, corroborates the above, and says the pieces of flesh were of various sizes and shapes, some of them being two inches square. Two gentlemen, who tasted the meat, express the opinion that it was either mutton or venison.



Rebecca Crouch reported the mysterious phenomenon that became known as the Kentucky meat shower. Photo: Bath County History Museum

The Kentucky meat shower drew broad media attention, including this clipping from *The New York Times*, dated March 10, 1876. Photo: Newspapers.com

Transylvania University's medical archive includes a sample from the meat shower. Other objects related to the meat shower can be viewed at the Bath County History Museum. Photo: Kurt Gohde



WHEN PEOPLE THINK OF KENTUCKY, a lot of fairly standard images come to mind. Horses and bourbon. Bluegrass and basketball. KFC and Abraham Lincoln. But Kentucky's history is much more eclectic than that, harboring interesting oddities and hard-to-believe happenings that have intrigued both citizens and nonresidents for centuries.

Kurt Gohde, art professor at Transylvania University, realized just how deep Kentucky's peculiar roots are when he began working at the university nearly three decades ago. Always fascinated by the unusual and unnatural, he learned of Transylvania's extensive medical archive that housed objects like a large hairball from a cow's stomach.

"We have a lot of really interesting and weird things that were gifted to the university," Gohde says. "But we also have a lot of weird and interesting things that were purchased by the university because, as a medical school without a river or a big hospital, we had to find ways to get people to come here. We needed world-class teaching aids."

But the Bluegrass State's eccentricities extend far beyond Transylvania's medical collection. From prehistoric animals to blue-skinned people to meat showers, there's no limit to the weirdness that you can find buried in Kentucky's history books. You just have to know where to look.

IT'S RAINING ... MEAT?

It was March 3, 1876, when Rebecca Crouch heard what sounded like rain falling while standing near the front porch of her home in Olympia Springs in Bath County. But the weather conditions were clear, and the soft thwap, thwap, thwap noise of something hitting the ground gave her pause. Was that really rain or something else? Upon further inspection, what had fallen from the heavens was—meat.

The shower lasted only a few minutes, leaving sizable chunks of flesh scattered around the Crouches' yard and boggling the minds of the family in the process. What was this mysterious meat that had dropped from the clouds, and why, of all places, did it land on their farm? Was this some sort of omen? When word began to spread about the meat shower, two locals volunteered to taste the bits of flesh, declaring that it wasn't beef but instead tasted like deer or sheep meat.

The unusual weather phenomenon garnered the interest of several national publications, including *The New York Times* and *Scientific American*. Many scientists conducted detailed investigations into the source of the meat and how it fell. But no one could come up with a definitive explanation of the Kentucky meat shower, and according to Gohde, the locals of

Olympia Springs seemed to be more than OK with the mystery being unsolved.

“The world was so comfortable not knowing things. There were so many things we didn’t know,” Gohde says. “I don’t think they would have gone to ‘the only possible explanation is a sign from God,’ as quick as we might now if something completely unexplainable happened, because we’ve sort of sciented all the mystery of life away. In 1876, they hadn’t yet done that. People died mysteriously. All sorts of mysterious things happened.”

While there are plenty of theories about the meat shower, the most probable was advanced by Dr. L.D. Kastenbine, a Louisville chemistry professor, in 1876. His theory? The meat was vomited by a flock of vultures that were flying overhead. Apologies to the guys who ate it.

Less plausible—but more colorful—explanations abounded. Gohde’s favorite theory suggests the meat had a cosmic source. “*The New York Times* wrote a story about potentially this was exploded animals from an exploded planet and that the meat rained in a different place than the busted-up stone from the planet,” he explains. “That’s my all-time favorite because it’s, by today’s standard, so impossible.”



A mastodon skull is among the fossils on display at Big Bone Lick State Historic Site. Photo: Sarah Kellam

Transylvania University still has a preserved piece of flesh from the Kentucky meat shower in its collection of gifts and medical oddities and occasionally lends it for exhibits and events about the 1876 occurrence. The mystery shrouding the cause and origin of the Kentucky meat shower makes it one of the most intriguing natural phenomena in all of Bluegrass history.

MĀSTODONS, MĀMMOTHS AND SLOTHS

Native Americans knew about Big Bone Lick—in what is now Boone County—long before it was discovered by Europeans in the 1700s. The area was a popular big-game hunting ground

I had the opportunity to intern with the Office of Communication & Marketing, Aramark, and even abroad in Japan ... I am so thankful for my time here and what I have had the opportunity to accomplish.

ABBY CLAIRE HALL
FALMOUTH, KY | GRAPHIC DESIGN
CLASS OF 2024



SOAR Higher.



As one of the top schools in the South, Morehead State offers a combination of specialized classes and real-world opportunities, including undergraduate research and education abroad, to develop the in-demand skills you need for success.

WWW.MOREHEADSTATE.EDU

MSU is an affirmative action, equal opportunity, education institution.

CREEPY KENTUCKY CRYPTIDS

Cryptozoology might not count as history, since it involves the existence of creatures that may or may not be real, but Kentucky has many well-documented examples of these types of beasts, real or not. Cryptids—creatures claimed, but not proven, to exist—reportedly have been spotted over the years in the Bluegrass State.

Hopkinsville “little green men”

It was late one evening in August 1955 when Elmer Sutton and Billy Ray Taylor, along with a few other adults and children, went to police saying they had been ambushed by little extraterrestrial men. The group said they had seen the creatures outside of their house and fired on them in self-defense.

But when the police investigated, there were no signs of anything but a gunfight at the property, leading them to believe that Sutton, Taylor and the others had just imagined the attack. While they could have mistaken owls or other local birds for small people, some believe that the only reasonable explanation for the Hopkinsville Goblins Case was drunkenness.

Pope Lick Monster

Commonly referred to as the Goat Man, the Pope Lick Monster allegedly lives under a railroad trestle over Pope Lick Creek, just outside of Louisville. The creature is said to be some configuration of a man and a goat, sometimes with a bit of sheep thrown in. Origin stories range from the monster being an ex-circus commodity to something more supernatural.

Adding to the lore, many people have perished while on the railroad tracks above Pope Lick Creek, either from being hit by trains or jumping to their deaths while trying to avoid being struck. But legend blames the Pope Lick Monster for the tragedies that occur at the creek, saying the monster is often the reason why people climb onto the tracks in the first place.

Bigfoot

You didn't think we would leave Bigfoot off this list, did you? According to an October 2024 Fox 56 News story, there have been nearly 400 sightings of the oversized, bipedal creature in Kentucky, with the most recorded reports coming from Anderson County.

Bigfoot has been spotted in regions across the country, but Kentucky's deciduous woodlands provide what has been identified as an optimal living environment for sasquatch-type animals.

ARAFAT/ADOBE STOCK

Mountains of Family Fun



All those new, family-friendly experiences you do want to try, you'll find them at Pigeon Forge. Explore more than 80 attractions, theaters, museums and Dollywood – with the Great Smoky Mountains as your backdrop. Start planning your trip today at [MyPigeonForge.com](https://www.Mypigeonforge.com)

PIGEON FORGE
T E N N E S S E E

Win a Getaway. See page 53.

for indigenous people and had a natural salt spring that drew both humans and animals to the region in prehistoric times.

A group exploring this unsettled part of the United States in the mid-1700s first stumbled upon the fossilized remains of elephant-like creatures that roamed the landscape during the Ice Age, and several scientists and history enthusiasts at that time had various theories about what the large animals were and whether they still existed.



You belong at
CAVE RUN LAKE
visitmorehead.com



Win a Getaway. See page 53.

**VOTE FOR
 FINALISTS**



KentuckyLiving

SPONSORED BY:



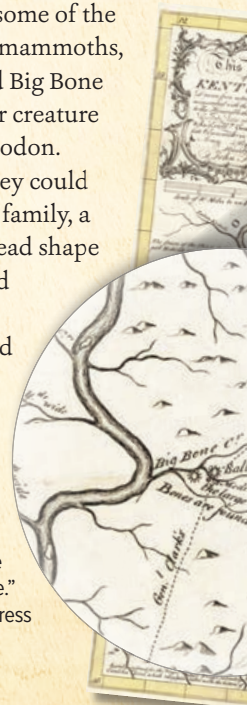
MAY 1-31

See contest details at
KentuckyLiving.com.

Harlan's ground sloth is named after Richard Harlan, who discovered the fossil at Big Bone Lick in 1831. Photo: Kentucky State Parks

It was Frenchman Georges Cuvier who first asserted that some of the bones belonged not to mammoths, which often frequented Big Bone Lick, but rather another creature he referred to as a mastodon. While both look like they could be part of the elephant family, a mastodon's skeleton, head shape and teeth are structured much differently than those of mammoths and modern elephants.

John Filson's 1784 map of Kentucky shows Big Bone's salt and medicinal springs alongside a note that "the large Bones are found here." Photo: Library of Congress



President Thomas Jefferson was fascinated by the fossilized remains that were unearthed at Big Bone Lick and sent William Clark of Lewis and Clark fame to conduct a paleontological dig there in 1807. Clark sent Jefferson the bones and fossils that he managed to collect, and Jefferson then made donations to several institutions so the remains could be studied to prove the bones were from different animals.

Mammoths and mastodons weren't the only creatures that lived around Big Bone Lick. In 1831, Richard Harlan found giant sloth bones on the property and named the new species he discovered *Megalonyx laqueatus*. The animal is now known as *Paramylodon harlani*, or Harlan's ground sloth.

Claire Kolkmeier, park interpreter at Big Bone Lick State Historic Site, says this northern Kentucky landmark played a critical role in the development of modern archaeology and paleontology in the early days of the United States.

"First described in 1739 by a French military party, Big Bone Lick was a place like no other yet discovered in North America," Kolkmeier explains. "Enormous bones of unknown beasts protruded from the ground like the ruins of a beach-washed shipwreck. These bones would lead to the unearthing of various new species, unravel the mystery of how they met their demise,

and start the beginning of understanding North America's past through paleontological excavations across the United States. Our understanding of extinction today is directly connected to the early discoveries made at Big Bone Lick."

Today, a sign that reads "The Birthplace of American Vertebrate Paleontology" greets visitors to Big Bone Lick State Historic Site, which hosts an annual Salt Festival highlighting the location's colorful past.

JUST 20 MILES SOUTH OF LOUISVILLE, KENTUCKY

Presented by THE CITY OF SHEPHERDSVILLE & SHEPHERDSVILLE/BULLITT COUNTY TOURIST & CONVENTION COMMISSION

Wine Whiskey & Ale FEST

SATURDAY APRIL 26, 2025
3-8PM

SHEPHERDSVILLE FIRST STREET PARK
1100 WEST FIRST STREET, SHEPHERDSVILLE, KY

Featuring:

JAMES B. BEAM DISTILLING CO. • FOUR ROSES WAREHOUSE & BOTTLING
BROOKS HILL WINERY • FOREST EDGE WINERY • MILLANOVA WINERY • WIGHT-MEYER WINERY
GALLANT FOX BREWING CO. • SALT RIVER BREWING CO.

FOR MORE INFORMATION
502-543-8656 • WWW.TRAVELBULLITT.ORG
ALL PROCEEDS BENEFIT ACTIVE HEROES

TEAM KENTUCKY

Please Taste Responsibly

Win a Getaway. See page 53.



World Chicken Festival est. 1990
LONDON, KENTUCKY

September 25-28, 2025

chickenfestival.com

TEAM KENTUCKY

Three inset photos show: 1) A person on a chicken-themed ride. 2) A large crowd at night with stage lighting. 3) Two men in white shirts and black ties, one holding a chicken.

Win a Getaway. See page 53.

TEAM KENTUCKY

RED RIVER GORGE

Powell County, Kentucky

GOPOCO.ORG

PLAN YOUR ADVENTURE TODAY!

WINNING JUST GOT CLOSER

NEW GAMES, BIG FUN!

3 KENTUCKY LOCATIONS!

GAMING • FOOD
ENTERTAINMENT

TheMintGaming.com

THE MINT GAMING HALL
BOWLING GREEN
Bowling Green, KY

THE MINT GAMING HALL
CUMBERLAND
Williamsburg, KY

THE MINT GAMING HALL
CUMBERLAND RUN
Corbin, KY

BLUE FUGATE FAMILY

Bleeding blue is something many Kentuckians say about their support of University of Kentucky athletics, but did you know there was a family of Kentuckians whose skin was actually blue?

Frenchman Martin Fugate and his wife, Elizabeth, lived near Hazard, Kentucky, in the early 19th century, and both possessed a rare genetic abnormality that caused some of their children to have blue-colored skin. As their offspring grew up and began families of their own, the Fugate family genes—and the color that came with them—were passed

HAPPY BIRTHDAY'S KENTUCKY ROOTS

Have you ever wondered where the song *Happy Birthday to You* comes from? Its history can be traced to Louisville.

In the late 1800s, sisters Patty and Mildred Hill, the former an educator and the latter a musician, wrote a song for Patty's students that would be easy for them to sing and understand. Called *Good Morning to All*, the lyrics read:

*Good morning to you,
Good morning to you,
Good morning, dear children,
Good morning to all!*

The song was distributed publicly for the first time with changed lyrics in 1912. From then on, *Happy Birthday To You* became the official tune of birthday celebrations around the world, sung by millions of people to their loved ones on their date of birth.

The song has been subject to several lines of copyright questioning throughout the last century, but a 2016 court decision officially put *Happy Birthday To You* in the public domain, meaning that a fee is no longer required for the use of the song.

How a Safe Step Walk-In Tub can change your life

Remember when...

Think about the things you loved to do that are difficult today — going for a walk or just sitting comfortably while reading a book. And remember the last time you got a great night's sleep? As we get older, health issues or even everyday aches, pains and stress can prevent us from enjoying life.

So what's keeping you from having a better quality of life? Check all the conditions that apply to you.

Then read on to learn how a Safe Step Walk-In Tub can help.

Personal Checklist:

- | | |
|------------------------------------|---|
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Lower Back Pain |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Anxiety |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Mobility Issues |
| <input type="checkbox"/> Dry Skin | <input type="checkbox"/> Poor Circulation |

Feel better, sleep better, live better

A Safe Step Walk-In Tub lets you indulge in a warm, relaxing bath that can help relieve life's aches, pains and worries.

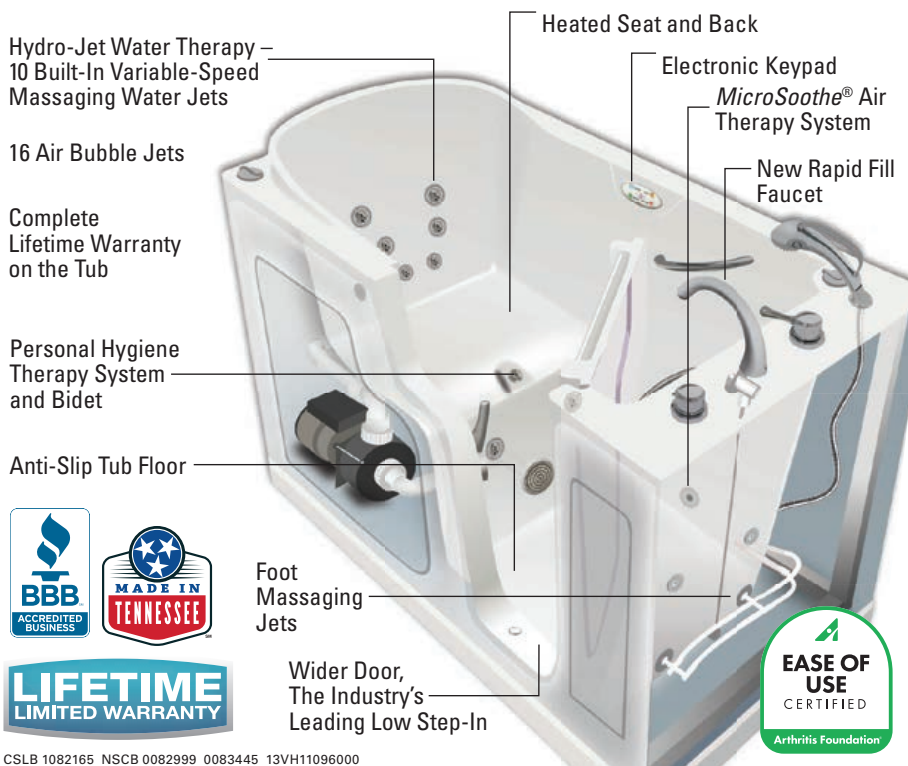


A Safe Step Tub can help increase mobility, boost energy and improve sleep.

It's got everything you should look for in a walk-in tub:

- Heated Seat – Providing soothing warmth from start to finish.
- *MicroSoothe*® Air Therapy System – helps oxygenate and soften skin while offering therapeutic benefits.
- Pain-relieving therapy – Hydro massage jets target sore muscles and joints.
- Safety features – Low step-in, grab bars and more can help you bathe safely and maintain your independence.
- Free Safety Package

Safe Step includes more standard therapeutic and safety features than any other tub on the market, plus the best warranty in the industry:



For your **FREE** information kit and our **Senior Discounts**, Call Today Toll-Free

1-800-257-6068

Financing available with approved credit.

CALL TODAY AND
RECEIVE EXCLUSIVE SAVINGS

**FREE SAFETY
PACKAGE**

PLUS \$1500 OFF

FOR A LIMITED TIME ONLY

Call Toll-Free 1-800-257-6068

With purchase of a new Safe Step Walk-In Tub. Not applicable with any previous walk-in tub purchase. Offer available while supplies last. No cash value. Must present offer at time of purchase. Cannot be combined with any other offer. Market restrictions may apply. Offer available in select markets only.

 **safe step**
www.YourSafeStepTub.com

Walt Spitzmiller painted a scene of the Fugate family, based on period photos, to accompany an article by Cathy Trost in *Science* 82. Painting: Walt Spitzmiller



down through the generations and created what was seemingly an entire race of blue people.

But no one would know until the 1960s exactly what made the skin of the Fugate family blue. Nearly a century and a half after Martin Fugate put roots down near Hazard, Dr. Madison Cawein attributed the Fugate descendants' oddly hued appearance to a blood condition called methemoglobinemia, which affects how well oxygen circulates throughout the body. By giving the blue members of the family a type of salt known as methylene blue, Cawein was able to return their skin to a more typical color, effectively curing those in the Fugate lineage of their abnormality.

Few images exist of the Blue Fugates, with the black and white photography of the time disguising any trace of the family's shared medical oddity. But a 1982 painting of the family by Walt Spitzmiller, based on period photos, imagines how they might have appeared and serves as one of few reminders

of the blue people that called Hazard home.

There are plenty more stories just like these that lurk in Kentucky's past, buried in dusty tomes on bookshelves all across the state, waiting to be rediscovered by fans of the odd and unexpected. This snapshot of Kentucky's compelling oddities is reminder that most interesting bits of history can sometimes be found in your own backyard. **KL**

FINALLY ... LIFE INSURANCE YOU CAN AFFORD

TOTAL OFFER

DETAILS

BUY \$100,000 LIFE INSURANCE

FREE INFORMATION

GLOBE LIFE AND ACCIDENT INSURANCE COMPANY



7460

PAY THE
AMOUNT OF

One Hundred Thousand Dollars

\$100,000.00

Non-Negotiable

MONTHLY RATES AS LOW AS:

ADULTS: \$3.49

CHILDREN AND
GRANDCHILDREN: \$2.17

EASY TO BUY

NO MEDICAL EXAM - SIMPLE APPLICATION

NO WAITING PERIOD

BUY DIRECT

SCAN QR CODE FOR A FREE QUOTE



SCAN TO
VISIT US
ONLINE

For Immediate Service Call 1-877-723-9063
Or Visit LetGlobeInsureYou.com

PERSONAL OFFER CODE:

XCCX125R

\$100,000 Adult Life Insurance

- Rate schedule is based on your current age and is guaranteed for the life of the policy.
- Monthly rates as low as \$3.49.
- Coverage is also available for your spouse and other family members.
- Benefits will NEVER be canceled or reduced for the life of the policy if premiums are paid on time.

Policy Form #SRTC/SRTC/R13 or R17, or #SRTC/R90MA in MA

\$30,000 Children's Life Insurance

- Rates are based on your children's or grandchildren's present age and never increase for any reason.
- Monthly rates as low as \$2.17.
- Benefits will NEVER be reduced or canceled if premiums are paid on time.
- Give your children a financial head start right now. Your policy builds CASH VALUE for your family's needs.

Policy Form #GWL2001 or GWLA001

(Offer may vary, \$100,000 coverage not available in all states.)

CHOOSE \$5,000, \$10,000, \$20,000, \$30,000 OR UP TO \$100,000 COVERAGE

KENTUCKY

Find what moves you



Wondrous moments bring loved ones together.

From the thrilling clarity of the Milky Way to trail rides, cave explorations and glamping getaways, you'll feel exhilarated by all the experiences of our new Kentucky home. Plan your memorable getaway today.

KentuckyTourism.com

TEAM
KENTUCKY

New
Kentucky
Home

GOLDEN POND PLANETARIUM,
GOLDEN POND



ONE-DAY VACAY



Y



SIX ITINERARIES FOR 24 HOURS OF FUN

BY KATHY WITT

You can see, do and experience a lot in Kentucky in only 24 hours. When you have big hopes for adventure, a new activity or a chance to unwind in beautiful surroundings but are short on time, there's a hack to make it happen: Choose a region, book a cabin or campground, swanky hotel or serene lodge, check the time and ... go!



At left, Lovers Leap Vineyards and Winery offers tastings on the patio, tasting room or Barrel Room. Photo: Lawrenceburg Tourism. From top, the cave at Onyx Cave and Rock Shop is best known for its abundance of cave coral. Photo: Onyx Cave and Rock Shop; The Pinball Museum of Corbin is a blast from the past. Photo: Dylan Wilson Photography; Warm cinnamon rolls are a favorite at Our Daily Bread in Eddyville. Photo: Our Daily Bread; Midway showcases arts, self-guided history, shopping and more. Photo: Matthew Donahue



Bluegrass Region SMALL-TOWN TREASURES

Hometown discoveries plus hidden gems equal happy times.

In Midway, find a unique culinary, shopping and arts scene in a historic railroad town surrounded by Kentucky's oldest thoroughbred horse farm and preserving a rich tradition in bourbon distilling dating back to the 1800s.

"No two stores, restaurants or experiences are the same in downtown Midway," says Emily Downey, executive director at Woodford County Tourism.

Visitors find the restaurants of culinary maestros Ouita Michel (Midway Bakery, Holly Hill Inn, nearby Wallace Station) and Mark Wombles (Heirloom) and unique boutiques like the high-end Crittenden's Clothing and indie bookstore, A Likely Story, with its cozy reading nook tucked in an old bank vault.

Travel west to Frankfort and the Josephine Sculpture Park, Kentucky's only outdoor sculpture park with its unique, easy-breezy "please do touch" philosophy. Explore over 70 contemporary outdoor sculptures set amid 40 acres of native meadows, including Riley Fichter's playful, steel-cabled Rii'joo'vah'nay'shin unfurling across the grounds. The park has mowed walking

trails, picnic areas and wildlife habitat. Best of all: Admission is free.

Turn south to Lawrenceburg and first stop, Lovers Leap Vineyards and Winery, served by Blue Grass Energy. Sip a glass of wine in a keepsake wine glass on a 30-minute tour of one of Kentucky's most highly regarded wineries. Afterward, indulge in an optional flight tasting, best enjoyed on the outdoor patio with panoramic and picture-perfect countryside views.

Lovers Leap hosts events throughout the year, including an Art Show—set for April 12 this year—with works by local artists as well as food and coffee trucks, and music.

Continue on to Bourbon Barrel Cottages and Tours, served by Blue Grass Energy, for a quiet evening in a gorgeous cottage with a cozy, crisp linen-draped bedroom inside and a rocking chair front porch, firepit and bubbly hot tub outside. Wander the grounds past koi ponds and a natural spring, spotting wildlife like deer and turkeys along the way.

Personalize your stay with a customized private tour of area bourbon



▲
Bauer's Candy has produced Modjeska candy since 1889. Photo: Bauer's Candy; at top, the Bourbon Barrel Cottages sit in the heart of bourbon country. Photo: Becca Bayless/Bourbon Barrel Cottages and Tours

distilleries via luxury Mercedes sprinter van or limo. Bourbon Barrel Cottages is 20 minutes from eight distilleries and an hour from a dozen more.

Next morning, tour Bauer's Candy to learn about an original Kentucky candy named for Polish actress Madame Helena Modjeska. Described by owner and president Anna Bauer (great-granddaughter of Modjeska creator, French confectioner Anton Busath) as "a homemade creamy marshmallow center hand-dipped into a rich and creamy homemade caramel," it is ooey-goey delicious—and one sweet note on which to conclude your getaway.

ONE-DAY VACAY PLANNER



BLUEGRASS REGION

Bauer's Candy, 1103 Dylan Drive, Lawrenceburg;
bauerscandy.com, (502) 839-3700

Bourbon Barrel Cottages and Tours, 1776-1816 Ninevah-Clifton Road, Lawrenceburg; bourbonbarrelcottages.com, (502) 622-7735

Downtown Midway, Midway Administrative Offices, 426 South Winter St., Midway; meetmeinmidway.com, (859) 846-4413

Josephine Sculpture Park, 3355 Lawrenceburg Road, Frankfort; josephinesculpturepark.org, (502) 352-7082

Lovers Leap Vineyards and Winery, 1180 Lanes Mill Road, Lawrenceburg; loversleapwine.com, (502) 839-1299

EASTERN REGION

Holly Bay Campground, 395 Laurel Lake Road, London; recreation.gov/camping/campgrounds/232259, (606) 878-8134

Palace Entertainment Center, 1803 N. Main St., London; thepalaceky.com, (606) 862-0761

Pinball Museum of Corbin, 112 S. Main Street, Corbin; pinballcorbin.com, (606) 280-7253

Sanders Café & Museum, 688 U.S. Highway 25 W., Corbin; sanderscafe.com, (606) 528-2163

NORTH CENTRAL REGION

Bell House, 721 Main St., Shelbyville; bellhousewebsite.com, (502) 437-5678

Bulleit Distillery Co. Visitor Experience, 3464 Benson Pike, Shelbyville; bulleit.com, (502) 647-5799

Highpointe Farm & Training Center, 4600 Stone River Drive, La Grange; highpointellc.com, (502) 222-6070

Lux Row Distillers, 1 Lux Row, 3050 E. John Rowan Blvd., Bardstown; luxrowdistillers.com, (502) 337-7420

Oscar Getz Museum of Bourbon History, 114 N. 5th St., Bardstown; oscargetzwhiskeymuseum.com, (502) 348-2999

Second Stride Retired Horse Farm, 12501 W. U.S. Highway 42, Prospect; secondstride.org, (502) 241-8440

The Trail Hotel, 1875 New Haven Road, Bardstown; thetrailhotel.com, (502) 393-4150

Willett Distillery, 1869 Loretto Road, Bardstown; kentuckybourbonwhiskey.com, (502) 501-9699

NORTHERN REGION

Ark Encounter, 1 Ark Encounter Drive, Williamstown; arkencounter.com, (859) 727-2222

BB Riverboats, 101 Riverboat Row, Newport; bbriverboats.com, (800) 261-8586

Hotel Covington (North by Hotel Covington, Knowledge Bar & Social Room, Coppin's Restaurant + Bar and Artisan Coffee Bar), 638 Madison Ave., Covington; hotelcovington.com, (859) 905-6600

Newport Aquarium, 1 Levee Way, Newport; newportaquarium.com, (800) 406-3474

Patriots Landing Kentucky, 330 Eibeck Lane, Williamstown; patriotslanding.org, (859) 903-7434

SOUTH CENTRAL REGION

Crystal Onyx Cave, 425 Prewitts Knob Road, Cave City; crystalonyxcaveky.com, (270) 773-3377

Dinosaur World, 711 Mammoth Cave Road, Cave City; dinosaurworld.com/kentucky, (270) 773-4345

Marina@Rowena, 11565 State Route 558, Albany; marinarowena.com, (606) 206-7488/Marina Office, (606) 252-3883/Rowena View Café

Miss Betty's Diner, 24130 Louisville Road, Park City; Facebook: Miss Betty's Diner, (270) 544-7616

Onyx Cave and Rock Shop, 93 Huckleberry Knob Road, Cave City; onyxcave.com, (270) 773-2323

WESTERN REGION

Kentucky Dam Village State Resort Park, 166 Upper Village Drive, Gilbertsville; parks.ky.gov, (270) 362-4271

Lake Malone State Park, 331 State Route 8001, Dunmore; parks.ky.gov, (270) 657-2111

Mineral Mound State Park, 48 Finch Lane, Eddyville; parks.ky.gov, (270) 388-3673

Our Daily Bread, 101 Newman Drive, Eddyville; Facebook: Our Daily Bread, LLC, (270) 388-4328

Pennyrile Forest State Resort Park, 20781 Pennyrile Lodge Road, Dawson Springs; parks.ky.gov, (270) 797-3421

Eastern Region OLD-SCHOOL FAMILY FUN

Kentucky fried nostalgia surrounded by the Daniel Boone National Forest.

Base yourself at London's Holly Bay Campground, served by Jackson Energy, for a good old-fashioned getaway filled with camping, pinball, go-karts and Kentuckians' favorite reason to lick their fingers. Grab a wooded site framing views of Laurel River Lake where outdoor adventure options include swimming, boating, wildlife viewing, fishing (both day and at night for trout)—even scuba diving—in an enchanting setting of meandering coves and cliff-lined shores.

Daytrip to Corbin to live out your pinball wizard dreams at the family-friendly Pinball Museum of Corbin.

Expect a sensory explosion (in a good way) with dozens and dozens of pinball machines, both vintage and contemporary, lining the walls, plus classic video games (Donkey Kong, anyone?) and two Big Ball Bowlers. Game your way through the alphabet, bonding over the simple joy of flippers and bumpers, from the Adams Family and Avengers Infinity Quest to X's and O's.

Maintain retro mode with a meal at the Sanders Café & Museum, also in Corbin. Follow the timeline of a local success story that began here 88 years ago, on the site of a gas station that grew

into a motel and café and eventually had everyone hungering to learn what those 11 secret spices were that Col. Sanders blended into a global food empire. Then order a bucket of KFC, along with fluffy biscuits and country sides, and bite into all that crispy deliciousness. After a good night's



▲
The Sanders Café and Museum shows how Kentucky Fried Chicken put the state on the world food map. Photo: Corbin Tourism

STACKS OF ADVENTURE AWAIT.



WWW.BATTERCAPITALOFTHEWORLD.COM
PLAN YOUR SWEET TRIP TO HOPKINSVILLE, KENTUCKY TODAY!

TEAM
KENTUCKY

B
BARDSTOWN
AGING SINCE 1780

We've *been*
in our
bourbon
era.

TEAM
KENTUCKY.

VISITBARDSTOWN.COM



At left, London's The Palace Family Entertainment Center is a one-stop fun-and-games complex. Below, the Holly Bay Campground in Daniel Boone National Forest is known for its proximity to beautiful Laurel River Lake. Photos: London-Laurel County Tourist Commission

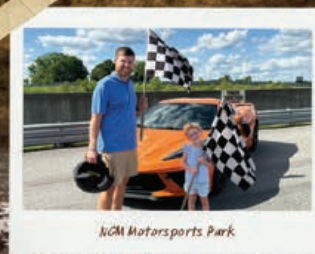


sleep at Holly Bay, head off for a day of super-sized family fun at London's Palace Entertainment Center. Pick your pleasure: indoor go-karting, bowling, bouncing around on inflatables, playing a world-renowned golf course via golf simulator or sleuthing through an escape room. Add a touch of tech by tangling with dinosaurs and other creatures in an immersive augmented reality experience or strategizing victory in a cutting-edge laser tag arena. Don't overlook the traditional: the flashing lights, beeps and buzzes in the arcade.

WHERE HIDDEN GEMS ARE ABOVE AND BELOW THE CITY STREETS



Lost River Cave



NCM Motorsports Park



Chaney's Dairy Barn



Beech Bend Amusement Park



National Corvette Museum



Scan to download a Visitors Guide!



800-326-7465 | www.visitbgky.com



North Central Region HORSES, HOT BROWNS AND BOURBON

Get a taste of everything that is Kentucky.

Choose a horse farm tour or two in Oldham County, the Farm Tour Capital of Kentucky. Go behind the scenes and stables at Highpointe Farm & Training Center in La Grange to learn about the inner workings of the world of thoroughbred racing. Watch horses train on furlong dirt tracks and see horses, grooms and trainers preparing for a race. In Prospect, meet former racing champs entering their second act as they train for a new career on a hands-on tour at Second Stride Retired Horse Farm.

Head next to Shelbyville and the Bell House restaurant and indulge in

quintessential Kentucky cuisine: the Hot Brown. Although the dish was invented in Louisville in the 1920s, this restaurant is famous for taking that oh-so-cheesy roasted turkey sensation to the next level.

“Executive Chef Brent Evans uses a unique blend of six different kinds of cheese, including varieties from Switzerland and Italy, and farm-fresh ingredients,” says Mason Warren of ShelbyKY Tourism. “But he keeps his exact recipe carefully guarded.”

Next stop: Shelbyville’s Bulleit Distillery Co. Visitor Experience,



At Second Stride Retired Horse Farm in Prospect, see firsthand how these special thoroughbred horses start down the path to new careers after racing. Photo: Oldham County Farm Tours

ROOTIN' TOOTIN' SONGS OF SUMMER

FIVE MUSIC FESTIVALS IN HENDERSON, KY

SUMMERFEST

05/17/25 • FREE

W.C. HANDY BLUES & BBQ FESTIVAL

06/11/25 - 06/14/25 • FREE

PORCHFEST

06/7/25 • FREE

SANDY LEE WATKINS SONGWRITERS FESTIVAL

07/23/25 - 07/26/25 • \$20/SESSION

BLUEGRASS IN THE PARK FOLKLIFE FESTIVAL

08/08/25 - 08/09/25 • FREE



Henderson
KENTUCKY
Discover your nature.





The cocktail bar at the Bulleit Distilling Co. is a picturesque setting for grabbing a pre- or post-tour beverage. Photo: ShelbyKY Tourism



CORBIN, KY



Where Adventure, History, and Hospitality Await!

Conveniently located off of I-75 at Exit 25

www.corbinkytourism.com



Win a Getaway. See page 53.

served by Shelby Energy. Choose from a full menu of adventures, from elevated tasting experiences to multisensory bourbon immersion to a full distillery tour that ends with a tasting of the signature Bulleit portfolio. Order a customized classic like the Bourbon Old Fashioned or Rye Manhattan from the cocktail bar, browse the gift shop and relax on the outdoor patio.

End the day on a blissful note at Bardstown's newly opened Trail Hotel, the world's first bourbon-infused luxury hotel. The amenities? Ninety-five exquisite guestrooms, the four-star Oak & Ember restaurant and five bars, including the Bourbon Vault, a sleek speakeasy; and the Rejuvenation Room with IV hydration and oxygen chambers. Then there are the Bourbon Butlers—ready to enhance any visit by coordinating exclusive VIP tours, arranging reservations for dining and other events, and creating custom experiences like unique tastings.

The next morning, pop into nearby Oscar Getz Museum of Bourbon History to see exhibits relating to Prohibition, moonshining and more. Follow it up with a tour of Willett Distillery, served by Salt River Electric, which focuses on the history of one of Kentucky's original family-owned distilleries. Likewise, Lux Row Distillers, also served by Salt River Electric, has a story to tell through its Grain to Barrel Tour and guided tasting experience—not to mention the muster of peacocks that have the run of the grounds.

Visit Lake Cumberland's only family owned and operated full service marina and resort. Experience a dream vacation on the water in one of our custom houseboats for days of relaxing or adventure. If you are more of a land lubber, our waterfront lodging and camping lets you sleep just minutes from the water's edge. Conley Bottom offers a wide variety of rentals and amenities so that you can easily make family memories that last a lifetime.

CONLEY BOTTOM RESORT RENTALS AND AMENITIES

- Moorage
- Houseboats
- Lodging
- Camping
- The Boathouse Restaurant
- Pontoons, Deck Boats, Personal Watercraft rentals
- CBR Pizza Kitchen and Ice cream

CALL:
506-348-6351

ADDRESS:
270 CONLEY BOTTOM RD.
MONTICELLO, KY 42633

MORE INFORMATION:
reservations@conleybottom.com
www.conleybottom.com

Win a Getaway. See page 53.

KENTUCKY BLACK TRAILBLAZERS

MEET KENTUCKY'S BLACK HISTORY MAKERS IN AUGMENTED REALITY



YOU'VE NEVER EXPERIENCED HISTORY LIKE THIS
KYBLACKTRAILBLAZERS.COM

DISCOVER KENTUCKY'S BLACK TRAILBLAZERS THROUGH THE MAGIC OF AUGMENTED REALITY.

With stops across the state, visitors will have an immersive experience like no other while hearing the stories of Muhammad Ali, Oliver Lewis, and many more. Join us on this groundbreaking journey through our beloved Kentucky counties and witness these diverse stories come to life. Stops are in Bullitt Co., Hardin Co., Nelson Co., Oldham Co., Shelby Co., and Louisville.

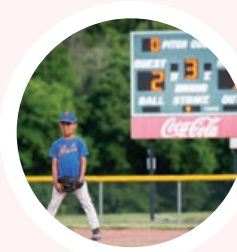
SCAN HERE TO EXPERIENCE HISTORY AT YOUR FINGERTIPS ►



TEAM
KENTUCKY



Hello Spring Lebanon has missed you



YOUR NEXT OUTDOORS ADVENTURE
IS AWAITING YOU IN

Lebanon

THE HEART OF KENTUCKY

www.visitlebanonky.com

Win a Getaway. See page 53.

Experience a showroom full of
“products with a purpose” at Patriots
Landing Kentucky. Photo: Patriots
Landing Kentucky

The Ark Encounter, located in
Williamstown, draws visitors from all
over the world. Photo: Ark Encounter

Northern Region TWO BOATS, ONE DAY

From country to cosmopolitan, ark to aquarium.

Thing big. Really BIG. When you clap your eyes on the massive timber ship at Ark Encounter in Williamstown, served by Owen Electric, you’re looking at a structure that is one-and-a-half times the length of a football field, 85 feet wide and 10 stories high at the bow. Inside? More than 130 colorful exhibits spread over three decks.

“The huge ark is an architectural wonder and the whole park is of Disney quality,” says Ark Encounter founder and CEO Ken Ham.

Other activities: Ararat Ridge Zoo and animal encounters, zip lines, high-tech virtual reality experience, carousel, children’s playground and

DANVILLE HAS IT: Fresh Finds & Good Times!

Shop local goods, food trucks
and craft vendors with live music
every **Saturday, 9 AM–Noon,**
April 26–October at
Constitution Square—right in the
heart of downtown Danville!



Danville
— KENTUCKY —
Historically Bold
danvillekentucky.com



Scan for more
information!

TEAM
KENTUCKY

Win a Getaway. See page 53.

Discover the mighty
Ohio aboard a BB
Riverboats dining or
sightseeing cruise. Photo:
BB Riverboats

Emzara's Buffet—one of the
largest restaurants in America
and the perfect place for lunch.

Williamstown's Patriots
Landing Kentucky, served by
Owen Electric, is also grand
scale in size and scope. De-
scribed as a "rural, faith-based veter-
ans woodshop and showroom," the
space stretches across 4,000 square
feet to showcase veteran-crafted
"products with a purpose." Browse
among beautifully constructed
wooden flags, some embellished
with shell casings as the stars; patriot
crosses featuring custom engraving
and intricate hand-carved art; and
wooden bookmarks with special
messaging. T-shirts with patriotic
slogans, even sets of cornhole bags
featuring military branches, are also
part of the mix.

Afterward, head north to Hotel
Covington and check in to upscale
accommodations featuring plush,
oversized and elegantly dressed beds
and gleaming showers with sleek
appointments—all with a sophisti-
cated yet comfortable ambiance and
tucked within a historic building.

Next stop: BB Riverboats. This
historic Newport landmark is home
to flagship, Belle of Cincinnati, and
River Queen—two paddlewheel
boats recalling the romance of the
riverboat era. Dinner cruises glide
along the Ohio River, serving up
good times, delicious meals and live
entertainment. Evening views of the
skyline are breathtaking.

Back at Hotel Covington, a
nightcap at either the Knowledge Bar
& Social Room or Coppin's Bar (both
are on northern Kentucky's self-guided



SUMMER MAY 9 Music SERIES

FREE!!
6:30-9:15 PM EST
2ND FRIDAYS
MAY-SEPTEMBER

6:00 PM EST
FOOD & CRAFT BEER OPEN
6:30-7:00 PM EST
JAMES FOSTER
7:15-9:15 PM EST
THE CREEKERS

ExploreLibertyKY.com | Live in Liberty Music | Call/Text 606-706-7777

TEAM KENTUCKY City Green Stage behind City Hall
518 Middleburg St. Liberty, Ky.
Bring a chair or blanket!

Your camping adventure awaits

Cadiz - Lake Barkley
Land Between the Lakes

GoCADIZ.com
TEAM KENTUCKY

Win a Getaway. See page 53.

Win a Getaway. See page 53.



◀ The family- and pet-friendly Marina@Rowena is a full-service marina with restaurant, ship store and boat slips. Photo: Lake Cumberland Tourist Commission

CAVE CITY

A serene oasis tucked off I-65 and nestled in thick trees and underground trails.

- Doorway to Mammoth Cave National Park.
- Venture through numerous caves, romp with dinosaurs, fly on ziplines and kayak Green River.
- Nightlife and local music every weekend...rap battles, country and heavy metal.
- Bucky Bees BBQ - featured on an episode of Guy Fieri's "All-American Road Trip."
- Over 400 hotel rooms, WigWam Village No. 2, camping/RV sites, or book a cabin at Jellystone.



TEAM KENTUCKY

821 Mammoth Cave Street, Cave City, KY 42127 | 270.773.8833 | cavecity.com



Win a Getaway. See page 53.

South Central Region

COLOSSAL BEASTS,
CRYSTAL CAVES
AND ONE COOL LAKE

A tale of two subterranean worlds bookended by monsters and a modern marina.

No need to fear rampaging T-rexes at Cave City's Dinosaur World, the only outdoor museum in Kentucky dedicated to these behemoths.

Wander about this land before time, served by Farmers RECC, where fun



Win a Getaway. See page 53.



START YOUR ADVENTURE IN GRANT COUNTY!



GRANT COUNTY
 Tourist & Convention Commission
 TEAM
KENTUCKY

visitgrantky.com
800-382-7117

Win a Getaway. See page 53.

photo ops—and packs of triceratops, brachiosaurus and stegosaurus—lurk around every corner. Dig for fossils, pan for gemstones, play mini golf and visit the small indoor museum. Kids will want to bring their mad money for the gift shop with its irresistible array of dino-themed toys, games, books and more.

Two underground adventures, also in Cave City and served by Farmers RECC, have a shared heritage through Kentucky cave developer Cleon Turner, but each is independently owned and offers a different experience.

Thirty-minute guided tours of Onyx Cave highlight distinctive features including the Waterfall Wall, Drippy Room and Big Column, plus the cave's showstopper cave coral. At Crystal Onyx Cave, two one-hour tours take spelunkers to the cave's upper Lake and Cake Trails or to the lower

At Dinosaur World, wander among hundreds of life-sized dinosaurs in a natural setting.
Photo: Cave City Tourism

entrance to see features with names like Alien Room, Potato Patch and Gene Simmons Tongue, among other intriguing speleothems.

Both of these show caves have a gift shop with plenty of eye candy for rockhounds—lots of minerals, rocks and fossils from around the world plus other items like paintings and jewelry from local artists and snacks and fun merch for kids.

Head east to Park City and Miss Betty's Diner, served by Warren RECC, for some Southern scratch cooking: chicken and dumplings, homemade



KENTUCKY DOWN UNDER ADVENTURE ZOO

Spring
Break
Family Fun!

kentuckydownunder.com
(270) 786-1010
I-65 at Exit 58,
Horse Cave, KY

**KENTUCKY
DOWN UNDER
ADVENTURE ZOO**
MAMMOTH ONYX CAVE



With camping, lodging, boating, hiking, golfing, bird watching, dining and more, Kentucky Dam Village State Resort Park is the complete vacation package. Photo: Kentucky State Parks



lasagna and fried chicken hand fried in a cast-iron skillet and accompanied by sides like pinto beans, turnip greens, sweet potato casserole and coleslaw. For dessert? Buttermilk or peanut butter pie, blackberry cobbler or Italian cream cake. Mmm.

Continue eastward to Albany and a Lake Cumberland haven: Marina@Rowena, served by South Kentucky RECC. No cookie-cutter RV sites here, but unique layouts with wood patio decks in heavily treed settings. Lake Cumberland's first all-new recreational marina in more than 60 years (and recipient of the U.S.

Army Corps of Engineers' "Clean Marina" designation), it offers both seasonal and short-term sites with full hookup amenities, plus nightly covered boat slips and daily rentals of pontoons, tri-toons and personal watercraft.

"Bring your golf cart or side-by-side for a convenient short ride to the marina and also to take advantage of the area's many off-road trails," says owner David Dryson. "Enjoy breathtaking lake views and photo-worthy sunsets from the resort's full-service restaurant, Rowena View Café."

Western Region PARK HOPPER PASS

Four state parks. Four unique experiences. All authentic Kentucky, from cuisine to culture.

Begin in Dunmor at Lake Malone State Park, a fam fave with its fishing lake, swimming beach and wildflower-strewn trails. It's also a fan fave as the home of Happy, Bobber and the rest of the Malone family of 10- to 17-foot sculpted forest creatures, depicted engaging in park activities. Bring a book to read with Paige Malone, lounging near the playground. Inspect bugs with butterfly-catching Annette and firefly-loving Wattson. Hike Laurel Trail to see Oakley who, like all the

Big Twigs, is living large and loving life at the park.

Head west to Dawson Springs and Pennyryle Forest State Resort Park, served by Pennyryle RECC, for a round on the 18-hole, critter-themed mini golf course or a lazy paddle on Pennyryle Lake.

After a meal of buttermilk fried chicken, fried catfish or other park menu favorites at Pennyryle Lodge, continue on to Kentucky Dam Village State Resort Park, a water recreation lover's dream in Gilbertsville that is

THE DAM
BEAVER DAM AMPHITHEATER
Beaver Dam, Kentucky

**YOU DESERVE A
DAM
GOOD TIME**

BeaverDamAmp.com

Win a Getaway. See page 53.

M
CITY OF
MADISONVILLE
KENTUCKY

4th FEST **Praise in the Park**

**July 4, 5, 6, 2025
FREE Concerts**

Chris Janson
Morris Day & The Time
Tauren Wells
Chase Matthew • Josiah Queen
and more!

★ ★ ★ ★ ★ ★ ★ ★

MadisonvilleLiving.com

Win a Getaway. See page 53.

WEST KENTUCKY

ANTIQUE & VINTAGE MARKET

ANTIQUES | VINTAGE | ADVERTISING | COLLECTIBLES | & MORE!



JUNE 27 & 28, 2025
MADISONVILLE, KY

VISITMADISONVILLEKY.COM

TEAM
KENTUCKY



Win a Getaway. See page 53.

Experience Winchester, Kentucky: The Beer Cheese Capital of the World!

TEAM
KENTUCKY



Get your
Beer Cheese Trail
digital passport
here!



visitwinchesterky.com

Win a Getaway. See page 53.



Kentucky Dam Village State Resort Park is a water lover's dream. Fish from the dock, rent a boat or swim on the sandy beach. Photo: Kentucky State Parks

served by West Kentucky RECC. Relax in a cottage or lodge room at the Village Inn overlooking Kentucky Lake.

Rent a fishing or pontoon boat from Kentucky Dam Marina, swim at the park's pool or sandy beach and hike miles of trails. Bird-watching enthusiasts flock to the park in hopes of spotting the American bald eagle—a likely payoff, with over 200 nesting pairs making their home in the lake area.

The next morning, stop by Our Daily Bread for take-out lunch. Under new ownership this year, the Eddyville restaurant still serves up the hot and cold sandwiches, giant pizza slices and salads that made it a local favorite—not to mention those decadent fresh-from-the-oven cinnamon rolls baked by owner Brook McDowell and staff.

Grab a lakeside picnic table at Mineral Mound State Park, also in Eddyville, and soak up the idyllic charm of this park named after the 1,000-acre estate that once belonged to politician Willis B. Machen, the grandfather of Zelda Sayer Fitzgerald. With 2025 being the 100th anniversary of the publication of F. Scott Fitzgerald's masterpiece novel, *The Great Gatsby*, it is the perfect time to visit. **KL**

WIN A TRIP FOR 4 | TWO BOATS ONE DAY!

Provided by Ark Encounter, BB Riverboats, meetNky and Grant County Tourism



ENTER ONLINE

at KentuckyLiving.com

BY MAY 15, 2025



PACKAGE INCLUDES:

Hotel:

2 nights at Fairfield by Marriott Inn & Suites – Newport / Cincinnati

Experiences:

Ark Encounter
BB Riverboats Dinner Cruise
Newport Aquarium

Meals:

Hofbrauhaus
Edwardo's Pizza and Subs
The Grape Vines Wine Bar

Swag and more swag:

food, blankets, T-shirt, mug
and travel accessories

Subject to Availability-Details and Restrictions Apply



NO PURCHASE NECESSARY. To enter, visit www.KentuckyLiving.com for a chance to win. Open to persons age 21 or over in the Continental United States, except for employees or immediate family members of *Kentucky Living*, Kentucky Association of Electric Cooperatives, Kentucky's electric co-ops and their respective divisions, subsidiaries, advertising and promotion agencies. Prizes subject to change and may be subject to U.S. taxes; a Form 1099 will be issued the following year, where applicable. Prize value approximately \$1,600. One entry per person, drawn by random; odds of winning depend upon number of entries received. We are not responsible for entries that are lost, misdirected or delayed. Entries must be received by MAY 15, 2025.



Roger Brucker, co-author of *Trapped! The Story of Floyd Collins*, explores Crystal Cave in Cave City, which was discovered by Collins in 1917. Photo: Robert Sexton

Above left, a postcard depicts Floyd Collins examining bones in Crystal Cave, a discovery he made under his family's farmland in 1917.

Top, despite several attempts, it took rescue workers 17 days to retrieve Collins' body from Sand Cave.

Bottom, a large crowd gathers in Cave City in 1925 to await news of the rescue attempt of Collins, who ultimately died in the cave. Photos: National Cave Museum at Diamond Caverns

Floyd Collins remembered

Even 100 years later, the tale of Floyd Collins continues to captivate readers as a hero's journey that ended in tragedy.

In 1925, in the heyday of "The Cave Wars," Floyd Collins was a Kentucky farmer determined to leave a legacy by discovering new caves that contributed to the tourism boom around Mammoth Cave. When Collins became trapped during one of his solo expeditions in Sand Cave, a rescue attempt and media circus ensued. The events have been documented in many forms, including *Trapped! The Story of Floyd Collins*, by Robert K. Murray and Roger W. Brucker.

To coincide with the 100th anniversary of the tragedy, a revised edition of *Trapped!* has been published by the University Press of Kentucky. The book was originally published in 1979 and has remained in

print. Brucker believes the book's long shelf life is due to the suspenseful nature of a historical event.

"People who like the book are intrigued by a large story with many aspects," Brucker says. "There is a lot of mystery there. Why would anybody get stuck in a cave, why didn't people get him out, why did this reporting carnival happen?"

Tina Landau is the playwright behind *Floyd Collins*, a stage musical making its Broadway debut in April. Landau wrote the foreword in the new edition of *Trapped!* and cited it as "the only comprehensive and vividly detailed account of the story I could find."

As Landau writes in the foreword: "Floyd's story contains many layers. For instance, it's a riveting rescue story; it's a sociological exploration of class and

economic disparity; it's a blistering melodrama of clashing egos and interests—and much more."

Brucker and Landau agree that a major draw of Collins' story is that all people can relate to themes of aspirations and disappointments.

"It's not just a story for cave explorers," Brucker says. "It's a human interest story from beginning to end."

The revised edition of *Trapped! The Story of Floyd Collins* will be released April 15. Pre-order at kentuckypress.com/9781985903326/trapped.

Floyd Collins, by Landau and score by Adam Guettel, opens April 21 at the Vivian Beaumont Theater in New York. Preview performances began March 27. More information is available at lct.org/shows/floyd-collins.

Story: Katie Saltz

MEMORIAL WEEKEND

LIVE IN LIBERTY MUSIC CON

4TH ANNUAL SATURDAY, MAY 24TH

LIVE IN LIBERTY MUSIC 606-706-7777

TEAM KENTUCKY LIBERTY

Summer Vibes Music Festival

Aug. 23, 2025 | 1-10 p.m.

Live bands, food trucks, beer garden
Downtown Franklin Kentucky
270-586-3040

www.summervibesfranklinky.com



132→→→ KENTUCKY FESTIVALS



33RD ANNUAL MOUNTAIN MUSHROOM FESTIVAL

Irvine, KY April 26 & 27

Morels • Ky Agate, Gem & Mineral Show
Parade • Car Show • Grandstand Music
5K/2K • AGC • Kids activities • Food Court

606-723-2554 www.mountainmushroomfest.org

Facebook icon

"In The Hart" Munfordville Car Show

June 21st, 9 am-4 pm

Show off your ride for a chance to win or bring the family to enjoy an incredible display of classic and custom cars from our community. Plus, enjoy delicious food from The Big M Grill.

Hosted by Hart County Search and Rescue!
Check out visitmunfordville.com for details

Franklin Tourism logo

BLACK STONE CHERRY

RAIN OR SHINE
BRING A CHAIR!
FOOD AND DRINK VENDORS
TICKETS @
VISITGRAYSON.COM
\$30 ONLINE/\$40 AT GATE
SPONSORED BY:

LOGSDON VALLEY PARK

SATURDAY, MAY 31ST
GATES @ 5PM | SHOW @ 6PM

Grayson County logo

Fine Arts & Fine Crafts Show



Saturday, May 17, 2025
9 a.m. — 4 p.m. CT

Featuring Fantasy and Science Fiction Artist Larry Elmore

Free Admission & Parking

James D. Beville Park
200 Veterans Way, Leitchfield | 270-259-4000
Sponsored by Leitchfield Tourism




BANANA FESTIVAL

September 13-20, 2025

The Banana Festival is a fun filled week with great talent, food, and tons of Banana Pudding. Saturday, after the parade we will serve a 1 ton Banana Pudding to the public.

Downtown Fulton, KY & South Fulton, TN
visitfultonky.com | 270-472-9000

EAST MAIN MARKET

122 East Main St. Leitchfield, KY

Summer Concert Series

2nd & 4th Saturday - June-August

FREE ADMISSION
*Vendors
*Food Trucks
*Beer Garden

OUTDOOR EVENT BRING A CHAIR
TEAM KENTUCKY

VisitLeitchfield.com

EastMainMkt Facebook icon

TwinLakesFiddler logo

Town Square Leitchfield, KY
3rd Saturday in July
9:00 A.M. (C.D.T.)

FREE EVENT-NO ENTRY FEE
FOOD TRUCKS
VENDORS
CHILDREN RIDES
CONTEST OVER \$14,500 in Prize Money
Top 10 Places in each Public Category Paid

2025 ELIZABETHTOWN FESTIVALS

ETOWN WINE FEST
MAY 10
FREE SUMMER CONCERT
MAY 31
LAWN PARTY
JUNE 11 | JULY 9 | AUG 13 | SEPT 10
CRUISIN' THE HEARTLAND
JULY 24-26
HEARTLAND HARVEST FEST
SEPTEMBER 27

FOR INFO VISIT ETOWNEVENTS.COM

Etowah County logo

SATURDAY, MAY 3RD

10:00 AM - 4:00 PM



• LOCAL SHOPS
• RESTAURANTS
• 100+ POP-UP VENDORS
• FOOD TRUCKS
• LIVE MUSIC
• MAGICIAN
• FARMERS MARKET
• KID'S ZONE

DOWNTOWN SQUARE GLASGOW, KY

Sponsor: GLASGOWKY.com

Cherry Blossom Festival

Craft vendors, food trucks and kid's activities

Saturday, April 12th, 9 - 4

Courthouse square downtown Munfordville

visitmunfordville.com for more info.

Munfordville Tourism logo

BLUEGRASS, BREW & BBQ FESTIVAL

Grand Rivers, KY
APRIL 26 & 27




JERUSALEM RIDGE FESTIVAL

20+ BANDS AND 4 DAYS OF MUSIC FROM THE BIRTHPLACE OF BLUEGRASS!

SEPTEMBER 11-14
ROSINE, KY
JERUSALEMRIIDGEEFESTIVAL.COM

TEAM KENTUCKY

Franklin Car & Craft Show

Sept. 20, 2025
8 a.m. until 2 p.m.

Downtown Franklin, KY
270-586-3040
www.visitfranklinky.com

Franklin Tourism logo



Munfordville CITY WIDE YARD SALE

Saturday, May 3rd, 7am -?

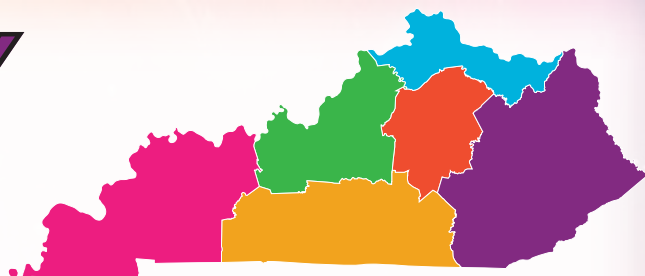
Yard sales all over town. You never know what treasure you will find!

visitmunfordville.com for more info.

Munfordville Tourism logo

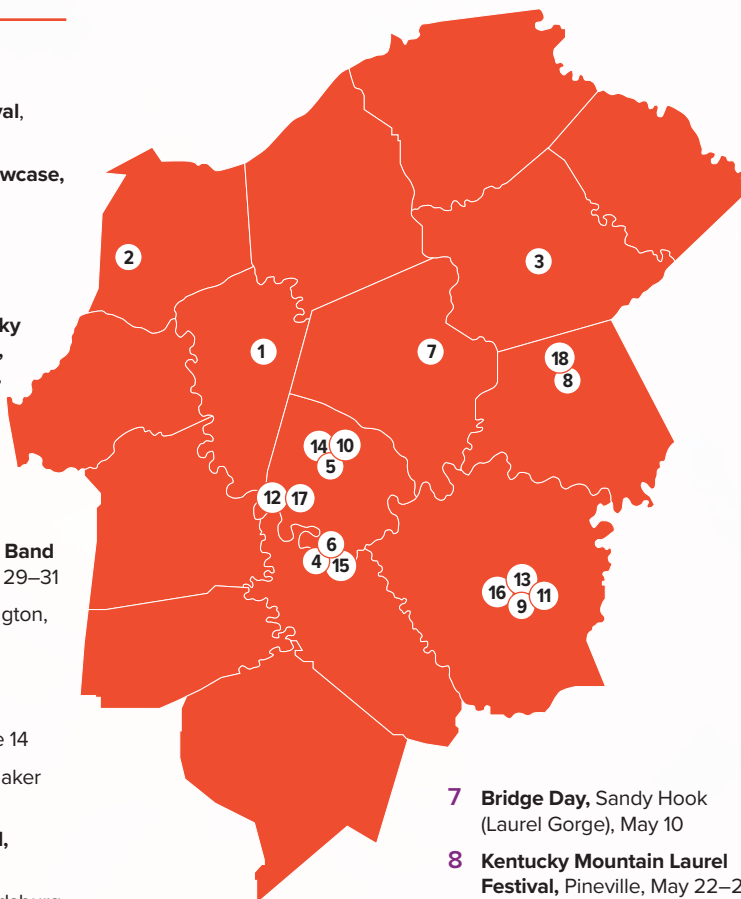


KENTUCKY FESTIVALS



BLUEGRASS

- 1 **Spring Fling Art Festival**, Lawrenceburg, April 12
- 2 **Dogwood Artisan Showcase**, Shelbyville, April 19
- 3 **Paris Story Fest**, Paris, May 9–11
- 4 **Jeanne Penn Lane Celebration of Kentucky Writers & Songwriters**, Danville/Gravel Switch, May 17–18
- 5 **Chamber Music Festival of the Bluegrass**, Shaker Village, May 23–25
- 6 **Great American Brass Band Festival**, Danville, May 29–31
- 7 **Railbird Festival**, Lexington, May 30–June 1
- 8 **Beer Cheese Festival**, Winchester, June 14
- 9 **L & N Day**, Berea, June 14
- 10 **Vintage Dad's Day**, Shaker Village, June 14
- 11 **Summer Craft Festival**, Berea, July 11–13
- 12 **Fun & Sun Fest**, Harrodsburg, July 12
- 13 **Berea Festival of LearnShops**, Berea, July 21–30
- 14 **Shaker Village Craft Fair**, Shaker Village, Aug. 2–4
- 15 **Soul of Second Street Festival**, Danville, Aug. 8–9
- 16 **Celtic Festival**, Berea, Aug. 14–17
- 17 **Pioneer Days**, Harrodsburg, Aug. 14–17
- 18 **Daniel Boone Pioneer Festival**, Winchester, Aug. 30–31

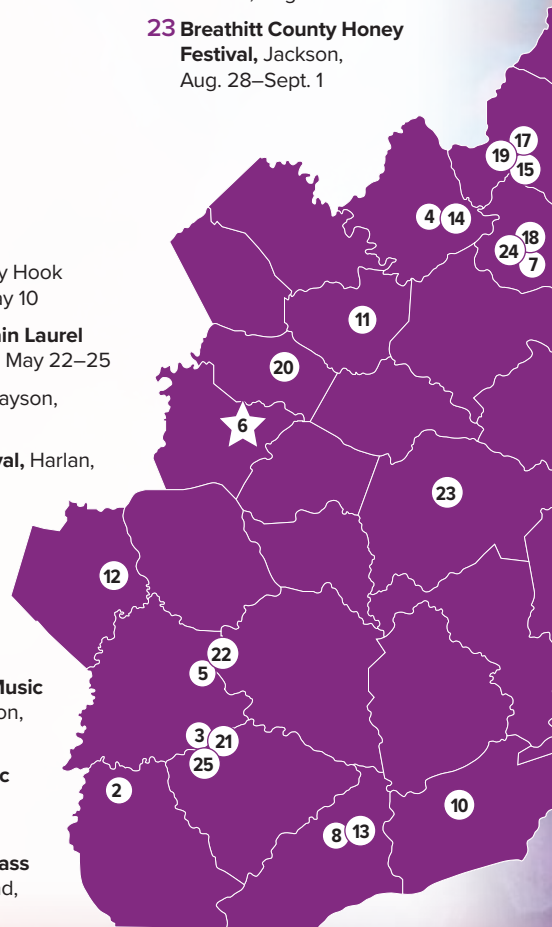


- 15 **Olive Hill Homecoming**, June 28–July 4
- 16 **Summer Motion**, Ashland, July 2–4
- 17 **Shriners Bluegrass Festival**, Olive Hill, July 17–19
- 18 **Minnie Adkins Day**, Sandy Hook, July 19
- 19 **Appalachian Settlers Weekend at Carter Caves State Resort Park**, Olive Hill, July 24–26
- 20 **Corn Festival**, Stanton, Aug. 1–3
- 21 **NIBROC**, Corbin, Aug. 6–9
- 22 **Laurel County Homecoming**, London, Aug. 8–9
- 23 **Breathitt County Honey Festival**, Jackson, Aug. 28–Sept. 1

EASTERN

- 1 **Hillbilly Days**, Pikeville, April 24–26
- 2 **American Indian Heritage Weekend**, Cumberland Falls State Resort Park, April 25–26
- 3 **Colonel Fest**, Corbin, April 25–26
- 4 **Morehead Kentucky Proud Expo**, Morehead, April 25–26
- 5 **Redbud Ride**, London-Laurel County, April 26
- 6 **Mountain Mushroom Festival**, Irvine, April 26–27, mountainmushroomfest.org

- 7 **Bridge Day**, Sandy Hook (Laurel Gorge), May 10
- 8 **Kentucky Mountain Laurel Festival**, Pineville, May 22–25
- 9 **Memory Days**, Grayson, May 22–25
- 10 **Poke Sallet Festival**, Harlan, June 5–7
- 11 **Menifee Mountain Memories Festival**, Frenchburg, June 6–7
- 12 **Kentucky Blues Music Festival**, Mt. Vernon, June 7
- 13 **Laurel Cove Music Festival**, Pineville, June 12–14
- 14 **Rudy Fest Bluegrass Festival**, Morehead, June 21–28

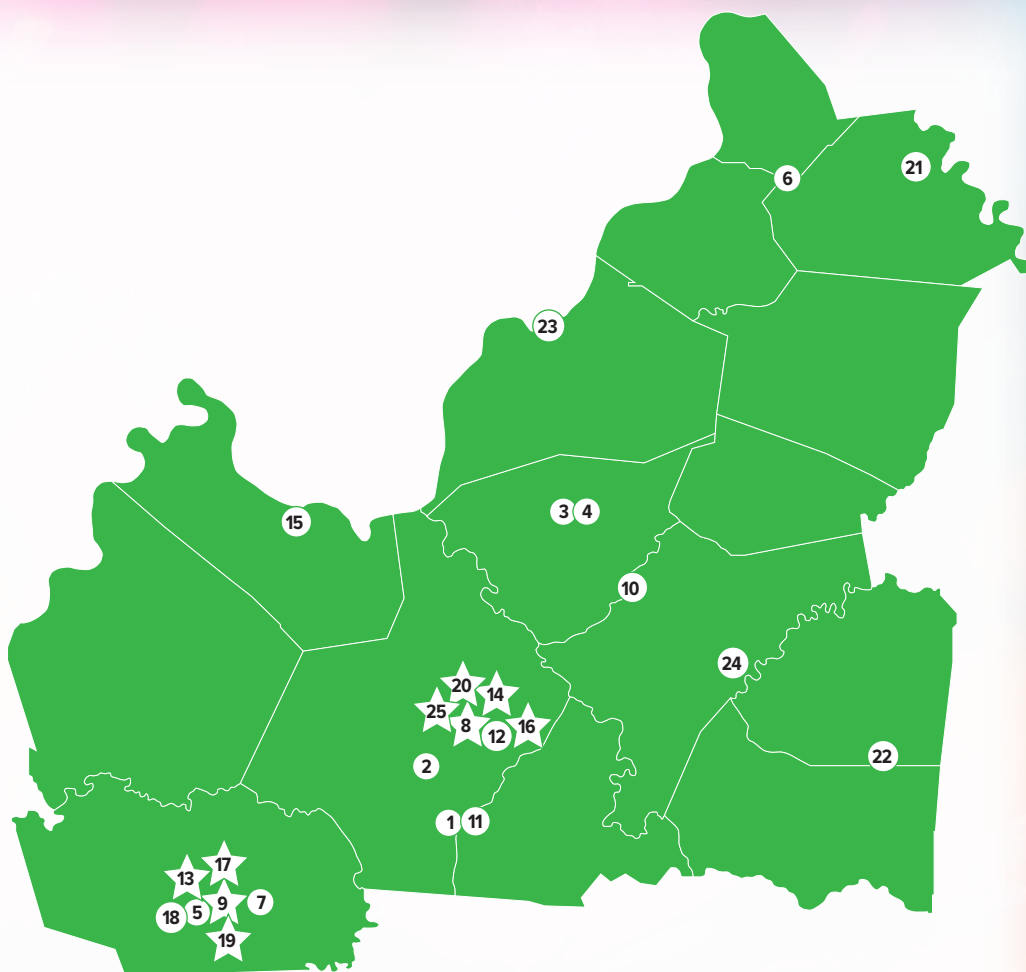


24 Elliott County Tobacco Festival, Sandy Hook, Aug. 29–30


25 Honoring our Veterans Pow Wow, Corbin, Aug. 30–31

NORTH CENTRAL

- 1 Alpaca Spring Fling**, Glendale, April 5
- 2 KY 86 26-Mile Yard Sale**, Cecilia, April 26
- 3 Master Gardener Plant & Garden Art Sale**, Shepherdsville, April 26
- 4 Wine, Whiskey & Ale Fest**, Shepherdsville, April 26
- 5 Plant Fair & Spring Fling**, Leitchfield, May 3
- 6 RailFest**, La Grange, May 9–11
- 7 Clarkson Park SpringFest**, Clarkson, May 10



- 8 E-Town Wine Fest**, Elizabethtown, May 10, etownevents.com
- 9 Art in the Park**, Leitchfield, May 17, visitleitchfield.com
- 10 BloomFest**, Bernheim Forest & Arboretum, Clermont, May 17
- 11 Glendale Spring Fest**, Glendale, May 17
- 12 Master Gardener Plant Fair**, Elizabethtown, May 17
- 13 Black Stone Cherry**, Leitchfield, May 31, visitgrayson.com
- 14 Summer Concert**, Elizabethtown, May 31, etownevents.com
- 15 BeerFest**, Brandenburg, June 7
- 16 Lawn Party**, Elizabethtown, June 11, July 9, Aug. 13, Sept. 10, etownevents.com
- 17 East Main Market**, Leitchfield, June 14 & 28, July 12 & 26, August 9 & 23, visitleitchfield.com
- 18 Leitchfield Freedom and Fiddling Festival**, Leitchfield, July 18–19
- 19 Twin Lakes National Fiddler Championship**, Leitchfield, July 19, twinlakesfiddler.com
- 20 Cruisin' The Heartland**, Elizabethtown, July 24–26, etownevents.com
- 21 Henry County Harvest Showcase**, New Castle, July 26
- 22 African American Heritage Festival**, Springfield, Aug. 1
- 23 Kentucky State Fair**, Louisville, Aug. 14–24
- 24 Buttermilk Days**, Bardstown, Aug. 21–23
- 25 Heartland Harvest Fest**, Elizabethtown, September 27, etownevents.com

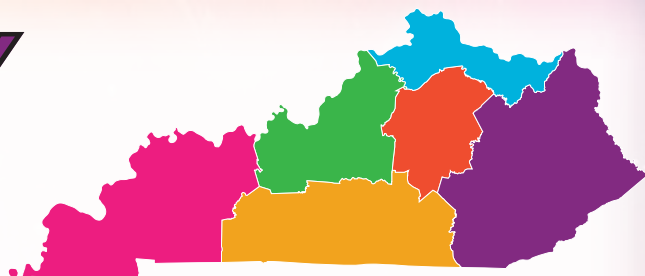
 Stars denote festival advertisers.

Locations marked on map are approximate and may be shifted to show multiple events in the same city. Find more festivals and events online. If we missed your festival, let us know!

This listing includes festivals taking place April through August, as well as festival advertisers throughout the year. September festivals will be included on the festivals map in the September issue.

Please verify all festival dates and times before going, due to the possibility of cancellations or changes.

KENTUCKY FESTIVALS



NORTHERN

- 1 **Old Washington Festival**, Maysville, April 5
- 2 **Junkfest**, Augusta, May 3



- 7 **White Squirrel Arts Fest**, Bowling Green, April 26

- 8 **City Wide Yard Sale: Munfordville**, May 3, visitmunfordville.com

- 9 **Sip, Shop and Stroll**, Glasgow, May 3, facebook.com/glasgowdowntown

- 13 **PlayThink Festival**, Edmonton, June 11–15

- 14 **Blazin' Bluegrass Spring Festival**, Whitley City, June 12–14

- 15 **In The Hart Car Show**, Munfordville, June 21, visitmunfordville.com

- 3 **Smoke on the River BBQ Fest**, Covington, May 9–11
- 4 **Ewenique Art, Music & Food Truck Festival**, Falmouth, May 10
- 5 **Peony Spring Festival**, Warsaw, May 17
- 6 **U.S. 25 Yard Sale**, Walton–Williamsburg, June 6–7
- 7 **Art in the Garden**, Augusta, June 7
- 8 **Italianfest**, Newport, June 12–15

- 9 **Maysville Uncorked! Wine and Art Festival**, Maysville, June 14
- 10 **Taco & Margarita Festival**, MainStrasse Village, June 20–22
- 11 **Bacon, Bourbon and Brew Festival**, Newport, July 18–20
- 12 **Riverfest Days**, Augusta, July 18–20
- 13 **Glier's Goettafest**, Newport, July 24–27; July 31–Aug. 3
- 14 **Balloons & Tunes**, Falmouth, July 26

- 15 **Highway 127 Yard Sale**, Covington–Static, Aug. 7–10

- 16 **Oktoberfest**, Maysville, Aug. 8–9

- 17 **Great Inland Seafood Festival**, Newport, Aug. 14–17

- 18 **Rotary Heritage Days**, Augusta, Aug. 30–31

- 10 **Foodstock**, Somerset, May 10

- 11 **Live in Liberty Music Festival**, Liberty, May 24, facebook.com/liveinlibertymusic

- 12 **Duncan Hines Days**, Bowling Green, June 2–8

- 16 **4th of July Celebration**, Campbellsville, July 2–7

- 17 **Green River Catfish Festival**, Morgantown, July 4–6

SOUTH CENTRAL

- 1 **PossAbilities Expo**, Bowling Green, April 5

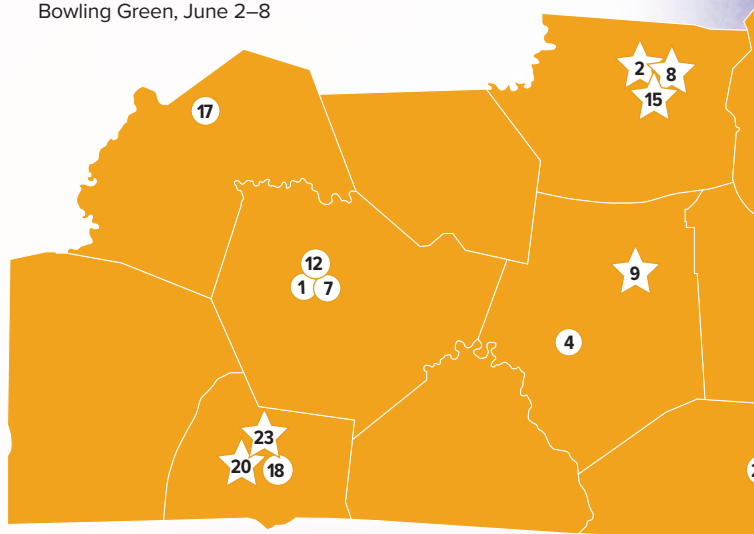
- 2 **Cherry Blossom Festival**, Munfordville, April 12, visitmunfordville.com

- 3 **Spring Plow Day**, Campbellsville, April 12

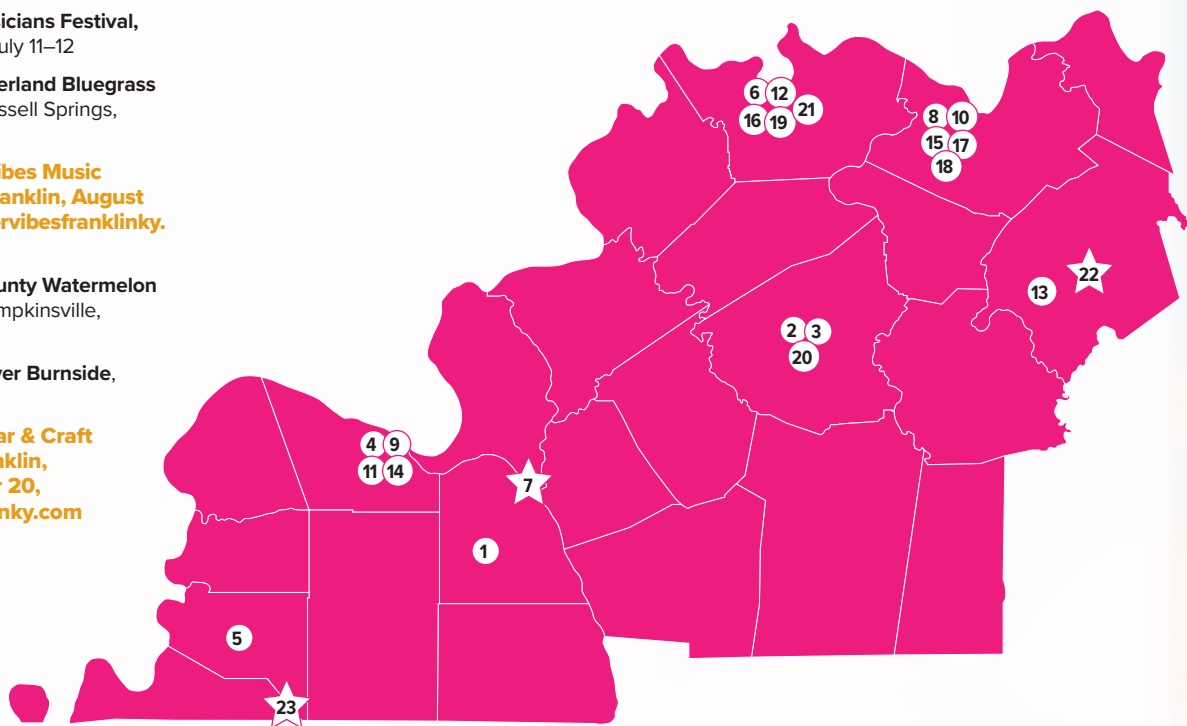
- 4 **Derby Dog Festival**, Lucas, April 26

- 5 **Somernites Cruise**, Somerset, 4th Saturday, April thru October

- 6 **Spring at the City Farm**, Columbia, April 26



- 18 Master Musicians Festival,**
Somerset, July 11–12
- 19 Lake Cumberland Bluegrass Festival,** Russell Springs,
Aug. 15–16
- 20 Summer Vibes Music Festival, Franklin, August 23,** summervibesfranklinky.com
- 21 Monroe County Watermelon Festival,** Tompkinsville,
Aug. 30
- 22 Thunder Over Burnside,**
Aug. 30
- 23 Franklin Car & Craft Show, Franklin, September 20,** visitfranklinky.com



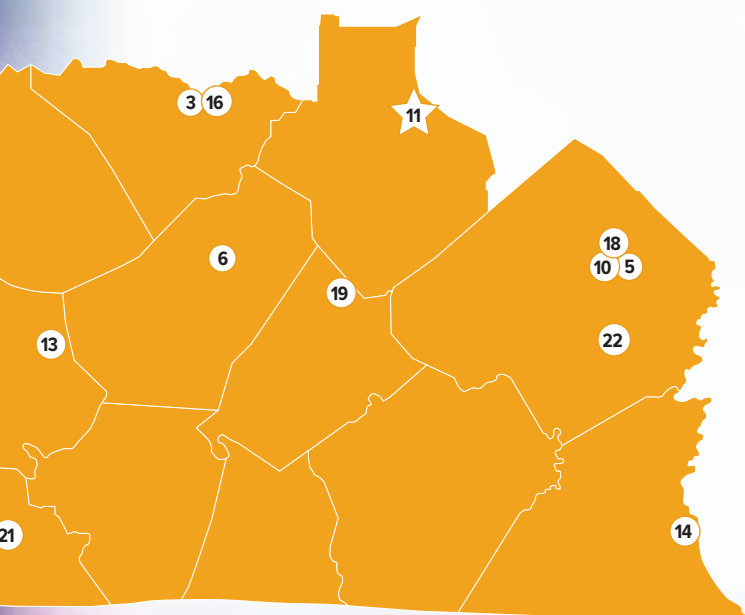
WESTERN

- 1 Tater Day,** Benton,
April 4–7
- 2 International Cultural Celebration,** Madisonville,
April 16
- 3 Western KY Beer Fest,**
Madisonville, April 19

- 4 AQS Quilt Week,** Paducah,
April 23–26
- 5 Spring Chicken Festival,**
Clinton, April 25–26
- 6 Tri-Fest,** Henderson,
April 25–27
- 7 Bluegrass, Brew & BBQ Festival, Grand Rivers, April 26–27,** granddrivers.org

- 8 Highway 54 Yard Sale,**
Owensboro–Leitchfield,
May 1–3
- 9 Water of Life Festival,**
Paducah, May 3
- 10 BBQ & Barrels,** Owensboro,
May 9–10
- 11 Lower Town Arts & Music Festival,** Paducah, May 9–10
- 12 Summerfest,** Henderson,
May 17
- 13 Strawberry Festival,** Beaver
Dam, May 22–24
- 14 400 Mile Sale,** State Route
68, Paducah to Maysville,
June 5–8
- 15 Strawberry Festival,**
Owensboro, June 7–8
- 16 W.C. Handy Blues & Barbecue Festival,**
Henderson, June 11–14
- 17 Porchfest,** Owensboro,
June 14
- 18 ROMP Music Festival,**
Owensboro, June 25–28
- 19 Highway 41 Yard Sale,**
Henderson to Guthrie,
June 27–28
- 20 4th Fest and Praise in the Park,** Madisonville, July 4–6

- 21 Bluegrass in the Park Folklife Festival,** Henderson,
Aug. 8–9
- 22 Jerusalem Ridge Bluegrass Music Festival, Rosine, September 11–14,** jerusalemridgefestival.com
- 23 Banana Festival, Fulton, September 13–20,** visitfultonky.com



Stars denote festival advertisers.

Locations marked on map are approximate and may be shifted to show multiple events in the same city. Find more festivals and events online. If we missed your festival, let us know!

This listing includes festivals taking place April through August, as well as festival advertisers throughout the year. September festivals will be included on the festivals map in the September issue.

Please verify all festival dates and times before going, due to the possibility of cancellations or changes.



Royal Raindrops

A hardy and colorful crabapple

WHEN YOU'RE LOOKING for a beautiful small, spring flowering tree, there are more trees to choose from than just the classic flowering dogwoods. One option is the flowering crabapple. These trees were once considered messy and disease-prone, but modern crabapple varieties have excellent disease resistance, so don't immediately rule them out.

Royal Raindrops is one such variety, offering bright pink flowers in April followed by deeply cut purple leaves that fade to burgundy shades for the summer. Fall foliage turns a beautiful orange-red. In the winter, green crabapples turn red. These are a lot of great characteristics in one small tree.

Crabapples are much tougher than once believed. In the past, their susceptibility to foliage diseases made them appear weak and unhealthy looking by late summer. But not anymore. Besides Royal Raindrops, Sparkling Sprite, Prairifire and Firebird are just a few tough modern varieties with excellent disease resistance.

These specific varieties typically grow to a maximum height of less than 20 feet. They have a classic rounded canopy that's not too wide—usually around 15 feet—offering consistent, bright and abundant



SARAH NOLD

flowering, reliable fall color and a colorful winter fruit show. Fruit is more persistent, meaning it stays on the tree once ripe and doesn't fall to the ground, making a mess, as many older varieties did. The fruit is also a favorite wintertime food for birds.

For the healthiest crabapples, plant in full sun in an area with good air circulation. Avoid planting near junipers or cedars to prevent cedar-apple rust, a common fungus. Avoid pruning during the spring rainy season to prevent spread of fireblight. Once established, crabapples can be tough, drought-resistant trees that will reward you with consistent, beautiful spring flowers for years to come. **KL**

SHELLY NOLD is a horticulturist and owner of The Plant Kingdom. Send stories and ideas to her at The Plant Kingdom, 1000 E Market St., Louisville, KY 40206.

ASK THE gardener



Can I transplant knockout roses by sticking them into new soil?—Misti Titus

A The best time to transplant a rose is during the early spring before new growth begins. It is less stressful for plants to be moved during the cooler months. Moving roses during the hot summer months is not ideal, but if this is the only option, make sure they receive sufficient moisture as they get established in their new home. Before digging up roses, prune them back to 10–12 inches and water deeply for a few days before you transplant. Prepare new holes beforehand so plants can get back in the soil as quickly as possible. Avoid fertilizing for the first year.

» Angie Oakley



CHARISE/ADOBE STOCK

Have a gardening question?

Go to KentuckyLiving.com, click on Home & Garden, then "Ask the Gardener."

READER
recipe

Bright, light cake

Orange Juice Bundt Cake

Submitted by Laurinda Sidebottom

Consumer-member of Salt River Electric

This easy Bundt cake recipe is perfect for your Easter lunch this month. Everyone will love the bright zesty flavor and will be coming back for seconds.

1 box yellow cake mix
1 (3.4 oz) box instant vanilla pudding
½ C oil
4 eggs
1 C orange juice

Glaze
½ C butter (1 stick)
1 C sugar
¼ C orange juice

Preheat oven to 350°. Add cake ingredients to large bowl and whisk until combined. Grease and flour bundt pan. Pour in batter, spreading evenly. Bake 45 minutes, or until toothpick inserted in middle comes out clean. While cake bakes, add glaze ingredients to medium-sized saucepan and bring to boil over medium heat. Pour glaze over cake while still hot, reserving some for top of cake. Cool 15 minutes, then turn cake over on plate and glaze top. Serves 6–8.

Bites of sunshine

Celebrate spring with classic recipes

WE'VE MADE IT, Y'ALL! The harsh winter is finally behind us. The promise of spring is blooming all around, from cheerful tulips to budding trees, and I am so here for it. The fresh start of the season is the perfect time to bring some bright Southern recipes to your table—like classic deviled eggs and a zesty orange juice Bundt cake. Both will add joy and color to your spring table and be favorites everyone will enjoy.

Deviled Eggs

6 eggs
2 Tbsp mayo
3 Tbsp cream
2 tsp Dijon mustard
¼ tsp white pepper
¼ tsp salt
Paprika and chives for topping

Cover eggs with water in large pot and place on high heat. When water boils, start a timer for 10 minutes. When the time is up, remove from heat and pour out water. Refill pot with cold water and ice. Leave eggs to cool for 20 minutes. When eggs are cool, gently crack the shells and peel each egg, then slice down the middle lengthwise. Place yolks in bowl and set whites aside. To make filling, use a hand mixer to mash yolks until mostly smooth, with no lumps remaining. Add remaining ingredients and mix until smooth and creamy. To assemble, spoon filling into piping bag. Fill each egg white with a generous amount of yolk filling. Garnish tops with paprika and freshly chopped chives. Yields 12.

HEATHER BILYEU, raised in southern Kentucky, is the owner and voice behind the food blog, Fueling a Southern Soul.



**SEE
VIDEOS**
at KentuckyLiving.com/Cook

Go to KentuckyLiving.com/submit-a-recipe



Our Best

Country cooking and catering in Smithfield

JOEL SAMS



IF IT LOOKS LIKE HALF THE TOWN of Smithfield is dining at Our Best restaurant on a busy evening, you might be right—by the numbers, at least. The restaurant seats 100 people, or 54% of Smithfield's population in 2022.

Guests aren't just locals, though. General manager Aric Way, who runs the restaurant with his wife, Brittney, says the restaurant is a destination for diners seeking a personable family experience. "We try to talk to everybody that comes in, and we've known a lot of good friends over the past 35 years," he says. "Everybody's like family."

Aric's grandfather, Kenneth Way, opened the restaurant in 1989 after retiring from a career in sales at Smith's Furniture. "They asked him if he knew anything about food," Aric says. "He said, 'No, but my wife's got recipes.'" Aric, who has worked at the restaurant since he was 15, is a co-owner, along with Brittney and his dad, Kenny. Many of Kay Way's family recipes are still on the menu—fried chicken, fried cornbread (recipe below), catfish, homemade pies and more.

Our Best also caters corporate events. The biggest to date—for an auto manufacturer in Chattanooga—fed 11,000 people. Each year, Aric staffs an event with local high school athletes, parents and coaches. Last year, the Carroll County High School football boosters raised more than \$7,500 to help cover gear and activities. "They really care about not just their community, but also the surrounding communities," says Casey Chadwell, who is the father of a senior and guardian of a junior on the Carroll County football team. "It really shows in their actions."

Located at 5728 Smithfield Road in Smithfield, Our Best restaurant is open 11 a.m.–8 p.m. Tuesday–Sunday, closed Mondays. **KL**

Our Best Fried Cornbread

Serves 6–8

2 C self-rising cornmeal
2 eggs
2 C cold milk
½ C melted shortening

Place cornmeal in a large bowl. Break eggs into cornmeal. Add milk and shortening. Stir together, making sure eggs are well beaten. Fry, about 1/3 cup scoop at a time, on a greased skillet or griddle until lightly browned on both sides. Serve while hot.



Ready, set— summer savings



*How can I prepare
my home for
lower energy bills
this summer?*

MIRANDA BOUTELLE

writes on energy efficiency
for the National Rural Electric
Cooperative Association

There are many ways to get a jump start on preventing high summertime bills and energy waste, from air conditioning to fans to thermostats.

Your prep list should include an annual tuneup of your heating, ventilation and air conditioning system by an HVAC professional. This helps maximize your system's efficiency and the lifespan of your equipment, reducing wasted energy and costs.

Make the call before it gets hot—some HVAC companies offer discounts for cleaning equipment during the months when they are less busy.

A dirty furnace filter can waste energy by causing your system to work harder—they are cheaper if you buy

them in bulk. If you have a ductless heat pump, also known as a mini-split, the filter in the indoor unit, or head, should be cleaned. If you do it yourself, be sure to turn the unit off before removing the filter and let it dry completely before putting it back.

Thermostat settings

As we transition from cool to warm weather, keep an eye on your thermostat.

PEAK PERFORMANCE

Before summer hits, consider peak load—when demand for electricity is highest. This typically occurs in the morning when people are getting ready for work and school, and in the evening when they return home.

Your electric cooperative must manage the energy use of all its consumers, which can be a challenge. Consider starting the dishwasher before you go to sleep or starting a load of laundry outside of your utility's peak times.



Using a fan can make a warmer room more comfortable without adjusting the thermostat. Remember, fans cool people (and pets), not rooms, so turn fans off in unoccupied rooms.

Photo: Mark Gilliland/Pioneer Utility Resources

The U.S. Department of Energy recommends setting cooling temperatures to 78 degrees when you are home and higher when you are away. You can save as much as 10% a year on heating and cooling by adjusting your thermostat 7 to 10 degrees from its normal setting for eight hours a day.

Use fans in the room you're in during the day or when you're sleeping. If your ceiling fan has a reverse function, make sure you flip the switch so it blows air down into the living space. **KL**

Why is the power out?

Reasons for outages are not always obvious

SOMETIMES WE MIGHT BE LEFT IN THE DARK,

literally and figuratively, when the power goes out. Often, the reason is obvious, as when there is a storm, but other times, an outage may come out of the blue.

The length of time it takes to restore power will vary by the cause. Here are some of the most common causes your co-op might be facing.

- **Weather** The most frequent culprit in power outages is Mother Nature. A heavy build-up of ice and snow on power lines, poles and equipment can bring them down. Wind also causes widespread damage, as do lightning strikes that damage equipment, transmission towers, wires and poles. Even hot weather can cause issues.



LISA GAUZIA



JUSTIN RICKMAN

is Environmental, Safety & Health Coordinator at West Kentucky RECC

YEARS AT THE CO-OP: 2

WHEN I'M NOT WORKING I'M:

Making memories with my wife and kids, playing guitar, turkey hunting and dreaming about turkey hunting.

Not a good time to talk

When there's a power outage and you can see electric cooperative crews working nearby, it may be tempting to go out and ask about the outage and get repair estimates straight from the crew repairing the lines and restoring power to you or your neighbors.

But stopping your car or truck on roads, or even walking to talk to nearby electric cooperative crews is hazardous, especially when road conditions may already be treacherous with ice, snow or debris.

That advice also pertains to owners of property on which cooperative employees may be restoring power. It may be a natural tendency to approach the scene, but it can make it harder for crews to get their work done.

- **Trees** During high winds, snow and ice, tree limbs can snap or entire trees can topple onto power lines.
- **Accidents** A vehicle hitting a utility pole can break the pole and knock lines from their overhead perch. Excavation work can disturb buried electric service lines, so always call 811 before any gardening or digging project.
- **Animals** Squirrels, snakes and other small animals and birds can climb on poles and electrical equipment, which may cause a short circuit or equipment to shut down.
- **Vandalism** People shooting at insulators and transformers can cause power outages in rural areas. Thieves also steal copper wire and other pieces of electrical equipment. Both acts of vandalism can be extremely costly and deadly.
- **Planned outages** If an electric cooperative is performing maintenance or upgrading its equipment, it may need to temporarily turn off the power. The cooperative will usually try to notify consumers. This is why it's always a good idea to make sure your cooperative has your updated contact information. If you experience an outage, alert your co-op. **KL**

Preventing child abuse

Raising awareness to protect future generations

IN 2023, KENTUCKY'S

rate of child abuse was 14.2 per 1,000 children—almost twice the national rate of 7.4, according to the U.S. Department of Health and Human Services. Abuse and neglect were reported across all genders, races and ethnicities, with 16,577 substantiated cases of child abuse and neglect impacting 14,484 children.

Understanding the prevalence of abuse is one key to preventing it. In recognition of National Child Abuse Prevention Month, there are steps everyone can take to help stop child abuse and neglect.

Recognize signs of abuse

Children may demonstrate signs of trauma differently than adults.

- **Intense emotional reactions:** Children may exhibit extreme behaviors that are destructive, defiant, and/or aggressive or that are passive and withdrawn.
- **Fear of going home:** Children may express fear, anxiety or worry when faced with going home to caregivers.
- **Injury:** Frequent, unexplained injuries to the head or body may be indicators of physical or sexual abuse. Check out the TEN-4-FACES clinical decision-making tool to



help identify signs of abuse at faceitabuse.org/ten4rule.

- **Problems at school:** Children experiencing abuse may have difficulty concentrating or completing work, and may be frequently absent or tardy from school.
- **Difficulty sleeping:** Children may report nightmares, insomnia, bed wetting or other sleep disturbances which may impede their ability to stay awake during the day.

Take action

Everyone plays a part in preventing child abuse and

neglect, whether you are a parent, caregiver, neighbor, teacher or community member.

- **Educate yourself:** Understand the risks, signs and symptoms of abuse and how you can report concerns.
- **Teach children:** Help children understand they have a right to their own safety and how to seek help from safe, trusted adults.
- **Report abuse:** If you are concerned for the safety of a child or family, you can call (877) KY-SAFE1 (597-2331) or (800) 4-A-CHILD (422-4453).

- **Regulate your emotions:** Recognize if you're feeling frustrated or angry, and use calming strategies like deep breathing to calm down and stay focused in the present. Step away from a situation if necessary to regain composure.
- **Seek help:** Reach out to others and seek support if you are struggling or feeling overwhelmed. **KL**

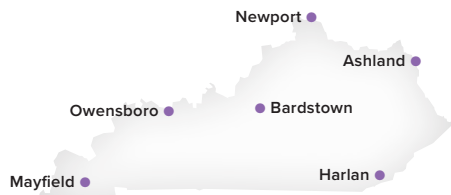
LEAH RIGGS, PH.D., is a training specialist for the Center on Trauma and Children at the University of Kentucky.



Passports to adventure

Explore Kentucky's themed trails

BY KATHY WITT



Collect garden-specific stickers at each location on the Kentucky Garden Trail, including Yew Dell Botanical Gardens. Photo: Yew Dell Botanical Gardens



PACK A BAG. Grab a snack. Pick up those special passports.

You're going to need them for traveling between the Fairy Forest of Yew Dell Botanical Gardens and the Forest Giants of Bernheim, slipping over the border into ancient America at Manchester's Stone of Witness: Red Bird Petroglyph and crossing into the paranormal realm at Harlan's Sassy Trash, an antiques trove crowded not only with vintage goodies—but ghosts, too.

"The opportunities to experience 'our new Kentucky home' showcasing our rich culture and amazing landscapes invites travelers to connect with our unique heritage and attractions," says Tourism, Arts and Heritage



Cabinet Secretary Lindy Casebier. "Whether you're interested in music or gardens, wine or the outdoors, we have something for everyone."

Here are five trails, each offering a new, exciting and enriching way to experience Kentucky.

Kentucky Garden Trail

Twelve botanical gardens and arboreta located in nine different communities show off exquisite landscapes filled with alluring fragrance, color, beauty and texture. From Owensboro's Western Kentucky Botanical Garden to Goshen's Creasey Mahan Nature Preserve, this trail has the distinction of being the only state garden passport trail in the country.





◀ In the Appalachian Triangle, the Portal 31 tour is an authentic experience that uniquely combines animatronic and educational exhibits with an underground mine excursion. Photo: City of Harlan

The trail is equally enjoyable for green thumbs, casual gardeners and those who've never planted a single seed. Thanks to a website that sorts sites not only by garden type (display, research, sculpture), but by activities and interests—like guided tours, workshops, on-site dining, architecture—trailblazers can seek out their perfect experience.

“If you are looking for a pretty place to walk your dog, you can sort by ‘pet-friendly,’” says Kim Hydes, executive director at the Oldham County Kentucky Tourism & Conventions. “Looking for a nice place for lunch or historic architecture? You can search for that, too.”

Wander Yonder: Appalachian Triangle of Kentucky

Adventure, authenticity and alluring natural beauty are the calling cards for this trail that categorizes experiences by such enticing themes as Lost and Found, Hills and Hollers and Tree Tops to Trail Towns.

For example, Lost and Found beckons adventurers to seek out the road less traveled and immerse themselves in Appalachia's unique culture. Get a taste of it by taking in a concert at “Kentucky's Country Music Capital” at Renfro Valley; eating the world's most well-known fried chicken at its birthplace; and touring an actual coal mine.

“Portal 31 allows visitors to experience firsthand the conditions that miners endured and the profound impact coal mining has had on Kentucky's history and economy,” says Brandon Pennington, executive director for the City of Harlan Tourist and Convention Commission.

IT'S GAME ON WITH 'LARGER-THAN-LIFE' VIDEO ADVENTURE

Like old-school, grand-scale adventures? Then the Great Big Kentucky Adventure is for you.

Inspired by Super Nintendo and SEGA Genesis entertainment systems, this side-scrolling adventure, designed to encourage further research and in-person visits, puts players on a quest to discover 12 iconic, larger-than-life attractions, collecting coins and defeating villains along the way. Sites include Cave City's Dinosaur World, Williamstown's Ark Encounter (served by Owen Electric) and Munfordville's Kentucky Stonehenge, located in the Farmers RECC co-op area.

“While it's designed to appeal to everyone, we especially hope families will enjoy playing together, creating lasting memories,” says Amy Rogers, executive director of Visit Hopkinsville, aka the Batter Capital of the World, in which a giant wheat stalk, batter bowl and pancake stack are located—and part of the game.

Click into www.greatbigkyadventure.com, choose your player, select your level or destination and start scrolling.



Get
Your
Hands-On
The Great
Outdoors!



Explore the natural beauty of a Certified Kentucky Trail Town with hiking, biking, kayaking, and more - activities for the whole family to get their Hands-on in Berea!

With one-of-a-kind pieces crafted in front of your eyes we know you won't leave empty-handed.

Berea KY
TOURISM
Craft Your Adventure!

visitberea.com TEAM KENTUCKY



DESTINATIONS

more to
explore

By any name, Kentucky's new themed road trips offer creative and exciting ways to experience the state and earn some swag along the way.

Bluegrass Train Experience
bluegrasstrainexperience.com

Kentucky After Dark
kentuckyafterdark.com

Kentucky Garden Trail
kentuckygardentrail.com

Kentucky Music Trail
kymusictrail.com

Wander Yonder: Appalachian Triangle
visitatky.com

Also explore these trails:

Cave Country Trails' award-winning website (cavecountrytrails.com), social media and annual Cave Country Trails Challenges promote the 179 trails in the area, plus five Kentucky Trail Towns, U.S. Bike Route 23 and the state's only certified National Water Trail—the Green and Nolin Rivers Blueway that also runs through Mammoth Cave National Park.

Gateways to the Green (gatewaystothegreen.com) promotes and preserves the 191-mile stretch of the Green River through education, sustainable tourism and showcasing local attractions.

Kentucky Black Trailblazers (kentuckyblacktrailblazers.com) uses augmented reality to bring the stories of Black historical figures to life, from sites at My Old Kentucky Home State Park, General George Patton Museum, the Oldham County History Center and others.

Kentucky Capitals Quest (kentuckycapitalsquest.com) unites 11 "capitals" and their curious claims to fame, including Owensboro, the Bluegrass Music Capital of the World; London, the Cycling Capital of Kentucky; and Morehead, home to Cave Run Lake and the Musky Capital of the South.

Kentucky Wildlands Waterfall Trail (explorekywildlands.com/the-kentucky-wildlands-waterfall-trail) showcases 17 of southeastern Kentucky's more than 800 waterfalls—including Lick Falls within Grayson Lake State Park, served by Grayson RECC—with no two waterfalls alike and each spectacular in setting and splashiness.

Kentucky Science Trail (kyscience.org/kentucky_science_trail.php). From the paleontology of Union's Big Bone Lick State Historic Site, served by Owen County Electric, to the geology of Winchester's Lower Howard's Creek Nature and Heritage Preserve, this trail is all about Kentucky's scientific wonders—from animal science to space exploration.

Moonshine Trail (moonshinetrail.com). The eight stops meander from Beattyville's Backwoods Moonshine Museum, served by Jackson Energy, to Burkesville's Southern Kentucky Distillery, served by Tri-County Electric, each sharing a chapter in the story of Kentucky's age-old craft of moonshining.

Kentucky Americana Triangle: Quilts, Cars & Guitars (kentuckyamericanatriangle.com) is a paean to the very essence of what Kentucky's all about. The trail's 23 stops traverse Bowling Green, Owensboro, Paducah, Henderson and Edmonson County and celebrate the region's music, art, history and natural wonders.

West Kentucky BBQ Belt (wkybbq.com). From meat and molasses to brisket and backroads, the nearly 50 barbecue joints on this trail make mouths water with their "low, slow and oh-so Kentucky" mastery of barbecue.

Western Kentucky Wine Trail (wkywinetrail.com) pays homage to Kentucky's role as the birthplace of commercial wine in America, with nine wineries located in Christian, Graves, Logan, Marshall, McCracken and Warren counties, including Fancy Farm Vineyard & Winery, served by West Kentucky RECC.

Kentucky After Dark

How do you like your scares? This trail serves up haunts and haints, thrills and chills through a spooky cemetery tableau in Mayfield dubbed The Strange Procession That Never Moves; BB Riverboats' creaking, creepy USS Nightmare docked in Newport; and stories of the goblins of Dead Man's Hollow in Georgetown.

Things go bump in the night all over the state, from Louisville's abandoned tuberculosis hospital, Waverly Hills Sanatorium, to Manchester's circa-1800 Old Chesnut House, a former funeral home. Experience them on ghost hunts, year-round guided and self-guided tours, and other encounters. Frankfort even has a Capital City Museum Murder and Mayhem tour.

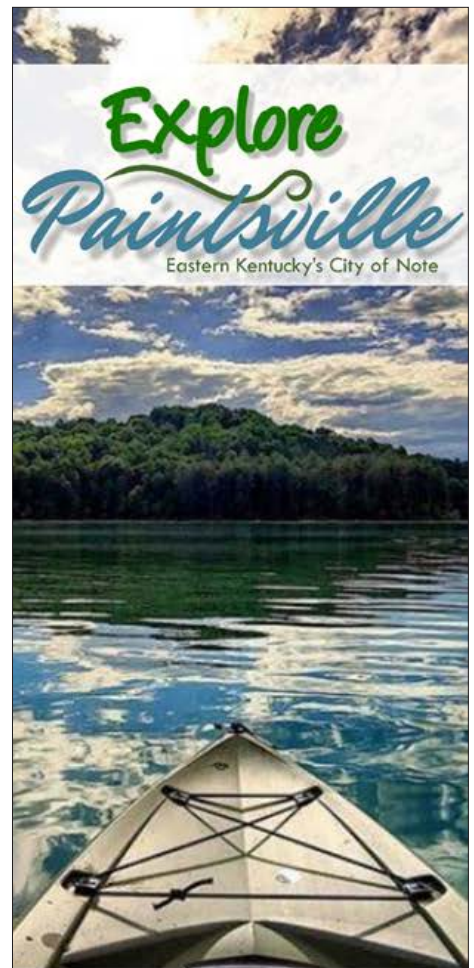
Bluegrass Train Experience

My Old Kentucky Dinner Train. Kentucky Railway Museum. Nostalgia Toy and Train Museum. Historic Railpark and L&N Depot. From Bardstown to New Haven, Woodford to Bowling Green, America's rail history is on display in vintage train cars, museums and a new three-day celebration called RailFest, taking place May 9-11, marking 175 years since the very first train rolled through La Grange.

"The Bluegrass Train Experience celebrates the railroads' legacy as the backbone of Kentucky's growth, but it's also about what these destinations and train attractions offer today: beautiful scenery, rich history and memories waiting to be made," says Madison Lindsey, marketing director at Bowling Green Area Convention & Visitors Bureau.



The Bluegrass Train Experience shares Kentucky history in a new and exciting way. Shown is the Historic RailPark and Train Museum in Bowling Green.
Photo: Visit BGKY



Explore Paintsville

Eastern Kentucky's City of Note

COME SEE WHAT YOU'RE MISSING
WWW.PAINTSVILLETOURISM.COM



TEAM
KENTUCKY

Win a Getaway. See page 53.

Kentucky Music Trail

Take a deep dive into the state's musical heritage on the Kentucky Music Trail. This trail connects visitors to the heart of Kentucky's sound—from the hometowns of legends Loretta Lynn and Chris Stapleton to iconic venues like Ashland's

Paramount Arts Center and Danville's Pioneer Playhouse to museums, like the Kentucky Music Hall of Fame.

Search for upcoming concerts on the website's Kentucky Fried Festivals page. Click "My Passport" and use the KMT app to check in at the trail's more than

HORSE OF A DIFFERENT CALLING

Two trails put the horse in horseplay. Kentucky Horse Power gallops across the state with dozens of family-friendly adventures—both on land and on water—from Judy Drive-In in Mt. Sterling and Wranglers Campground in Golden Pond in Land Between the Lakes National Recreation Area (served by Pennyrile Electric), to boating on the Kentucky River and swimming at Nolin Lake in Nolin Lake State Park, served by Warren RECC. www.kentuckyhp.com

Horses, Horsepower & Hollers immerses road trippers in the cultural, historical and adventurous charms of the cities of Bowling Green, Corbin, Franklin, Georgetown and Harlan, and Shelby County. From Georgetown's Old Friends thoroughbred retirement farm to Bulleit Distillery, served by Shelby Energy Cooperative, to downtown Franklin's Historic Shopping District, each experience gives a taste of what makes Kentucky unique. www.kytripleh.com



EXPERIENCE THE BLUEGRASS

Like Never Before

My Old Kentucky
DINNER TRAIN
·1988·

Buy Tickets Online 
WWW.KYDINNERTRAIN.COM
Or Call 502-348-7300 

FINE DINING, MEMORABLE JOURNEYS





Find the Kentucky Music Hall of Fame and Museum on the Kentucky Music Trail. Photo: Kentucky Music Hall of Fame and Museum

55 participating locations. To accompany the journey? Click the “Music” tab for the Fresh Sounds and Hot Browns playlist featuring 29 songs from Kentucky artists—from Tyler Childers to Johnny Blue Skies.

Passports and treats

Now about that swag. Many of Kentucky’s new road trip trails, including the trails above, are passport programs that deliver rewards—from a custom organic wild-flower seed packet to a canvas zipper tote.

Passports are typically available at trail attractions or participating visitor centers and/or tourism offices. Follow individual trail guidelines to redeem collected stamps or stickers. **KL**

KATHY WITT is an award-winning travel and lifestyle writer based in northern Kentucky and the author of seven books, including *Perfect Day Kentucky* and *Secret Cincinnati*.

6TH ANNUAL
APRIL 26 & 27
BLUEGRASS, BREW, & BBQ FESTIVAL

THE BEST BLUEGRASS MUSIC,
BARBEQUE, & BREWS THIS
SIDE OF THE MISSISSIPPI

GRAND RIVERS.ORG

GRAND RIVERS, KENTUCKY

Win a Getaway. See page 53.

KENTUCKY

ARTISAN CENTER

Your Kentucky Art Destination

With items from over 850 Kentucky-based artists, small businesses, authors, and more, the Kentucky Artisan Center in Berea, KY makes shopping local a breeze. Discover the best of the Bluegrass State at this one-stop travel center that combines artistic heritage, hospitality, and high-quality goods in a single space.

Win a Getaway. See page 53.

TEAM
KENTUCKY.

Open Daily 9am - 6pm Cafe Open 9am - 4pm
200 Artisan Way, Berea, KY 40403
Learn more at kentuckyartisancenter.ky.gov

EVENT CALENDAR



JASMINE LEE PHOTOGRAPHY



MATTHEW BROWN/WANDERING KENTUCKY

1 HISTORY CLEANUP

After a long winter, tidy up and help preserve a bit of Civil War history at Columbus-Belmont State Park on Park Cleanup Day, April 26. Volunteers and history enthusiasts can expect to clear trails; rake leaves; clean up; plant and mulch flower beds; and more. Water and lunch are provided, but bring work gloves. Starts 9 a.m. at Shelter C, ending with lunch. For info, parks.ky.gov, (270) 677-2327.

2 POSITIVE POSSIBILITIES

It's a day of fun and learning for people with disabilities and their families at the regional PossAbilities Expo, April 5, 9 a.m.–3 p.m., at Bowling Green's Knicely Conference Center. Educational sessions and resources from therapeutic services and advocacy to recreation and assistive technology. Kids can enjoy an adaptive climbing wall, explore a variety of vehicles in Touch-A-Truck and experience special performances and fashion show. Free admission. Info, Facebook: PossAbilities Expo.

3 NEW FUN, OLD WASHINGTON

Step back in time at the Old Washington Festival, April 5 in this historic village where the past is brought to life in a blend of tradition and celebration. Hours: 10 a.m.–4 p.m. Enjoy yummy food, craft beers, historical demonstrations, live music and juried works by local artisans. Plus, shops are open and museum tours are free. Details, visitmaysvilleky.com and click events/annual events, (606) 563-2596.

4 CRAFTY WEEKEND

Head to Greenbo Lake State Resort Park April 12–13 to look at handcrafted arts and also learn to make them during Handcrafted Weekend. Demos and displays from local artisans and classes on crafts like stained glass, beginning pottery and woodwork, and dulcimer and guitar making—plus a quilt show, live music and more. Hours: 10 a.m.–6 p.m. Saturday, noon–3 p.m. Sunday. Free admission. Info, parks.ky.gov, (606) 473-7324.

2025 FESTIVALS

SOMERSET, KENTUCKY



#seemyset  seesomerset.com

Foodstock **May 10**
Moonlight **October 18**
Master Musicians Festival **July 11-12**
Somernites Cruise **4th Saturday, April-October**
The Virginia - Events All Year Round

Peony Spring Festival

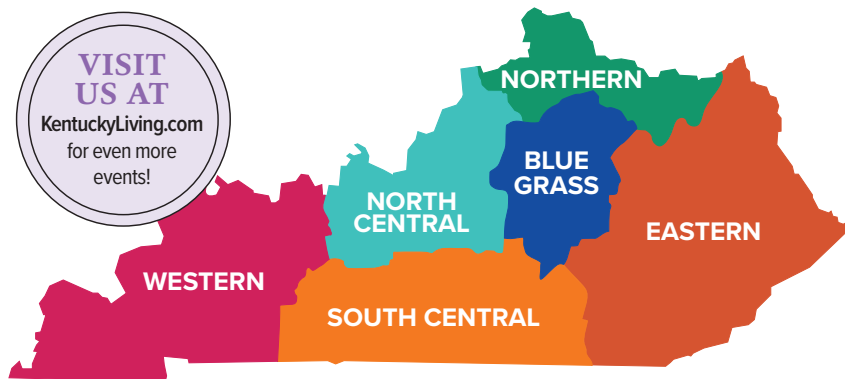
May 17th 11 a.m. - 5 p.m.

Vendors, Peony Plants,
Gardening Workshops,
Corn Hole Contest, Live Music,
Free Carriage Rides & 5K race

**Courthouse Square
Warsaw, KY**
(859) 643-3118
visitgallatincountyky.com

TEAM KENTUCKY

TRAVEL | EVENTS



BLUEGRASS

FRIDAY, APRIL 4

The Four Phantoms in Concert, (859) 236-4692, Norton Center for the Arts, Danville

FRIDAY, APRIL 11

Season Opening Race, (859) 854-6808, Ponderosa Speedway, Junction City

SATURDAY, APRIL 12

United We Shop, (502) 863-2547, United Talent, Georgetown

Year of October Live, (502) 553-8378, Ghost Fox Winery, Nicholasville

THURSDAY, APRIL 17

Sensory Night at the Museum, (502) 564-1792, Kentucky Historical Society, Frankfort

SATURDAY, APRIL 19

Easter Adventure, (859) 405-8065, Wendt's Wildlife Adventure, Carlisle

TUESDAY, APRIL 22

Clark County Homemakers International Dinner, (859) 744-4682, Clark County Extension Office, Winchester

WEDNESDAY, APRIL 23

The Kentucky Three-Day Event, thru 27th, (859) 233-4303, Kentucky Horse Park, Lexington

SATURDAY, APRIL 26

Boyle County Farmers Market, every Saturday thru Oct., (859) 618-6433, Constitution Square, Danville

WEDNESDAY, APRIL 30

Read Between the Wines, (502) 553-8378, Ghost Fox Winery, Nicholasville

EASTERN

THURSDAY, APRIL 10

Grandpa Jones: Country Musician and Comic, (606) 329-8888, Highlands Museum & Discovery Center, Ashland

SATURDAY, APRIL 12

Rickey Wasson Band, (606) 945-5999, Meadowgreen Appalachian Music Park, Clay City

SUNDAY, APRIL 13

Parkinson's in Motion 5K Run, (606) 878-6900, London-Laurel County Farmers Market, London

FRIDAY, APRIL 18

Wild World of Animals, (606) 886-2623, Mountain Arts Center, Prestonsburg

SUNDAY, APRIL 20

Easter Egg Hunt, (606) 286-7009, Carter Caves State Resort Park, Olive Hill

SATURDAY, APRIL 26

Spring Gospel Concert, (606) 886-2623, Mountain Arts Center, Prestonsburg

WEDNESDAY, APRIL 30

Veterans Breakfast, (904) 229-7844, American Legion Post 126, Morehead

WEDNESDAY, APRIL 30

In Harmony: The Commonwealth Tour of The Louisville Orchestra, (606) 324-0007, Paramount Arts Center, Ashland

NORTH CENTRAL

FRIDAY, APRIL 4

Bardstown Antiques Show, thru 5th, (502) 348-4877, Guthrie Opportunity Center

FRIDAY, APRIL 11

Bluegrass Friday Nights, (270) 257-2311, Rough River Dam State Resort Park, Falls of Rough

SATURDAY, APRIL 12

Bardstown Airport Fly-In Drive-In Breakfast, (502) 348-7858, Samuels Field, Bardstown

SUNDAY, APRIL 13

Sensory Friendly Sundays, (502) 459-2181, Louisville Zoo

MONDAY, APRIL 14

NouLou Parlor Series: Bach to Cello, (615) 417-2110, Oxmoor Farm, Louisville

SATURDAY, APRIL 19

Restore: Healthy Planet, Healthy Us, (502) 955-8512, Bernheim Forest and Arboretum, Clermont

Shelbyville Dogwood Artisan Showcase!, (502) 321-1254, Shelby County Fairgrounds, Shelbyville

Arches, Waterfalls, and Wildflowers of Kentucky, (502) 255-7362, Trimble County Public Library, Bedford

TUESDAY, APRIL 22

Earth Day, (502) 276-5404, Waterfront Botanical Gardens, Louisville

SATURDAY, APRIL 26

Fireside Music Series, (502) 252-9463, Springhill Winery, Bloomfield

NORTHERN

TUESDAY, APRIL 1

Notations on Ritual Exhibit, thru 30th, (859) 957-1940, The Carnegie, Covington

FRIDAY, APRIL 4

First Fridays!, (859) 982-3039, Historic District's Fairfield Avenue, Bellevue

Beetlejuice Jr., thru 6th, (859) 654-2636, Kincaid Regional Theatre, Falmouth

TUESDAY, APRIL 15

Keyboard Area Recital, (859) 972-5464, NKU Greaves Concert Hall, Highland Heights

SATURDAY, APRIL 26

Arbor Day Celebration, (859) 384-4999, Boone County Arboretum, Union

Dogwood Dash, (859) 384-4999, Boone County Arboretum, Union

Camel Color 5k, (859) 635-4161, Campbell County High School, Alexandria

Flamingo Spring Fling Day, (606) 756-2183, Augusta

MONDAY, APRIL 28

Steel Band Concert, (859) 972-5464, NKU Greaves Concert Hall, Highland Heights

SOUTH CENTRAL

FRIDAY, APRIL 4

Liberty Friday Night Cruisers Car Show, (606) 303-8999, Courthouse Square, Liberty

SATURDAY, APRIL 5

Victor Wooten & the Wooten Brothers, (270) 361-2101, The Plaza Theatre, Glasgow

Roy Dale Memorial Barrel Race, thru 6th, (859) 559-2662, Central Kentucky Ag Expo, Liberty

Cars and Coffee, (270) 528-6003, Cave City

FRIDAY, APRIL 11

7 Bridges: The Ultimate Eagles Experience, (270) 361-2101, The Plaza Theatre, Glasgow

Bowling Green Tattoo Expo, thru 13th, (270) 782-0800, Sloan Convention Center

SUNDAY, APRIL 13

Dog-Gone Egg Hunt, (270) 487-8481, Old Mulkey Meetinghouse State Historic Site, Tompkinsville

SATURDAY, APRIL 26

Fireside Collective and Armchair Boogie, (270) 629-4263, The Grove: Outdoor Venue & Drinkery, Glasgow

Dolly Day, (270) 487-8481, Old Mulkey Meetinghouse State Historic Site, Tompkinsville

Spring at the City Farm, (270) 250-2779, The City Farm Venue & Events, Columbia

SUNDAY, APRIL 27

Spring Plant & Seed Swap, (270) 487-8481, Old Mulkey Meetinghouse State Historic Site, Tompkinsville

WESTERN

SATURDAY, APRIL 12

Eykamp String Quartet, (270) 821-2787, Glema Mahr Center for the Arts, Madisonville

SUNDAY, APRIL 13

Sunday Seminar: Native Plants, (270) 584-9017, Mahr Park Arboretum, Madisonville

TUESDAY, APRIL 15

iLuminate, (270) 821-2787, Glema Mahr Center for the Arts, Madisonville

SATURDAY, APRIL 19

Kentucky Sheriff's Boys and Girls Ranch Car Show, (270) 551-2095, Kentucky Dam Village State Resort Park, Gilbertsville

THURSDAY, APRIL 24

Beech Bash in the Bluegrass, thru 27th, (270) 821-3453, Madisonville Regional Airport, Madisonville

FRIDAY, APRIL 25

The Ozark Mountain Daredevils, (270) 821-2787, Glema Mahr Center for the Arts, Madisonville

SATURDAY, APRIL 26

Spring Barn Market, (270) 681-2974, FeatherStone Farm, Mayfield

Guided Hike: Trees, (270) 584-9017, Mahr Park Arboretum, Madisonville

Plant Sale & Gardeners Market, (270) 993-1234, Western Kentucky Botanical Garden, Owensboro

CALL BEFORE YOU GO as event days can change. **SUBMIT ALL EVENTS ONLINE AT KENTUCKYLIVING.COM.** For FREE print listing consideration of Kentucky events, submit two months in advance, **by May 1 for the July issue.**

TO ADVERTISE YOUR EVENT IN PRINT, CALL (800) 595-4846

Spring is *Alive* in Augusta, Kentucky



www.AugustaKy.gov

UPCOMING EVENTS:

April 26 Flamingo Spring Fling Day

May 3 Junkfest Days

June 7 Art in the Garden

Augusta/Bracken County Tourism

TEAM KENTUCKY



Hop Aboard
www.kyrail.org
for the
2025
Calendar



Kentucky Railway Museum
New Haven, KY
(800) 272-0152

Win a Getaway. See page 53.

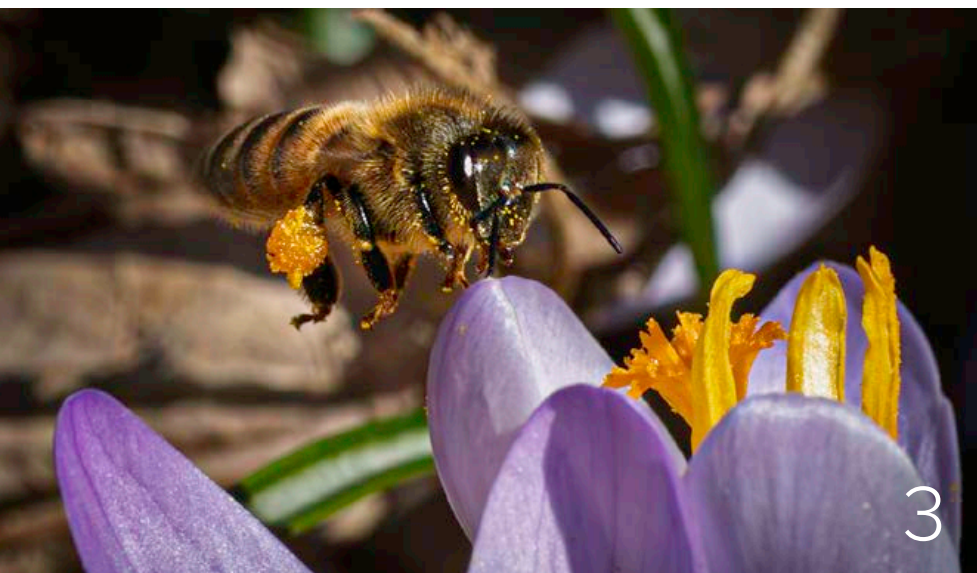
Win a Getaway. See page 53.



1



2



3



4

1 NEW GROWTH

Joe Miller enjoys spending cool days in his greenhouse, getting a jump start on new plants for his summer garden. Photo by Sherry St. Clair, Falls of Rough, a Meade County RECC consumer-member.

2 SLEEPY PUP

Luna took a nap beside some freshly washed eggs. "Farm life can be eggs-hausting," says Trenton Canada, Williamsburg, a Cumberland Valley Electric consumer-member.

3 SIGNS OF SPRING

This bee wasted no time when the first warm day in February brought blooms to the Bradshaw farm. Photo by Douglas Bradshaw, Frankfort, a Blue Grass Energy consumer-member.

4 HAMMOCK TIME

Sometimes farm life calls for a nap. Russell Daniels, Somerset, took this photo of his fiancée, Robyn Murphy, with her favorite hen, Goldie. Daniels is a consumer-member of South Kentucky RECC.

SEND US YOUR SNAP SHOTS! We're looking for spring photos.

Submit up to five photos monthly for a chance to **BE FEATURED IN KENTUCKY LIVING**. Photos with people work best, as well as those with seasonal interest. Remember to identify people or pets in the photo left to right and tell us their relation to you.



Visit **KENTUCKYLIVING.COM** and click on **CONTESTS** to submit photos.

KENTUCKY kids

Spring sports

When you play sports you can learn about teamwork, build your confidence through practice and make new friends.



WORD CHOICE

We place “a” in a sentence before a noun when it begins with a consonant sound, and “an” before a word with a vowel sound (a, e, i, o, u). Place the right word before each noun below.



- 1) We saw ____ alligator at the zoo.
- 2) I need to buy ____ pair of shoes.
- 3) Tim can dribble ____ basketball.
- 4) I had ____ orange for my snack.
- 5) Would you like ____ sandwich?

Answers: 1) an 2) a 3) a 4) an 5) a



Did You Know?

Super sniffer!
A dog's nose is at least 40 times more sensitive than a human's nose.

Green Team Tip

Reduce the amount of stuff you use and throw away.

— Faith Forbes,
age 13

*Send us
your green
team tips!*

Enter
KIDS
Contest

Submit a Green Team Tip or Joke online at KentuckyLiving.com:Magazine/Submissions for a chance to win a prize!



State it!

Mammoth Cave

Mammoth Cave National Park is in Kentucky and the longest known cave system in the world!



Tell us a joke!

A man bought a dozen bees.
The beekeeper gave him 13.

The man asked:
“Why the extra bee?”

The beekeeper said:
“It's a freebie.”

— Credence Randolph,
age 14



GREAT OUTDOORS

The Rockhouse

Visit a National Natural Landmark

THE CREELSBORO NATURAL ARCH—also known as the Rockhouse—has seen various uses throughout its history. It has been a shelter and burial ground for Native Americans, a refuge for long hunters who mapped the Kentucky wilderness and a hideout for moonshiners during Prohibition. Today, it's a destination for the modern-day hiker and paddler. To stand beneath such an awesome formation, you can't help but think of its known and imagined history. Easily visible from the river, the formation makes you wonder how many people stopped to rest, camp, cook or live within it.

The arch took 300 to 400 million years to form. Documented history reveals that the Rockhouse was discovered by long hunters in the 1770s. William Campbell established a ferry not long after, providing one of the few river crossings for many miles. This crossing soon attracted two brothers, Elijah and Elza Creel. They built a small tavern and trading post nearby that became one of 12 major trading centers along the Cumberland River. The town of Creelsboro was incorporated in 1836, and residents named the natural rock arch “the Rockhouse.”

For a century, riverboat workers and patrons stopped at the Rockhouse for picnics, social gatherings and revivals. The residents of Creelsboro even used the Rockhouse as shelter during bad storms. Although Creelsboro is a ghost town today, it is still on the map thanks to Campbell's Creelsboro Country Store, built in 1876. It's one of Kentucky's few remaining historic country stores, so be sure to stop in.

The Flood Control Act of 1938 approved a plan for flood control, including a dam at Wolf Creek. One of the possible sites for the dam was below the Rockhouse, and would have flooded it forever. The property owner at that time was Thomas Goff, who had grown up on the property and had



only recently bought it back from another owner. Along with his wife, Lorene, and others in the area, Goff spent much time and money convincing the government that the Rockhouse was of historical value and deserved to be preserved for all to see and study.

In 1987, the National Park Service named the Creelsboro Natural Arch a National Natural Landmark, preserving the Rockhouse and a crucial part of Kentucky's history. To see the Rockhouse yourself, head to Russell County on State Route 379 toward Creelsboro. About 2 1/2 miles west of Creelsboro, watch for a turnoff that leads to a small parking area. The Rockhouse is truly a hidden Kentucky jewel that doesn't get much fanfare, but it's well worth a visit. **KL**

▶ The Rockhouse is a great Kentucky destination surrounded by history galore. Photo: Ken McBroom

KEN MCBROOM, an outdoors writer/photographer, created RamblingAngler.com. McBroom grew up in Lynchburg, Tennessee, and now lives in western Kentucky.

Eye Doctor Helps Tennessee Legally Blind To See



High Technology For Low Vision Patients Allows Many To Drive Again



For many patients with macular degeneration and other vision related conditions, the loss of central vision detail also signals the end to one of the last bastions of independence: driving. A Lebanon optometrist, Dr. James Gillispie, is using miniaturized telescopes that are mounted in glasses to help people who have lost vision from macular degeneration and other eye diseases.

Imagine a pair of glasses that can improve your vision enough to change your life. If you're a low vision patient, you've probably not only imagined them, but you have been searching for them. Bioptic telescopes may be the breakthrough in optical technology that will give you the independence you've been looking for. Patients with vision in the 20/200 range can many times be improved to 20/50 or better.

Macular degeneration is the leading cause of blindness and vision loss in people over 50. Despite this, most adults are not familiar with the condition. As many as 25% of those over the age of 50 have some degree of macular degeneration. The macula is only one small part of the retina; however, it is the most sensitive and gives us sharp central vision. When it

degenerates, macular degeneration leaves a blind spot right in the center of vision, making it difficult or impossible to recognize faces, read a book, or pass the driver's vision test.

Nine out of ten people who have macular degeneration have the dry form. New research suggests vitamins can help. The British medical journal BMC Ophthalmology recently reported that 56% of patients treated with a high-dose combination of vitamins experienced improved vision after 6 months.

While age is the most significant risk factor for developing the disease,



A scene as it might be viewed by a person with age-related macular degeneration.

heredity, smoking, cardiovascular disease, and high blood pressure have also been identified as risk factors. Macular degeneration accounts for 90% of new legal blindness in the U.S. While there is currently no cure, promising research is being done on many fronts.

"Our job is to figure out everything and anything possible to keep a person functioning, especially driving," says Dr. Gillispie of Low Vision of Tennessee.

When Beth, 62, of Greenville, TN came to Low Vision of Tennessee she wanted to keep her Tennessee driver's

license and was prescribed bioptic telescopic glasses to read signs and see traffic farther away. Dr. Gillispie also prescribed microscope glasses for reading newspapers and menus at restaurants.

As Beth puts it, "My regular glasses didn't help too much – it was like looking through a fog. These new telescopic glasses not only allow me to read signs from a further distance, but make driving much easier. I've also used them to watch television so I don't have to sit so close. I don't know why I waited to do this; I should have come sooner."

"Bioptic telescopes can cost over \$3,000," said Dr. Gillispie. "especially if we build them with automatic sunglasses."

"The major benefit of the bioptic telescope is that the lens automatically focuses on whatever you're looking at," said Dr. Gillispie, "It's like a self-focusing camera, but much more precise."

To learn more about bioptic telescopes or to schedule a consultation with Dr. Gillispie, give us a call at (615) 948-9185. You can also visit our website at:

www.lowvisiontn.com



For more information and a FREE telephone consultation, call us today:

(615) 948-9185
James Gillispie, O.D.

404 N. Castle Heights Ave.
Lebanon, TN 37087



Steel Mobile Home Roofing

PERMA-ROOF®
from Southern Builders

www.roofover.com

Contact us at **800.633.8969**

Eliminates

- Leaks
- High Energy Bill
- Roof Rumble

SAVE BIG
TAX TIME
NOW

sales@southernbuildersar.onmicrosoft.com

Call for specials!

NATIONAL BARN COMPANY
EASTERN DIVISION
STORAGE BUILDINGS
HAY BARNs
HORSE BARNs
GARAGES

*Custom building shown. Call for pricing.

- Fully Insured
- #1 Metal
- 4/12 Roof Pitch
- Engineered Trusses

- Custom Sizes Available
- Local Codes & Freight May Affect Price

Ask about our do-it-yourself materials kits.

www.nationalbarn.com

1-888-427-BARN (2276)

Reserve ad space *now.*

JUNE – FOOD ISSUE

JULY – PHOTO CONTEST

SEPT – BEST IN KENTUCKY

Julie's Genuine Gems

Bringing furniture back to its glorious splendor.

Restoration, Repair, Reupholster, Design, Decoupage & Paint.

www.juliesgenuinegems.com

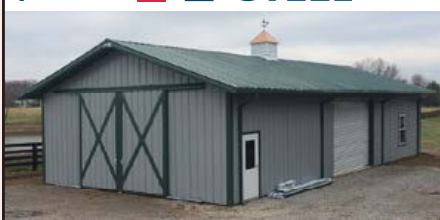
859-912-5662 | genuinegems4u@gmail.com
932 Bristow Road, Independence, KY 41051

LIKE US ON FACEBOOK
KentuckyLivingMagazine

KentuckyLiving

Enjoy *Kentucky Living* in your mailbox *and* your inbox!

KENTUCKY STEEL
BUILDINGS
PANELS
SUPPLIES



KYSTEEL.COM 800-955-2765

- Pre-engineered building systems
- Red Iron trusses & wall columns
- Steel girts & purlins on 2' centers (Model 97)
- 24' to 105' Clear span trusses
- 50 year structural warranty
- 40 year roof and wall paint warranty
- 20 # to 100 # snow loads
- 115 MPH Vult to 185 MPH Vult wind loads
- All steel is made in the USA
- NEW - Try our 3D designer on kysteel.com
- Free Catalog/Pricing Guide on kysteel.com

Kentucky Living magazine visits you once each month, but we'd love to get together more often. Get *Kentucky* recipes, events and news emailed to your inbox twice a month.

Sign up at
KentuckyLiving.com/newsletter.



Cynthia Whelan
Western Kentucky
270-202-3344
kylivingcynthia@gmail.com



Monica Pickerill
Lexington and South Central Kentucky
270-692-6053
monicapick@yahoo.com



John Witt
Louisville, Northern and Eastern Kentucky
859-638-4895
jwitt3120@gmail.com

OVER 1 MILLION READERS
PRINT and ONLINE

Nobody covers Kentucky better!

KentuckyLiving

MANUFACTURED & INSTALLED IN KENTUCKY

INSTALLED GARAGES
Year Round

19x20	\$4,180
21x25	\$5,635
24x30	\$7,745
30x30	\$10,375

Many Sizes & Styles Available
www.**HANDI-PORTS**.com
ALL STEEL GARAGES, CARPORTS & BARN

FREE BROCHURE
1-800-615-8222




GREEN HOUSES



BARN



R.V. CARPORTS



MINI-STORAGE

CasCade 5000 Elegance & Improved Water Quality!
Floating Pond Fountain Aerator

10-15' high!



fishpondaerator.com **FACTORY DIRECT \$989.95**

Complete 1 hp unit w/ light, timer, 100' power cord. **SAVE HUNDREDS!!!**
Pre-assembled - installs in minutes! **ONE YEAR WARRANTY**

Call 7 days / week • **FAST UPS SHIPPING!** **608-254-2735**

WATERPROOF VINYL PLANK FLOORING
MANY COLORS IN STOCK!
\$1.59 - \$2.39/ sq ft.



WE STOCK

Composite Decking
Discounted - Surplus - Closeout **\$1.79/LF**

White Pine Tongue & Groove Hardwood Flooring

MARTINS MILLWORK LLC 270.475.4097
Pembroke KY

J.C. POLE BARN



30x50x10 Delivered & Installed with sliding door and 36 inch service door **\$15,000** plus tax

270-776-7869 | jcpolebarns.com | Like Us On

Arco Steel Buildings
1-800-241-8339



BBB A+ rating for 45+ years!

Highest Quality



All sizes available!
www.arcosteel.com

45 Arco Years
Arco Building Systems
(Buildings not as shown above) (FOB plant-local codes may affect prices)

Have Kentucky Living delivered to your doorstep or surprise a friend!



To order online by credit card, go to **KentuckyLiving.com**

YES! Send me Kentucky Living!
☐ 1 Year, \$15 ☐ 3 Years, \$25

NAME _____
ADDRESS _____
CITY _____
STATE _____ ZIP _____
EMAIL _____

☐ I WANT TO RECEIVE KENTUCKY LIVING'S EMAIL NEWSLETTER

MAIL THIS ORDER FORM WITH A CHECK OR MONEY ORDER TO:
**KENTUCKY LIVING, P.O. BOX 32170,
LOUISVILLE, KY 40232**

PLACE YOUR AD HERE

2, 3 or 4 inch ad sizes starting at \$510/month

1-800-595-4846
KentuckyLiving.com/advertise

KentuckyLiving

\$1.59 sq. ft. WATERPROOF FLOORING
1ST QUALITY INSTOCK



Kitchen & Bath Cabinetry

ALL WOOD **In Stock**
No Particle Board **Ready to take home**

CORBIN, KY • 606-528-1997
ELKTON, KY • 270-265-0270
PADUCAH, KY • 270-443-4590

www.mysurplussales.com
SURPLUS SALES INC.

The auctioneer

High-speed salesmanship



BYRON CRAWFORD is Kentucky's storyteller—a veteran television and newspaper journalist known for his colorful essays about life in Kentucky. Contact Byron at [KentuckyLiving.com](mailto:Byron@KentuckyLiving.com): About/People.

WHEN HE WAS 12 YEARS OLD, Ricky Timberlake began mimicking the auctioneers at livestock sales he attended with a local farmer who was like a father to him.

Ricky's mother died when he was 10 years old, and he and his four younger siblings were cared for mostly by a grandmother and their aunts. But by age 14, Ricky was living with the farm couple, Waldo and Billie Clark, helping with chores and attending livestock auctions nearly every weekend.

"I would sit there and mimic the auctioneer," he remembers. "You could see my mouth moving, but I never did get loud. Then I'd do it at home—in the morning sitting at the breakfast table—and sometimes, then, I'd get loud enough that everybody heard me."

whose rhythmic chant would become a mainstay in the auction ring at Tri-County Livestock Auction in Henry County, where he worked from 1980 to late 2024. It wasn't unusual for some in the crowd to show up just to hear him auctioneer, and to enjoy his occasional humorous quips.

From 1988 until 1999 he was one of the primary cattle auctioneers at Louisville's historic Bourbon Stockyards. And when the stockyards closed in 1999, he was the one who auctioned off many of its livestock pens, most of its signage and office memorabilia.

Now, all these years after he began those make-believe auctions at the breakfast table, Timberlake looks back on a livestock auctioneering career that has taken him across Kentucky, from Walton to Greensburg, Flemingsburg, Irvington, Louisville, Owenton, Sonora, Sligo, and Shepherdsville; to Rushville, Indiana; and to many farm equipment consignment sales in central Kentucky and southern Indiana.

"By the grace of God, I'm still rolling at 69," he says. "I've not slowed down; I'm still affiliated with livestock markets and still having sales."

Besides all the livestock, farm equipment and real estate he has sold, he has auctioned everything from a computer mouse to an airplane, countless antiques and other pieces of personal property.

"I don't care how fast or slow you are, people still have to understand you," he says. "If they don't understand you, they're not gonna bid."

He and his wife, Erma, live on a small farm in Henry County and are consumer-members of Shelby Energy. They have two grown children and four grandchildren: Zay, Zeke, Haevyn and Jase, who range in age from 2 to 10.

Asked if any of his grandchildren are interested in auctioneering, Timberlake smiles and recalls that 8-year-old Zay recently asked how it's done, and that when 5-year-old Haevyn was asked if she could auctioneer, she said, "Yes! Daaabadabadabad...!" **KL**



Soon, he was bringing home awards from high school FFA auctioneering contests, and by 1977 he was a licensed apprentice and on his way to earning a full auctioneering license.

"Anybody can auctioneer," he says. "Anybody can say, 'I've got 35-n-40,' but you've got to have what they call 'filler' in between."

The "filler" came naturally to Timberlake,



Kentucky Living is the name you've known and trusted for more than *75 years!*

We bring our 1 MILLION readers all things Kentucky... all day, every day.

- Home, Garden, Recipes
- Travel and Events
- Education
- Agriculture
- Economic Development
- Co-op News and Information
- Fun Contests
- *And so much more!*

KentuckyLiving

In print and on KentuckyLiving.com
Nobody covers Kentucky better

SAVE BIG

DURING REPLACEMENT WINDOW SEASON!



WINDOWS
BUY 2
GET 1
FREE*

SUNROOMS • SIDING

30% OFF*

OFFER EXPIRES 4/30/25



CHAMPION
Windows • Sunrooms • Home Exteriors

Official Sponsor of the



FREE ESTIMATES! BOOK ONLINE OR CALL NOW.

SaveWithChampion.com • (888) 483-6570

Lexington • London • Louisville

*Buy 2 Comfort 365 Windows® at regular price and get 2 additional windows of equal or lesser value free with participation in the Yes! Program. Offer applies to all window styles in white except nonrectangular shaped window styles. Window discount without participation in Yes! Program equals 40% off. Minimum purchase of 4 windows required. 20% national sunroom and siding discount requires minimum purchase of 120 sq. ft. complete sunroom or 1,200 sq. ft. of siding. Earn up to an additional 10% off with participation in the Yes! Program (up to \$2,000), making your sunroom and siding discount a total of up to 30% off. All prices include standard installation. All discounts apply to the MSRP cost. No adjustments can be made on prior sales. YES! Program valid only at the time of your initial demonstration and once per residence per term. Offer subject to change. *The Champion Limited Lifetime Warranty applies to Comfort 365 Windows® and qualifying Champion products as long as the original purchaser owns the home. See website or a Champion representative for details. Offer expires 04/30/25. ©Champion Opco LLC, 2025

SCAN HERE



E30225 015



Champion is part of the Great Day Improvements family of brands.