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14 PHOTO CONTEST

ON THE COVER More than 2,000 photo contest entries resulted in 15 stunning finalists in the 2025 *Kentucky Living* Photo Contest. Congratulations to our winners!

22 OFF BOOK

Emergency volunteer coordination, job search assistance, tech training, genealogy resources and more–libraries across Kentucky offer much more than just books.

ON THE COVER Is there anything better than watching a well-trained dog at work? Corey Wilson won first place in the Animals category of the 2025 Photo Contest with this photo of Tilly, who was in training with Camp Canine, a dog training and boarding company owned by Jordan Camp in Utica.

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KentuckyLiving

EDITORIAL

EDITOR Shannon Brock

MANAGING EDITOR Joel Sams

COMMUNICATIONS OFFICE COORDINATOR Mary Lyons
MANAGER OF COOPERATIVE OUTREACH Mallory Wafzig
COPY EDITOR Madelynn Coldiron

CONTRIBUTORS Heather Bilyeu • Miranda Boutelle Meghan Cain-Davis • Amy Cobb • Byron Crawford Sherri Hannan • Ken McBroom • Bo McGuffey Shelly Nold • Brian Orms • Penny Woods

ADVERTISING

ADVERTISING MANAGER Renee Williams
ADVERTISING SALES REP. Monica Pickerill
ADVERTISING SALES REP. Cynthia Whelan
ADVERTISING SALES REP. John Witt

PRODUCTION

SENIOR GRAPHIC DESIGNER Katy Hurt GRAPHIC DESIGNER Kacey Harmeling GRAPHIC DESIGNER JESSICA HAWKINS MULTIMEDIA SPECIALIST WAGE HARRIS

KENTUCKY ELECTRIC COOPERATIVES

PRESIDENT Chris Perry

VICE-PRESIDENT STRATEGIC

COMMUNICATIONS Joe Arnold
CHAIRMAN Jason Todd
VICE CHAIRMAN Benny Adair

SECRETARY/TREASURER Tim Lindahl

OUR MISSION STATEMENT

Kentucky Living is published to create a community of people who take pride in thinking of themselves as Kentuckians and as knowledgeable electric co-op consumer-members, in order to improve their quality of life.

TO CONTACT US

WWW.KENTUCKYLIVING.COM

Go to KentuckyLiving.com to About/Contact, to send a Letter to the Editor or general comments

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PO Box 32170 (40232)

1630 Lyndon Farm Ct Ste 200 (40223) Louisville, KY (800) 595-4846

EMAIL: advertising@KentuckyLiving.com

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American MainStreet Publications

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With the 250th anniversary of the Declaration of Independence approaching next year, *Kentucky Living* wants to hear from you—what makes you proud to be an American?

Share your story, memory or photo with us for possible print consideration in 2026.

Find out more at KentuckyLiving.com/250.

KentuckyLiving



My favorite things

Good books and power restoration

AT FIRST GLANCE, reading a good book and restoring power might seem worlds apart. But in this issue of *Kentucky Living*, they're closer than you'd think.

I've always loved to read, and to this day, one of my favorite things to do is find a comfortable chair, crack open a book and lose myself in a great story. I love all kinds of books—from sports books, like O.B. Keeler's biography of the golfer Bobby Jones, to historical nonfiction. One of my favorite books of all time is Erik Larson's *The Splendid and the Vile*, an account of Winston Churchill's first year in office. I'm always inspired by stories of people who persevere through adversity, and there may be no better example than the resilience of Londoners during the Blitz.

You can find these titles and more at your local library—but libraries are so much more than just books. Our feature on page 22 highlights the role libraries play in providing resources to communities across our state. Libraries offer career services, educational programs, genealogy research and many other programs you might not expect. And when natural disasters strike, libraries are often on the front lines to collect donations and organize volunteers.

That brings me to my second favorite thing—restoring power. We are blessed to enjoy safe, reliable power at the flip of a switch, and it's easy to take electricity for granted until severe weather reminds us just how important it is. Having worked on a line crew myself, I can tell you that restoring power is truly satisfying. There's no feeling quite like turning the lights back on for a home that has been in the dark.

Kentucky's electric cooperatives work diligently to restore power as quickly and safely as possible, even in



the aftermath of the worst disasters, and even when disasters have affected the cooperative itself.

On page 10, we share perspectives from South Kentucky RECC and Jackson Energy, both of which were significantly impacted by recent tornadoes. In trying times like these, we are so proud of Kentucky's electric cooperatives, working tirelessly, even during disaster, to turn the lights back on.

It seems our state can't catch a break from severe weather, from winter storms to floods, tornadoes and more. We know our communities are still suffering, and it will be a long road through grief and rebuilding to get back to anything like normal. But you can count on your electric cooperative family to be with you every step of the way.

And in those moments of precious calm, when the sky is clear and the day's work is done, I hope you can visit your local library to learn a new skill, join an activity group or just pick up your next great read.





FROM THE FDITOR

JULY IS ONE OF MY FAVORITE

Kentucky Living issues of the year.
We get to feature 15 absolutely striking images that were taken by none other than you—our talented readers.

You can find the winners of this year's Photo Contest beginning on page 14. This year's spread is top notch, but the amazing photos don't stop there.

Beginning July 1, visit
KentuckyLiving.com to vote in a different People's Choice contest each week. We have so many amazing submissions each year that honoring 15 in print only scratches the surface. Please vote for your favorites so we can award an additional prize in each category this summer.

If you prefer words over images to tell a story, learn more about local libraries on page 22. Find your next favorite read and loads of resources at the library in your town.

Have a wonderful Kentucky summer. Hey, you could even start firing up your camera (or phone) to collect images for next year's contest! In 2026, you might find your photo in these pages.



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email address and name of electric co-op.

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Follow us online for events, recipes, videos, contests and more!



THE PEOPLE'S CHOICE

Remember to vote in online photo contest

We were blown away by the winners of this year's *Kentucky Living* photo contest—and we know you will be, too. Enjoy the winning images beginning on page 14, but don't forget that there's more photo contest fun to come. Visit KentuckyLiving.com to vote in the People's Choice contest, an online-only contest featuring a different category each week in July.





CHECK IT OUT

Libraries are more than meets the eye

You probably know that your local library lends books, music, movies and other media—but you might be surprised what else you can find there. Enjoy the story on page 22, then visit KentuckyLiving.com to read more about library resources.



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RIVER ROUTES

A guide to travel by water

Small Kentucky towns have big history on the banks of the Ohio River. Read the story on page 34, then visit us online to learn more about the Ohio River Way, a 308mile water trail along the Ohio River, and download river travel itineraries.



PINTEREST KyLivingMag



Ex-preacher and his cat

What obsesses you?

Pondering this question while attending a literary program in Portugal is what lit the spark for Nonesuch author Wes Blake's novella-in-flash, *Pineville Trace*.

A novella-in-flash is a form of writing that links a series of short, self-contained narratives sharing theme, characters or setting to form a larger, cohesive story. Typically, chapters are less than 1,000 words, leading to an easy-to-read work.

In forming the answer to the obsession question, Blake recalled a friend's great uncle who was a revival preacher and wondered how stories of his authenticity matched up with the fraud allegations that came later. "I wanted to explore and write about a character like this," Blake explains in an online blog. "And that's where the main character for *Pineville Trace* was born."

The book centers around Frank Russet, a traveling revival preacher sentenced to a minimum security prison on a fraud conviction. When he escapes with the prison cat, Buffalo, he meanders his way north and back again, introspectively examining his life and place in the world.

Blake also admits an obsession with cats. It's no wonder, then, that a cat also found its way into *Pineville Trace*, serving as a main character in the story

with a human-like personality and the ability to wrench emotion from a reader's heart.

Frank, too, becomes quite taken with Buffalo, relying on the cat to lead the way as they travel. When questioned about his plans by the folks he encounters, he gives the tongue in cheek response, "I'm just following Buffalo."

While Frank spends lengthy chunks of time alone, his grip on reality appears to become slightly unhinged as he drifts among memories, dreams and waking thought. Blake's writing seamlessly reflects this, with a tragically poetic feel, causing the reader to both care for Frank and be disgusted by his choices at the same time. Blake also deftly uses the book's cover to subtly convey the mishmash state of Frank's mental health.

"The idea for *Pineville Trace* came to me while I was driving, and I used my phone's voice recorder to get the idea down before it was lost to me," Blake recalls. "The strangest part was that right after I recorded my first ideas for the novella, a car like Frank's black 1959 Buick LeSabre drove past me on that isolated road on Pine Mountain. What are the odds? It was eerie. But it was clear that Frank wanted his story to be told."

» Penny Woods







ANOTHER OBSESSION

Pineville Trace, (Etchings Press, \$12), can be purchased on Amazon or at local independent bookstores. The book is the winner of the Etchings Press Novella Prize and was a finalist for the Feathered Quills Book Award for Debut Author.

Blake also readily admits an obsession with trees. To date, he and his wife have planted over 120 trees around their Nonesuch home. Learn more about him at www.wesblake.com.

Communications team earns 12 awards in CCA contest

Kentucky Electric Cooperatives' communications team and *Kentucky Living* recently received national honors in the 2025 Cooperative Communicators Association Communications Contest.

CCA is made up of 350 professionals who communicate for cooperatives of all types.

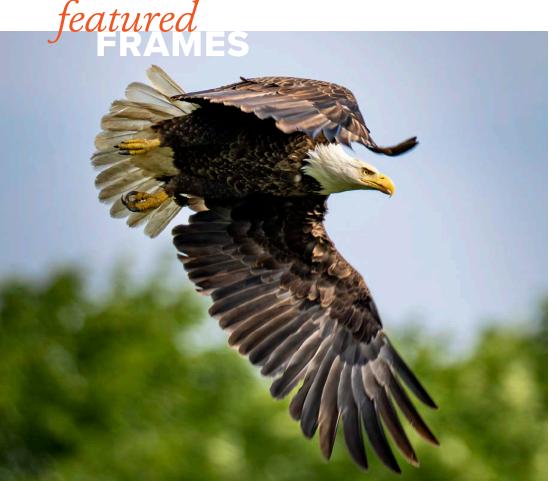
Team members won 12 awards, which were announced at the CCA Institute in Colorado Springs, Colorado, in early June. Winners are:

- Entertaining Feature (751-1,499 words), first place, Ryan Craig, *Back road burgers*
- Long-form Feature (more than 1,500 words), second place, Joel Sams, *The vanishing bobwhite*
- Column or series, second place, Byron Crawford, Byron Crawford's Kentucky

- Column or series, third place, Joel Sams, Kentucky Eats
- Writing Best in Show, Ryan Craig, Back road burgers
- Scenic/pictorial, first place, Heather Bilyeu, *Strawberry shortcake*
- Photo essay or story, second place, Katy Hurt, *Backyard bounty*
- Photo essay or story, third place, Jess Hawkins, Kentucky Main Streets
- Cover, third place, Kacey Harmeling, March 2024
- Documentary video (over 5 minutes), second place, Wade Harris and Joe Arnold, 2024 Distinguished Rural Kentuckian: Dr. Tony Brannon
- Story or article design, first place, Kacey Harmeling, *Back road burgers*
- Story or article design, second place, Jess Hawkins, *Tasting history*



Editor Shannon Brock attends the CCA Institute and accepts the awards on behalf of the communications team. Photo: Sara Shafer



Greg Sawyer, a Blue Grass Energy consumer-member, took this photo of a bald eagle behind his house in Mercer County.

Have a question or comment for the editor?

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letters to the editor
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KentuckyLiving.com and
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Letters may be edited for
style, length and clarity.

Tornado damage meets co-op determination

Overcoming devastation from May storms

JOE ARNOLD

THE SIX TORNADOES that slammed Kentucky on May 16-17 killed 20 people, injured dozens more and destroyed or heavily damaged thousands of homes and businesses.

Crews from Georgia and fellow Kentucky coops helped restore power to more than 110,000

where 17 people died, the devastation encountered by Jackson Energy Cooperative crews was "hard to fathom," says Ryan Henderson, vice president of engineering and operations.

"Poles and wires and transformers were just gone, no idea where they were," Henderson says. "Wire tangled up in trees and debris, cars, you name it."

consumer-members statewide. In southeastern Kentucky's Laurel County,

A snapped Jackson **Energy Cooperative** pole on Wyan Road in Laurel County indicates the power of the May 16 tornado.

Photo: Tim Coyle



When times get tough, that's when the real strength of our co-op family shows up."

» Morghan Blevins

With landmarks obliterated, lineworkers relied on service maps to know where to rebuild the system, replacing 165 poles, 125 transformers and 3.3 miles of power lines.

The home of one co-op employee was destroyed, but as staff worked to help their grieving communities, they also counted their blessings.

"One of our employees said, 'you know, there's been a lot of tragedies this weekend, but we've also heard of a lot of miracles," Henderson says.

Thirty miles to the west, South Kentucky RECC's headquarters in Somerset took a direct hit.

As the co-op's roof was ripped away, a neighboring business was blown apart, its girders slamming into the co-op drive-thru. Within the reinforced walls of the SKRECC operations center, an overnight dispatcher was receiving damage reports from nearby Russell County when the tornado toppled the co-op's radio communications tower and knocked out the outage monitoring system.

"The damage meant we didn't have a system that we could look at," says Roy Bray, the co-op's director of operations. "We were working as if it was 50 years ago."

Acting on instinct and experience, crews began restoring power where they could, with many areas blocked by debris.

"There were just mountains of trees laying across some of the roadways," Bray says, praising the army of firefighters, highway workers, utility crews and citizens who jumped in to clear the way.





Once crews reached the hardest hit areas, Bray says trees were again piled up "7 or 8 feet deep on top of where the power lines had once stood."

With assistance from other co-ops and the state, SKRECC set up a temporary operations center and phone line to accept outage reports. Before engineers determined it was not safe to access the remaining structure, employees in hard hats salvaged critical equipment and records.

Meanwhile, co-op employees kept working and updating members. Within seven days of the disaster, they had restored power to all able to receive it. It is a "testament to the fact that these linemen care about what they're doing, each other and our members," Bray says.

"When times get tough, that's when the real strength of our co-op family shows up," echoes Morghan Blevins, the co-op's communications administrator. "It's not just about getting the work done—it's about supporting one another

through hard times and coming out stronger on the other side. That's what being part of a co-op is all about."

SKRECC shifted operations to district offices and opened a Member Services Center in the Somerset Mall. A local bank is accepting bill payments.

Meanwhile, SKRECC remained on schedule for its member appreciation days and annual meeting. Less than one month after the tornado, smiling co-op employees distributed complimentary buckets and lightbulbs and even conducted an election for a co-op board seat.

"I am so proud of our team," says South
Kentucky RECC President and CEO Kevin
Newton. "Even with their office space gone,
they've stayed completely committed to getting
things back up and running. It's not easy, but
they've kept going, showing what real dedication
looks like. It says a lot about the kind of people we
have here." KL



The South Kentucky RECC headquarters in Somerset sustained catastrophic damage during the May 16 tornado. Photo: Chris Hayes Fleming-Mason Energy

consumer-member Jerry

Wagner has been a part of

the Kentucky Sheriffs' Boys

& Girls Ranch for 43 years.

50 years of fun

GILBERTSVILLE

The Kentucky Sheriffs' Boys & Girls Ranch in Gilbertsville has served children and their families in every county across the state for 50 years. Jerry Wagner, executive director of both the Kentucky Sheriffs' Association and the Kentucky Sheriffs' Boys & Girls Ranch, has devoted 43 years of his law enforcement career to the ranch.

Wagner, a lifelong assignments that they put me Every year after that, Wagner continued fundraising for the solely on donations. Then in 2007, he became the executive director.

The ranch is a weeklong summer camp that strives to make a positive impression on the lives of children ages 8-11, with alternating sessions-boys come one week, girls the next. The camp serves around 350-400 kids each summer. Sheriffs' offices in each county work with schools, churches and civic organizations to select children who may benefit the most from spending time there. Programming includes drug and alcohol education classes and interaction with counselors, plus plenty of downtime for games, arts and crafts, and swimming. "It's a good mix of education and social fun," Wagner says.

Children also interact with the sheriffs and deputies. "It gives us the opportunity to spend one-on-one time with the children and law

enforcement because we're looking to build a good relationship with those children," Wagner explains. "We like to build relationships now rather than mending them later."

As the ranch celebrates five decades of service to Kentucky's children, Wagner continues raising money for the program, just as he did when his law enforcement career first began. Buildings on the grounds were originally built by the Tennessee Valley Authority in the 1930s, so fundraising efforts are underway to either update or construct new kitchen and dining facilities.

"I'm just very proud that we've been able to serve the youth of our state for 50 years and do it at no cost to the families that we have provided that for," Wagner says. "And that's just something that we're all proud of, and we'd like to continue that." KL

Learn more or inquire about volunteer opportunities: (270) 362-8660 www.kentuckysheriffs.org

AMY COBB is the author of two book series for children, Band Geeks and Libby Wimbley.



Fleming-Mason Energy consumer-member, began working in the Fleming County Sheriff's Office in 1982. "One of my first on there was raising money to help support the Sheriffs' Boys & Girls Ranch in our local community," he says. organization that operates



Children get to have plenty

of fun and interact with



Driving growth from the ground up

Family-owned PMI powers aggregate industry and local economy

JOE ARNOLD

TO BUILD ROADS, bridges and foundations, you first need rocksolid infrastructure—literally. For more than four decades, Process Machinery Inc. in Shelbyville has helped make that possible.

Founded in 1979 by David Miles and his father, William, PMI designs and builds full-scale plants that process stone, sand and gravel for the aggregate industry. Today, under third-generation leadership of siblings Daniel Miles and Jennifer Miles Ratterman, PMI's 120 employees supply and service quarry operations across the country.

"We're not just a supplier—we're a partner to our customers," says Ratterman, PMI's executive vice president. "We offer complete solutions—from engineering and fabrication to on-site installation."

Though the company has grown steadily for years, it's never outgrown its roots.

"Working in a family-owned company has been personally rewarding," Ratterman says. "Daniel and I have worked in various roles throughout the company, and that



experience helps us stay grounded and connected to every part of our business."

That connection extends to the community. When PMI needed to expand, they stayed in Shelby County—a decision Ratterman calls "deliberate and meaningful."

"This community has supported us for nearly 30 years," she says. "By growing here, we're creating local jobs, working with local vendors and investing in the future of our hometown."

PMI's commitment to community also includes partnerships with

local schools and nonprofits, and a collaborative relationship with Shelby Energy Cooperative.

"Shelby Energy has been an outstanding partner," Ratterman notes. "From energy audits to assistance with tax credits, they've been proactive in helping us move forward."

"PMI represents the best of what it means to do business in a cooperative-served community," says Mary Beth Dennis, director of communications and member services at Shelby Energy.

"Working for a third generation owned and operated company means you're not just part of a business, you're part of a legacy," adds Jackie Disponette, manager of marketing and employee relations. "There's a deep-rooted pride in everything we do at PMI, and it shows in the way we treat our employees, our customers and our community. You feel the commitment to quality, to people and to doing things the right way. It's rock solid." KL



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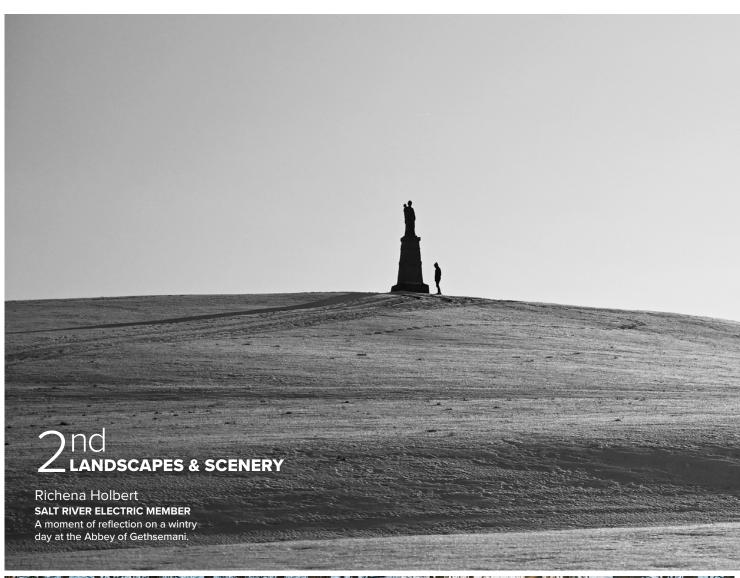


A PMI employee does fabrication work at the Shelbyville shop. Photo: PMI

PMI announces \$11.5 million expansion

Process Machinery Inc. is expanding its Shelbyville facility with an \$11.5 million project that will create 30 jobs and add more than 28,000 square feet of space by 2026. The phased expansion includes site development, a new paint facility, additional manufacturing and office space, and new equipment.

"This isn't just about growing our business—it's about growing opportunity here in Shelby County," says Jennifer Miles Ratterman, PMI's executive vice president. "We're excited to deepen our local investment and build a sustainable future together."

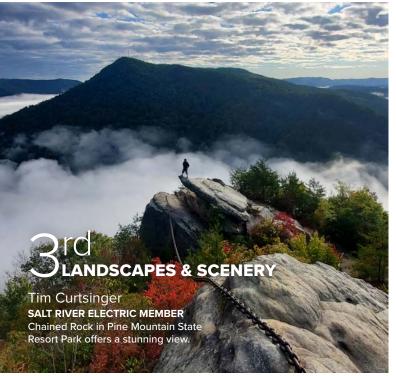




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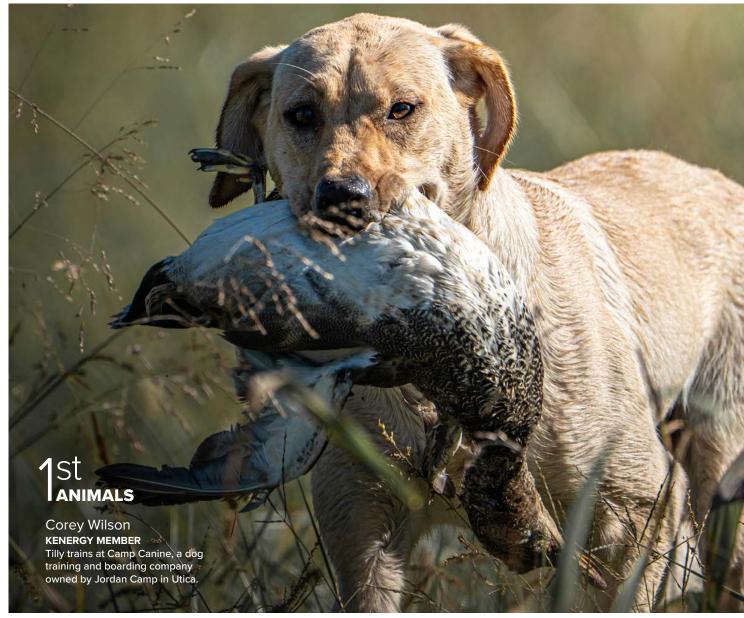
PHOTO CONTEST WINNERS





FROM THE EXUBERANT TO THE SOMBER,

entries in this year's *Kentucky Living* Photo Contest blew us away. You've documented the people, places, landscapes, plants, animals and more that make our state uniquely breathtaking. Thanks to all who enteredmore than 2,000 of you—and congratulations to our winners. Remember to check out the additional People's Choice contest at KentuckyLiving.com.

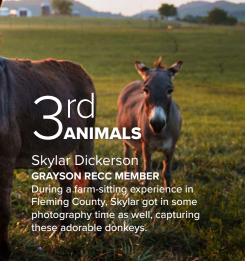


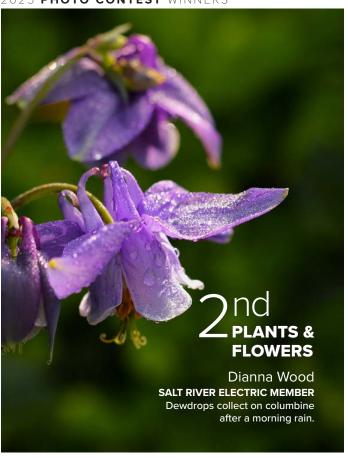


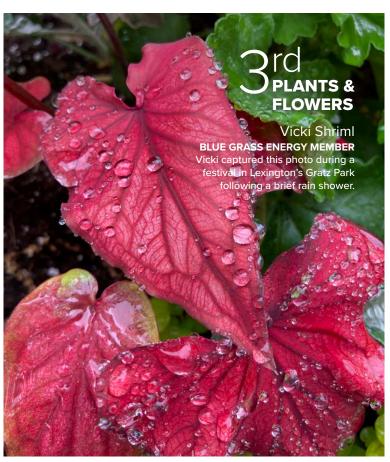












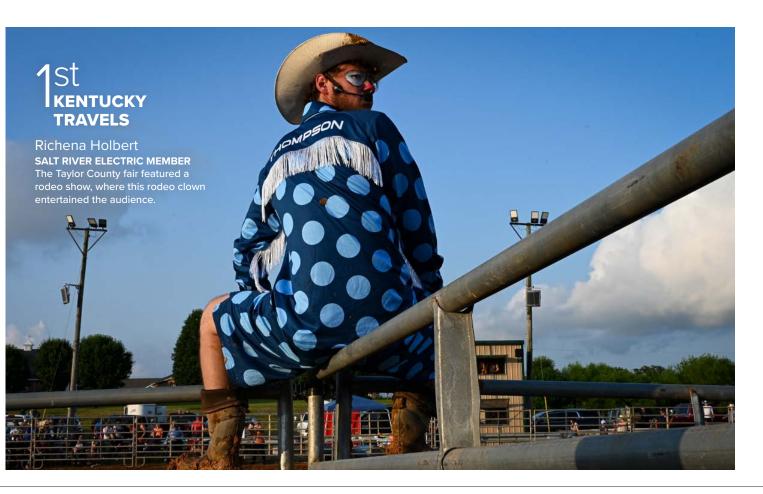
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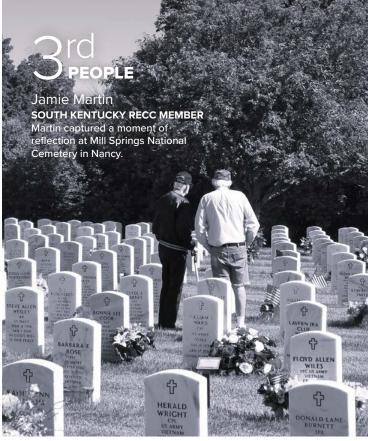














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KentuckyLiving



Public libraries offer resources, connections and creativity

BY GLENYE CAIN OAKFORD

The morning after historic flooding devastated Hazard in July 2022, Sheila Lindsay took a four-wheel drive vehicle to reach the Perry County Public Library on Black Gold Boulevard. The library director found a sodden scene: several inches of water had swept through the building, soaking the walls and saturating library materials. The cleanup, she knew, would be extensive and would take time.

But Lindsay knew the damage was even worse for many other Perry County residents, who had lost family members, friends and homes. They would need support immediately and for the long recovery ahead.

So rather than shut down, the library became a lifeline.

"We knew we had to help, so we set up a makeshift desk in the foyer and would offer services until we could do more after the first week of mucking, cleaning and initial construction," Lindsay recalls.

The Federal Emergency Management Agency and the Red Cross set up temporary offices in the library, and library staff—many of whom were dealing with their own losses—worked to assess and fill the community's immediate needs. The parking lot served as a base for first responders.

The library building provided a cooling and charging station, snacks and meals, around-the-clock Wi-Fi access, and printing and faxing for FEMA and Red Cross forms. Library staff created a reference station in the front lobby and helped connect residents to services they needed.

The library's auditorium hosted 24-hour movie screenings for community members who needed a mental break from the trauma and exhaustion. The library even offered showers, a welcome relief for flood survivors and workers who were spending hours scouring mud and tearing out damaged properties in the summer heat.

"We had our outreach librarian and bookmobile librarian out in the county daily, offering water, snacks and activity care packages to anyone who wanted one," Lindsay says. "If you had asked me if I think these services are important before the flooding, I would have said yes. However, now I would say they are critical."

Meeting community needs

The Perry County Public Library's list of post-disaster services seems extraordinary. But libraries across the commonwealth provide a surprising range of free community services every day. Need job search assistance, tech training, genealogy resources, garden seeds or power tools? Start by asking your local library.

"It's about connecting people with the resources and information they need to improve their lives," says Natalie Ruppert, who manages Kenton County Public Library's career and job services division.

Their role as community hubs, many library staff say, is simply an extension of libraries' broad mission to connect people to information and knowledge.

"I think one of the things that sort of makes expanding our role essential is that we are for everyone," says Christina Cornelison, executive director of the Madison County Public Library in Richmond and Berea. "We like to focus on literacy of all sorts, all those things that improve the quality of life for people."

The Madison County Public Library has a creative studio, sewing and embroidery machines, a laser

CONNECT ONLINE

Kenton County Public Library: kentonlibrary.org
Lexington Public Library: lexpublib.org
Madison County Public Library: www.madisonlibrary.org
Perry County Public Library: perrycountylibrary.org





Library customers learn to sew using the sewing machines in Madison County Public Library's MakerLab in Richmond. Machines are available for individual reservation, and the library also offers regular sewing programs for all ages. Photo: Sydney Mundy

Perry County Public Library Director Sheila Lindsay. Photo: Ashley Feltner

engraver, a genealogy program, financial coaching and more. On its website, the library also has a Community Resources tab that connects residents with directories for telehealth, disability, child care and other resources.

The Kenton County Public Library boasts a makerspace for everything from button making to book binding. If your child has trouble with a math problem, call the library: it has live homework help, too. It lends tools for home repair, garden work and building projects, thanks to the Empower Tools program, a partnership between the library and The Center for Great Neighborhoods.

Local connections like that, and a network of library volunteers, ensure library patrons are getting trustworthy information and services, library staff point out. And they expand libraries' ability to offer more to the populations they serve. Cornelison says her library gets a better idea of what the community needs from relationships with community partners.

"We're in constant conversation with community partners, with our elected officials. I try to meet with our county judge at least once a year, just to ask what's going on, what's happening in the county, what are the county's goals? And how does the library fit in with that?" she says. "It's less about trying to reinvent the wheel or following trends and more about listening to what the community is actually saying that they want from us. and how can we match that."

A meeting of the Northern Kentucky Accountability Group at the Kenton County Public Library. The group provides job search support to professionals in career transition. Photo: Ben Gastright

Bridging the digital divide

Libraries' many free, accessible services also help build lasting community resilience, especially in traditionally underserved areas.

That was one of the priorities when the Lexington Public Library opened its new Northside branch in 2008 with a state-of-the-art digital center and tech classes. The center includes rows of iMac computers, a podcast recording studio and a green screen video recording room—giving library patrons a chance not just to work on personal projects, but also to learn or strengthen highly marketable digital skills or even start their own businesses.

"We have folks who run small businesses where they do photography for families," says Brian Hocevar, the





Job hunting? Start at the library

In northern Kentucky, among its many other programs, the Kenton County Public Library has developed an entire division—including four career navigators on staff—to help its patrons find jobs and launch careers.

"We have over 1,000 people attend our job search skills programs every month," says Natalie Ruppert, manager of the library's career and job services division, which offers more than 40 classes a month.

Other services provided help, but they weren't free, she explains. "I also worry that when people lose their jobs and they're looking, there is a lot of fraud out there. I wanted people to feel like they were getting excellent information from

public libraries that they could trust, but also that they would be in a safe environment and they didn't have to worry."

The Kenton County Public Library programs cover everything from resume writing and interview preparation to job fair navigation and using LinkedIn. The library offers specialty help for people facing barriers to employment, such as refugees, the formerly incarcerated, people with disabilities or older adults returning to work.

Kenton County also was one of the first libraries in the country to hire dedicated career navigators who are trained to work directly with local employers and can help job seekers identify open positions, build skills and prep for applications and interviews.

Northern Kentucky Accountability
Group is one of its programs that has
had a significant impact. It provides
weekly job search support to professionals in career transition, whether after a
layoff or business closure or because
they want to change to different work.
Each session includes speakers, peer
support groups and personalized
coaching. The group's 750 alumni also
help open doors at their new places
of employment, including Fidelity
Investments, Proctor & Gamble, universities and small businesses.

Not in Kenton County? Your library likely offers job search and skill-building assistance, too. As a librarian would say: check it out!

KentuckyLiving.com

An open book

State and local groups serve as resources for public libraries—and for the people who use them. Learn more at KentuckyLiving.com

Northside branch manager. "They use our green screen room to do portrait photography."

Access to these technologies also narrows the digital skills gap and lifts whole communities.

"Public libraries everywhere are doing a huge amount of work to help people over the digital divide," Hocevar says. "This is the skill set that it takes to keep learning and advance as a contemporary human being. And libraries do it, I think in part because it fits neatly into our mission of supporting that lifelong learning."

Among its many other offerings, including traditional book lending, the Northside branch also partnered with God's Pantry to operate a food pantry that resembles a small shop, where patrons can select the items they need. Open five days a week, the pantry serves about 200 families a week, Hocevar says.

"We want folks to understand the services they can receive at the library," he says. "But we also want them to understand the importance of the services that others in the community are receiving and how much those services can serve to lift up the folks around them and make Lexington a stronger community."

At its heart, it's that sense of public service that has inspired libraries' expansion says Lindsay, the Perry Country Public Library director: "We are here to serve you. Everything we do from our databases, bookmobile services to notary services and story time is to offer services our community needs." KL





Patriotic push mowers

"It's fine art, is what it is," Daryl Diddle says, laughing.

Every July 4 since 1991—weather permitting—neighborhood men in shorts and sneakers, patriotic ties and John Deere ballcaps have performed a synchronized routine with push mowers to the accompaniment of Sousa marches during Wilmore's annual Festival of the 4th parade. "We probably know 12 or 14 moves," Diddle says.

The Wilmore Lawnmower Brigade is goofy. It's self-deprecating. And it's endearingly earnest.

Founded by Asbury University band professor Lynn Cooper, the brigade has

become a staple of Wilmore's Fourth of July celebration. This year, they've been invited to march in the Maysville Veterans Day Parade, as well, sponsored by the Kentucky Gateway Museum Center. Visit KentuckyLiving.com for more photos and links to Wilmore's Festival of the 4th.

"It is sort of a cross between a marching band and Saturday chores," says Diddle, the brigade's "street commander" and senior pastor at Wilmore Free Methodist Church. The brigade, which rehearses twice during the week before the parade, has had members as young as 12, and as old as 75—and it welcomes new members who meet a few important requirements.

"All you need is a push mower, a little coordination, and a very good sense of humor," Diddle says. "You have to be able to laugh at yourself."

The brigade draws members who don't often find themselves in front of a crowd.

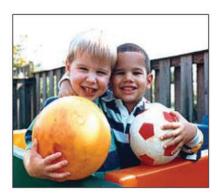
"They are not typical performers," Diddle says. "I think they just have a really good sense of humor, and they don't mind people laughing at them, and making people happy."

Humor makes it all work, alchemizing the ordinary stuff of life into a belly laugh. You might say the Wilmore Lawnmower Brigade is the dad joke incarnate—fine art, indeed.

Story: Joel Sams Photo: Jolea Brown

Eye Doctor Helps Tennessee Legally Blind To See

= High Technology For Low Vision Patients Allows Many To Drive Again



or many patients with macular degeneration and other vision related conditions, the loss of central vision detail also signals the end to one of the last bastions of independence: driving. A Lebanon optometrist, Dr. James Gillispie, is using miniaturized telescopes that are mounted in glasses to help people who have lost vision from macular degeneration and other eye diseases.

Imagine a pair of glasses that can improve your vision enough to change your life. If you're a low vision patient, you've probably not only imagined them, but you have been searching for them. Bioptic telescopes may be the breakthrough in optical technology that will give you the independence you've been looking for. Patients with vision in the 20/200 range can many times be improved to 20/50 or better.

Macular degeneration is the leading cause of blindness and vision loss in people over 50. Despite this, most adults are not familiar with the condition. As many as 25% of those over the age of 50 have some degree of macular degeneration. The macula is only one small part of the retina; however, it is the most sensitive and gives us sharp central vision. When it

degenerates, macular degeneration leaves a blind spot right in the center of vision, making it difficult or impossible to recognize faces, read a book, or pass the driver's vision test.

Nine out of ten people who have macular degeneration have the dry form. New research suggests vitamins can help. The British medical journal BMC Ophthalmology recently reported that 56% of patients treated with a high-dose combination of vitamins experienced improved vision after 6 months.

While age is the most significant risk factor for developing the disease,



A scene as it might be viewed by a person with age-related macular degeneration.

heredity, smoking, cardiovascular disease, and high blood pressure have also been identified as risk factors. Macular degeneration accounts for 90% of new legal blindness in the U.S. While there is currently no cure, promising research is being done on many fronts.

"Our job is to figure out everything and anything possible to keep a person functioning, especially driving," says Dr. Gillispie of Low Vision of Tennessee.

When Beth, 62, of Greenville, TN came to Low Vision of Tennessee she wanted to keep her Tennessee driver's

license and was prescribed bioptic telescopic glasses to read signs and see traffic farther away. Dr. Gillispie also prescribed microscope glasses for reading newspapers and menus at restaurants.

As Beth puts it, "My regular glasses didn't help too much – it was like looking through a fog. These new telescopic glasses not only allow me to read signs from a further distance, but make driving much easier. I've also used them to watch television so I don't have to sit so close. I don't know why I waited to do this; I should have come sooner."

"Bioptic telescopes can cost over \$3,000," said Dr. Gillispie. "especially if we build them with automatic sunglasses."

"The major benefit of the bioptic telescope is that the lens automatically focuses on whatever you're looking at," said Dr. Gillispie, "It's like a self-focusing camera, but much more precise."

To learn more about bioptic telescopes or to schedule a consultation with Dr. Gillispie, give us a call at (615) 948-9185. You can also visit our website at:

www.lowvisiontn.com



For more information and a FREE telephone consultation, call us today:

(615) 948-9185 James Gillispie, O.D.

404 N. Castle Heights Ave. Lebanon, TN 37087



Butterfly blossoms

Hardy and colorful lantana

POLLINATOR-FRIENDLY GARDEN PLANTS are becoming more popular each year. Lantana combines pollinator benefits with deer and rabbit resistance, as well as bright blossoms that are highly attractive to butterflies and hummingbirds.

In our area, lantana is grown as a summer annual flower. It can be clumping or trailing, and works well in the ground, a container or a hanging basket. Abundant small, flat-topped clusters of tubular flowers serve as the perfect landing pad for butterflies and pollinators. The clusters of tubular flowers also offer a preferred style flower for hummingbirds to feed on. Its long bloom time makes it a good seasonal support plant for our pollinators.

Flower color can be solid white, cream, yellow, pink, orange or red, as well as multi-colored. Many varieties are now sterile like the Bloomify or Luscious series. Many modern lantana varieties produce very little seed, which is important—because the unripe berries of lantana are poisonous. This also helps in areas where lantana is winter-hardy and can be weedy or invasive.

Lantana grows best in full sun, or with a minimum of six hours of direct sunlight. It is heat- and drought-resistant once established.



This vigorous naturally prolific bloomer does not need to be fertilized to perform well. As an annual plant, it can grow anywhere from 1 to 3 feet tall, depending on the variety.

Adding just a few lantana plants to your garden each year will not only boost your summer color show but will also be an important crop of nectar for our winged friends. If you're not into annual or container flowers, consider adding a few into your landscape or perennial flower border, and you will be rewarded with four to five months of flowering. **KL**

SHELLY NOLD is a horticulturist and owner of The Plant Kingdom. Send stories and ideas to her at The Plant Kingdom, 1000 E Market St., Louisville, KY 40206.

ASK gardener



Why shouldn't bluebells be harvested from the wild?—Alan Adkisson

Digging up Virginia bluebells, or any native plant in the wild, is not recommended for several reasons. Native plants should remain where you find them to protect and preserve the ecosystems in which they have naturalized. Removing them not only reduces the number of plants, but also allows space for unwanted, potentially invasive species to take root and threaten healthy wild populations. There is also no quarantee that the plants will survive once they have been transplanted. There are many benefits to adding native wildflowers to your landscape, but it is best to purchase from a reputable source.

» Angie Oakley



Have a gardening question?
Go to KentuckyLiving.com, click on
Home & Garden, then "Ask the Gardener."



THE FOURTH OF JULY is one of my favorite holidays—the perfect time to slow down and soak in the best of summer. It's a day meant for easy food that keeps you out of the kitchen and in the moment. Whether you're hosting a family barbecue or spending the day by the pool, having a mix of simple, crowd-pleasing dishes is key.

This month, enjoy soft and chewy cake mix cookies, bursting with patriotic color. They come together in less than 30 minutes, using just two bowls. Pair them with a Kentucky heirloom tomato tart. With a flaky crust, ripe local tomatoes and a cheesy filling, this tart is an easy yet elegant appetizer, highlighting the season's best produce. I know y'all will love them!

Red, White and Blue Cake Mix Cookies

2 eggs ½ C coconut or canola oil 1 Tbsp vanilla ½ tsp salt

1 box white cake mix, such as Duncan Hines

4 oz red, white and blue sprinkles (jimmies or nonpareils)

Preheat oven to 350°. Add eggs, oil, vanilla and salt to medium bowl and whisk until combined. Sift cake mix into egg mixture and mix with a spatula until everything is incorporated. Add sprinkles to a small, shallow bowl. Scoop out a dough ball using a 2-ounce cookie scoop, then roll it in sprinkles, making sure it is entirely covered. Place dough on parchment-lined cookie sheet, and repeat until all dough is used. Bake 11–12 minutes. Remove and let rest on the cookie sheet for 10 minutes, then transfer to cooling rack. Yields 20 cookies.

HEATHER BILYEU, raised in southern Kentucky, is the owner and voice behind the food blog, Fueling a Southern Soul.

recipe

A slice of the season

Kentucky Heirloom Tomato Tart

Submitted by Millie McGlothin

Every summer, Millie's family requests a fresh tomato pie. This Heirloom Tomato Tart is one of their favorites recipes.

Tart Crust

1½ C all-purpose flour ¼ tsp salt ½ C cold butter, cubed 3 to 4 Tbsp ice water

Cheese Filling

11 oz goat cheese, softened

1/2 C heavy cream

3 C Kentucky-grown heirloom cherry tomatoes, halved, or full-size tomatoes, sliced

Salt and pepper to taste

Garnish Fresh basil leaves Sea salt flakes

To make tart crust, pulse flour, salt and butter in a food processor until crumbly. Add water, 1 tablespoon at a time, until dough forms. Press into 9-inch tart shell, prick with fork, and chill 30 minutes. Preheat oven to 400°. After tart has chilled, bake on baking sheet 20–25 minutes until golden. If bubbles form, prick with fork. Cool tart shell completely. While tart cools, beat goat cheese and cream until light and fluffy. Season with salt and pepper. To assemble, spread whipped goat cheese into the cooled crust. Arrange halved or sliced tomatoes on top, sprinkle with sea salt and garnish with fresh basil. Serves 8.





Family recipe

Freshness is the secret ingredient at Jot India in Newport

JOEL SAMS



WHEN AMANDEEP SINGH'S family came to the U.S. on November 28, 2011, they had \$400 to their name. His dad, Gurbachan, who spent the 12 years prior navigating the immigration process, began working in a friend's restaurant—but he dreamed of one day opening his own.

That dream came true in 2020, over evening tea, when Amandeep's uncle offered to help the family start a business. Jot India opened in Newport in 2021, and Amandeep, just out of high school, took over management.

Anchored by Gurbachan's recipes, the restaurant quickly earned a following—and national recognition with a No. 48 spot on Yelp's Top 100 U.S. Restaurants ranking in 2023. A Florence location opened that same year, and a third, in Cincinnati, opened in May.

The most popular dish, Amandeep says, is chicken tikka masalachicken simmered in a creamy tomato sauce. Other favorites include kadai ginger chicken, lamb curry, tandoori chicken and garlic naan.

"We really make sure that everything is extremely fresh," Amandeep says. "Honestly, that's the secret recipe." Customers also note the restaurant's impeccable cleanliness, friendly staff and consistent quality.

"From day one, it's just been about giving 100%," Amandeep says. "My parents, my sister and I, we've poured everything into this place—our time, energy, love."

Now managing three locations at just 23, Amandeep says he doesn't dwell on the future—but he does have a goal.

"I want to retire my parents," he said in April. "My dad has worked his butt off for where he came from. ... There was no chance, no way to be here, and to be in this position, where we're getting ready to open our third location."

Dine at Jot India's original location, 1709 Monmouth Street C in Newport, or visit locations in Florence and Cincinnati. KL

Jot India's Mango Lassi

1 C mango pulp (see note)
1 C plain whole milk yogurt
2–3 Tbsp. sugar, to taste
½ C cold water or ice (as needed)

Serves 2

Blend mango pulp, yogurt and sugar until smooth and creamy. Add cold water or ice to adjust thickness as desired. Taste and adjust sweetness as needed.

Serve chilled.

Note: Look for canned Alphonso or Kesar mango pulp, available in some grocery stores, international food markets or online. You can also make your own by blending ripe mango pieces in a blender until smooth.



Efficiency tips for older homes



How do I improve the efficiency of my older home while keeping its charm?

MIRANDA BOUTELLE

writes on energy efficiency for the National Rural Electric Cooperative Association Older homes don't have to be inefficient. Show your home some love and invest in energy efficient upgrades while retaining its charm.

Start by prioritizing the invisible upgrades that make your home more comfortable and efficient. It's not as exciting as new countertops, but air sealing and insulation can save you money that can be applied to aesthetic improvements.

Many older homes are not properly insulated. Beyond sealing your home and keeping outdoor air from seeping in, insulation reduces outdoor noise, makes your home quieter and improves your overall comfort.

Always properly air seal before you insulate. Older homes with pocket doors, coved ceilings, dumbwaiters, doors to attic spaces and laundry chutes allow indoor air to escape through the cavities, gaps and cracks.

Seal any framing features that cause drafts. Balloon



framing is a type of construction where wall studs run all the way from the foundation to the roof, allowing air to flow freely through those spaces. Second floors with knee wall attics on both sides are notorious for air leakage.

Insulating walls

Dense-packed cellulose or closed cell foam insulation can be sprayed into exterior walls. Skilled contractors can remove pieces of siding Prioritize the invisible upgrades that make your home more comfortable and efficient, such as adding blown-in insulation to your attic. Photo: Bonneville Power Administration

and drill holes to fill the wall cavities from the outside of the home. For brick or stone homes, holes can be drilled from the inside and then patched and painted. Insulating walls from the inside of the home requires more time and effort in preparation and cleanup, but having well-insulated walls is worth it.

For safety purposes, knob and tube wiring—commonly used from the early 1880s to the 1930s with no grounding wire—should be replaced prior to insulating walls and attics. **KL**

NEW WINDOWS?

People often think new windows are the best way to improve a home's efficiency. But before investing in new windows for efficiency, try air sealing and insulation first. Then consider storm windows to keep the charm of the original windows, such as leaded glass and stained-glass windows in good condition.

Fly flags safely

Be patriotic and proactive

INDEPENDENCE DAY is a good time to revisit flagpole safety. Show your patriotism this season by treating the American flag with respect and by observing both national codes and safety guidelines.

Flagpole safety

Being patriotic is important, but so is being safe when working with flagpoles. Whether you are installing a fiberglass or a metal flagpole, follow these tips to be safe:

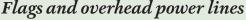
- Check local regulations and building codes before installing a flagpole and call 811 before digging.
- Be overly cautious when working around power lines. Maintain at least a 20-foot clearance around power lines and any nearby trees. Consider both the flagpole length and the flag size for the 20-foot clearance.
- If a pole comes in contact with a power line, serious injury or death can occur to anyone holding the pole or standing nearby.
- Any object touching an overhead power line could serve as a conduit for the electricity should it reach the ground, including humans.

Flag guidelines

The United States Flag Code is a federal law that establishes advisory rules for display and care of the national flag. Here are a few of the guidelines it lays out.

- The flag is usually flown between sunrise and sunset. It's a sign of respect to bring it inside at night. However, the flag can be flown overnight, as long as it's illuminated during the hours of darkness.
- The flag should never be used for advertising or used as a costume or athletic uniform. A flag patch, however, is appropriate for military, fire, police and patriotic organization uniforms. When a lapel flag pin is worn, it should be on the left lapel near the heart.
- When a flag has become too worn to display, it should be disposed of "in a dignified way, preferably by burning," according to the code. For additional guidelines, visit uscode.house.gov and search "U.S. Flag Code." KL





A typical residential flagpole that is installed in the ground is 20 feet to 25 feet tall. When using a 20-foot pole with a recommended maximum flag size of 3-by-5 feet, the pole should be no closer than 45 feet to any overhead power lines.

If you are using a 25-foot pole with a recommended maximum flag size of 4-by-6 feet, the pole should be no closer than 51 feet from any overhead power lines.



BO MCGUFFEY is Safety/Loss Control Coordinator at Inter-County Energy

YEARS AT THE CO-OP: 21

WHEN I'M NOT WORKING I'M:

Enjoying family trips with my wife and three kids, shooting my bow, turkey hunting and exercising.

4

Be aware of surroundings when flying flags. Maintain at least a 20-foot clearance around power lines and nearby trees. Photo: Wade Harris

Swimming safety

Tips to stay safe in the water

THE TEMPERATURE IS

RISING, and everyone is heading to the pool, lake or beach to cool off. But did you know the color of your swimsuit plays a big part in water safety?

Experts are urging parents and caregivers to avoid putting their kids in blue and green swimsuits. Even in shallow water, blue and green swimsuits are very difficult to see. Drowning can happen very quickly and quietly, and visibility is important when supervising kids around water. Stick with bright, neon colors for swimsuits, pool toys and flotation devices.

Here are some other tips to keep kids safe in and around water this summer:

- Use designated swimming areas and recreational areas whenever possible.
 Look for posted signs about open water hazards. Also look for signs that say when lifeguards will be present.
- Avoid distractions when your child is in or around water. Drowning is often silent and can occur in minutes. Put away phones, books and magazines.
- Choose a water watcher.
 When there are several
 adults present, alternate
 who is responsible for
 watching children in or
 near the water.
- Keep your ears open as well as your eyes. If your



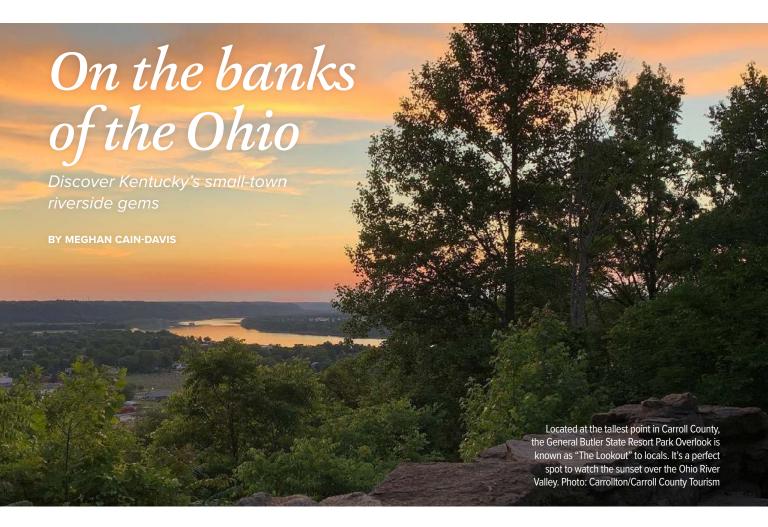
child gets quiet, find out the reason.

• Wear a U.S. Coast
Guard-approved life
jacket when boating or
participating in other water activities. Choose a life
jacket that is right for your
child's weight and water
activity. Weak swimmers
and children who cannot
swim should wear life
jackets when they are in or
near water.

Learn CPR and basic
 water rescue skills. It is
 important to know how to
 respond in an emergency
 without putting yourself
 at risk of drowning. Local
 chapters of organizations
 such as the Red Cross
 offer CPR and water safety
 courses.

Remember, drowning doesn't look like drowning. In TV and movies, a drowning person waves their hands and calls for help. In reality, drowning is silent. A drowning person may appear to be relaxed and quietly treading water. If you see someone with their head tilted back and they look like they are climbing an invisible ladder, call for help immediately. **KL**

SHERRI HANNAN is coordinator for Safe Kids Fayette County.



FOLLOW THE OHIO RIVER and discover Kentucky's welcoming and resilient river towns. These locations along Kentucky's far western and northern border have unique histories and personalities, offering recreation, dining, cultural activities and a unique window into the importance of the river—not only in the past, but in the present.

Wickliffe

This journey begins in western Kentucky. At the confluence of the Mississippi and Ohio rivers, Wickliffe has a layered history, says Carla Hildebrand, park manager for the Wickliffe Mounds State Historic Site.

On the first high bluff and overlook, the Wickliffe Mounds is an archeological site of the Mississippian Native American culture, which the park dates



as early as 1100 A.D. Today, it's a state park with a museum, walking paths and beautiful picnic spaces.

"It's a unique glimpse of Kentucky's past, and also what we have in the present," Hildebrand says. "The support of visitors means everything to our mission of preserving this for future generations."

Around the river bend on the second bluff is Fort Jefferson Hill Park and the 95-foot Memorial Cross, marking a site that was important in the Revolutionary and Civil wars, as well as the Lewis and Clark expedition. Visitors enjoy a paved walking trail with views overlooking the river confluence.

"There's a clear distinction between the rivers," says Lindsay Bowles, a Wickliffe native and director of the Kentucky Great River Road, an economic development agency. "The Ohio is more blue, and the Mississippi is more brown."

Bowles says the Ohio River has always played a vital role in the development of Wickliffe, but the people in the community are the ones who make it thrive.

Cloverport

Resting in a bend of the Ohio River, Cloverport is the perfect place to enjoy some rest and relaxation, says Mayor Candy Weatherholt, a consumer-member of Meade County RECC.



more to explore

Follow the Ohio River and discover these small-town northern Kentucky gems. Savor their history, culture and food at each stop.

Featured River Towns

Wickliffe

(wickliffe.ky.gov). Start your day at 4th Street Coffee Company, then visit Fort Jefferson Hill Park and the Memorial Cross on Fort Jefferson Hill Road. Visit Wickliffe Mounds State Historic Site (parks.ky.gov) at 94 Green St., open April 1–October 31, Wednesday—Sunday (museum: \$6 adults, \$5 seniors and \$4 kids 5–15); grounds open for walking 10 a.m.–4 p.m. Monday—Friday, (closed state holidays). Tour the Kentucky Veteran and Patriot Museum, Thursday—Saturday, 10 a.m.–4 p.m. Eat at Kentucky Hillbilly BBQ, open daily 10 a.m.–6 p.m. (cash/check only) or Pee Dee's Food Mart, Monday—Saturday, 4:30 a.m.–9 p.m.

Cloverport

(cloverport.ky.gov). Stroll the downtown riverwalk and grab lunch at Doc's River Dogs or Bert's Rivertown Grill, both on West Main Street. Tour the Cloverport Museum, 410 E. Houston St., open seasonally on Sundays, 2–4 p.m. (free admission). Visit River's Edge Art Gallery, 223 W. Main St., and take a picture in front of Cloverport's mural. Have a drink at Candy's Mile Marker 711 or Slow Time Bar (full bar service), both on West Main Street.

Carrollton

(visitcarrolltonky.com). Get your caffeine fix at Hos Coffee, 1207 Highland Ave., then walk through Point Park, snap some pictures at the lookout, rent a kayak and spend some time on the river. For an overnight stay, visit Two Rivers Campground (2riverscampground.com) or rent a lodge room or cottage at General Butler State Resort Park. Eat at Welch's Riverside Restaurant, 505 Main St. #1, open 6 a.m.—8 p.m. Monday—Saturday; 6 a.m.—3 p.m. Sunday—or Cooper's Restaurant, 1420 Gillock Ave., 10 a.m.—2 p.m. Monday—Friday.

Augusta

(augustaky.gov). Start with breakfast and shopping at the Augusta General Store, open daily 6 a.m.—7 p.m. Tour the Rosemary Clooney Museum, then learn about local artists at the Augusta Art Guild. Eat at Tabletop Traditions, 11 a.m.—7 p.m. Tuesday—Sunday, or Carota's Pizza, open daily 11 a.m.—9 p.m. Both are on Main Street. Enjoy a drink at Baker-Bird Winery and B. Bird Distillery or at Augusta Distillery. Watch the sunset on the O'Neill Riverwalk and finish up with dinner at the Augusta Pub, 11 a.m.—11 p.m. Tuesday—Sunday.

Vanceburg

(cityofvanceburg.com). Start your morning at Veteran's Memorial Park, then enjoy Vanceburg murals and the military hero banners around town. Walk along the Vanceburg Historical Walking Trail, stopping at the George Morgan Thomas House and the Train Depot (now a museum). Eat breakfast or lunch at Osman's Pharmacy, 89 Second St., 8:30 a.m.—4 p.m. Monday—Friday. Visit Scott Park On the River, 121 Front St., and end your trip with dinner at Riverbend Pub & Grill, 229 Main St., open Tuesday—Thursday, 10 a.m.—8—9 p.m.; Friday, 10 a.m.—1 a.m. (next day); Saturday, 9 a.m.—1 a.m. Closed Sunday—Monday.

Other river towns to explore

Uniontown

A great destination for fishing, boating and good food. River Park at the end of State Route 130 is a local park for fishing and picnics with a boat dock and ramp. Uniontown Ferry Boat Ramp on Mill Street offers another Ohio River launch area. Stop by The 822 Diner at 800 3rd St., open 5:30 a.m.—9 p.m. daily, for pizza, burgers, salads and more.

Maysville

A multitude of activities for visitors awaits, from handcrafted jewelry and local art at the EAT (Exquisite Art Treasures) Gallery to bourbon tours and tastings at The Old Pogue Distillery and Old Pogue Experience. Fish, picnic, swim and play tennis or pickleball at Maysville-Mason County Recreation Park, or hike at Cummins Nature Preserve.

West Point

This Hardin County town is full of history. Visit the West Point Kentucky History Museum, as well as Fort Duffield Park and Civil War Historic Site, which was built in 1861. The site stands 300 feet above West Point, offering views of the town and Ohio River and is open daily, 6 a.m.—8 p.m. Stop by West Point City Hall to pick up a brochure for the National Register Historic District Walking Trail, and be sure to stop at Veterans Memorial Park or West Point River Park.

Westport

Schamback Park on the River offers a playground, a boat ramp and dock and a new pavilion—a great place in Oldham County to bring the family. Stop by at Westport Commons, 6930 Main St. to learn about Henry Bibb, a leading abolitionist and advocate for freedom, as part of part of the Kentucky Black Trailblazers Experience. Enjoy food and shopping at Knock on Wood Mercantile Café, 10 a.m.—4 p.m. Tuesday—Sunday.



Downtown Cloverport offers a variety of entertainment. From Slow Times Bar to River's Edge Art Gallery to Family Ties Flowers and Gifts to the new Riverside Deli, there's something for everyone downtown. Photo: City of Cloverport The Ohio River is the city's biggest asset, she says, in addition to its resilient and determined people. Visitors can explore the town's walking trail, which follows the river and winds through downtown. There are plenty of

activities along the river, Weatherholt says, including two bars—Candy's and Slow Time Bar; Doc's River Dogs, serving all-beef hot dogs and barbecue; Family Ties Flowers & Gifts; and the Cloverport Museum, which is housed in the historic train depot.

Cloverport is undergoing a downtown revitalization, the mayor says, and residents are "determined to stay in there, hang in there and make it better.

"You look at the river, and it's just like heaven. It's beautiful. You can sit all day on the river and have a good time."

Carrollton

Named after the last surviving signer of the Declaration of Independence, Charles Carroll, Carrollton is a "cozy little river town" with the "best people" says Misty Wheeler, executive director of Carrollton/Carroll County Tourism.





Outdoor adventures abound. Visitors can view the Kentucky and Ohio River convergence at Point Park, then play pickleball or tennis and cool off in the splash park. New this year, visitors can rent kayaks. Two River Campgrounds is within walking distance of downtown.

Nearby General Butler State Resort Park offers lodge rooms, cottages and campgrounds with access to a lake, fishing and paddle boarding.

Wheeler recommends Welch's Riverside Restaurant, a locally owned mom-and-pop diner with beautiful river views.

"Carrollton is full of outdoor adventures. It's the perfect place to unwind and explore the Ohio and Kentucky rivers," she says.

Augusta

Founded in 1797, Augusta has a rich history as a river port, as a 19th century wine industry hub and as a Civil War battle site. Today, with its "beautiful riverfront and the hospitality that comes

Kentucky Living.com

Travel by water

Visit KentuckyLiving.com to learn more about the Ohio River Way, a 308-mile water trail along the Ohio River, and download the organization's Water Trail brochure, travel itineraries and event guides. The Augusta Boat Landing at the Augusta River Park is the perfect place to enjoy Ohio River views and take a leisurely stroll. The park offers a playground, picnic areas and boat launching. Photo: Augusta/Bracken County Tourism

with it," Augusta has a little bit of everything, says Janet Hunt, director of Augusta Tourism.

Augusta General Store Restaurant on Main Street is known for its comfort home cooking and just around the corner is Riverside Drive, with its shops, the Rosemary Clooney Museum and the Augusta Art Guild.

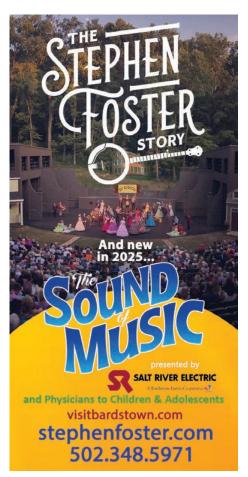
America's oldest wine cellar, Baker-Bird Winery and B. Bird Distillery, is in Augusta. Visitors can sip bourbon barrel-aged wines as well as classics and tour the wine cellar, or sample bourbon while viewing the Ohio River at The Augusta Distillery.

No trip is complete without watching the sunset over the Ohio River. With unobstructed views and benches and picnic tables, Sunset Point is the perfect way to end an Augusta trip, Hunt says: "Augusta is relaxing to the mind, soul and body."

Vanceburg

Vanceburg, the final stop on this journey, is a "neat little river town striving for continuous betterment," says Mayor Dane Blankenship.







A

Nestled between the Ohio River and rolling hills, Vanceburg is a small river town with a big heart. Photo: City of Vanceburg

The town's Veteran's Memorial Park has beautiful river views with gazebos and benches. Scott Park includes a playground and space for family picnics. Near the park are landing docks for kayaking and canoeing.

With almost 300 military hero banners hanging downtown, Vanceburg honors its hometown military heroes in a big way.

"We have banners downtown, on Second Street, Main Street, Court Street, and even western and southern parts of town, including the state highway," Blankenship says.

Wander the Historical Walking Trail, stopping at the George Morgan Thomas House and Vanceburg Train Depot Museum. Check out Vanceburg's four murals, celebrating its personality and people.

"What we have is recreation and tourism," says Blankenship. "My goal from day one has been to promote the river." **KL**

MEGHAN CAIN-DAVIS is a freelance writer, mother and fitness instructor in Kentuckiana. She loves writing about her adventures in Kentucky and around the world.



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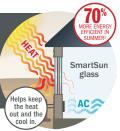
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EVENT CALENDAR









1 CELEBRATING CATFISH

Butler County was once known as the Catfish Capital of the World, and fried catfish is a highlight of its Green River Catfish Festival, July 3-5 at the Green River Fairgrounds. Other attractions: a carnival, pageants, live music, food trucks, craft vendors, dog show and kids zone. New on Thursday: catfish "wrestling," and an actual wrestling show. Hours: 4-10 p.m. daily. Info, Facebook: Green River Catfish Festival, (270) 526-6827.

24TH PLUS TWO

The name may be 4th Fest, but Madisonville's celebration extends through July 6 with three full days of live music and family fun at City Park. Plus food trucks, vendors, beer garden and fireworks after Friday's concert. R&B Pop Night is Friday; Country Night is Saturday; and Praise in the Park is Sunday. Concerts are at 5:30 p.m. each night; vendors open at 3 p.m. Free admission. For details, visitmadisonvilleky.com, (270) 824-2100.

3 RIVERFRONT FUN

Stroll the Augusta riverfront and enjoy food and craft vendors, local bands, DJ music and pageants at Riverfest Fair, July 18–20. New: a Floral Hall—enter your goods ranging from veggies to cakes to pieced quilts for awards; plus 4-H kids animal show and dog show on Sunday. See sternwheelers, weather and river permitting. Friday: 4-10 p.m.; Saturday: 10 a.m.-10 p.m.; Sunday: 11 a.m.-5 p.m. Info, augustaky.gov, (606) 756-2183.

4BERRY NICE

You-pick and you have fun at Wildside Winery's Blackberry Harvest Festival, July 19–20. Pick your own fresh, ripe blackberries in the winery's scenic Versailles orchardfree while they last. Savor blackberry wine slushies, tasty blackberry cobbler and fine wines. Plus live music and vendors offering unique handmade crafts and food. Free admission. Hours: noon-7 p.m. Saturday; noon-5 p.m. Sunday. Info, wildsidewinery.com, (859) 879-3982.



BLUEGRASS

TUESDAY, JULY 1

Waveland's Tea Tuesday, 8th, 15th, 22nd, 29th, (859) 272-3611, Waveland State Historic Site, Lexington

Walking Across Egypt, thru 19th, (859) 236-2747, Pioneer Playhouse, Danville

Annual Blackberry Festival, thru 5th, (859) 749-7986, Carlisle

SUNDAY, JULY 6

April Bixler Live, (859) 644-5140, Harkness Edwards Vineyards, Winchester

FRIDAY, JULY 11

Summer Concert Series, 25th, (502) 223-2261. Frankfort

SATURDAY, JULY 12

BryerFest, thru 13th, (859) 233-4303, Kentucky Horse Park, Lexington

SUNDAY, JULY 13

The Lasses Live, (859) 644-5140, Harkness Edwards Vineyards, Winchester

WEDNESDAY, JULY 16

Savory Memories, (859) 231-5500 Ext. 2627, Lexington Public Library-Tates Creek Branch

TUESDAY, JULY 22

Not from Around Here, thru Aug. 9th, (859) 236-2747, Pioneer Playhouse, Danville

THURSDAY, JULY 24

Waveland Tea & Talk—Cheers for LaFayette: A Hero's Welcome in Lexington, (859) 272-3611, Waveland State Historic Site, Lexington

SATURDAY, JULY 26

Retro & Ethereal Market, (502) 839-1299, Lovers Leap Vineyards & Winery, Lawrenceburg

TUESDAY, JULY 29

Jean Ritchie: Damsel with a Dulcimer, (859) 873-5191, Woodford County Public Library, Versailles

EASTERN

TUESDAY, JULY 1

Americans: Smithsonian Traveling Exhibit, thru 5th, (606) 329-8888, Highlands Museum & Discovery Center, Ashland

THURSDAY, JULY 3

Locally Made Farmers Market, thru 5th, 10-12th, 17-18th, 24-25th, (606) 567-7703, Beattyville

FRIDAY, JULY 4

4th of July Celebration, (606) 549-0530, Kentucky Splash Waterpark, Williamsburg

SATURDAY, JULY 5

Red River Gorge Farmers Market, 12th, 19th, 26th, (606) 663-1161, Natural Bridge Skylift, Slade

HopeFest, (859) 498-8732, Botts Park, Mt. Sterling

Depot Street Market, (606) 528-6657, Corbin

FRIDAY, JULY 11

The Curious Savage, thru 13th, 18th-20th, (606) 780-4342, Rowan County Arts Center, Morehead

SATURDAY, JULY 12

Festival of the Arts, (606) 848-1530, Kentucky Coal Museum, Benham

Cumberland Valley Cruise-In, (606) 528-8860, Corbin

Happy Feet 5K, (606) 329-9304, Crabbe Elementary School, Ashland

FRIDAY, JULY 18

Outdoor Movie Night, (606) 573-4156, Harlan Center Plaza

SATURDAY, JULY 19

Minnie Adkins Day, (606) 738-5515, Little Sandy Lodge, Sandy Hook

THURSDAY, JULY 24

Gears & Beers, (606) 573-4156, Harlan

SATURDAY, JULY 26

Veterans Challenge 5K, (606) 369-4403, Greenup City Park

Saturday Night Car Cruise, (606) 464-5038, Beattyville

NORTH CENTRAL

THURSDAY, JULY 3

Bluegrass & Booms, thru 5th, (502) 813-8200, Kentucky Kingdom, Louisville

Independence Day Celebration, (859) 336-5412, ext. 6, Springfield

WEDNESDAY, JULY 9

The Sound of Music, thru Aug. 6th, (502) 348-5971, J. Dan Talbott Amphitheatre, Bardstown

Lawn Party, (270) 765-6121, Elizabethtown

THURSDAY, JULY 10

St. Francis Picnic, thru 12th, (270) 692-0021, Loretto Community Center

FRIDAY, JULY 11

Summer Concert Series: Jimmy Buffett Tribute, thru 12th, (270) 692-0021, Johnson Field at Centre Square, Lebanon

Bluegrass Friday Nights, (270) 257-2311, Rough River Dam State Resort Park, Falls of Rough

SATURDAY, JULY 12

Blooming Bardstown Garden Tour, (502) 348-9204

East Main Market Concert Series: The '77 Experience, (270) 259-5587, Leitchfield

SUNDAY, JULY 13

Afternoon Tea, thru 14th, (859) 710-1557, Maple Hill Manor, Springfield

TUESDAY, JULY 15

With Liberty & Justice for All! A Countdown to USA 250: Into the Bluegrass, (502) 564-1792, Carnegie Library Center, Shelbyville

FRIDAY, JULY 18

Concert in the Park: All That Band, (270) 257-2311, Rough River Dam State Resort Park, Falls of Rough

Shepherdsville Cruise-In, (502) 543-8656, Shepherdsville City Park

SATURDAY, JULY 19

Twin Lakes National Fiddler Championship, (270) 259-5587, Leitchfield

SATURDAY, JULY 26

Henry County Harvest Showcase, (502) 229-2432, Henry County Fairgrounds, New Castle

CALL BEFORE YOU GO as event days can change. **SUBMIT ALL EVENTS ONLINE AT KENTUCKYLIVING.COM.** For FREE print listing consideration of Kentucky events, submit two months in advance, **by August 1 for the October issue.**

TO ADVERTISE YOUR EVENT IN PRINT, CALL (800) 595-4846

East Main Market Concert Series: EagleManiacs—Eagles Tribute, (270) 259-5587. Leitchfield

Frazier Summer Beer Fest, (502) 753-5663, Frazier Kentucky History Museum, Louisville

MONDAY, JULY 28

Savory Memories, (502) 797-9365, Bullitt County Public Library, Mt. Washington

NORTHERN

WEDNESDAY, JULY 2

Fort Thomas Farmers Market, 9th, 16th, 23rd, 30th, (513) 621-2142

SATURDAY, JULY 5

Schoolyard Winery's Farmers Market, 12th, 19th, 26th, (859) 814-4126, Verona

The Color Purple, thru 6th, (859) 957-1940, The Carnegie, Covington

SUNDAY, JULY 6

Walton-Verona Farmers and Artisan Market, (859) 414-0400, Walton City Hall

SATURDAY, JULY 12

Kentucky Symphony Orchestra: Williams' Wonderous World, (859) 431-6216, Devou Park, Covington

Skeeterfest, (800) 382-7117, Grant County Fairgrounds, Williamstown







SUNDAY, JULY 13

Kentucky Symphony Orchestra: Williams' Wonderous World, (859) 431-6216, Tower
Park Amphitheater, Fort Thomas

FRIDAY, JULY 18

Bacon, Bourbon and Brew, thru 20th, (859) 261-4677, Festival Park, Newport

Grandpa Jones: Country Musician and Comic, (859) 654-8535, Pendleton County Public Library, Falmouth

SATURDAY, JULY 19

Campbell County Backroads Farm Tour, (859) 635-9587, Alexandria

SUNDAY, JULY 20

Burlington Antique Show, (513) 922-6847, Boone County Fairgrounds

THURSDAY, JULY 24

Glier's Goettafest, thru 27th; 31-Aug. 3rd, (859) 291-1800, Festival Park, Newport

FRIDAY, JULY 25

Lone Star Wide Open No Fear Rodeo, thru 26th, (270) 269-6000, Owen County Fairgrounds, Owenton

SATURDAY, JULY 26

Balloons & Tunes, (859) 654-4567, Kentucky Wool Festival Grounds, Falmouth

Lions Club Cruise-In, (859) 414-4393, Butler Community Center

SOUTH CENTRAL

TUESDAY, JULY 1

Speed Captured: The Photographic Works of Richard Prince, thru Dec. 23rd, (270) 781-7973, National Corvette Museum, Bowling Green

WEDNESDAY, JULY 2

4th of July Celebration, thru 7th, (270) 465-8601, Campbellsville

THURSDAY, JULY 3

Summer concert Series, 10th, 17th, (606) 348-6351, Conley Bottom Resort, Monticello

FRIDAY, JULY 4

4th of July, (606) 706-7777, City Green, Liberty

Liberty Cruisers Friday Night Car Show, (606) 706-7777, Courthouse Square

Concerts in the Park, 11th, 18th, 25th, (270) 782-0800, Circus Square Park, Bowling Green

TUESDAY, JULY 8

In Harmony Tour, (502) 587-8681, Glasgow

FRIDAY, JULY 11

Master Musicians Festival, thru 12th, (606) 679-6366, Somerset

Summer Music Series, (606) 706-7777, City Green Stage, Liberty

Ice Cream & a Moovie, 12th, 25th, 26th, (270) 854-5567, Chaney's Dairy Barn, Bowling Green

SATURDAY, JULY 12

BG Winefest, (270) 745-7317, Historic RailPark & Train Museum, Bowling Green

SATURDAY, JULY 19

PossAbilities Expo, Knicely Conference Center, Bowling Green

Casey County Fair, thru 26th, (606) 787-4740, Central Kentucky Ag/Expo Center, Liberty

SATURDAY, JULY 26

Somernites Cruise Car Show and Cruise, (606) 872-2277, Fountain Square, Somerset

WESTERN

SATURDAY, JULY 5

Free Admission First Saturdays, (270) 993-1234, Western Kentucky Botanical Garden, Owensboro

THURSDAY, JULY 10

McLean County Ag Fair, thru 12th, (270) 993-5287, Myer Creek Park, Calhoun

FRIDAY, JULY 11

Movies at Mahr: Wall-E, (270) 584-9017, Mahr Park Arboretum, Madisonville

Owensboro Flea Market, thru 13th, (270) 926-1100, Owensboro Convention Center

WEDNESDAY, JULY 16

Daviess County Lions Club Fair, thru 19th, (270) 297-9519, Daviess County Lions Club Fairgrounds, Philpot

FRIDAY, JULY 18

Truck and Tractor Pulls, thru 19th, (270) 297-9519, Daviess County Lions Club Fairgrounds, Philpot

SATURDAY, JULY 19

Western Kentucky Beer Festival, (270) 584-9017, Mahr Park Arboretum, Madisonville

Guided Hike: Pollinators, (270) 584-9017, Mahr Park Arboretum, Madisonville

SUNDAY, JULY 20

Sunday Seminar: Bee 101, (270) 584-9017, Mahr Park Arboretum, Madisonville

TUESDAY, JULY 22

McCracken County Fair, thru 26th, (270) 883-1386, Carson Park, Paducah

WEDNESDAY, JULY 23

Sandy Lee Watkins Songwriters Festival, thru 26th, (270) 826-3128, Audubon Mill Park, Henderson

SATURDAY, JULY 26

Relax & Re-Wine: Melanie Davis, (270) 493-2682, Poca Terra Winery, Benton

Show & Go Car Club Cruise-In, (270) 821-3163, Madisonville City Park



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1 FRONT PORCH COWGIRL

Irah Kay Hill hugs her calf, Cotton, on the front porch of the family home in Paint Lick. Photo by mom, Aleshia Hill, a consumer-member of Blue Grass Energy.

2 THE GRASS IS GREENER

Charlie Giles enjoys a beautiful Sunday afternoon feeding the sheep. Photo by mom, Samantha Giles, Columbia, a consumer-member of Taylor County RECC.

3 CREEKSIDE PAWS

Alphonse the cat takes a break during an afternoon walk to the creek in Whitley County. Photo by Madison McKinney, Corbin, a consumer-member of Cumberland Valley Electric.

4 CIRCLE OF LIFE

Love 'em or hate 'em, the 17-year cicadas are back. Edwin Bowe snapped this picture on his farm near Nicholasville. Bowe is a consumer-member of Blue Grass Energy.

SEND US YOUR SNAP SHOTS! We're looking for summer photos.

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KENTUCKY kids

Homegrown Goodies

Some families grow vegetables in their garden, bake bread at home, or even keep chickens that lay fresh eggs!

STAY SAFE IN THE HEAT!

Summer can get really hot. That can make your body feel tired, dizzy, or even sick. This is called heat exhaustion. But do not worry—here are tips

for you to stay cool:

- Wear loose, light-colored clothes.
- Put on sunscreen before going outside.
- Drink lots of water when you play in the sun.
- Try to play outside in the morning or later in the evening, when it is not so hot.



Green Team Tip

Be a lunchbox hero! Use a reusable lunchbox and water bottle instead of throwaways.

Deacon John, age 9

> Send us your green team tips!



Enter KIDS Contest Submit a Green Team Tip or Joke online at *KentuckyLiving.com: Magazine/Submissions* for a chance to *win a prize!*

Take Care of Your Eyes

If you are going to play or swim outside for a long time on bright summer days, wear sunglasses to keep your eyes safe



Tell us a loke!

Why does lightning shock people?

Because it doesn't know how to conduct itself.

Avery Brewer, age 12

GREAT OUTDOORS

The new cane pole

An old-fashioned favorite is back

WHEN MY FRIEND Kent Driscoll recently handed me a new B'n'M telescoping pole, I couldn't wait to use it. Kent is a pro staffer for the company, which has been making fishing rods since 1949. The new pole, which is called the Ambush, is made of graphite, but it's an old-fashioned cane pole style designed by legendary crappie angler Steve Coleman.

Using the Ambush took me right back to my childhood, when I was 5 years old and we were headed to the lake for some fishing and camping. Those days were so much fun. Some of my most vivid memories from that time are weekend outings with my twin sister, Kim, and my parents. Kim and I spent hours catching crawdads along the shoreline, turning over rocks and snatching them before they left the scene. When Momma wasn't grilling hot dogs or making sandwiches, she and Kim went swimming. It was a great time for us all.

The highlight of these camping trips, for me, was fishing with my dad. We had a small boat and could see the camp from where we fished. I would wave at Momma each time we passed near enough, and if we caught a fish, I held up the size with my hands. My Dad was a serious angler. He had good fishing equipment that included one of those giant two-sided tackle boxes filled with tackle. At the time, I had used only two types of fishing poles—spinning rods and B'n'M jig poles that my grandfather used. I had never seen a cane pole until that day on the way to the lake.

There was a small gas station, or filling station as we called them back then, on the way to the boat ramp. We always stopped for food and minnows. On this day, standing at the counter waiting to pay, I happened to look up into the rafters where there were fishing poles like I had never seen—but I knew what they were made of, because I had seen cane growing along a creek. Without any guides or even a place for a reel, I might not have known



they were used for fishing except for one thing—the B'n'M logo.

Those B'n'M jig poles that my grandfather kept in his little barn shed had that same logo. After gathering tools for planting beans or repairing the hog pen, my grandfather always let me close that little shed door. Maybe he wanted to teach me to keep the door closed—or maybe he was giving me a moment to check out those poles and dream about fishing.

As fishing technology progressed, so did fishing poles—even the humble cane pole. My cane pole days were limited to that one trip, more than 50 years ago now, when I thought using a pole with no guides and no reel was the coolest thing. Today, my cane pole fascination is back. **KL**

KEN MCBROOM, an outdoors writer/photographer, created RamblingAngler.com. McBroom grew up in Lynchburg, Tennessee, and now lives in western Kentucky.

That's me this past spring with the new B'n'M telescoping pole. Photo: Ken McBroom

That's me more than 50 years ago with that B'n'M cane pole. Photo: Pat McBroom







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The Needle's Eye

A legend of buried treasure



BYRON CRAWFORD is

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About/People.

ON THE SOUTH SIDE OF PINE MOUNTAIN,

near the rural Bell County settlement of Frakes, a large hole in the center of a sandstone formation is known as the "Needle's Eye."

When I saw it many years ago, it was surrounded by scattered woodland and laurel thickets on private property. The natural hole through its middle was about 8 feet high and 12 feet wide. Some old-timers in the area knew it as the "barn rock."

Its kinship with the legend of a buried treasure is as hazy as the mountains of Tennessee in the distance.

Hodge Partin of Frakes, an area served by Cumberland Valley Electric, told me the story three years before his death in 1993 at age 89. He said that in 1932 a stranger named Blakely, who was believed to be from North Carolina peculiar symbols matching those drawn on a map that he carried.

Partin explained that he and his father helped Blakely (whose first name is unknown) find such markings as "turkey tracks" and "pony tracks" that were carved into some of the sandstone outcroppings and in some places still visible, as well as other landmarks, including the Needle's Eye and a V-shaped stone below a cliff.

Just at dusk, on the day the V-shaped rock was found, Partin said Blakely told them that a small treasure might already have been dug up there, but that he was fairly certain that a larger one could be found near the Needle's Eye. As darkness fell, he said he would return the next morning to dig for the treasure.

Blakely was so happy, Partin told me, that he actually "did a little dance" before they started home on foot.

They hadn't gone far before Blakely suddenly collapsed in the road—and was dead!

The sheriff who searched Blakely's cabin reportedly said he found an assortment of odd tools, some of which appeared to be dowsing instruments. Blakely's map—drawn on the back of what appeared to be an old waybill—was filled with symbols, most of which could not be deciphered.

Ray Partin of Walhalla, South Carolina, a native of Bell County and distant relative of Hodge Partin, remembers hearing the stories about a buried treasure, but said he was skeptical.

Several copies of the purported treasure map have been circulated over the years, and renewed interest in searching for the treasure was sparked a few decades ago by an article about the Needle's Eye in a treasure hunters' magazine.

Someone, somewhere may know the true story of the Needle's Eye treasure—if there ever was one. Then again, the mysterious man named Blakely may have taken it to his grave in 1932. **KL**

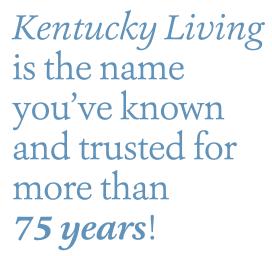


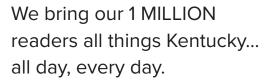
and of Cherokee descent, moved into the community, lived alone, offered no explanation of his presence there, and kept to himself, except to befriend a few locals who knew the landmarks on Pine Mountain. These he enlisted to help locate certain rock formations and





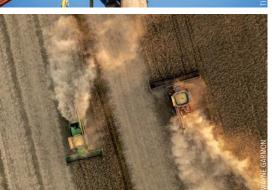






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